

The Recorder

March 11, 2020

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Roshanay Tahir is the current acting president of CCSU's SGA **INSTAGRAM**



Andrew Pilkons is the current acting vice president of CCSU's SGA **INSTAGRAM**



Nicole Elsinger is the current acting treasurer of CCSU's SGA **INSTAGRAM**

SGA Faces Continuous Criticism After Recent Elections

BY KELLY LANGEVIN
SOCIAL MEDIA EDITOR

Central Connecticut's Student Government Association [SGA] has been continually criticized in the last few months following a low election and weak structure within the student-run democracy. SGA ran an election earlier this year that gave candidates just three days to declare running, resulting in an all-time low voter turnout. The barely visible event is one of several missteps contributing to complaints that SGA is not running properly.

The 2020 Special Elections seemed to happen in a blink of an eye for former Senator Johanna Zukowski, who had "no idea elections were happening."

Applications to run were open on Jan. 20, according to SGA president Roshanay Tahir. However, a formal email sent out to the Central community encouraging students to run was not sent out until Jan. 23, with a deadline of three days, Jan 26, in the horizon.

The applications to run opened on Martin Luther King Jr. Day, which Zukowski called into question.

"They chose a date before school even started, so I didn't know elections were happening. When I saw it was time to vote I couldn't believe it," Zukowski said in an interview with The Recorder.

SGA is facing numerous problems. The chosen dates, which according to section 5-3-Part C of the SGA by-laws states that it has to be passed by the Senate through a majority vote. However, although SGA agreed, the mishandling of information did not perform well and has caused Zukowski and other people to view what was going on as a "secret election."

Director of Student Activities & Leadership Development Scott Hazan oversees SGA activities and approved of the dates. He did not respond for a follow-up response.

Although it appeared to be a secret election, SGA did not violate any by-laws. Under Title 5- Special Elections the By-Laws state that students shall be given at least

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The Rebirth Of Women Elected In Power

BY BRUNA VILA ARTIGUES
NEWS EDITOR

Women make up half of the population in the world, but they barely make up one fourth of the elected leaders, according to the Center for American Progress. The problem is that there are not enough women running, and Elect Her wants to change that.

"When women run, they win at the same rates as men — the problem is that there aren't enough women running," Elect Her program pamphlets stated.

Women in the past made great efforts to achieve all the rights they deserve, however, the United States is still behind in progressive compared to other nations.

Event Facilitator Kate Farrar, former executive director of Connecticut Women's Education and Legal Fund, stated the U.S. falls 75th in women's political participation in the world. Even during the 2018 midterm election, in which the largest amount of women ever ran, only the 24 percent made it into Congress.

Vice President of Student Affairs Michael Jasek explained that this country needs a "paradigm shift." Several women ran in the primary and only one is still standing, which means that the United States will end up with 'another white

male of privilege in the white house."

"Now, it is the today's women's turn to ensure that females have equal representation in government," President Dr. Zulma R. Toro stated during the event.

And this is what Elect Her is for, to provide a one-day nonpartisan training experience for women looking to run for student government and political office. It has now become a national squad of women in college campuses across the country, with trainings held at 118 schools, 40 states, and 4 different countries.

Elect Her is a program that helps women gain leadership skills and learn how to create a campaign and run for any position. Also, it helps to connect and network with females in the community and feel supported to achieve one's goals.

"We are going to leave here not just to elect ourselves, but to elect everyone in the room, because that is today's power and the power of women supporting women and reaching a new bounce in women's leadership," Farrar stated.

"We are changing the face of our political candidates," CCSU Elect Her Student Coordinator Emily Hogan said, as stated on the pamphlet. "The more women we empower in college, the more women will have the confidence

to become elected officials and make a positive impact on the world."

As part of their training, attendees participated in many different exercises involving constant interaction amongst one another and speakers.

For the first exercise, participants had to think about an issue they cared about and solutions to implement. The participants shared some of the concerns — such as violence against women, education policies, environmental problems and equal pay — while also being able to connect with someone else that shared similar views.

After that, a panel of three female senators from Student Government Association shared their experiences of running for office allowing participants to learn how creating a campaign works.

"I think a lot of times with women, when we're put in positions where we're allowed to be assertive, we feel that we have to take each other down in order to show our strength. And this isn't strength, it is very weak to attack other women when we should all be supporting," Cheyenne Bermudez, resident senator and vice chair of internal affairs, stated.

"I don't think we realized the power of our voice, especially as women leaders," At-Life Senator and Chair of Student Life Briana Kuo said. "We have such a strong

voice that we need to use it more."

New Britain Mayor Erin Stewart was initially scheduled to attend the program but could not make it.

Attendees then participated in "the elevator speech" exercise. Participants, placed in four groups, had to give a short description on an issue of their choice. Each group had to vote for the best candidate and the four most voted went against each other, until only one final candidate remained standing.

In the end, all participants that stayed and completed the Elect Her program received the certificate in Women's Leadership Training.

As Farrar explained, women feel like they are making progress, but they often also feel like there are constant barriers in the way; through this training, it is hoped that these women will learn how to break down and counter these barriers. To fix that, Jasek noted that society needs to take a step back and educate women in all levels of schooling so that they know they can study math, science, journalism and engineering.

"Now it's going to be your time to orchestrate your renaissance," Jasek added. "Make sure that you don't tear each other apart, men don't do that and that is why they have power."



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Acts Of Giving Don't Need To Stop With Donating Swipes

BY SAMANTHA BENDER
ASSISTANT NEWS EDITOR

During the first two weeks of February, for the first time in university history, the dining halls on campus promoted the campaign "Be The Change Donate a Meal." Even though the response was not as big as expected, the program meant a lot for the ones that took advantage of it.

The unique aspect of last month's meal donation campaign is that it was the first time students had the opportunity to donate something that they have limited access to: guest meal swipes.

Sodexo's General Manager Jonathan Small said that, in the past, he had students ask if they could donate their meal swipes. The problem with that is that the campus has unlimited access to food, which does not make it a true number. In donating guest meal swipes, though, students have a specific number of them so when they run out, they cannot get any extra.

Small was approached by Vice President of Student Affairs Michael Jasek, who also oversees Central's Circle Of Care and helps to provide support to students with food and house insecurities, about the idea.

Jasek explained to Small that the campaign was going to help fight food insecurity on college campuses, which brought him totally on board.

"A student is actually giving up something to give something, and I was 100 percent behind that," Small said. "I thought it was really cool and I didn't have to go to anybody for approval. I said 'sure, let's do this,' so I got our marketing person involved, came up with a campaign and rolled it out."



The campaign lasted all February in order to combat food insecurity on college campuses

CCSU

He worked with Sodexo's unit marketing specialist, Mitzie Martin, to create brochures and posters to promote the campaign. Information was also posted on the CCSU dining's Instagram and Facebook page, with the dining hall calendar stating: "During the first two weeks of February, donate a guest meal swipe to a student in need!! More details at ccsudining.sodexomyway.com."

Despite the great intentions and the big efforts to advertise it, Small admitted that he anticipated a stronger response. He believes a large part of the low turnout was due to the fact that it was the campaign's first year.

The ones that used it, though, were very grateful. Junior Marketing major Meghan Tooth was among several students who took advantage of the opportunity to help the community.

"It felt good being able to donate my swipes, because I knew it was going to a good cause," Tooth said.

This is actually not the first time Central has donated to the community and specifically Maria's Place, a local food

pantry created in honor of Maria A. Alvarez who worked for CCSU for more than 32 years.

"We did a donation last semester for Maria's Place. For that one, we were selling voluntary meal plans to commuters, faculty and staff and for every meal plan purchased, we donated a meal," Small said. "We donated, I think, 79 that semester and Maria's Place was able to pass out coupons to fight food insecurities."

Even though the "Be The Change Donate a Meal" campaign has ended, individuals are still encouraged to donate to Maria's Place, as the food pantry is always accepting donations.

"They need it. There's new leadership over there and they're lacking some supplies," Small said. "They're now taking baby supplies and dog food, which you never think about, because everyone's running around hoarding [things] because of the coronavirus."

Additional information about Maria's Place and how to donate can be found at www.ccsu.edu/mariasplice.

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What's New, CCSU?

- *Oscar Wilde's comedy The Importance of Being Earnest has opened at CCSU's Black Box Theatre. The timeless classic is open to all, with \$15 general admissions tickets and \$7 for students and seniors. The show runs from March 10 -14.*
- *The 49th Greater Hartford St. Patrick's Day Parade will be this Saturday, March 14, in downtown Hartford. The parade will start at 11 a.m. at the State Capital and make its way through downtown. For more information on the parade route and parking please visit <http://www.irishamericanparade.com>.*
- *Five Churches Brewing will be holding a kickoff party for their new CCSU inspired drink, 'The Devil Went Done To Arch Street' on Thursday, March 12, at 5 p.m.. The event will take place at 193 Arch Street in New Britain. Be sure to bring your Blue Devil spirit!*

SGA Briefs

The Student Government Association meets every Wednesday at 3:05 p.m. in Bellin A and B in the Student Center. These briefs are from the SGA's meeting on March 4.

