THE RECORDER

CCSU Falls Short On Enrollment Affecting Different Departments On Campus



Central Connecticut's 2019 enrollment is the lowest in 44 years.

BY BRUNA VILA ARTIGUES **ASSISTANT NEWS EDITOR**

entral Connecticut fell short on fall enrollment this semester, as numbers were down in every category, which affected the amount of sessions and courses taught, as well as the funds from different departments and areas.

This year's numbers are the lowest in the register in the last 44 years of the 2019 Fall Headcount Enrollment; with the total of full and part-time undergraduate enrollment landing just over 9,000, the smallest amount ever.

Combined with the number of students enrolled in graduate

school, the total is roughly 11,000; 300 students less than the previous lowest amount in

The overall decrease is of around five percent from last fall, which was significantly noticed in the lack of beds filled in the residence halls.

"Because students dispersed all over the buildings, we wouldn't be predicting a reduction in staff at that point," Jean Alicandro said, Director of Residence Life.

However, there are activity fees based on the total number of residents. Therefore, "the student activities budget that additionally funds the Inter

Residents Council would have taken about a five percent decrease as well," Alicandro added.

Of the 52 programs at the university, 39 departments have seen a decrease in the students enrolled. With fewer students, a number of changes have been implemented including reductions in revenue, cuts in the budget, reorganization of funds and less sessions and courses taught.

The geography department is down 30 students compared to

Even though their loss is not as significant as other departments, there "has been a slight reduction

JULIA JADE MORAN | STAFF

in the number of sessions offered for certain classes and slight reduction in number of courses taught by adjunct professors," Charles E. Button, chairperson and professor in the geography department, explained.

Although the biggest program on campus, accounting, lost 82 students, they claim to not feel heavy influence from the low enrollment but did have to make changes due to staffing.

Changes within the staff and the courses were evident. The department normally staffs 10 to 11 sections that students frequently clamor to get in.

Now, they are working on

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Minimum Wage Change Begins Takeover

BY ISABELLA CHAN

NEWS EDITOR

financial wave change hit the wallets of several Connecticut state employees this week as the minimum wage increased to \$11 per hour.

The change came after Governor Ned Lamont approved a number of bills advocating to gradually increase the minimum wage by 12 percent annually in a four-year period back in May 2019. By 2023, the new wage will become \$15 an hour.

The wage change, implemented on Oct. 1, will be followed by four other pay increases annually on Oct.

15, each being less than \$1. According to the H.B. 5004, the proposed increase will result in increased costs of \$1.1 million in the fiscal year of 2020.

"Working families are central to our state's success and we need to do more to support their long-term financial stability," Lamont said during his budget proposal. "A \$15 minimum wage, enacted responsibly and over time would raise wages for almost a third of our workforce."

According to the Labor and \overline{The} percent of low-wage workers are 25 or older, while just 10 percent are under 20 years old. The HB 7191 claims, "raising the minimum wage will lift families



Connecticut minimum wage Public Committee, roughly 60 increase hits the Central Connecticut

> out of poverty, reduce the burden on state services and help grow the economy."

Although Lamont claims the

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increase will be a fair, livable wage for Connecticut residents and would keep current residents from fleeing the state, younger

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CCSU Braces Itself For Mosquito Virus

BY ISABELLA CHAN **NEWS EDITOR**

entral Connecticut's campus taking precautions against Eastern Equine Encephalitis (EEE) after a number of towns were detected with the mosquito-borne virus.

EEE is a rare but serious mosquito-borne disease that can be deadly, according to CT Mosquito Management. Already, two-state residents have died of the virus. As of Sept. 27, 2019, The Connecticut Agricultural Experiment Station found 105 mosquitoes tested positive for EEE in the state of Connecticut.

From 2009 to 2018, Connecticut has only dealt with a case of EEE once, according to the Center for Disease Control and Prevention. On average, six human cases of EEE are reported in the United States annually and approximately 30 percent of those infected will die.

"State government is being cautious on peoples' behalf and we are just warning folks to be careful, but there is no need to panic," Governor Ned Lamont said in a public statement. "We want to make sure that we are doing everything we can to provide updated information

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GET GROOVY WITH THE GROOVE BROTHERHOOD



Brazilian jazz Adriano George and the Groove Brotherhood came to Central last week.

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VOLLEYBALL PICKS UP FIRST NEC WIN



Volleyball picked up their first NEC win against the LIU Sharks

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OCTOBER 2, 2019

THE RECORDER

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Staff meetings for The Recorder are held on Mondays at 5:00 p.m. in the Blue and White Room in the Student

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CCSU Alumni And Counselor Receives The Annual Distinguished Service Award



William Fothergill is honored by the Central Connecticut with the Distinguished Service Award.

BY BRUNA VILA ARTIGUES
ASSISTANT NEWS EDITOR

r. William Fothergill, a Central Connecticut State University alumni and current counselor, was given the annual Distinguished Service Award, the University's highest honor, by President Dr. Zulma R. Toro during her opening

meeting on Sept. 19.

The nominations for the award, which recognizes members of the campus community for exemplary service to CCSU, come from faculty and staff. Several representatives praised his work as a university counselor, associate director of the Wellness Center, and founder of the Man Enough Support Initiative.

They described him as an "invaluable asset to our community," as well as "an unquenchable spokesman for humanity," and "one of our most cherished warriors."

Fothergill is sensible and committed to an equal education. He has been a part of several projects on and off-campus.

On-campus, he established the Ebenezer D. Bassett Scholarship to help students follow his steps, and led the rename of the Social Sciences Hall in Bassett's honor. He created the Man Enough Support Initiative to support the needs of young men in college. Also, he founded multiple on-campus therapeutic groups for students, such as the Transition Life Coaching Group; Wellness Discovery Group; the Grief & Recovery Group and Adult Children of Alcoholics and Substance Abusers, among others.

Off-campus, he has been serving as a therapeutic consultant for special education students in the South Windsor Public Schools for 19 years now. He has been a spokesman across the country to speak on topics such as student success, the emotional needs of young men and African-American history.

In addition, he has received numerous awards for his work, commitment and efforts, such as a 2018 award of appreciation from the state Department of Children and Families, a 2017 100 Men of Color award and a 2019 commendation from the University's Center for Africana Studies.

For more information, contact Marisa Nadolny via email: m.nadolny@ccsu.edu; or phone: (860) 832-1798

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Minimum Wage Change Begins Takeover

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residents beg to differ.

Despite not feeling the direct impact of the wage change, CCSU Sodexo employee Nehway Sahn is not in favor of the gradual increase.

"If you think about how 18, 19, 20 year-olds were living back in the 60s or earlier, they were able to provide for themselves, like having a house or getting married," Sahn mentioned.

"In this day and age, that is simply not the case because the older folks have the jobs. So if you start to give an adequate, self-sufficient amount of money to young people as they enter their stage of adulthood, then they can learn how to accumulate that for the future," she continued.

CCSU Sodexo student workers receive their wage

based on how the state mandates it. Typically, the non-union workers, which are student employees, receive pay based on the Connecticut Department of Labor, according to Jonathan Small, general manager for Sodexo at Central Connecticut.

"Our pay for student workers is higher than [Connecticut's] minimum wage, it's set by the Connecticut Department of Labor. It's a flat rate and plus benefits," Small explained. In lieu of benefits, student employees receive monetary compensation thus ranging pay from \$13.13 - \$14.90

As the state wage is projected to increase in the future, as will the wage of Sodexo student workers based on how the state mandates it.

For Sahn, being able receive the extra dollars allows her to maximize her savings while also providing "a bit more financial freedom and giving me the ability to provide for myself a bit more."

"With the extra money I probably will be able to, on a more personal experience, place a greater amount of money into my savings. Budgeting would be a bit easier with the \$15 wage," Sahn expressed.

Small acknowledges that being one of the higher-paying employers on campus is beneficial for students who work for them, calling the wage they receive "a livable wage," for the current stage of life.

Having been a college employee himself, he recalls how ideal an on-campus job was.

"I think it's nice, the benefit of being able to work on a college is not having to use a car and rolling out of bed to come to work," Small admitted. "There are definitely advantageous to being a college worker, so it's nice that we pay a good wage. I wouldn't feel good about paying minimum wage."

Though the minimum wage change was just enacted, the labor commissioner is wary of potential failures and is prepared make changes to H.B. 5004 along the way if the bill creates negative growth for two or more consecutive quarters.

Until then low-wage workers will have to wait and see if the 90 cent increase will make a positive impact on their bank account.

