

THE CHARGER BULLETIN

The student news source of the University of New Haven.



VAPING ISN'T AS HARMLESS AS YOU THINK



EXPLORING THE DANGERS OF A NEW FORM OF SMOKING

Story on pg.3 Graphic Illustration by Seth Harrington/The Charger Bulletin



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BULLETIN BOARD

BULLETIN BRIEFS

Page 4

*University
Commemorates
September 11th*

Page 6

*Chargers Volleyball
Wins First Home
Match*

Page 8

*Video Games:
Scapegoat for
Violence*

Page 10

*University Sponsored
Fall Career Expo*

Page 12

That Time I



THE CHARGER BULLETIN

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Vaping Isn't as Harmless as You Think

BY HANNAH PROVIDENCE
CONTRIBUTING WRITER

E-cigarettes were introduced as an alternative to regular cigarette smoking. JUUL lab's "alternative cigarettes" mission (from their website, <https://www.juul.com>) is to "improve the lives of the world's one billion adult smokers by eliminating cigarettes."

But JUUL's targeted demographic -- legal, smoking-age consumers -- are not the only people who find e-cigarettes appealing. The CDC says that under-age consumers, more than 3 million high school students and 570,000 middle school students, are using vaping products.. Paula Cappuccia, University of New Haven director of health services, said, "Cigarette smokers started their habit when they were young, and the same thing is happening with the electronic cigarette. It is sad because some companies who supply vape pens are targeting young people with the different flavors and claims that they don't hurt you as badly as cigarettes do."

The vape pen is modern in design, discrete in visibility and diverse in cartridge flavors, such as fruit, cinnamon bun and Sour Patch Kids candy.

Despite the fun flavors, vaping isn't as harmless as companies such as JUUL have said. A recent survey of 1,000 people conducted by LendEDU found that JUUL users spend an average of \$180 a month on

JUUL products. The consistent consumption of vaping has serious side effects and might even be fatal. E-cigarettes contain nicotine, the same addictive substance found in conventional cigarettes.

On August 24, an Illinois resident died from a severe lung-illness, USA Today reported. Melaney Arnold, Illinois Dept. of Health's information officer, said the death was the first reported of a e-cigarette user in her state. A second e-cigarette user died in Oregon from a respiratory illness. On Sept. 6, there was a third death in Indiana, and just hours later, Minnesota and California each reported a death. On Sept. 11, a sixth death was confirmed in Kansas. As of press time, eight people had reportedly died of vaping-related illnesses. While no vaping-related deaths have been reported in Connecticut, 13 people have been hospitalized

Photo Illustration by Seth Harrington/
The Charger Bulletin

for vaping-related illnesses so far, according to the state Department of Public Health. And those who've died are just a small portion of the dozens of recent hospitalizations of e-cigarette users. Otherwise healthy teenagers and young adults make up the bulk of those patients.

For its part, the university has banned vaping and e-cigarettes "for four years now," said Cappuccia. "But we know that staff and students still smoke off campus, and we want to make sure we are still spreading awareness about the harm it can cause.

"Cigarettes and e-cigarettes are similar in addiction," he said. "Vape devices also have nicotine, and that is the part that's habit forming."



Moe's is Coming Soon...But How Soon

BY KELLY ADKINS
CONTRIBUTING WRITER

This year, Moe's Restaurant will take its place across from W.O.W. under Bergami Hall, but the question remains: when?

Moe's will offer a variety of Southwestern foods, ranging from rice bowls to wraps and tacos. The ordering set-up will be similar to the Tex-Mex station in the Marketplace, where students and faculty can personalize their meals.

But students cannot enjoy these meals just yet, as there is a delay in the opening. Juan Dominguez, Sodexo general manager, said construction cannot start until the city of West Haven issues a building permit. After that, there is an 8-week window to open Moe's. However, the real difficulty lies in getting the restaurant up and running properly.

When construction is finished, the Sodexo staff needs to be trained.

"It is like trying to paint a

moving train," said Dominguez. "I think it's going to be such a popular thing so we have to do it right."

The removal of Sandella's was a result of its lack of popularity among students.

"We looked at the numbers on a daily basis, and Sandella's was showing to retire," said Dominguez.

He said it is not just a matter of how much money came in. Foot traffic was also used to gauge the dining option's success, and numbers were decreasing dramatically.

Dominguez said Moe's should be a success among students and faculty, especially because their voices influenced this decision.

"Innovation is always in front of us," he said.

Dominguez used a campus-wide survey to learn what options students prefer on campus. When given the option to keep Sandella's, the majority said no, and when asked what they would like instead, Moe's won with a 60% majority.

NEWS

University Commemorates September 11th

BY EARL ALEXANDER GIVAN
CONTRIBUTING WRITER



At a 9/11 commemoration on campus, a University of New Haven faculty member reminded the crowd that if another terrorist attack occurs, alumni would be among the first responders.