- Fredy Rios of Lambda Alpha Upsilon fraternity requested a co-sponsorship for a fundraiser to help rebuild Puerto Rico in the wake of natural disasters.
- Motion to allocate \$509.70 to Lambda Alpha Upsilon fraternity was approved.
- Dr. Jasek offered the senate some updates on Coronavirus (COVID-19). Regarding domestic travel: at this point the university has not restricted it.
- President Tahir updated the group on her "passion project" of making feminine hygiene products free to students in easily accessible locations around campus.
- Dr. Toro and the Vice President of Equity & Inclusion Rusty Barcelo will be coming to Senate on Wednesday, March 25th.

SGA Faces Continuous Criticism After Recent Elections

CONTINUED FROM PAGE 1

48 hours to declare their candidacy. The candidates shall be given at least one week prior to voting to campaign and voting shall be taken over a 24-hour period.

Last year for the 2019 Special Elections, two people ran for first-year senator, five for at-large senator, three for commuter senator and three ran for resident senator.

This year for the 2020 Special Elections, one person ran for first-year, at-large and commuter senator and two people ran for resident.

Voting numbers itself showed a lacking impact.

According to the SGA Special Elections spring 2019 results, there were a total of 49 votes for first-year senator, 198 for at-large senator, 77 for commuter senator and 113 votes for resident senator.

This year according to the 2020 Special Elections results, resident senator had 13 votes, 24 for at-large, 12 votes for commuter senator and 4 for first-year.

"There is no competition; the Candidate Gallery is not considered a priority for new students and fewer of them are seeing the importance of SGA and its election cycle," former SGA senator James Angelopoulos said.

SGA's By-Laws do not require a certain number of votes in order for an election to be valid.

SGA was facing a bigger problem during the Special Elections and still has a lack of structure within the Public Affairs committee. This is partially due to the student-run government's difficulty holding steady positions leading to what some former senators see as "lack of leadership."

Advertising for the Special Elections is done by the Public Affairs Committee, which is in charge of running social media and holding events. Therefore, the late email announcing applications were open results back to PA.

Anthony Ortiz who was chair during this time, recently stepped down in executive session during SGA's meeting on Feb. 26, according to SGA Senate Minute Meetings. No recordings or meeting minutes were allowed during that time.

"I stepped down for various reasons, one being the lack of communication and teamwork SGA had," Ortiz said.

As far as the Special Elections, Ortiz recognized that SGA ran into problems such as not having the right graphics prepared for advertising as well as a late start to promoting the election itself.

Ortiz said that the committee set up tables in the Student Center and did

tabling where people could vote and received a free t-shirt.

"I wish we got the graphics ready before so we could have gotten the filters printed. I also wish SGA could've spread the word to their friends about everything," Ortiz said.

Ortiz was not the first to have problems within SGA. Last fall, Ortiz moved into the Chair position which was formerly held by Caleb Wells, who was

believe the E-Board needed to "corner him" into their office and threaten him. He also stated that he felt he was doing a good job at running the Public Affairs committee by having the largest Good Neighbor Campaign that he's ever seen, as well as contributing to a significant increase in social media followers.

Zukowski, who spoke at the Nov. 13 meeting after Wells, said she thought Public Affairs did a "great job" with

not wish to miss," Ortiz said.

Former SGA senator Angelopoulos also did not want to rejoin SGA after serving three years on senate due to the environment surrounding the association.

"I had ran for Vice President but had dropped my candidacy due to a toxic environment in the SGA, which I have since noted has partially dispersed, but nonetheless prevented me from wanting to continue within the SGA," Angelopoulos said.

Angelopoulos said in an interview that when he first started SGA the climate was very dynamic.

"It was cutthroat on the floor, but incredibly efficient and overall, despite reports of SGA being a toxic environment, it absolutely was not. It was just aggressive," he said.

Following that term, Angelopoulos stated that SGA became more relaxed and less aggressive and things would get passed more efficiently. However, Angelopoulos also noticed SGA senators might not have been there for the right reasons, only wanting "power" over others, wanting to be popular or did not know what they wanted to do or be on in SGA, or a combination of all three.

This, he said, led to "toxic" and "inefficient" senators.

Angelopoulos, who is about to graduate, said in an interview that he finds the current lack of leadership in the ranks below the E-Board, "horrendous."

Former SGA Vice President Dante Solano also had concerns during his own experience with the senate and even after he was done serving, stating in an interview that he was approached by multiple students who were concerned about President Tahir's administration and direction of SGA. Some of these people, he said, were former senators who left SGA due to an "uncomfortable environment."

Solano stated in an interview that upon his departure from SGA, he left a letter of advice to his successor and the E-Board members so they could have a strong start but felt that they did not listen.

"At the end of the day, it is up to the current administration and senate to find ways to be more transparent and inclusive with the university community as a whole and to repair their current image. I wish them all the luck in the world and in this endeavor, and pray that this is able to be resolved for the sake of our student body," Solano said.



forced to step down by the E-Board after heavy criticism over his efforts to build turnout at events.

"There are some toxic political games on campus and let me just say I feel I've been wronged. Last night I sent out an email saying I resigned as Chair of PA and I'd like to clarify what happened," Wells stated during the open floor portion of the Nov. 13 meeting, according to SGA Senate Meeting Minutes.

In the minutes, Wells stated that after a Public Affairs meeting, he was called into the E-Board office where they confronted him about their disappointments in his performance as chair and asked if he would step down. When Wells asked for time, E-Board declined and told him no and that they would vote him out.

E-Board members at the time included SGA President Roshanay Tahir, Vice President Andrew Pillkons and Treasurer Nicole Elsinger.

Wells later mentioned that he did not

Wells's participation, agreeing that the Good Neighbor Campaign had a higher turnout than previous years. However, SGA President Tahir disagreed and felt that Wells was not doing an "adequate job."

Tahir said in an interview that she admitted E-Board acted "harsh" towards Wells, and now believes the way they asked him to step down could have been improved.

"I didn't want to elect a new chair in not knowing what they were doing or going on a winter retreat that was coming up without having anything prepared for the semester."

Wells declined to answer questions about stepping down.

"I was happy being part of SGA, it did put me closer with the campus community and I am proud of the changes SGA was able to do while I was there and the events we came up with. But as time moved on I realized of other opportunities that I did

CCSU Cautions People Traveling Out Of State Over Spring Break

As of Monday, March 9, Central Connecticut has taken a number of steps to take precautions against the coronavirus, especially now that Spring Break is around the corner.

The university had already issued to suspend any institutionally-sponsored travel to any Level 2 or 3 countries and required all of the people that had travel to these countries to self-quarantine for 14 days.

However, now the situation has changed. Connecticut State Colleges and Universities President Mark Ojakian sent an email highlighting new guidelines related to out-of-state travel and the hosting of large campus events, pushing many of the state universities to cancel all institutionally-sponsored travel until further notice including CCSU.

For now, there are no restrictions for employees or students returning to Connecticut from domestic or international countries with Levels 0 or 1. However, students are required to fill out a form and share their destination if they are planning on traveling out of state during spring break, from March 14 to March 22.

When it comes to future events and meetings, students, faculty and staff will have to postpone, cancel or adjust all the ones that are expected to have 100 or more participants through at least April 30.

Ojakian also sent out a reminder of the basic steps to follow to keep oneself and others healthy:

- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based sanitizer.
- Avoid shaking hands as a greeting.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

For constant and updated information, visit www.ccsu.edu/coronavirus.

Howard Professor Speaks on Hidden Figures In STEM

BY ISABELLA CHAN
EDITOR-IN-CHIEF

Rather than sigh with defeat when solving a mathematical equation, think of it as the same thing as learning the moves to your favorite Beyoncé dance — you have to keep at it. Or least that's how Howard University professor Dr. Talitha M. Washington does it.

"After the first session, my back was like 'Beyoncé why?' But I've gotten better," Washington said. "I'm not going to get the moves the first time, second time, maybe the 20th time, but there is going to be a time where I get it, but it's that persistence, staying with it, being able to say 'I totally messed up,' but then still say 'I'm still going to try.'"

Washington is one of the many women featured in Dr. Shelly M. Jones's book: *Women Who Count: Honoring African American Women Mathematicians*. One of her many accomplishments include being the first African American to earn a mathematics doctorate degree from University of Connecticut.

Currently, Washington actively works to apply mathematics to real world problems through her work at Howard University and is a program director in the National Science Foundation (NSF) Convergence Accelerator (C-Accel).

"The stories of African American women mathematicians have long been hidden. Although there have been some people over the last four decades highlighting the accomplishments of these women, until recently they have remained



Howard University professor debunks mathematics in 'Hidden Figures' film.

in the shadows," Jones stated in her book.