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New Degree Options for "Enviornmental Geography And Sustainability"

BY BRUNA VILA ARTIGUES
ASSISTANT NEWS EDITOR

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CCSU Braces Itself For Mosquito Virus

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Many CCSU athletic teams, including men's soccer, have had to move up their practice times do to EEE.

JULIA JADE MORAN | STAFF

on these developments to the people of our state. If you must be outside early in the morning or at dusk, it's a good idea to take some simple precautions."

Although there are no definite actions being made statewide, the campus has sent out notices to student, faculty and staff on ways to take preventative measures against the mosquito-borne

Several locations around campus, such as the Student Center, RECentral Office and events, Kaiser Hall, all residence halls, Health Services and East Hall, are offering free mosquito repellent. Along with that, those who are outside between dusk and dawn are advised to wear longsleeved shirts and long pants.

In order to minimize activity during those hours, several sports practices and games have been reschedule to earlier times in the day and any events being performed in those hours have been postponed.

The CCSU men and women soccer teams rescheduled their games on Saturday Sept. 28 to earlier times in the day as one of the EEE precautions.

Shaun Green, head men's soccer coach, shared that the university consulted with him two days before their game on how to approach the last minute adjustments

"I thought it was a prudent decision, I think that you never take risks with people's lives even if there is a small chance. It was a prudent and practical thing to do," Green stated.

Although the change in game time "didn't really impact in any preparation," the team did have reschedule referees and support staff for the game."

"The big thing was accommodating the other team that was coming from New York and had to leave earlier and schedule the bus at a different time, but scheduling changes and things like take place and are very common."

Regardless of the changes, Green acknowledges moving the game is what "was for the best."

As the safety measures for EEE continue to remain active around

campus, Central Connecticut continues to remind students, faculty and staff "that until a hard frost occurs, outdoor activity between dusk and dawn when mosquitoes are most active should be minimized."

For more information on ways to prevent getting bitten by mosquitoes and EEE prevention visit the Connecticut Mosquito Management Program website at portal.ct.gov/mosquito or the CDC website.

CCSU also recommends contacting Associate Dean of Students Ray Hernandez at (860) 832-1619 or email Hernandez@ccsu.edu.

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105 mosquitos have tested positively for EEE.

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CCSU Falls Short On Enrollment Affecting Different Departments On Campus CONTINUES FROM PAGE 1

preparing and reserving some additional courses that students do not see right away and that can be brought up if the courses are filling.

"We have to be a little bit more nimble," Monique O. Durant, Professor and Department Chair of the Accounting Department, said. "We're making contracts with fewer adjuncts, because we're able to cover more of the courses that we currently teach with full-time staff."

department of educational leadership, policy and instructional technology has seen most of their 61 students go in two main places at the graduate level: the master's programs and the sixth year certification program.

"Now we offer less sections of courses in our master's programs and the sections we do offer have a few more students in them," Sheldon Watson, chair and department chair of educational leadership, policy and instructional technology and Ed.D. Director said.

For instance, "a class of 25, as opposed to a class of 15, means more workload for the faculty and not quite as much personalization for the students,"



Enrollment has decreased five percent.

Dr. Watson continued.

However, the departments are hopeful and optimistic that this is only a small hiccup for now.

"Our students are employed by the best, the very best firms in the world and in the country," Dr. Durant said, "So we have every reason to believe that since we do offer of a quality product, this is a short term thing."

Faculty and staff also believe it is

essential to strengthen and double down the marketing and recruiting program.

"There is a good market out there," Dr. Watson said, "we need to go out and tell our story a little bit more."

In order to increase the enrollment for the following years, new undergraduate programs, such Environmental Geography and Sustainability, are being created.

"The geography department has been doing their best to offer courses and academic opportunities that help students gain the knowledge and skills they need to obtain employment that speaks to their passions," Dr. Button explained.

JULIA JADE MORAN | STAFF

As President Dr. Zulma R. Toro addressed the low enrollment in her opening speech, she admitted there was going to be struggles in bringing the numbers back up but remained positive.

"We have quite a climb ahead of us," Dr. Toro said.

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@TheRecorder on Twitter

OCTOBER 2, 2019

News In Brief

BY SARAH WILLSON SOCIAL MEDIA EDITOR

CT Sees Rise In Poverty, Census Says:

Connecticut is the only state in the country that saw an increase in poverty in 2018, according to new data from the United States Census.

The state is still considered to be one of the least impoverished in the U.S., with its poverty rate at 10.4 percent compared to some as high as 16 percent. Still, experts from the American Community Survey say the trend is heading in the wrong direction.

Unlike Connecticut, Puerto Rico and 14 other states saw a decrease in poverty for the 2018 year.

The census offers no reason as to why poverty increased in the state.

Safety of Trump Impeachment Whistleblower 'Endangered:'

Concern over the safety of the "Trump Impeachment Whistleblower" is growing since the transcript of the call with the president and the leader of Ukraine was released. Safety concerns hit their peak after the New York Times published a detailed article that compromised the anonymity of the whistleblower.

The transcript, which was released last week, showed Trump pressed Ukranian President Volodymyr Zelensky to investigate former vice president and 2020 presidential candidate Joe Biden and his son about corruption allegations.

Democrats said the whistleblower will testify in front of Congress when steps are taken to ensure his or her safety.

The whistleblower prompted a former impeachment inquiry by House Speaker Nancy Pelosi, though Republicans say it is unlikely to get passed the Senate, which is ruled by the GOP.

Massive Iceberg Breaks Off Antarctica:

An iceberg just a bit smaller than Scottland Isle of Skye — 1017 miles — broke off of Antarctica's Amery ice shelf, BBC News reported.

The iceberg, named D28, is an estimated 315 billion tons and had shown "massive" cracks for years, according to scientists. The block is so large that it has to be monitored to ensure the safety of ships.

A one trillion tonne iceberg broke off Antarctica in 2017 as a result of climate change.

News In Days of Service Helps to Magnify the East Side



New Britain Police and other volunteers come together for CCSU Days of Service.

MICHAELA SALVO

BY BRITTNEY WILLIS STAFF WRITER

n officer passing out donuts, cars beeping at volunteers painting to show their approval, small crowds of people walking up and down the street collecting garbage that lay on the ground. This was the sight that occurred at the East Side Community Center on to celebrate and honor Central Connecticut's Annual Days of Service.

The event was a weekend long event in which students had the opportunity to volunteer within the city of New Britain and do various acts of kindness, such as reading to school children, participating in walks for a cause or help beautify parts the community.

"It's awesome to see students come out into the community. [Central] is isolated, so it's nice to see students out," Captain Adam Rembisz of the New Britain Police Department stated regarding Central volunteers.

Joanna Ruggiero-Rivera, Youth Director at the YWCA, spoke about Central Connecticut's partnership and how they became involved in the Day of Service. "The school wanted to do more for the community," Ruggiero-Rivera acknowledged.

Arriving by bus early Saturday morning

to the East Side Community Center, several volunteers were eager to work and fulfill their commitment of beautifying the east side neighborhood.

Tasks consisted of helping rid the streets of garbage or painting a mural along the side of the community center, relating to the motto of New Britain: "Industry fills the hive and enjoys the honey."

The mural consists of bees, honeycombs made of hexagons and people with bee wings on a bright blue background symbolizing the sky. The artwork is meant to be a representation of the residents in the east side community coming together to help shape the next generation's future.

Valerie Cammarota, Director of Programs and Grants at the YWCA, shared how residents of the east side community filled out survey's addressing neighborhood concerns during local events. Based on feedback, the advisory board was able to determine what to do for residents.

A group of teens involved in photojournalism known as Photovoice, took pictures showing that having community art revitalizes neighborhoods based on Arch Street's replica of San Juan, Puerto Rico's Umbrella Street, painted in the alley way.

Through these findings, Central Connecticut art professor Ted Efremoff, and his general education art in community class were able to come up with the concept of the mural.

"I told them (the students) we were going to make a mural this semester and they said ok! Valerie and Joanna wanted to see the design and said yes once they heard the concept of the mural," Efremoff shared.

Efremoff continued the theme of the hexagons throughout, creating the spawn of honeycombs. QR codes will be painted on the inside of honeycombs where residents will have access to essential resources within the community, such as services for mental and physical health, nutrition counseling and financial assistance.

With the east side community newly embellished, residents are finally able to see that their complaints have been heard.

"The neighborhood is getting more attention. Things are getting better and people like what they see. There are more signs of optimism," Executive Director Tracey Madden-Hennessy at the YWCA shares.

With a mural as impactful as the one painted on the East Side Community Center wall, hope can continue to fuel its residents bringing them together and making them stronger.



What's New, CCSU?