The Central Connecticut mathematical sciences professor's book provides elementary and middle school activities while highlighting 29 African American female mathematicians for their work and accomplishments. Some of whom including 'Hidden Figures' characters Christine Darden, Mary Jackson, Katherine Johnson and Dorothy Vaughan and Dr. Martha Euphemia Lofton Haynes — first African American woman to earn a Ph.D. in mathematics.

Jones and Washington encourage younger generations of different backgrounds to pursue science, technology, engineering and mathematics (STEM) in order to increase the diversity in the field. During the weekly mathematics colloquium, Washington used the film 'Hidden Figures' to bring

light to inequality within STEM fields.

"Katherine Johnson did a lot for NASA and she embodies a lot of the work that women of color in mathematics have done over the years. And so there's a high degree of relatability about the work that she did and the time she did it, when she either wasn't accepted for her race or gender. A lot of that transfers over to today, especially in mathematical sciences, as far as being a woman of color goes."

According to a study by NSF in 2017, 49 percent of white men and 18 percent women work in science and/or engineering occupations in 2015. Asian men and women held 21 percent of these jobs, therefore leaving black and hispanic people with less than 11 percent of science and engineering careers.

Even with her own achievements and work in the field, Washington faces

similar issues as Johnson did in the past.

"Those subtleties that one may get, that I get over the years just being a mathematician and looking the way I look," Washington shared. "Racism exists in society and the STEM professions are not disjoint from the ills and joys of society. We are human beings at the end of the day and it's human beings that do science. Whatever biases that we bring, whether they are good or bad or indifferent, they impact how we do our work."

That is why Washington actively encourages for more people to participate in STEM, to help "demystify the barriers within the field." Her advice to young people is "to not be let down by barrier, hard times and challenges will come but we grow when we're uncomfortable. If it doesn't challenge you it doesn't change you."

ISABELLA CHAN

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News in Brief

BY SARAH WILLSON
REPORTER

First CT Resident Tests Positive For COVID-19:

The first Connecticut state resident tested positive for the Coronavirus over the weekend, according to state officials.

The patient, who has not yet been identified but is a Wilton resident, is currently being treated at Danbury Hospital and is believed to have contracted the virus after returning from California.

Governor Ned Lamont said hospital personnel is doing "extensive contact tracing" and asking everyone who came in contact with the man to self-isolate.

Two other individuals who are New York residents but work in Connecticut — one at Danbury Hospital and another at Norwalk Hospital — have also tested positive for COVID-19.

Lamont said he expects the number of cases across the state to increase.

REMEMBER THE FACTS:

- 80 percent of people with COVID-19 have "minor" symptoms, often similar to the flu
- The most at-risk individuals for the virus are those over the age of 70
- The virus has a fatality rate of 3.4 percent
- The best way to prevent the virus is to wash your hands

Weinstein Moved Back To Jail After Heart Surgery, Sentencing Set For Wednesday:

Disgraced movie mogul Harvey Weinstein, who was convicted last month of two sexual assaults, including rape, has been moved to Rikers Island Jail in New York City after undergoing heart surgery, according to BBC News.

Weinstein complained of chest pains after the trial and was taken to a hospital where he then had a stent impact to remove a blockage to his heart.

The New York City Department of Corrections made the decision to transport Weinstein to the hospital after his complaints.

Weinstein is set to be sentenced on March 11, where he could face up to 25 years behind bars.

Saudi Arabia Detains Members Of Royal Family:

Crown Prince Mohammed bin Salman detained three senior members of the royal family in what was said to be an attempt to keep his "grip" on power, BBC News reported.

Two of the men were said to be among the kingdom's most influential individuals, both of who were also seen as potential rivals to the Kingdom's current 34-year-old crown prince.

The Wall Street Journal was the first to report the incident that was said to have taken place sometime Friday morning.

Why Not A Woman?

BY JULIA JADE MORAN
LAYOUT EDITOR

Here we go again, another presidential election down to old, white, heterosexual, cisgender men. This was my first thought after reading the news that Senator Elizabeth Warren had dropped out of the presidential race this past Thursday.

For women, Warren's exit is an all too familiar slap to the face; a moment of disappointment filled with anger. This 2020 campaign featured a roster of informed, highly accomplished female candidates too quickly handed back over to men who look like they were made from the same formula.

Great leaders need to know when to keep fighting and when to hold back. After Super Tuesday, Warren recognized what she needed to do in order to give the democratic party its best chance. Her ability to make the last minute difficult decision to walk away last week speaks volumes about her character and tells me she is by no means giving up and will remain a major player in American politics for years to come.

Regardless of whether or not you support all of their policies, for myself as a woman, witnessing strong female candidates competing in the presidential race is both empowering and inspiring. So many people will have been positively impacted by their representation.

It is extremely difficult to be a feminist in a man's world. Feminists are often painted as man haters, who want nothing but to rid the world of their existence. But all this word truly means is that people of all genders should be treated equally.

In terms of a presidential race, this means comparing male and female



There were a total of 7 women who ran during the 2020 presidential race.

MARIE CLAIRE

candidates by their policies and not by whether or not one wears a skirt on the stage during debates. Our goal should always be to elect the best person for the job, regardless of their gender, although many seem to believe that if Warren were a man she would not have had to fight so hard.

In a one-on-one exclusive interview on The Rachel Maddow Show, Maddow stated in response to the news that Warren had dropped out of the race that "a lot of women around the country feel differently about you dropping out, whether or not they were supporting you [for president], you leaving the race feels different."

It does "feel different." Now women are left to question why it seems women aren't electable. Are young girls not able to dream of being president one day?

In her interview, Maddow continues on to ask, on behalf of women around the United States, "is it just that it can't be any woman ever, are we just gonna run white men, in their late seventies against each other...and that's all we can agree to do?"

"Oh God, please no. That can't be right, that can't be the answer," Warren replied with a resounding. She teared up as she explained how she made promises to young girls and women everywhere

that a woman could, in fact, lead the country and she was the answer.

While it can be easy to get discouraged over this news, we have to remember that this is not the end of our fight as women for equal opportunity. Warren herself said it best when discussing what was next for her and women throughout the country: "we can't lose hope over this," instead, "we persist."

That is the answer. While we are held to a different standard than our male counterparts, as women, we have to remember to keep our heads up and command respect through our actions.

The truth of the matter is that a man can throw a temper tantrum in the workplace and it goes ignored — maybe even praised for it — whereas if a woman does it, it is all people focus on.

We are taught to not be too aggressive or too demanding, and that is why we must keep fighting. In order to break that glass ceiling, we need to be a little aggressive.

Regardless of who you support, do not forget to listen. Do your research and open your mind to what options are out there. I am a firm believer that there is no one right answer. No matter how you vote: vote!

Why is Leadership Still Widely Associated with Masculinity?

BY SAMANTHA BENDER
ASSISTANT NEWS EDITOR

While we have recently seen an uprise in women leaders, masculine traits are still widely associated with leadership.

In a study conducted by Andrea Vial of New York University and Jaime Napier of New York University-Abu Dhabi, it was found that people expect leaders to have stereotypical masculine traits. The study assessed men's and women's idea of a great leader with a focus on gendered attributes in two studies using different methodologies.

In the first study, participants were asked to design their "ideal leader." It was found that feminine characteristics, such as communality were valued in leadership. This came only after meeting more stereotypical masculine requirements of the role, such as competence and assertiveness, were stated.

More so, it found that men, in particular, preferred leaders who were more competent, while women desired leaders who could keep negative stereotypical masculine traits, like arrogance, in check.

Throughout the second study, it was examined men and women beliefs about the traits that were most important for them to personally succeed in a leadership role. It found that both viewed agentic traits as more important than communal traits, which the researchers suggest "may illuminate the continued scarcity of women at the very top of organizations."

According to a population survey conducted by the U.S. Department of Labor Bureau of Labor Statistics, women comprised only about 28 percent of chief executive roles in 2017 and a mere 5 percent when considering the largest, most profitable firms in the United States.

But why are the traits associated with leadership viewed as masculine? What gives traits a gender?

I have heard every explanation in the book as to why women are underrepresented in leadership roles or are incapable of such responsibility — among them being that they are not capable or interested, they do not possess the characteristics needed to be an effective leader, or that they are "too soft."

But where have people gotten this notion that women are so weak and fragile? What makes them inferior to men?

I think it is time that we take a step back and open up our minds. It is about time that we get rid of the idea that women cannot be strong and assertive, like we so commonly associate men as being.

One of the biggest ways we can work to combat this stereotype is to alter it ourselves. By allowing the freedom for men to perform more stereotypical female jobs and women to perform stereotypical masculine jobs, we can normalize the idea of all genders in all positions.

I will say, history definitely plays a powerful role in helping us to develop our beliefs and understand the world. Historically, leadership roles have been mainly held by men, which means that most of our conceptions of leadership have been formed by the characteristics that these male figures in power have displayed.