BY DAN FAPPIANO EDITOR-IN-CHIEF

- Professor John Esposito presents "Islamaphobia and International Terrorism in the age of Trump" Oct. 3 4:30-6:15 in Torp Theater
- Connecticut Literary Festival, Real Art Ways, Oct. 5, 10:00 - 6:00
- Mathematics Colloquium, Maria Sanford Hall, Oct. 4, 3:00-4:00
- The Solo Suites of J.S. Bach will perform at the Windsor Public Library on Oct. 3 from 7:00 p.m.

SGA Briefs

BY KRISTINA VAKHMAN

The Student Government Association meets every Wednesday at 3:05 p.m. in Bellin A and B in the Student Center. These briefs are from the SGA's meeting on Sept. 25.

- Senator German Rojas is the new Student Advisory Committee representative.
- A motion to allocate \$595.00 to the Black Student Union for refreshments and a DJ for their Kickback Event passed.
- A motion to allocate \$98.07 to the External Affairs Committee for tabling supplies passed.
- A motion to allocate \$7,800 to the Central Activities Network's upcoming Pep Rally passed.



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EDITORIAL

Ban On Vaping Can Be Just As Bad

The recent light of e-cigarettes and their link to hundreds of cases of lung disease across America has only drawn public attention towards the harmful long-term effects of vaping.

This relatively new phenomenon has already caused eight deaths due to severe respiratory illness brought on by the use of e-cigarettes according to the Wall Street Journal. Because of this, the administration of President Donald Trump is now moving forward in banning these flavored e-cigarettes and nicotine pods. While opponents of the habit are supporting these developments, supporters of vaping are angered.

"The Centers for Disease Control and Prevention reported last week that the number of people with link illnesses related to e-cigarette use has increased to more than 500," according to Bloomberg Opinion.

On Sept. 24, Massachusetts' Governor Charles D. Baker signed a Declaration of Emergency, stating that vaping is a "public health emergency," effective immediately.

On the morning of Sept. 25, JUUL CEO Kevin Burns resigned "amid growing public scrutiny of the San Franciscobased e-cigarette maker following reports of vaping-related deaths and illnesses," according to the San Francisco examiner.

Creating a ban is ideal in terms of ending the usage and ability to obtain vapes. However, doing this can drive tobacco sales only upwards.

The restrictive efforts to reduce vaping across American has the likeliness to drive those addicted to nicotine back to cigarettes. The challenge that comes with addressing vaping is that it can easily influence the increase of another addiction.

According to a 2019 study done by the Campaign for Tobacco-Free Kids, only 5.8% of high-school students are smokers, while 27.5% of high school students are e-cigarette users. If a ban were put on vaping, the 27.5% of high school students using e-cigarettes may use tobacco cigarettes as a substitute.

While vaping does evidently have a negative impact on health, it does not cause as much damage as tobacco cigarettes. According to John Hopkins Medicine, "E-cigarettes heat nicotine (extracted from tobacco), flavorings and other chemicals to create a water vapor that you inhale. Regular tobacco cigarettes contain 7,000 chemicals, many of which are toxic."

According to Bloomberg, the "harm and toll from smoking tobacco cigarettes seems to have gotten lost in the alarm over vaping. According to the CDC, traditional cigarette use is responsible for 480,000 deaths per year."

If this ban were to be successful eliminating flavored e-cigarettes has the potential to drive many people back to inhaling the deadly carcinogens present in tobacco smoke, bringing these death tolls back to their higher rates.

A possible way to keep e-cigarette users from moving on to smoking tobacco would be to create programs that help people get rid of their e-cigarette addictions. However, according to the Center on Addiction's director of policy research and analysis, Linda Richter, as of Jan. 31, "There are no tested or approved methods for quitting e-cigarettes."

This is due to the fact that e-cigarettes have not been around for a long enough amount of time to discover methods of quitting. Therefore, it may be safer not to ban e-cigarettes until we know more about them.

Editor's Column: One Year After Ford, Sexual **Assault Stigma Hasn't Changed**



BY DANIEL FAPPIANO EDITOR-IN-CHIEF

hristine Blasey Ford is a psychology professor at Palo Alto University and a research psychologist at Stanford University. However, in September 2018, Ford's life became much more public after accusing now Supreme Court justice Brett Kavanaugh of sexual assault.

Sept. 27 marked the one year anniversary of Ford standing before the Senate Judiciary Committee, testifying that she was sexually assaulted by Kavanaugh when they were both high

To me, Ford's actions are that of a strong women, willing to speak the truth no matter the consequences. The courage it took Ford to come forward and accuse such a public figure should be

memorialized forever.

However, to many, Ford's actions aren't that of a strong woman, but someone looking to make a name off someone more powerful.

Ford has been quoted saying, "I have been called the most vile and hateful names imaginable. People have posted my personal information on the internet. This has resulted in additional emails, calls, and threats. My family and I were forced to move out of our home."

On the case, President Trump has said that, "if Ford's allegations were true, her or her parent's should've reported them at the time."

While Ford's case is publicized through the news, Trump's feelings are parallel to that of many men throughout America today.

Women are often blamed for the attack and not taken seriously. Often they are attacked themselves, slut shamed and degraded.

In the case of Ford and other women, speaking out and reliving their attack gains them nothing. Ford had nothing to gain from accusing Kavanaugh, she knew she would be attacked. However, she also knew that accusing him publicly would show the word exactly who he is as a

In a Trump presidency, hypermasculinity has become rampant. Men feel a level of empowerment and feel that they are dominant whereas women are submissive. But the world isn't just a white man's fantasy, it is a place where men and women should be treated equally.

If a man were to accuse a woman, he would likely be taken seriously, because it shows "real courage" for a man to take a stand. Why isn't it the same for women? We live in a world when women are changing the world. Women are the future of America, yet in cases of sexual assault, they are treated as less than a human.

Women don't make up sexual assault. Assault does not have a grey area. A woman has nothing to gain from going public with a sexual assault accusation. If a woman is willing to come forward and relive their story, we could at least make an effort and believe her.

Christine Blasey Ford knew her life would change, yet she still made her accusation because she knew it was the right thing to do.

Ford and others deserve a platform and deserve to be taken seriously when they tell their stories of sexual assault. The least men should be able to do is listen.

Gun Buybacks Are Ambitious, But Necessary

BY KRISTINA VAKHMAN **NEWS PHOTOGRAPHY EDITOR**

visited my old high school last week as part of a project. A lot has changed since I graduated in 2016 - the outside's been repainted, logo-bearing flags now hang over the parking lot and a fresh sign proudly bears the school's name on the front lawn.

But perhaps what's most striking is the "man trap" at the entrance. While I was a student, visitors got inside with one bell ring and through a set of doors. That simplicity is no more. There are now two bells and four sets of doors to pass through – a response to the shootings that have turned death during the school year from an "if" to a "when."

The United States has a gun epidemic. When children are valued less than weapons and their fear is seen as just a side-effect to freedom, it's only appropriate to call it that.

Yet, there's no getting around that gun ownership is a right embedded in the Constitution – whether the Founding Fathers intended it to cover "assault weapons" is a whole other debate. Not to mention, there are more guns than there are people in our country, according to the Small Arms Survey.

In 2018, the Pew Research Center found that three in ten American adults personally own a gun and that protection is their top reason in doing so.

Guns are deeply ingrained in our culture for many reasons, however, when kids have to wear bulletproof backpacks and practice shooter drills, it's time for a change.

It is possible for that change to occur by reducing the number of guns through a cash reward, more commonly known as gun

During Sept. 12's presidential Democratic debate, former Texas congressman Beto O'Rourke boldly endorsed a mandatory assault weapons buyback. Top contenders former Vice President Joe Biden, Senator Bernie Sanders and Senator Elizabeth Warren all support a form of a buyback program as well.

This proposal is daring, but it's feasible. Australia has succeeded at it and New



In spite of the hurdles, the U.S. needs a mandatory gun buyback program.

Zealand's initiative is chugging along. Since Australia's buyback program in 1996, the homicide rate went down by 42 percent and firearm suicides have dropped by 74 percent, according to research done by Harvard University. Even if the U.S. has a significantly larger population than these two nations, with difficulty, it can be done. It needs to be done.

We've already implemented buybacks.

The Trump administration's ban on bump stocks required them to be turned in to be destroyed by the federal government and Washington state offered \$150 for each device, the New York Post reported. Other places, like San Antonio, have begun examining the option as well.

State-level buybacks where gun owners can anonymously turn in their firearms for money would be the most proactive programs. The GunxGun campaign emphasizes "structuring compensation to attract the right guns," meaning "a graded system with larger rewards for handguns and assault weapons" to incentivize collection. Moreover, there would be stronger oversight with such a narrow focus. That would be advantageous with how many guns there are

There will be challenges. The price tag, for instance, will be enormous. The Trace estimates that we would need, at the very least, \$700 million to buy back just assault rifles. We could offset the cost with an onetime tax increase like Australia did or could reallocate money from our unnecessarily inflated defense spending.