Not to say that we have not seen an upsurge in women leaders. Democratic Senators, Elizabeth Warren and Kamala Harris, running for president this year serves as an example. But we certainly still have a long way to go until the word "leader" stops being associated with masculinity.

Though we have come a long way, we as a society, are trapped in our own ways. We must first begin to accept other possibilities and our own biases before attempting to counteract them.

EDITORIAL

An Outbreak Shouldn't Be The Only Reason To Increase Health Efforts

As the world is learning to manage the crisis that coronavirus has become, people are taking large, over-the-top tactics to combat the disease. Scattered across social media are images of empty grocery store shelves previously heavily stocked with disinfectants. But why is it that a persistent respiratory illness must occur in order to spark our society to take cleanliness into action?

Amid the outbreak, eight states, including New York and California, have declared a state of emergency. Across the country, cities are taking substantial measures to prevent spreading of coronavirus disease (COVID-19). In fact, Los Angeles City Council members Mitch O'Farrell and Monica Rodriguez hope to pass a motion to set up sanitation stations at homeless encampments.

New York City Mayor Bill de Blasio publicly stated there will be an additional 85 school nurses hired to ensure every district school building has a full-time nurse by the end of the week. Along with this, The Verge reported the city's public transportation system, which hosts 8 million passengers a day, will be conducting a number of antiviral treatments. Some of which including cleaning subway station equipment like MetroCard machines, turnstiles and handrails.

While these decisions are ultimately going to help prevent and treat the spread of the illness, the outbreak should not have been the only reason to motivate local and state governments to improve their health and sanitation methods. The saying cleanliness is next to godliness seems to be forgotten by many, especially government officials, if these precautions are just now being implemented.

The severity of COVID-19 is in fact a serious concern, especially in heavily populated areas. In fact, Italy has decided to even move into a complete lockdown, preventing any forms of travel in or out of the country.

While adding such precautions are necessary for many of these nations, some of these methods should have been already taking place in order to combat the spread of the illness.

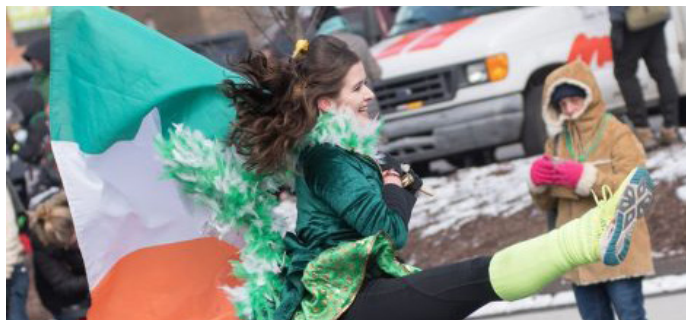
Some of the CDC's recommendations to prevent spreading include clean and disinfect frequently touched objects and surfaces, washing your hands often with soap and water for at least 20 seconds, especially after going to the bathroom and after blowing your nose, coughing or sneezing, staying at home when you are sick.

While for some of us this may be part of our daily routines, it may be an extra step for others, which is frankly odd. All we're saying is for those of you didn't already have a bottle of Purell hand sanitizer on-hand then you might have your work cut out for you later once you decide to hit the shelves.

Have An Adventure Without Breaking The Bank

BY ISABELLA CHAN
EDITOR-IN-CHIEF

Spring break is at our fingertips, and while some of you may have big plans to travel, the rest of us are stranded in Connecticut. But just because your bank account or severe illnesses are keeping you from having your dream vacation next week, that doesn't mean there isn't something fun to do in the state. For those of you upset about missing any great experiences, there's a few missed opportunities right here in Connecticut that you can take advantage of.



Greater Hartford St. Patrick's Day Parade Facebook
Show off your Celtic pride at the St. Patrick's Day Parade.

St. Patrick's Day Festivities

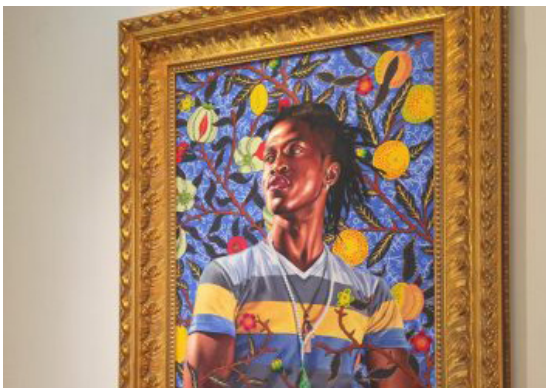
Jumpstart spring break by celebrating Celtic culture this weekend with early St. Patrick's Day activities.

Join hundreds of spectators on Saturday at the 49th Greater Hartford St. Patrick's Day Parade. The parade, which begins at 11 a.m., will circuit through downtown Hartford — starting at the State Capitol, down Capitol Ave. onto Main Street, then Asylum Ave and Ford Street, closing out under the Memorial Arch at Bushnell Park.

Make sure to dress to impress as this year's parade will include "Spectacular Spectators!" a contest recognizing festive parade onlookers for their enthusiasm. The "SHAMROCK SQUAD" will be driving in their golf cart looking for top spectators for spirit, family and tailgating.

For those unable to make it to the parade, it will be broadcasted live on the CW 20.

The fun won't stop there as Foxwoods Resort Casino's Shamrocked Pub Crawl returns for its 6th year. Those looking to continue to feel the luck of the Irish will find it in festive drinks and dancing at the The Celebration Zone on the Great Cedar Concourse at the resort. The 21+ event will kick off at 1 p.m. and culminates at 5 p.m. with a prize raffle at Centrale Fox Tower.



"Portrait of Toks Adewetan (The King of Glory)," by Kehinde Wiley, is on display at the Wadsworth Atheneum in Hartford.

Take A Stroll Down A Hall Of Art

Many college students fail to realize that there are plenty of benefits that come from flashing their student IDs — one of which being discounted tickets to museums. Several art museums throughout Connecticut offer lower admissions to college students, typically ranging from free to \$5.

The best part of this deal is it is offered throughout many institutions in every corner of the state, including the Wadsworth Atheneum in Hartford, the Yale University Art Gallery in New Haven, the New Britain Museum of Art near campus and many more.

There really is no denying the beautiful space these museums have to offer, along with the amazing artwork they house.



Magical Woodstock Castle in Connecticut

Castle Hunting

Throughout its history, Connecticut has become home to many great estates. While all of the mansions and estates contain architectural beauty, the ones to truly admire are the castles boasting with greatness. If you looking for a bit of adventure, as well as finding the perfect place for an impromptu photo shoot, go hunting for the many castles hidden around the state.

Throughout the state, there are many regal structures to admire, including hiking into rural areas, like Castle Craig in Meriden and Gillette Castle State Park in East Haddam, or venturing closer to the sea for Bill Maher's Castle in Branford.

There are even castles for travelers seeking mystery — head towards Danbury to find Hearthstone Castle for the perfect spooky tower in the woods.

Spring Is Here, I'm So Excited I Wet My Plants... Again

BY SARAH WILLSON
REPORTER

Though it's only the beginning of March, it already feels like the end of May. With temperatures in the 70s and flowers starting to bloom, right now is the best time to seize the day and take part in all your favorite spring-related activities that will, let's face it, be too difficult to do come the sweltering July heat. And if you're like every other college student in America, you're probably trying to find fun things on a budget. Well, look no further.

Hit the Beach:

No, it's not exactly 95 degrees and sunny, but it's better than nothing! We are, after all, in Connecticut and visiting the beach is at most an hour and a half away. The Long Island Sound is right in your backyard, don't forget to utilize it!

Go to a Baseball Game:

Ah yes, America's favorite pastime. Much like spring, baseball season is already here. Connecticut is lucky enough to be sandwiched right in between Boston and New York City, and the Yard Goats are just 15 minutes away... so, why not go see a game?

Take a Roadtrip:

If your car isn't a lease like mine, take it for a nice long ride along the east coast. Nothing beats a fun road trip with your friends down to the Carolinas or even Florida. After all, you have all of spring break, don't you?

Seek Out a Theme Park:

If you're looking to get your adrenaline pumping, this is definitely your go-to. It's not exactly the cheapest option, but if you play your cards right and budget correctly, you can wind up going to Lake Compounce or Six Flags for a relatively decent price.

Clean... Seriously:

Let's be real — you know you need to disinfect your place. It's never too late to take part in some spring cleaning and think about how much better you'll feel when it's all done. After that, open up a window, let the warm breeze flow in and go crazy.

Fuel Your Feeding Frenzy:

It's cheap, it's healthy and it's actually kinda fun; start a garden and grow your own vegetables. Tomatoes, basil, carrots, whatever... if you can name it, chances are you can probably grow it.

Head Out for a Hike:

There are so many places to visit in Connecticut with beautiful views. Devil's Hopyard and Gillette Castle are just to name a few. Take advantage of the ever-growing trees, soak up some sun in and maybe even spot an animal or two in some of our state's parks. Before you know it, it'll be too hot, humid and buggy to go.

Disclaimer: Some of these spring activities involve leaving the state. It is advised that to protect yourself against the coronavirus, you stay in Connecticut until further notice.

Decorating Wynwood Walls

STORY & PHOTOGRAPHY
BY MAURIAH JOHNSON
ASSISTANT LIFESTYLE EDITOR

In the heat of Miami, Wynwood Walls adorns the city, and is a great place to visit, especially if you're looking for a free spring break adventure!

As soon as you hit the strip, your eyes will continuously bounce in the living colors so much so that you won't even want to turn around and miss a single creative work — becoming the most interesting warehouses you'll ever behold.

The once blank canvas district begins on NW 2nd Ave in the city, and was created by the late Tony Goldman in 2009. He initiated the idea of giving life to the windowless warehouses that surrounded the town in his graffiti street art, beginning on the 25th and 26th Street complex with just six buildings.

11 years later, over 50 artists from 16 countries have left their mark on more than

80,000 square feet of walls.

Just like the funky art, the music is jumping on every corner with a new beat and your taste buds will forever be pleased by the lingering smells of classic American, Cuban and Jamaican. Your stomach will love you no matter what choice you decide, trust me.

Faces of all ages and foreign souls travel from near and far to witness the life changing art that makes you reconsider your life, privilege and appreciation for art incorporating stories of all subjects: science, racism, diversity and most importantly your individual purpose and inspiration through the "Museum of the Streets."

If you don't believe me, don't worry, I brought some memories back with me for all of you to see.

Disclaimer: Some of these spring activities involve leaving the state. It is advised that to protect yourself against the coronavirus, you stay in Connecticut until further notice.



REVIEW

Was 'All The Bright Places' Worth The Wait?

BY JULIA CONANT
LIFESTYLE EDITOR

The short answer is no, the movie adaptation of "All The Bright Places" was not worth the five year wait.

I will warn readers now that "All The Bright Places" contains topics such as depression and suicide, so if those are sensitive topics for you, proceed with caution.

"All The Bright Places" was first released as a young adult novel by Jennifer Niven on January 6, 2015. If you were like me, in 2015 you read every young adult romance novel you could get your hands on. That being said, I couldn't wait to see the movie, and lucky for me IMDB stated it would be released in 2017.

But then the release date kept getting pushed back further and further. And instead of increasing suspense, the delays only decreased my interest.

The movie adaptation of "All The Bright Places" was finally released on February 28, 2020 but it was hard to watch.

I will disclaim that my standards for entertainment are higher now than they were in 2015, as I'm sure is the case for a lot of you as well. Therefore, it may not be the

movie's fault if I find it fell short, since it was based on a book written five years ago.

Many of the lines came across as fake or cheesy and the way information was conveyed to the audience felt forced. In one scene, Finch asks his sister where their mom is, and she replies, "She had to go to Chicago for business, remember?" to which Finch responds, "Oh yeah, right." He conveniently forgot his mom's big business trip so the viewers could learn that mom is absent a lot of the time for work.

There are also those classic cliches, like Violet saying her biggest fear is being ordinary, even though she seems far more afraid of cars if you ask me.

Something about Elle Fanning's acting made me uncomfortable throughout the movie. Violet is meant to be a sad character since she lost her sister in a car accident, however, I never believed Fanning was upset.

Fanning's co-star Justice Smith exhibited great acting skills. I just don't believe he was right for the role of Finch. In the book, Finch was known as the depressed freak at school. However, in the movie, Finch was far too charismatic and bubbly for me to believe everyone in the school either didn't like him or was afraid of him.

Smith has been featured in several other young adult novel movie adaptations recently, such as John Green's "Paper Towns" and David Levithan's "Every Day," which is most likely why he landed the role of Finch. But he is not meant to play a "freak" with depression and bipolar

disorder.

And of course, there is the classic complaint that they changed aspects of the book when turning it into a movie. Nothing drastic was changed, but I was upset that small memorable scenes like Violet and Finch expressing their desire for one another through sticky notes on Finch's closet wall were missing. Also, Finch never calls Violet "Ultraviolet ReMarkeyable" in the movie, which was a huge disappointment.

Don't get me wrong, there are endearing moments, like when Finch and Violet stand at the tallest point in Indiana, which ends up being quite underwhelming. Or when they ride a tiny rollercoaster in a stranger's backyard.

But just as he does in the book, at the end of the movie, Finch succumbs to his mental illnesses and drowns himself. Violet and Finch's friends attend the funeral, heartbroken, sending the message that you will be missed if you take your life, even if some people call you a freak.

The movie ends with a disclaimer, stating, "This film is dedicated to those who have been impacted by mental health concerns, suicide or grief. If you are struggling or know someone who is, you can find more resources at allthebrightplacesfilm.info."



Five years after Jennifer Niven's novel, "All The Bright Places" was published, the movie adaptation came to Netflix.

Michele K. Short/NETFLIX

Lovato Embraces Self-Worth With ‘I Love Me’

BY NATALIE DEST
REPORTER

After a long-awaited return to the music scene, Demi Lovato has released her self-love, pop-fueled anthem of acceptance and realization of self worth.

Rising from her two-year hiatus after her 2018 overdose, the 27-year-old made her debut this past Grammy Awards with the emotional ballad “Anyone,” a song that shares her battle with recovery. But it’s Lovato’s newest single “I Love Me” that explores the singer’s past difficulties and her newfound acceptance of loving oneself.

The single, released this past Friday, was paired with her debut music video that takes a trip down both memory lane and references to past struggles. The video begins with Lovato battling against three different versions of herself until she finally realizes that loving herself is what she needs most.

“Why am I always looking for a ride or die/Cause mine’s the only heart I’m gonna have for life/After all the times I went and f**** it up/I wonder when I love me is enough,” Lovato sings in her upbeat track.

Lovato is seen to walk through the streets as moments from her past pass her by. The singer gives homage to her memorable role in Disney’s Camp Rock, in addition to walking by a pair of three brothers, seemingly referencing the Jonas Brothers and their past tour experiences.

Nearing the end of the video, Lovato glances at an unconscious woman being carried away in an ambulance, reaching out to touch her shoulder. This moment pays tribute to her overdose two years ago.

Keeping mostly to herself about the intimates of her overdose, the pop-sensation had returned to The Ellen DeGeneres Show March 5 for her first on-screen daytime interview in years regarding her scare.

“I was stuck in this unhappy position,” Lovato said. “Here I am sober thinking to myself, ‘I’m six years sober, but I’m miserable. More miserable than I was when I was drinking. Why am I sober?’”

Becoming sober at the age of 19, Lovato confesses during her interview that she has taken responsibility for the decisions that she has made, learning to find peace with her past.

“I think it’s important that I sit here on this stage and tell you at home and you in the audience that if you do go through this, you yourself can get through it,” Lovato said. “You can get to the other side. It may be bumpy, but you are a ten out of ten, don’t forget it. As long as you take the responsibility, you can move past it and learn to love yourself the way that you deserve to be loved.”

Not only does “I Love Me” pay notice to her battles with addiction, but also references her struggles with past eating disorders. “Can’t see what I am, I just see what I’m not/I’m guilty ‘bout everything that I eat (every single day),” Lovato sings.

Lovato’s 2017 YouTube documentary “Simply Complicated” included much vulnerability from the singer and honest truth about her difficulties with bulimia. The singer has only continued to bring light to her issue in hopes to pave ways for those who struggle similarly.

“My life, I just felt, was so — and I hate to use this word, but I felt like it was controlled,” Lovato told DeGeneres. “By so many people around me, I felt manipulated.”

Lovato then revealed her relationship with her past management team and their handling of her disorder.

“They were told to hide the sugar and put everything away so that when you got to your dressing room, even backstage, there was no sugar anywhere near. Did you know that was

happening?” DeGeneres asked.

“I didn’t know that until today, too,” Demi responded. “I lived a life for the past six years that I felt wasn’t my own, because I struggled really hard with an eating disorder.”

“You can get to the other side. It may be bumpy, but you are a ten out of ten, don’t forget it”

Demi concluded her interview on a happier note, confessing she’s in a much better place now and practices self-care.

“This is why I have the song coming out called ‘I Love Me.’ Like, we are good by ourselves. We don’t need a partner, we don’t need substances. We’re good.”

The musician has yet to announce her upcoming album since her 2017 LP “Tell Me You Love Me,” although it is confirmed that both “Anyone” and “I Love Me” will be featured on the record.

For now, the singer’s fans, “Lovatics,” now have a pop-anthem that is meant to ignite self acceptance to keep them going. Lovato reached out via Instagram the night of her single’s release to thank those that have stood by her through her worst.