We would also need a clear definition of

what constitutes an assault weapon. This will be hard, as it will make the buybacks seem more restrictive. This will affect compliance from gun owners unless the compensation is abundant and the narrative of guns being a right, not a privilege, shifts.

But what's maybe most important is support from the Republican party. Australia's buyback law was political suicide for many politicians. Though former conservative Australian Prime Minister John Howard went on to win another election, he received so much pushback that he wore a bulletproof vest when announcing the program to a crowd of protestors.

Many Republican politicians receive paychecks from the National Rifle Association and base their campaigns on gun rights. It would take massive courage and selfless sacrifice for them to turn around and lend their support to a mandatory buyback program. It's next to impossible for this to happen, but there's still hope.

It'll be a long, arduous and expensive process but I say it's worth it. Being from Connecticut, I and the rest of the state still grieve over the Sandy Hook Elementary School shooting. I won't ever forget the horror and panic that spread as far as my high school that day, nor will I let anyone else

The amped security at my high school is a good step for safety. As an alum, I was happy to see the effort. But we've reached a point low enough to trip on when we're stepping over bleeding children for the sake of keeping our hands on a weapon.

@KRISDVP

National Custodial Workers Day

BY JULIA CONANT ARTS & ENTERTAINMENT EDITOR

ct. 2. marks National Custodial Workers Day, which means it's a day to thank the custodial workers in your life who usually work behind the scenes and don't receive much recognition.

Many custodial workers help keep Central Connecticut clean everyday. One of these custodians is Jonathan Famiglietti, who works in Maloney Hall. He has worked at Central for over five years, ensuring that the campus looking

"As a custodial worker, I clean my building of course," Famiglietti said. "I assist with maintenance on campus, and I also assist in other buildings when other custodians are out."

Famiglietti does not just clean the campus, but he is also a member of Central's Safety & Health Committee.

"I'm also on the safety committee here on campus. I've been there for two years now," Famiglietti said. "But basically I keep people safe, keep the building clean and of course assist students, assist faculty and any parents if we have an open house or anything like that."

When asked to recount any noteworthy stories of being a custodian at Central, Famiglietti mentioned a "visitor" that he had in the odd hours.

"I do snow removal on campus, and occasionally I've come in during breaks. You know, we get breaks in between some of our shifts, during the downtime of the storms," Famiglietti said. "I've actually come in and just kinda hung out

in [Maloney], have a snack or something in the building, and after the hours we've had a little noise here or noise there going on in the building. The building makes its own noise."

Famiglietti said "maybe" to the possibility of it being a ghost, but ultimately chalked it up to "part of the age of the building, I guess." Being a recent graduate of Goodwin College, Famiglietti majored in environmental studies and minored in health & safety. When he is no longer working at Central, he'd like a job pertaining to those fields.

"I'd like to stay with the state and move to energy and environmental protection," Famiglietti said. "My goal is to not only help with the environment, but also help keep people safe. Any kind of incidents, any kind of hazards, I want to be involved. I want to help with the project, clean up, stuff like that. I've always been looking into doing that."

On top of working at Central, Famiglietti is also working at Lake Compounce's "Haunted Graveyard" this fall. This will be his third year working there. Famiglietti shared what he does at the "Haunted Graveyard."

"I chase people with a chainsaw," Famiglietti said. "I have a 20 inch husqvarna chainsaw that I bring in. I work in a trail all the way in the back of the 'Haunted Graveyard,' and I chase people. And they run. It's a lot of fun."

Famiglietti's daughter also works at the "Haunted Graveyard," which is partly why Famiglietti started working there.

"I work with my daughter, that's part of the main reason that kinda got me to work there," Famiglietti said. "My daughter



Jonathan Famiglietti, a custodial worker in Maloney Hall stands in front of a mural.

JULIA CONANT | STAFF

worked there, and it's funny cause my daughter said, 'Well, if I'm working here, why don't you work here? Because you'll be my ride home."

Famiglietti said that when he's not working, he spends time at home taking care of his house in Prospect.

"I'm in a suburban area, but I'm in a town that's up on a hill, so we get storms and we get a lot of wind," Famiglietti said. "I have my chainsaw, I have a splitter, I cut wood, I take care of my yard, we have a pool, you know. Quiet neighborhood. It's a lot of fun."

He also said he likes to spend time with neighbors and other people in town.

"I'm connected with a lot of people in town," Famiglietti said. "On Friday nights, normally we get together about

maybe 15 or 20 of us, and we actually have a dinner at one of the restaurants in town. We get to talk, so it's really cool."

Famiglietti has a passion for helping others, and expressed how important it is

"I've always been a person that's always been willing to help others," Familgietti said. "I think that rubbing off kindness on others, but also helping them in times of need is huge. I know that things have changed in society, but I still continue being the person I am and continue trying to get others to in turn be that way. And I think that's big."

Be sure to thank custodial workers like Famiglietti today, and let them know you appreciate what they do.

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Central Gets Groovy With Brazilian Jazz



on stage to dance with her.

The lead singer Adriana Pinto Moreira invited a student

BY JULIA CONANT ARTS & ENTERTAINMENT EDITOR

The musical stylings of Adriano

George and the Groove Brotherhood got students off their feet and onto the dance floor last Thursday night in Alumni Hall.

Adriano George and the Groove Brotherhood are a jazz band from Brazil. Adriano George is the trumpeter, while the other members of Groove Brotherhood are a vocalist, bassist, guitarist, drummer, saxophonist, trombonist and a keyboardist. The band came to Central Connecticut once back in 2010, and they were finally able to come back last week.

The Central staff members who helped

organize Adriano George and the Groove Brotherhood's visit were music education professor Coleen Casey-Nelson, history professor MaryAnn Mahony and music professor Carlotta Parr.

"This group has a really powerful story of coming from very, very difficult backgrounds to become musicians," Casey-Nelson said. "They are very passionate about being musicians, and did not have an easy road to get where they are now."

The band's visit was sponsored by the Central's Department of Music, Department of History, Committee, the Dean of CLASS, Latin American Studies, the Ministry of Culture of the Brazilian state of Minas Gerais and the Latin American, Latino and Caribbean Center. Music & Arts in West Hartford also provided some instruments for the

"It isn't just the music department doing this," Casey-Nelson said. "It's a collaboration between and among different departments. It's an integrated experience. It's music and its culture."

The day started at 10 a.m. when the band performed in Welte for elementary schoolers who had come on a field trip. The kids were invited on stage to dance with the band.

At 3:05 p.m., a forum on "the history and chronology of Brazilian jazz" was held in Founders Hall. Adriano George and The Groove Brotherhood's bassist. Ivan Correa da Costa, walked the audience through different eras of jazz music, from the beginning to now.

"The thing that we're gonna talk about is Brazilian jazz," Correa said. "Sometimes what comes together is the idea of fusion. But in my understanding, it's more of an idea of taking influences."

The band played several examples of jazz music from different time periods, with Correa explaining the structure of the music, and how they approach it.

"What's been defining jazz is the way you play," Correa said. "North American jazz has a lot of influence on our music. From the form of music, or the style of it. When we began [playing jazz], it was very much on the basis of a European model, AABDAC. Overtime, what began to happen is, with various influences we started to play AABA. So all of this orchestral music had a great deal of influence on our music in Brazil."

At 7:30 p.m., the band performed in the Student Center. A dance floor was placed in-between the seating and the stage, because the band wanted everyone to enjoy themselves while listening to their music. Throughout the performance, the audience was encouraged to move their seats closer to the stage, and to stand up and dance.

"Everything is open for everybody," Casey-Nelson said. "It's meant to be a 'come and enjoy' for all."

Eventually, the majority of the audience did make their way to the dance

One student who took to the dance floor, Jason, was asked to come on stage by the vocalist of the band, Adriana Pinto Moreira. Since he was the one in the crowd who was dancing the most, he got to show off his moves onstage for one

Adriano George expressed his happiness that the band was able to come to Central, since usually only "big stars" get sponsorships to do projects like that.

"To be here today, we used the public offices of our state government," George said. "We sent a proposal, and after that, they approved the project. We got a sponsor, and we are here today. It is very beautiful because the companies in Brazil make a sponsorship for the big stars, and, for us we try. But it is very difficult."

Overall, Adriano George and the Groove Brotherhood's visit seemed to be a positive experience for students and staff alike.