“We have good days and we have bad days. The best we can do is be the best version of ourselves and celebrate with those closest to us,” Lovato said. “Special shoutout to all of my Lovatics for always being there for me. 2020 is our year.”



@NAT_DEST

Sudoku

5				3		7		8
	7	6	4		9			
		1			5	4		
	5	7				3		
		4						
	9					1		
9			8	5			7	1
	2	8			1		5	3
		5				8	6	4

	5	1		8		7	9	
3			2	1		6	4	5
		6	9				1	
		2						
7				9	8			
	9			7			5	4
			4				7	3
	3		8			4	2	1
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Junior Molly Coogan scored twice for Central in the game against Radford University.

CCSU ATHLETICS

Women's Lacrosse Falls To Radford University

BY GEORGE ATTWOOD
ASSISTANT SPORTS EDITOR

Senior captain Morgan Sinton led the way for Central Connecticut Women's Lacrosse team with two goals and two assists, but that wasn't enough as the Blue Devils fall 12-7 to Radford University.

Central went into halftime down just a goal despite the Highlanders spending a lot of time in the Blue Devils half of the pitch. Head coach Betsy Vendel was impressed with the resilience that the defense showed in the first half.

"That was our goal going into the game," Vendel said. "I set them goals to achieve that would allow us to keep them out and they did that. In the second half they just figured out a better way to go about it and they were able to go on a run and we couldn't."

In the second half, the Blue Devils didn't start off as strong and the

Highlanders were able to score three goals in just over a minute.

"They definitely started to find the weak spots in our defense, so we ended up switching our defense which helped but then it was just unforced turnovers in transition and staying disciplined to our game plan," Vendel said. "They had a lot of fast-breaks and that was during the time when we had that weak spot in our zone."

Radford changed their game plan and started to utilize cutters which in turn lead to more goals. Despite this, Vendel was impressed because this meant that the team's game plan was working.

"This was good for me as a coach, because the basis of our zone is to stop them from driving so then after they started to utilize cutters, we just switched up our defense which definitely helped," Vendel said. "They sent more cutters through which is the way that you exploit our zone and they were able to capitalize on that. We were able to do this in their zone but we couldn't finish the chances."

Radford outscored the Blue Devils

8-4 in the second half. Juniors Emma Sullivan and Molly Coogan each scored 2 goals for Central, while junior goalie Cooper Cowdin made 7 saves.

Despite it being a non-conference game, Vendel still believes there are positives to take away from today's game.

"The fight. They did not stop fighting throughout the entire game. Not one person stopped fighting," Vendel said. "I told the girls a big focus of our game today is gonna be the ride, 'cause I knew that we matched up well with Radford. I think we were slightly more athletic, in the ride in the re-defend we're gonna be able to come up with a lot of turnovers, a lot of pressure and tire them out and I think we'll be able to do a really good job with that. So that was a big focus we had coming into this game and the games ahead."

The out of state travel ban will not affect Central for its next game as they travel to University of Connecticut on Sat. March 14 for a 1pm game.

@THECHUNKYGADGIE

Schedule

Baseball

3/18 | 5:30pm
vs Albany (N.Y.)
3/20 | 3pm
3/21 | 1pm
3/22 | 1pm
vs. Sacred Heart
3/25 | 3pm
vs Fairfield

Softball

3/11 | 1pm & 3pm
Manhattan
3/20 | 3:30pm
3/21 | 12:15 & 4:30pm
3/22 | 10am & 2:30pm
Nor'Easter Classic
3/24 | 3pm
vs Brown
3/25 | 2pm
@ Yale

Women's Lacrosse

3/14 | 1pm
@ UConn
3/18 | 1pm
vs Manhattan
3/20 | 1pm
@ New Hampshire

NFL Free Agency Preview

BY TREVI ALICKOLLI
SPORTS EDITOR

The National Football League offseason is in full effect when there are draft and free agency smoke screens being generated by media, league executives and teams themselves.

While the NFL Draft is still nearly two months away, scheduled to begin on April 23 and go through the April 25, NFL Free agency is one week away. Negotiations between players and teams are scheduled to begin at the start of the new league year, which is on March 18 at 4 p.m. ET.

Here are my predictions for where some of the biggest names in the free agency pool will land.

The Quarterbacks

Tom Brady - Brady is one of the oldest players on the market and an argument can be made he is the number one overall player available. He has made it clear he is all about winning and likes comfort along with stability. He has also made it clear that after years of taking pay cuts for the New England Patriots, he wants to cash out one last time before retirement. In my eyes, the two options Brady has to win and get paid lie with the Patriots and the Tennessee Titans. The Titans already have a stellar defense and a young, talented offense while the Patriots have to be aggressive in signing offensive weapons if they hope to retain Brady.

Verdict: Re-Signs with New England Patriots.

Dak Prescott - The Dallas Cowboys have some big names to re-sign in free agency and will be faced with some tough decisions. This is not one of them. Prescott is young, he is still developing and he has proven to be a winner in the NFL. Whether it's via the franchise tag or a long term agreement, he is not leaving Dallas.

Verdict: Remains a Cowboy.



SCPR

Offensive Weapons

Amari Cooper - Cooper is one of the tough decisions the Cowboys will have to face. He will demand big money while being only 25 years old and will have plenty of suitors in free agency after catching 79 passes for 1,189 last season. It makes no sense for the Cowboys to retain Prescott and let Cooper go. They need them as a pair to be championship contenders going forward. They will make the money work.

Verdict - Re-Signs with Dallas Cowboys.

A.J. Green - It's easy to forget about Green after he missed a whole season due to injury, but rest assured, Green is still a top-tier receiver in the NFL. With the Cincinnati Bengals planning to draft quarterback Joe Burrow in the draft, he'll need someone to throw the ball to and make his transition into the NFL easier.

Verdict: Remains a Bengal.

Derrick Henry - Henry carried the Tennessee Titans to the AFC Championship game last season. While recent big contracts for running backs haven't worked out for teams, you have to take that chance if you're the Titans.

Verdict: Re-Signs with Titans.

Hunter Henry - The Los Angeles Chargers have made it clear they will not let Henry walk under any circumstance. They even plan to franchise tag him if they cannot agree on a deal. If this falls through, New England Patriots.

Verdict: Remains a Charger.

Defensive Gamechangers

Byron Jones - Jones has to be someone that the Cowboys have to let walk due to their intentions to remain financially flexible to re-sign their quarterback and receiver. Next season, Dallas will have to face Jones twice a year as his most likely destination and the one that makes the most sense is in the NFC East division.

Verdict: Signs with the Philadelphia Eagles.

Yannick Ngakoue - The Jacksonville Jaguars have seemingly burned the bridge between their star pass-rusher and their organization. They've franchise-tagged Ngakoue but he has made it clear via interviews and Twitter that he wants out.

Verdict: Signs with Buffalo Bills

Baseball Drops Home Opener, Picks Up Win At Stony Brook

BY RYAN JONES
MANAGING EDITOR

The start of baseball season here at Central Connecticut is comparative to its professional counterpart, Spring Training. The games themselves have no implication on the playoffs; you could beat every team by 100 and miss out on the post season or not show up and be the first seed come conference play.

The most important thing about games before conference play is getting into a groove: establishing a set rotation, trying out different orders, etc.

CCSU baseball has been working their way through its Spring Training, but have only yielded winning results three times through the first 11 games.

The panic button should be in another continent right now, though. When CCSU won the Northeast Conference Championship in 2017 and 2019, their start to the season was similarly slow (6-5 and 5-6, respectively).

However, there are some noteworthy points to take away from the team's three losses this past week.

As head coach Charlie Hickey continues to experiment with pitchers, the starting rotation has remained unchanged through the first three series. Though they hold a combined 3-4 record, the pitchers' numbers have been some of the best in the NEC to this point.

The only program that has a better combined earned run average (ERA) among starters is Long Island University. The Sharks three starts and a pitcher out of Merrimack are the only four starting pitchers with a better ERA than Anthony Mozzicato and Andrew Braun, while Brandon Fox touts the second best ERA among starters. The senior has been a monster on the mound, giving up only one earned run over his three starts for a 0.43 ERA. Braun also holds the lowest opponent batting average in the NEC.

Fox threw eight scoreless innings at Stony Brook



In the win of Stony Brook, senior Dave Matthews had a hit and scored two runs.

JULIA JADE MORAN

and struck out six. The win was his first of the season and the team's lone win of the week.

The offense that won Central the game was not glorious, but plenty productive.

Jay Devito singled to send Dave Matthews home. The bases proceeded to load up, while an out could not be found from the Stony Brook defense. A fielder's choice and sacrifice groundout later, there were two outs for Central, but two more runs on the scoreboard.

Sam Loda tripled to left center in the eighth, his two-run RBI being all the insurance Central would need for a 5-3 victory.

Loda has an even bigger contributor on the other side of the ball this season. He's fifth in the conference with 49 putouts on 52 attempts (TT Bowens is right behind him with 42 putouts) and has already caught two runners stealing. Last season he caught 27.

While the defense has been running smoothly most

of the season, the Blue Devils' first game against Stony Brook was a well pronounced bump in the road. The defense gave up five errors in the field, which helped start the scoring in the first for the Seawolves.

CCSU only had two errors in their last game against Stony Brook, but one proved to be fatal. An error in the sixth from Chris Kanios led to two runs crossing the plate and the Seawolves getting a lead they did not give up.

Central will be back at home for its next game against Manhattan Tuesday, because of the recent news about the Coronavirus, this game will be played without fans.

With the outbreak of Coronavirus across the world, Central has cancelled most out of state travel through the school. If this holds up to be the case for baseball, the team would miss out on 11 games.

Men's Basketball Hints At Brighter Pastures Ahead

BY RYAN JONES
MANAGING EDITOR



Freshman Myles Baker finished the year averaging 8.6 points per game.

JULIA JADE MORAN

The results that Blue Devils fans may not have shown on the scoreboard for men's basketball, but the on court product slowly developed into a story of its own. A story of growth, development and what could be a much brighter future for CCSU basketball.

Central only collected four wins in their 31 games this season, the team's worst mark since the 2015-2016 season. Freshmen often struggle taking the jump from high school ball to the Division one level and with seven joining the program in the offseason, there was bound to be some growing pains.

The Blue Devils showcased that to start the season. Some small errors in game accumulated to costly losses. CCSU headed into the final stretch of its Northeast Conference schedule with a 1-12 record, enough that anyone would excusably throw in towel on the season.

But they didn't.

Instead, CCSU ended the season on a high. The team learned to play together and collected their first back-to-back wins of the season. Though they missed out on the NEC Tournament, their continued grind was validated in their improvement through the year.

The freshmen were thrown into the ring early, which was a two-sided coin for the Blue Devils. On the negative side, it's tough to win basketball games without experience in doing so. On the plus, there's no young core as deep and now as experienced as Central's heading into their sophomore seasons. They bit the bullet on some early losses, but with more pieces and continued development could be a legitimate contender for the next few years.

Myles Baker took home the honors of first-team all rookie after completely flipping the switch throughout the season. Baker scored a career high 24 against Bryant and followed it up with a clutch three and block on the other end to ice Central's aforementioned first back-to-back win. Like Krishnan, Baker is a serious threat from beyond the arc and will continue to be a top scoring option in year two.

Ian Krishnan was notably absent from Central's first 13 games, but was white-hot instantly upon his return. He finished the year shooting 45 percent from beyond the arc and will most likely play a large role in the continued development of the young guys.

Greg Outlaw, who hails from the same windy city as Baker, was jumping out of the gym since day one. In the Blue Devil's exhibition game against the Coast Guard, Outlaw threw down an

electrifying dunk that fired up the Detrick Gymnasium crowd. The freshman's athleticism helped assert him into the lineup all season. He won't be lighting things up from downtown (his most threes attempted in a game this year is three) but his ability to attack the rim and get to the line are unique to Central's offense that relied heavily on the three ball and mid range jumpers this year. His defense is just exemplary, Outlaw led all freshmen with 1.1 steals per game.

Jamir Reed and Trey Tenyson were two more guards who shined as the season progressed, adding even more depth to the back court.

The front court looks to be anchored by Kerrington Wallace and Xavier Wilson next season unless Ola Olamuyiwa takes a huge jump into a bigger role, though his development will be critical in Central's future unless a true center is brought into the program.

Now that the dust has settled on the Blue Devils' season, it's clear to see that the team started trending in a better direction as it came to a close. Not to say they'll go out and win the NEC next year, but there's no question that they will have a better chance of competing.

Track & Field Finishes Indoor Track Season Breaking More School Records



Megan Brawner (pictured) broke her own school record in the women's one mile run with a time of 4:49.55.

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ATHLETICS

BY ANDREW DECAPUA
REPORTER

Senior Megan Brawner, sophomore Angelia Rafter and freshman Ashley Dana concluded the historic Indoor Track and Field season by breaking more school records while the men's team also competed at the IC4A/ECAC Championships in Boston, Massachusetts.

The CCSU women's track team was able to do something this week that they have never done before.

"The women set new standards this season," Brawner said. "We have never had this many women

collectively score this high in the finals at an indoor ECAC Championship."

Brawner set a new school record in the women's one mile run with a time of 4:49.55 in the preliminary round and then went on to take the silver in the final with a time of 4:49.77. Dana was able to set a new school record in the women's 1,000-meter run final with a time of 2:50.98 and took fourth place while doing so.

Rafter had a very successful weekend by setting the school record for the women's 800-meter run twice. She first set the record in the preliminary round with a time of 2:10.45. She then set it again in the 800-meter final with a time of 2:09.69 and was able to take fourth place.

For Brawner, it is an honor to be able to have her name in the school record books along with her teammates.

"It is so special to add my name to the record books," Brawner said. "We all work so hard each week and trust the process, so I am so proud to have my name be accompanied by my teammates."

Head coach Eric Blake is especially proud of what Brawner, Rafter, and Dana have been able to accomplish this season.

"I'm really proud of what the three have done this indoor season," Blake said. "They seem to enjoy going out and racing and competing to their best."

Senior Hailey Rospierski also competed for the women. She was able to advance past the preliminary round of the women's 60-meter hurdles but fell short of the finals when she posted an eleventh-place finish with a time of 8.96 seconds in the semifinals.

The men also competed in the IC4A/ECAC Championships and were highlighted by a fifth-place finish in the men's 800-meter run from senior Richard Grudzwick with a time of 1:50.74.

Other notable performances from the men included senior Alex Norstrom, senior Quincy Sanchez, senior Andrew Findley, and junior Miles Fye-Moore.

Norstrom competed in two events and made the final in both. He crossed the finish line in the men's 3,000-meter run in twenty-sixth place with a time of 8:28.05 and placed sixteenth in the men's 5,000-meter run with a time of 14:30.03.

Sanchez made it all the way to the men's 60-meter hurdles final and crossed the finish line in sixth place with a time of 8.22 seconds.

Findley was able to qualify for the men's 500-meter dash final and finished in ninth place with a time of 1:04.14.

Fye-Moore finished the men's 200-meter dash final in ninth place with a time of 21.79 seconds.

The men's team finished the IC4A/ECAC Championships in twenty-third place with seven total points, while the women placed sixteenth with 18 total points. The men's portion was won by the University of Connecticut and the women's portion was won by Towson University.

The Blue Devils did not have any athletes qualify for next weekend's NCAA Championships. The CCSU men's and women's track and field teams will rest this weekend and prepare for the upcoming outdoor season which is slated to start on March 27, at Bryant University.

Bruna Vila Artigues, Ashley Chin and Taylor Goode Finish Blue Devil Careers' As Winners

BY TREVI ALICKOLLI
SPORTS EDITOR

Bruna Vila Artigues, Ashley Chin and Taylor Goode have all had difference experiences playing basketball at Central Connecticut State, one is an international transfer student, one is a four-year contributor and one has experienced significant injuries throughout her collegiate career.

Despite their different paths, the two guards and the forward have formed a bond that creates the Blue Devils senior class of 2020 and they would not change that for anything.

"It's only been two years [for me] but I've had some great experiences, met great people and I wouldn't change it for anything," Vila said.

"You come in as a freshman, you go through the process and before you know it you're a senior and it's like 'Wow, it's really over,'" Chin said. "But, in the end, it's worth it. You've made friends, made memories, you've made stories that you can later tell your grandkids and it'll be a lifelong experience that you can't get doing anything else but basketball so I'm definitely grateful."

Perhaps the hardest road to senior night was taken by Taylor Goode.

"[It's been] a rough couple of years for me but it's all worth it because of my teammates, I wouldn't want anyone else picking me up [through the hard times]."

Goode played in 30 games as a freshman, played 10 minutes a night and averaged 3.5 points on 35.6 percent shooting from the field, a promising start to her collegiate career coming from Holbrook, NY.

After appearing in 13 games during her sophomore campaign, Goode tore her right ACL, sprained her MCL and tore both sides of her meniscus.

She said that was the worst injury she has ever experienced.

Once she recovered and was ready to

go for this season, she retore her meniscus.

"That really did something for me mentally because it's hard to come back from an injury so it kind of set me back," Goode said. "But I'm grateful that I'm here now and that I was able to participate during my senior night."

"You're so used to doing a routine and for it to stop, you don't know what to do with yourself. I kind of felt lost at first but my teammates were always there. I remember Chin was the first one to help me out, like in and out of the showers, making sure I was good and calling me. It's been hard but I'm fortunate to have great teammates and great family."

It was an emotional night for Goode and Chin, who came into the program as freshmen together. They just wanted to experience their success together on the court.

"I remember when Taylor scored a basket, I ran down the court and I've waited so many years to high five her when she scored while playing together," Chin said.