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Introducing The 'Queen Of Admissions'



The "queen of admissions" Lauren Turenne.

CAROLYN MARTIN | STAFF

BY CAROLYN MARTIN ASSISTANT ARTS & ENTERTAINMENT

ASSISTANT ARTS & ENTERTAINMENT EDITOR

ithin the walls of Davidson Hall is the Assistant Director of Admissions, and her name is Lauren Turenne. However, Turenne doesn't always go by her official title.

"I like to refer to myself as the queen of admissions" Turenne said.

Turenne works very closely with Central's student athletes, making sure they meet Clearinghouse for the NCAA, an Eligibility Center that works with high school students to help prepare them for life as a student-athlete.

She also goes out to schools in Connecticut and some in Boston to recruit new students for Central.

Turenne has quite a history here at Central Connecticut. She's been working in Admissions since 2011, but she joined the school back in 2008 as a Resident Director in James Hall followed by Sheridan Hall. Turenne wears her love for Central on her sleeve.

"The thing I love about Central is that we offer a lot of exciting things, but in a very manageable campus," Turenne said. "So I feel like you can go across campus and see people you know, but you always see people you don't know. When Dr. Toro addresses everyone as family it's very true, I think that we are a family here."

However, there is more to Turenne than her current job. She originally dreamed of being on Broadway.

"I was a theater major at Western

Connecticut University and I started acting when I was six years old," Turenne said. "I started voice lessons when I was about six and I stopped taking voice lessons when I was pregnant with my daughter, so I stopped taking voice lessons in 2014. The last thing I did on stage was a 'Cabaret' in March, but previous to that I had done a stage thing of 'Once On This Island."

Long before that, Turenne did admit things took a different turn.

"My original plan was to be on Broadway," Turenne said. "Right after I graduated, I went to New York with one of my friends that had already lived there. I went to do a showcase, so agents came and all that stuff. I had to walk a couple blocks to the subway and it was really hot in there and it took an hour to get from Queens to Midtown where we were doing the showcase. You have to roll a cart to do laundry and get groceries I decided that New York is not really for Lauren Patricia Turenne. And that's okay."

Turenne decided it was time to try something new and found a job as a Resident Assistant at Post University. After spending two years there, Turenne was not as happy as she hoped to be, and ended up moving to Central.

However, one good thing did come out of working at Post University; Turenne met her future husband.

"I met my husband Paul. We were both RD's together and we hated each other at first, but we ended up falling in love," Turenne said. "We got engaged in the winter of 2008 and we got married in the March of 2009, so it was a very quick engagement. We just wanted to be married."

After several years of marriage, Turenne and her husband then had a baby.

"We had my daughter Sofia in January of 2015 during the big blizzard, and that was very difficult because the roads were closed and everything," Turenne said. "And you know, being a mom when your husband has to go back to work and you're on maternity leave and it's dark at 4 p.m. and you're such a people person. It was a little difficult to transition into that because all I wanted to do was to be around people, and I had a screaming baby."

Turenne also participated in a bike race in September. It was called 'Closer to Free Ride.' Turenne first heard about this event after her friend Jackie was diagnosed with thyroid cancer and began to participate in the ride after she was in remission. This ride benefits Smillow's Cancer Research Center.

"Last year while doing 'Once On This Island' I started getting my fitness on," Turenne said. "I started dancing through the show, but then I really decided that I wanted to continue with my journey to fitness, so I started going to bootcamp and personal training. I looked at Jackie and I said 'You know what, I'm gonna do this bike ride next year with you.' I didn't even know what it would consist of, stupidly, I just was kind of like 'This is what I'm gonna do.'"

What the bike race taught Turenne is that she can fund-raise well. Her original donation goal was \$1,000, but she ended up raising over \$3,400 for Smillow's Cancer Center.

"I'm already signed up for next year's 'Closer to Free Ride' and I'll be doing 25 miles next year. This year I only did 10 [miles] because, let me not go crazy, who knows if I can do this, Turenne said."

Turenne had one final thing she wanted to leave Central students with.

"In Admissions we're still here for you," Turenne said. "Even though we've admitted you, we're still a resource. You can always stop by and the tour guides are really awesome."

@CAROLYN_MARTINN

Hulu It: 'Being Erica'

BY SHWAR ZAIDI STAFF WRITER

ulu original "Being Erica" is set in Toronto, Canada and is about a 30-year-old woman named Erica Strange (Erin Karpluk) who has many regrets that lead her to live a very miserable life.

At the beginning of the show, Strange is finally ready to receive help and change for the better. Her therapist, Doctor Tom (Michael Riley) is an extraordinary person who is able to go back in time and redo whatever he wants to do. Strange's conquest is to go back to the time of life that she regrets and change her mistakes.

This show has four seasons, and each episode gives out essential messages about taking care of yourself. It teaches you that no matter what you do, sometimes whatever is meant to be will be, and that we have to accept our fate and move on.

When Strange goes back in time and explores other life choices to prevent her mistakes, she begins to realize that life is all about making mistakes and trying to live a perfect life isn't the best.

Strange's best friends, the perfectionist Judith (Vinessa Antoine) and crazy risk taker Jenny (Paula Brancati) take part in her life, as well as the mean girl, Katie (Sarah Gadon). The show also features Strange's family: her divorced Jewish parents and an innocent sweet sister Sam (Joanna Douglas). Throughout the show, Strange must cope with her brother Leo's death (Devon Bostick).

Strange also struggles with romantic relationships, especially in her 30's when it's frowned upon not to be settled down already. She falls in love with her longtime best friend, Ethan (Tyron Leitso), but life isn't perfect for them and they struggle to handle their different personalities.

The show also deals with how Strange is finding a stable job. She eventually lands a job as a junior editor for the Rolling Stone. She must deal with her very uptight and bold boss Julianne (Reagan Pasternak) and her very devilish but smart coworker Brent (Morgan Kelly).

Eventually, Strange becomes friends with another therapy patient named Kai (Sebastian Pigott) who is dealing with the same therapy sessions as she is.

The show does have an unrealistic story plot line, since it's fiction. For example, Strange's relationship with her therapist seems to be intimate, however, not in a romantic way. Sometimes it feels as if Strange is teaching and helping Doctor Tom, rather than him helping her.

In season two, there are episodes where Strange is involved with trying to help another patient. However, in the real



Watch 'Being Erica' on Hulu now.

JUSTWATCH

world, you are not allowed out to give out any private information from another patient. Especially if someone does not feel comfortable explaining their private struggles to another patient. Therefore, this doesn't give out an accurate representation of relationships between patients and their therapist.

Despite the inaccuracies, there are many valuable perks for watching the show. The quotes that Doctor Tom provides can help a person live hopefully and think independently. Doctor Tom

brings out the best in Strange and helps her achieve things in life successfully.

"Being Erica" explains all about how you can live your own life by being who you are. You can live life to the fullest, but you have to also to understand that taking too much of a risk can be harmful. It is a very cozy yet adventurous show.

If anyone ever feels the need to selfanalyze, or just loves to watch shows with lessons about life, then this is a perfect show for you to watch. The show is available on Hulu and Amazon. 8

OCTOBER 2, 2019

'American Idiot' Album Reaction



Green Day's 'American Idiot' turned 15 on September 20.

CAROLYN MARTIN | STAFF

BY CAROLYN MARTIN
ASSISTANT ARTS & ENTERTAINMENT
EDITOR

I heard when, after just the first album I heard when, after just the first note, I knew this was something different; something important. The music, the story line and characters (as this is a concept album) all became important. Not many albums have been able to do that for me.

As I've continued to grow up and discovered different music, I've grown in and out of Green Day. But even if I don't always want to admit it, this album made an impact on me. And as I look at the track list, I don't think there's a single underrated track on here.

"American Idiot:" Who doesn't love a title track? Maybe me. Honestly I'm kind of tired of it. I've heard it so much that I've fallen out of love with it. I remembering loving it when I was first getting into Green Day; I remember listening to the cover 5 Seconds of Summer did. Who knows, maybe I'll fall in love with it again soon.

"Jesus of Suburbia:" Definitely a

favorite track of mine. However, parts one and three are probably my all time favorites. And the video? It's such an aesthetic to me. And even though the song goes on for nine minutes it never gets played out or boring to me

"Holiday:" I remember playing this song all the time when I first got into Green Day. It was probably one of my favorites at the time. Now that some years have gone by I don't play it as often but I still think it's a great song.

"Boulevard of Broken Dreams:" This song has been with me for a while, I just didn't always know it. I remember hearing this on the radio (when I assume it was fairly new) as a child. I knew of the song and I knew of Green Day, but I wasn't a fan by any means. I didn't come back to this song until I was older. It's funny how it came full circle like that.