Interim head coach Kerri Reaves also said how impressive Goode's journey has been.

"Taylor is just a picture of perseverance with everything she's been through with the injuring on the court and having the mental strength to come back day after day and stay with it [physically] and academically," Reaves said.

"She's a high achieving academic kid [despite her circumstances]. It's easy to get lost in the academics when basketball isn't going well but she never faltered and she's going to go on to do great things."

Unlike Chin, Vila met Goode after transferred from Arenys de Munt, Catalunya in her junior year but did not know what her future held once she became a Blue Devil.

She said she had doubts as to what her role was going to be with the team.

"I came to Central thinking I was never going to play," Vila said. "Just



In the game against St. Francis Brooklyn, Central honored its three seniors Bruna Vila Artigues (left), Taylor Goode (middle) and Ashley Chin (right).

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being able to start and bringing something to the team made me believe in myself."

In her first season wearing the blue and white, Vila averaged nearly 20 minutes per contest and played in 28 games, starting 24 of them at point guard.

This season, her senior campaign, she played in 29 games, started 22 and played 22.4 minutes per game.

Vila contributed on the court but Reaves said her reach goes beyond the hardwood.

"Bruna has only been here two years but she is so caring, she is so heartfelt, so mature, so intelligent and what she's doing, with [English] being her second language is just phenomenal."

Vila is a communication major at Central and will return home once her final semester of college is over. Once there, she plans to continue her basketball career.

"I definitely want to keep playing basketball," Vila said. "I don't know what level yet but there's a bunch of leagues and teams where you can go to back home. I've been playing my whole life so I don't want to change that."

Vila averaged 3.1 points per game in her career on just 3.4 attempts per game.

For Chin, she plans to return home in Pickering, Ontario, to start working and build herself up through in her study area,

criminology.

"Ashley Chin has always been a quiet, mature individual and you can see that she's grown so much off the court with her academics and her career in criminology," Reaves said. "She's a tremendous leader and has a great future."

On the court, Chin played the most games in her senior class with 108 and started 58 of them. She averaged 3.6 PPG on four attempts per game.

Despite the difficult season, the seniors endured this year, they ended on a high note with two victories.

"It's good that we ended it on a win, everybody contributed, everyone was happy and I think that's what really matters," Vila said.

"I'm proud of us, I mean we really struggled throughout the season so for all of us to come together and finally blow a team out by 20 points means a lot and it means a lot for us seniors," Chin said. "Everyone contributed, played their part and gave us a win for our last game. It's really special."

Central will move forward into next season, but Reaves knows she will miss her 2020 seniors going forward.

"As a group, they're going to be missed on and off the court," Reaves said. "They're going to go on and do great things with their lives."



Due to CCSU statement Connecticut universities and colleges limits number of public events with large audiences.

CCSU ATHLETICS

Central Could Cancel Nearly Forty Contests Due To Coronavirus

BY TREVI ALICKOLLI
SPORTS EDITOR

Worldwide panic and disruption: in the past month or so, the coronavirus (COVID-19) has caused exactly that throughout the United States. It's affecting the sports world, the entertainment aspect of professional sports and now, even Central Connecticut State sports.

COVID-19 has had an impact here on campus with numerous trips canceled. However, after Connecticut State Colleges & Universities President Mark Ojakian's announcement of the out-of-state travel ban regarding university business, the sports teams here at Central are now affected as well.

No Blue Devils athletic team is allowed to travel to any out of state game or meets until April 30, 2020.

The baseball and softball teams are directly impacted by this announcement as the baseball's series against Creighton University was canceled and softball's tournament in Florida was also canceled.

In a school-wide email addressing the

coronavirus, CCSU President Dr. Zulma R. Toro stated that every athletic event scheduled for out of state will be handled on a case-by-case basis, but between four different sports, CCSU athletics could potentially cancel up to 38 games.

"The most important thing is the safety and health of our students, of our campus community, our student-athletes and our coaches," Interim Athletic Director Tom Pincince said. "Any decisions that we make are made with that in mind."

The baseball and softball games canceled will not be made up in the future.

Under the new travel ban, softball could miss up to 17 games. Baseball could miss up to 10, seven-track and field meets may never happen and Central's women's lacrosse team may miss four games.

If games are canceled, Central plans to reschedule any Northeast Conference Matchups at a later date. Non-conference matchups will most likely not be rescheduled.

"Right now, out of state travel is limited but we're going to have an opportunity to put together a list of games

to make decisions on," Pincince said. "We don't have anything immediate that we have to decide on but we'll make that decision based on what's best for everybody."

The virus is thought to spread mainly from person-to-person. Between people who are in close contact with one another (within about 6 feet). When you go to watch a sporting event, you are within very close contact with people, therefore if an infected person was in the stadium, the virus could spread like wildfire.

As a precaution, many professional leagues are prepared to play their games in empty arenas to prevent the spread of the virus within fans and their athletes. These plans are being talked about in the United States as well as around the world.

Central is also planning on playing some of their home games behind closed doors, with no fans in attendance.

Baseball's home game against Manhattan College will be played with no one in attendance due to university rule that no school program should exceed over 100 people, according to Pincince.

The same thing will take place for

the softball team, who will also play Manhattan College on Wednesday in a two-game series.

As far as any other games in the future, no decision has been made yet on if fans will be able to attend but Pincince said it's an ongoing discussion.

"I think it's going to be a continued discussion we are going to have," Pincince said. "It's a university decision, not just an athletics department decision and we're going to continue to do what's best for everybody on campus."

The coronavirus outbreak has reached all over the country, even all over the world and Central is taking the necessary steps within their athletic department to ensure everyone's safety.

For now, the Blue Devils are taking a cautious approach, canceling their games in the upcoming future but if the virus improves, they are leaving the door open to continue their sporting events as scheduled.

It's a waiting game.

Offensive Explosion Leads Blue Devils Through St. Francis Brooklyn On Senior Night

BY TREVI ALICKOLLI
SPORTS EDITOR

The best offensive effort of the season led the Blue Devils to their second straight victory to close out the season and send their seniors off the right way against Northeast Conference opponent St. Francis Brooklyn. It was the first time all year that CCSU had won back-to-back games.

Women's basketball scored a season-high 75 points against the Terriers and ended their season with a 4-25 record, 3-15 in the NEC.

In their last game as Blue Devils, Bruna Vila Artigues, Ashley Chin and Taylor Goode combined for 18 points and led the charge in a balanced attack for Central.

Interim head coach Kerri Reaves was impressed with the senior's performances.

"The way they came out and played, it was a testament of who they've been for our program, they scored when we needed to score, they got a rebound when we needed a rebound, they were

forever present on the bench, they're leaders on [and off] the court so that kind of sums up their careers for us and they're going to be greatly missed," Reaves said.

This season has been a tough one for the Blue Devils but they pushed through and fought for this two-game winning streak to end their season, something that meant a lot to the seniors.

"It means a lot for them, they had everything to do with it," Reaves said. "They deserve it, they worked really hard this season, they went through a lot this year and for them to come out and end the year with two straight wins, I think it's great."

"It's good that we ended it on a W," Vila said. "Everybody contributed, everyone was happy and I think that's what really matters, after a tough season to end on a good note."

"I'm proud of us, I mean we really struggled throughout the season so for all of us to come together and finally blow a team out by 20 points means a lot and it means a lot for us seniors," Chin said. "Everyone contributed, played their part

and gave us a win for our last game. It's really special."

The Blue Devils had 13 out of 14 players on the roster score against the Terriers.

Chin led the seniors with nine points, Vila scored five of her own while collecting three rebounds and dishing out four assists and Goode scored four points while also getting two steals.

The night was emotional for all seniors but it was especially emotional for Goode, who has dealt with some major injuries during her career at Central.

"For me, it was more excitement and nervousness because of my particular situation, I haven't been playing a lot," Goode said. "So I was just excited to get back out there and happy for us as a group that we made it through everything we've been through."

Goode tore her ACL, sprained her MCL and tore both sides of her meniscus during her sophomore year and retore her meniscus when attempting to make a return to the court this season.

Ashley Berube and Dejah



Central's win over St. Francis Brooklyn earned the Blue Devils its first back-to-back wins of the season.

JULIA JADE
MORAN

Jenkins were tied for the team-high with 11 points on senior night. Berube secured her third double-double of the season with 11 rebounds.

Reaves said she was happy with her teams' performance to end the season.

"We always say stay positive and consistent," Reaves said. "Today I think it was a combination of everything coming together at the right time. The bench was up, we passed the ball really well tonight and like I've said all year

long, one through 14, we need contributions from all of them and I think we got it tonight."

Ending their season with their first winning streak of the year, the Blue Devils can use this season as a learning tool and will now look to the future that appears to be bright.

"Learning from everything we went through this year, it will only make us stronger going forward," Reaves said. "We can lean back on this year and realize we can get through pretty much anything, on and off the court."