"We are the Waiting:" One of Green Day's slower songs from their discography and I think this song is so pretty. It's always had night driving energy about it, and that's probably because every time I hear Billie Joe Armstrong (singer, guitar) sing

"city lights coming down over me," I am transported to driving on the highway at night (and for once most of the street lights are on!)

"St. Jimmy:" The transition between "We Are the Waiting" & "St. Jimmy" is probably one of the best transitions of all time. But "St. Jimmy" specifically is a high-energy and fast paced song. I am so happy that they played this song (right after "We Are the Waiting") when I saw them on tour back in 2017.

"Give Me Novocaine": Okay y'all here me out, the intro sounds like "Sugar We're Goin Down" by Fall Out Boy. I don't play it too often, but I do play it enough, so don't think I have forgotten about it. Even in saying that, it is probably my favorite song to sing along to.

"She's a Rebel:" This one is fun. It's pretty short but it's still a great listen. It can always put me in a good mood.

"Extraordinary Girl:" This song, I used to play every so often. In the last year or so, I've played it a lot more. It's helped me heal from certain things; certain people. I'm grateful for that. I appreciate the instrumentation on it too; it's nothing like Green Day, or really any of the bands I listen to have done before.

"Letterbomb:" Arguably my favorite song off the album. I love it for how blunt the beginning is "where have all the riots gone?" and how the ending plays out "I'm leaving you tonight". But I definitely love the ending more. It's a great song to jump around your room to and get your frustrations out with.

"Wake Me Up When September Ends:" If y'all say to wake up Billie Joe Armstrong I swear I'll-. No seriously, I don't find that joke funny at all, since the song is about how Armstrong lost his dad to cancer in September. I like to believe it's because I've lost two people within the last two years, both in September. One was my aunt, and I miss her terribly. The other was a woman I volunteered with, who was probably one of the kindest people I'll ever meet. I play this song a lot during September since I miss them both more closer to the time I lost them. So I think I just hate how people push the real meaning of the song aside to share a post telling everyone to wake Billie Joe Armstrong up.

"Homecoming:" This one mimics the nine-minute run time that "Jesus of Suburbia" has and it's done well. One song that is nine minutes long is bold enough, but having two creates a "book end" effect in my opinion.

The same bold and brash statements made at the beginning of the album as the characters set off are seen again as they trek back home.

"Whatsername:" Okay y'all gotta hear me out one more time. The beginning of "Whatsername" sounds similar to the beginning of "Summertime" by My Chemical Romance. I always think about showing my friend that and her freaking out. It's a nice memory to have.

While this album may not always be one of my favorites, it has introduced me to some of my favorite songs today, and for that I will be forever grateful.

@CAROLYN_MARTINN

Word Search: October 2

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Word List

1. GROOVE
2. GREENDAY
3. TURENNE
4. FAMIGLIETTI
5. ERICA
6. KAPRELYAN
7. GREEN
8. RAFTER
9. OCONNOR
10. MCMAHON
11. MINIMUM
12. MOSQUITO
13. ENROLLMENT
14. VAPING
15. BUYBACK

= Sports begins on back page =

Men's Soccer Competitive, But Still Searching For Win



Men's soccer currently sits at 0-6-1 on the year.

CCSU ATHLETICS

BY GEORGE ATTWOOD STAFF WRITER

n their 50th season of varsity competition, the Central Connecticut Blue Devil men's soccer team continued to look for their first victory of the season this week against Hartford University, Northeast Conference opponent St. Francis Brooklyn and Yale University.

The Blue Devils lost 2-0, 4-2 and 4-0 respectively.

In their first game of the week, against the Hartford Hawks, sophomore goalkeeper Jason Dubrovich made two saves in the second half that kept Hartford off the scoreboard and CCSU within two goals. Central, as a team, had three shots on goal.

During the Blue Devils' first NEC match of the season, the game was delayed due to the virus Eastern Equine Encephalitis.

A change of kickoff time didn't affect Central, who started the game very brightly and appeared to take their opponent by surprise.

Against a very strong opponent, Central didn't look like a side that had lost all games bar one.

The Blue Devils took an early lead in the first half behind goals from sophomore forward Panos Ravanis and junior defender Dylan Kazmeirowiczz.

According to head coach Shaun Green, throughout the week, Central had worked on absorbing plays and then hitting the opposition on the counter-attack and it paid off with them going into the break up 2-1.

After the restart, St. Francis Brooklyn appeared to be in attack mode and this approach paid off as they tied the game up, 2-2, thanks to a highlight-worthy overhead kick.

After the tie, the game fell into a scruffy patch where neither side was able to control the game. This led to tempers flaring with both teams picking up yellow cards for petty fouls. There were six yellow cards between both reams respectively.

The tie broke when Central gave away a penalty, after the Blue Devils committed a clumsy tackle to an attacking run, leaving the referee with no choice but to award the penalty to the Terriers. The resulting penalty was scored leaving Central trailing by a goal with 20 minutes to play.

Brooklyn would hand on to defeat Central 4-2.

Despite the loss, head coach Shaun Green was very impressed with the way his side played against a conference opponent.

"I thought it was one of our best performances of the season so far, we changed our style of play and I thought it was very effective, we were the best team in the first half," Green said. "We're playing against a team that is fully funded, eight of their team are on scholarships, we've got players who are six weeks out of high school and we crossed swords with them and the future of this program is gonna be bright."

In their next and final game of the week, Central welcomed Yale in its last nondivisional game of the season.

Yale came into the game following their best start to a season in 10 years with a 4-0-2 record.

With this being their last non-conference game of the season, Central played their two back up goalkeepers and rested their starters. They continued to have a solid core of freshmen players in the team.

"I'm very proud of them, they're eight weeks out of high school and it's a massive jump going from playing 18-year-olds to 22-year-olds," Green said. "They're getting experience playing Division 1, which is something very few freshmen get to experience."

Yale came out of the gates flying and were putting the Blue Devils under serious pressure and forced Chris Papas into two saves. Central looked to absorb this pressure and then hit Yale on the counterattack.

Green, was very happy with the way his backup goalkeepers handled themselves in a game when their goals took a beating.

The Bulldogs took the lead, thanks to a strike by Miguel Yuste from 25 yards out. The quality of the goal seemed to ignite Yale as they played a very high press style of play that didn't allow for Central to get a foothold in the game. They doubled the lead after Central couldn't defend the corner and the ball was smartly headed past the helpless goalkeeper.

Despite falling behind by two goals, CCSU showed flashes of brilliance but was unable to find the final pass that would ultimately create a goal-scoring opportunity.

Yale continued to press Central and didn't allow them to get out of the half. An initial shot for Yale was well saved by Central's goalkeeper, the follow up was smacked against the bar but unfortunately for Central the ball ricocheted off a Blue Devil and into the goal. Shortly after Yale scored a fourth that was harsh on Central who had started to get back into the game.

Anything positive that the Blue Devils seemed to do came down their left-hand side and specifically, senior midfielder Eddie Yepes. He continuously drove forward and created chances for his team.

Central came out for the start of the second half with multiple new players getting game time. However, CCSU played very well against the Yale players that were continually subbed throughout the half. At one point the Bulldogs subbed in five new players including the goalkeeper.

Central played much better in the second half and was much more positive with their style of play. They were unlucky not to score but did well to keep Yale scoreless during the second half.

"You've got to take the positives, especially with the kind of season that we're having," Green said. "The objective was to play better football but ultimately not concede and we did that."

"I told the team that today wasn't about the scoreboard, it was to make sure we had everybody available for the two conference games, those are the most important things to us," he continued.

The Blue Devils will now only play Northeast Conference games for the rest of the season. They start against Bryant University on Friday and then Robert Morris University on Sunday.

Central will look to register their first win of the season in conference play this week.

Women's Soccer Dominates Mount Saint Mary's

BY TREVI ALICKOLLI

ASSISTANT SPORTS EDITOR

he Central Connecticut Blue Devils women's soccer team beat Northeast Conference opponent Mount St. Marry's 5-1 to earn their first conference win of the season and their first win overall since Sept. 5.

Central is now 18-4-4 all-time against the Mount.

The Blue Devils last win came at home against Iona College (4-0 victory) but they have been on the road ever since.

Central has gone 1-1-3 during the five-game road stretch.

"It was great to get our first NEC win against a quality opponent," head coach Mick D'Arcy said to CCSU Athletics. "Also delighted that five different players scored today, it was a good team performance overall that we can build on going forward."

The versatile scoring continued for Central, they now have nine different players score this season.

Against the Mount, the scoring came from sophomore midfielder Roma McLaughlin, a pair of forwards, senior forward Allyson O'Rourke, junior Tess Atkinson and a pair of defenders, senior Shauny Alterisio, junior Erica Bardes.

McLaughlin's fifth goal of the season came from 30 yards out and was assisted by fellow classmate Zoe McGlynn. McLaughlin finished the game with two total shots and two shots on goal.

O'Rourke added an assist to go along with her goal.

Atkinson scored her first goal of the season, fourth of her career, after not playing in the previous four contests.

Alterisio also scored her first goal of the season, the second in her career. Her goal was the longest of the day by any team, from 35 yards out.

Bardes scored her first goal since the 2017-18 season off an assist from sophomore Jamie Collimore.

At goalie, sophomore Amanda McQuillan saved three out of four shots and allowed one goal. Senior Hannah Page saw just over 15 minutes of game action in Centrals win.

The Mount got on the scoreboard with a goal from defender Cheyenna Cook.

The Blue Devils continue their road trip, facing another conference opponent, Fairleigh Dickinson. The game is scheduled to start at 6 p.m.

The Knights are 3-5-3 on the season but are undefeated in the conference (2-0). Later in the week, on Saturday, Oct. 6, Central will return home to face St. Francis

Brooklyn at 3 p.m.

SPORTS THE RECORDER **OCTOBER 2, 2019**

Swimming Takes Home First in Fairfield Invitational

BY GABRIEL ANTON STAFF WRITER

entral Connecticut's Swimming and Diving team kicked off their season strong, winning against several southern Connecticut universities at the Fairfield Invitational on Saturday. The seven seniors, seven sophomores, two juniors, and two freshmen comprise the CCSU swim team this year.

Their cogent sense of cooperation resonates in their formidable debut results; consistently placing in top four quickest swimmers in each of the 14 events competed in and winning three of them. These high scoring bouts managed to edge the Blue Devils past host school Fairfield University by 89 points for a first place finish. The final score was Central 490- Fairfield 396- Pace 112Southern 86.

Continuing from their evident successes from prior seasons, the Central relay teams gave solid opening and closing performances to the invitational. A team comprised of sophomore Katie Czulewicz, sophomore Mariana Espino, junior Katelyn Mann and sophomore Simona Visinski took the third spot in the opening medley relay event less than a second behind the first and second placed teams. For the 400-meter freestyle relay senior Erika Maercklein and sophomores Hallie Perrin, Jeannete King and Simona Visinski grabbed the second place spot 0.14 seconds behind first place Sacred Heart.

Freestyle has been and still is a strength for the Blue Devils. Veteran talent and some strong swimming from underclassmen dominated the freestyle events. Even if they did not win any of these events, the Blue Devils still enjoyed the top place points.

The team took home a second and fourth place finish in the 800-meter event by seniors Gracie Regan and Keelin Kendall, respectively.

CCSU also finished second in the 200 and 400-meter event by Maercklein, second and fifth in the 100 meter by King and Perrin and the 50-meter by King and Maercklein, while Sacred Heart and Fairfield wrestled inconstantly for first

Their true successes of the day however sat on the mantle of another one of their strengths; breaststroke. The team won both their 100- and 200-meter breaststroke events with junior Katelyn Mann and sophomore Alex Lindgren grabbing the first and second place,

respectively. Regan placed third in the 200- and 400-meter and freshman Abby Bacon placed fourth in both, resulting in a dominating single stroke point grab.

The team won one more event in the 200-meter by senior Kaylin McMahon, with junior Erin Brown in fourth, and got second in the 100-meter backstroke by King. Mann grabbed fourth in the 100-meter butterfly while Lindgren and Regan placed third and fourth respectively in the 200-meter Individual Medley, outnumbering Sacred Heart and Fairfield in the top scoring positions.

The team is going back south next Saturday on October 12, when Sacred Heart will host them. The Central diving team will debut there, as they didn't participate last Saturday at Fairfield, looking to complement the strong outing performance of the swimming side.



Central Connecticut won the Fairfield Invitational.

CCSU ATHLETICS

Week Five Fantasy Picks

BY THE RECORDER SPORTS STAFF

s we find ourselves deeper into the NFL season, it's becoming clearer who to trust and who will bust in Fantasy Football. Heading into Week Five, The Recorder sports staff gives their picks on who to start or sit.

Trevi Alickolli, Assistant Sports Editor

Sure Thing: Le'Veon Bell, RB - NYJ @ PHI

At this point, Bell is the only weapon the Jets have available to them on offense. Simply due to the fact that Bell will receive a massive volume in touches, expect him to be one of the top-scoring running back in Week Five despite a tough matchup against a stout Eagles run defense.

Sleeper: Stefon Diggs, WR - MIN @ NYG

It's hard to believe Diggs can be a sleeper, but he only has scored double digits in fantasy just once this season. He appeared to be back on track despite the difficult matchup against the Bears in Week 4, recording 108 yards but h<mark>ad one fumble lost. In</mark> Week Five, Diggs will get a chance to officially be back as one of the top receivers against the shaky secondary of the Giants and owners should feel confident starting him.

Bust: Melvin Gordon, RB - LAC vs. DEN

Congratulations to anyone who drafted Gordon or has him rostered. Gordon will more than likely prove to be one of the biggest steals this season now that his holdout is over, but I think owners of Gordon should not start him until he proves he is actually back and gets a few games under his belt. For the time being, I think Austin Ekeler is still the back who's going to receive most of the workload.

Daniel Fappiano, Editor-in-Chief

Sure Thing: Adam Theilen, WR - MIN @ NYG

Theilen was stymied by the tough Bears' detense, amassing just six yards on two catches. Most of the blame should fall on quarterback and \$84 million man Kirk Cousins. However, facing a Giants team allowing the most passing yards per game this season, Theilen is in an obvious bounce-back spot and should finish among the top wide receivers in Week Five.

Sleeper: Andy Dalton, QB - CIN vs. ARI

In a battle of two teams searching for their first win, Dalton should be given an opportunity to shine. The Bengals' quarterback quietly has the third most passing yards on the season. That shouldn't remain a secret in Week Five as Dalton should propel the Bengals to their first win in a strong offensive day.

Bust: Josh Jacobs. RB - OAK @ CHI

Jacobs has looked decent so far this season, racking up 228 yards and two touchdowns. However, the rookie will be in for a real test facing off against a defense allowing less than 70 yards on the ground per game. The Bears'

tough defense coupled with the Raiders likely playing from behind should spell doom for Jacobs.

Patrick Gustavson, Contributor

Sure Thing: Russell Wilson, QB Seattle Seahawks

Wilson has yet to throw an interception on the season while throwing eight touchdowns. That output should continue against a Rams defense that allowed 55 points to a suspect, Jameis Winston-led Buccaneers offense last

Sleeper: Nyheim Hines, RB Indianapolis Colts

With Marlon Mack potentially sidelined, touches will open up for Hines and fellow second-year player Jordan Wilkins. Though Wilkins will likely be in line for a bulk of the carries should Mack miss the game, Hines is a far superior pass-catcher, hauling in at least three catches in three of the four contests this season. The Colts will likely be playing from behind against the Chiefs and Hines should be heavily involved in the passing game.

Bust: Wayne Gallman, RB New York Giants

In his first week filling in for superstar Saquon Barkley, Gallman showed out, eclipsing 100 total yards two go with two touchdowns. But he'll now go up against a Vikings run defense that is second in the league at stopping the run. Don't look for Gallman to repeat his week four success.

MEN'S JOURNAL

Hockey Wins And Ties In Opening Weekend



Central hockey defeated New Haven and tied Bridgewater in their opening weekend.

BY RYAN JONES **SPORTS EDITOR**

OCTOBER 2, 2019

entral Connecticut's men hockey team took advantage of home ice ✓ in their season opener, landing an 8-6 win against New Haven before tying Bridgewater State 5-5 in their second game.

The Blue Devils did not come out of the gates hot against New Haven, quickly falling behind 2-0 with 10 minutes still to play in the first period.

Sophomore forward Ryan Berry brought the Blue Devils back into things late in the first. Berry secured a juicy rebound before putting a shot into the open net to put CCSU on the board with 3:30 left in the first.

Fellow sophomore Mason Boyhen followed suit not long after, tying the game before the first period ended.

The ensuing two periods was an offensive clinic for the Blue Devils. Just 15 seconds into the second, the Central took the opening face-off and quickly took advantage of it as Boyhen landed his second of the night.

The Blue Devils continued to berate New Haven, keeping it in the Nighthawk's zone for the ensuing five minutes following Boyhen's goal. Once New Haven got things going again, however, things quickly flipped south for the Blue Devils.

Two quick goals from the Nighthawks forced CCSU to sub in freshman goalie Jared Apfelbaum.

The move proved to be a good one for first-year head coach Mitch Beck and the Blue Devils, as Apfelbaum only allowed one goal for the remainder of the second.

After a CCSU goal from senior captain Kevin Murphy, the Blue Devils faced a five-on-four disadvantage after a tripping call. Freshman Cam O'Connor did not let the Nighthawks capitalize, however, landing a short-handed goal to tie the game back up at five.

Senior James Huften buried a shot with four minutes left in the second to give CCSU the 6-5 lead, one they would not relinquish for the remainder of the

O'Connor continued to lead the way for the Blue Devils, scoring again and again for not only a hat trick but four goals on the game.

"We weren't at our best and we still found a way to win," Beck said after the game, explaining how "it was gut-check time" for the team.

"Coming out of the gates with a dub is crucial to the mental state," goalkeeper Matthew Beckoff said after the game. "Every game is like adding fuel to the engine, so if we can keep rolling and keep playing our brand of hockey like we did in the second and third, then I think that we can keep burying teams and keep fueling our fire."

CCSU traveled to Massachusetts Saturday to take on Bridgewater.

After a quick power play goal from Bridgewater, Berry tied the game for the Blue Devils for his second goal of the season with two minutes left in the first. Bridgewater drew a penalty only 30 seconds after Berry's goal and quickly erased the tie to give them a 2-1 lead heading into the second period.

The Blue Devils answered back with two quick goals to take the 3-2 lead over the Eagles in the second.

THE RECORDER

Two Eagles went to the penalty box as the Blue Devils sent one of their own, but Bridgewater were the ones to put one on the board to tie the game at three.

BSU scored again to take the lead with nine minutes to play in the second. Neither team would score for the remainder of the period and it would take almost seven minutes into third for the score to change.

Murphy scored again to tie the game for the Blue Devils. A quick goal from BSU gave them the lead again late, but reigning conference MVP Billy McKinley landed his first goal of the year to tie the game at five, sending the game into overtime.

Despite a late opportunity thanks to a BSU penalty, neither team notched a score in extras, giving the Blue Devils their first tie of the year.

The Blue Devils will be on the road next week, taking on Rider, Seton Hall and Montclair State over the weekend.

@RYANJONES385

SU Weekly Sports Schedule



Football

Saturday, Oct. 5, 2 p.m. @ Sacred Heart

Women's Soccer

- Thursday, Oct. 3, 6 p.m. @ Fairleigh Dickinson
- Sunday, Oct. 6, 3 p.m. vs. St. Francis Brooklyn

Men's Soccer

- Friday, Oct. 4, 3 p.m. @ Bryant
- Sunday, Oct. 6, 11 a.m. vs. Robert Morris

Volleyball

- Friday, Oct. 4, 3 p.m. @ Merrimack
- Saturday, Oct. 5, 5 p.m. vs. Saint Francis Brooklyn

Henderson (above) posted a double-double in the win against Fairleigh Dickinson.

RYAN JONES | STAFF



Volleyball sits at 5-9 for the year.

CCSU ATHLETICS

Volleyball Sweeps In First NEC Win

BY RYAN JONES SPORTS EDITOR

entral Connecticut volleyball did not hang their heads long after a heartbreaking loss to Long Island University, securing their first Northeast Conference win Saturday in a decisive sweep of Fairleigh Dickinson.

The Blue Devils completed their nonconference stretch of games with a 4-8 record, including sweeps in three of their wins.

To kick off their NEC schedule, CCSU hosted the LIU Sharks. Last year, the Blue Devils defeated LIU Brooklyn for the first time since 2010 in their final game of the regular season (LIU Brooklyn and LIU Post merged this offseason for athletics).

Whether history factored into the match or not, the energy of a heated rivalry was there. In the words of head coach Linda Sagnelli, "this was like a finals match."

Two freshmen started in the match for the Blue Devils. Isabelle Roufs and Taylor

Buckley got the starting nods for CCSU, something that was to be expected after an impressive start to the season from the young core. Roufs is already fourth on the team with 93 points while Buckley ranks fourth with an impressive two kills per set. "I knew the freshmen would contribute, for sure," Sagnelli said after the match.

The Blue Devils did not come out of the gates hot against the Sharks, but still only narrowly lost the first two sets by four points each.

CCSU did not hang their heads long after dropping the first two, and came out in the third with a 6-0 run. The Blue Devils went on to hit a game high .312 in the third while taking the set 25-16.

Defense stole the show for the Blue Devils in the fourth. forcing a .053 hitting percentage and nine errors from the Sharks as they rolled to a 25-20 set win.

In the deciding fifth set, both teams battled for the ever-important conference win. The teams sat tied at 13 late, but two straight from the Sharks sealed the victory for LIU.

Senior Madelyn Kaprelyan posted 18 kills, 21 assists and 11 digs in the match, her third triple-double of the season.

"We could have just decided to give up after losing set one and set two, and we didn't," Sagnelli said. "It was all about having heart, determination and fight. I love what I saw coming down from an 0-2 deficit."

Sagnelli was proud of her team's performance against LIU, but emphasized that this won't be the last time the Blue Devils would be challenged this season.

"We're right there," Sagnelli said. "We know it's gonna be a battle, there's a lot of good teams in this conference. It's going to be a battle to get top four right from the very first day as you could see."

The second game of the weekend was a polar opposite for the Blue Devils as they took on Fairleigh Dickinson.

With the first set tied at 19, CCSU pushed out a 6-1 run to close out the first.

The Blue Devils kept rolling in the second, forcing an astounding -.025 hitting percentage thanks to a strong

defensive showing.

After a decisive win in the second, the Blue Devils hit a game high .405 on their way to the set and match victory.

"Today we strung a lot of things together that we didn't do yesterday," Roufs said. "We started off stronger than we did yesterday."

While Fairleigh Dickinson currently is winless on the season (0-15) Sagnelli was still proud of the team's performance.

"We want to set our own standards no matter who is across the net," Sagnelli said.

"Even though yesterday was such a disappointing loss, we know that game could have went either way. We took away so many important lessons from that and positive things that we just want to build on top of that and become a little sharper next week and a little sharper after that. If we can get one percent better every week, then we're doing something good. One team one focus, that's what we're going to be saying going forward."

@RYANJONES385

Women & Men's Cross Country Place In Top Three In Home Invitational



Rafter (above) finished first in last year's Ted Owen Invitational as well.

CCSU ATHLETICS

BY RYAN JONES SPORTS EDITOR

entral Connecticut cross country stuck to the plan Saturday, defending their home course at the Ted Owen Invitational and securing top three finishes on both the women and men's sides.

The women's team had a successful day thanks to some familiar faces, finishing in second overall. Senior Angie Rafter, who won gold in last year's Ted Owen Invitational, again took home a first place finish in the 5K with a time of 18:06. Fellow senior Megan Brawner followed shortly behind Rafter with a 18:32 time good for a sixth place finish. At last year's Ted Owen Invitational, Rafter and Brawner were the top two finishers in the 5K.

On her first place finish, Rafter was happy, but not content yet and has her eyes set on Northeast Conference play.

"It was really nice, but NEC's is what really matters," Rafter said. "We showed

up with second place and that's all we can ask of ourselves."

Rafter's teammate Brawner had similar sentiments, proclaiming it a "solid day" for the team, but including that there's still "a lot of work to be done, so we're not satisfied by any means. It's a conference preview meet and it's a confidence booster racing on the home course and knowing we're beating some of our rivals this early on."

The men's side also gutted out an

impressive day on the course, finishing third among 19 teams. Last year, the Blue Devils finished first out of seven teams competing.

Senior Roberto Piotto, who finished first overall in the Marist College Invitational earlier this season, again led the Blue Devils Saturday. He finished sixth overall in the 8K with a 26:31 time.

Likewise to the women's side, another senior finished second for the Blue Devils for the men, as Richard Grudzwick finished 14th with a 27:06 time.

Elias Field and Eddie Nicholas, both freshmen, trailed directly behind Grudzwick for the 15th and 16th finishes.

"Our freshmen did an excellent job of running in a pack," head coach Eric Blake said after the meet. "That's rare to see freshmen doing that, so that's good to see."

The Blue Devils will travel to Boston next week to take place in the New England Championships. According to Blake, a focal point of practice over the next week will be "really sticking with your teammate, realizing that they're there to help you and you help them. If we can do that, we'll be tighter as a team."

Rafter and the rest of the Blue Devils are "excited for the rest of the season for sure. Everybody gave what they could today," Rafter said. "We've done so many workouts here, so I think we were all confident on the course today."

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