Former East Haven fire chief and current fire science and professional studies department faculty Wayne Sanford spoke about the city of New York and

the actions that were taken to ensure that the death toll of the attack did not rise.

Sanford recognized the 343 firefighters, 23 police officers, and 37 Port Authority officers who died in the attacks. He talked about the actions of employees on transportation systems such as subways and ferries, who chose to stray from protocol. Their actions are credited with saving lives.

“There’s a lot of stories like that,” Sanford said. “People

took initiative and did what needed to be done.”

The University of New Haven held a ceremony to commemorate the 18th anniversary of the 2001 terrorist attacks. Students and staff gathered to hear speakers discuss and remember the events of 9/11, when terrorists attacked the World Trade Center in New York City and the Pentagon in Washington D.C., killing almost 3,000 people.

Sanford said that if events similar to the Sept. 11 attacks

Flags surrounding the university remembrance tree on 9/11. Photo by Earl Alexander Givan/The Charger Bulletin

were to occur today, University of New Haven alumni would be among the people who would be respond to the emergencies.

“Keep in mind those alumni that are out there working today and what they would do if this happened today,” Sanford said.

University president Steven Kaplan also spoke about Sept. 11 and the importance of taking

the time to remember them.

“Recalling the devastation of that day is naturally filled with sorrow,” said Kaplan. “Still, our students understand that we must never forget this day.”

The event concluded with attendees placing American flags around a memorial tree on campus.

SPORTS

Football Takes Down AIC in Home Opener

BY ETHAN CARDONA
STAFF WRITER

A pair of touchdowns from 58 yards out lead Charger football to a 37-7 win over American International in the 2019 home opener on Saturday.

University of New Haven senior AJ Greene caught a pass over a pair of defenders and ran it the rest of the way for the first score of the game, and the first of two touchdowns for the Charger wide receiver.

The other reception by Greene

came less than a minute into the second quarter on a wide-open pass by junior quarterback, Nick Robins, which put New Haven up 14-0.

After American International cut the deficit to seven, Robins ran the ball into the end zone for his third and final touchdown of the day. That trio of scores on 13-20 passing for 212 yards was more than enough to earn him the Connecticut National Guard Player of the Game. The teams entered the half with the boys in blue on top, 21-7.

The Chargers added a field

goal out of the break before junior Allah Sessions picked off a pass from AIC and ran it back for a touchdown to extend the lead to 30-7.

In the fourth quarter, junior Nyhsere Woodson ran in a three-yard touchdown, which was the final score of the game. The Chargers are 2-1 on the year, and 2-0 in conference play.

The Chargers will play their next game on Friday when they travel to Bentley University to play the Falcons as part of the NCAA Division II showcase. Kickoff is 7 p.m.



Photo Courtesy of Charger Athletics



NO. 4, Frantz Innocent Jr., Junior Photo Courtesy of Charger Athletics

Men's Soccer Loses

BY ETHAN CARDONA
STAFF WRITER

With three goals scored by American International College in the second half of their Saturday match with University of New Haven, the Chargers men's soccer lost at home, 3-0.

The Chargers appeared to have scored the game's opening goal on a shot by senior Nate Peduzzi, but the play was called back for offsides.

The teams headed into the halftime break scoreless, but the Yellow Jackets broke through less than 10 minutes into the second half on a goal by junior Connor Hicks, off a feed from junior Josip Validzic.

AIC added a pair of goals in the final eight minutes of the game, on goals by freshman Adrian Hoeflich and senior Filipe Novelli. Novelli and Validzic had the assists on those goals. With the loss, the Chargers drop to 0-1-0 in conference play and 2-2-0 overall. New Haven faces a tall task this Wednesday when they take on the Adelphi Panthers, who are ranked number one in all of Division II.

SPORTS

Women's Soccer Split Two Matches

BY ZACK PINCINCE
SPORTS EDITOR

On September 11 the Charger's women's soccer offense came out strong against Bloomfield University and dominated the game.

The most drastic stat was New Haven's eight corner kicks to Bloomfield's three, which played a major role in the pressure applied to the Bloomfield defense. The five goals scored by New Haven was their most since 2013 in a game against Merrimack College. The Chargers moved to 1-1-1 on the season as they enter NE-10 play.

Junior Jenna Peduzzi scored the first goal off an assist from

junior Samantha Roth just 11 minutes into the game. Later in the half, Roth scored off a pass from senior Tana Tufts. The Chargers' defense was on from the get-go, which allowed Bloomfield to take just six shots in the first half.

New Haven went into halftime holding a 2-0 lead.

Bloomfield responded quickly in the second half and scored their only goal of the day in the 60th minute. This did not slow down the Chargers, who responded with three more goals. Junior Gabriella Chavez scored her first career goal, while Peduzzi and Roth each added another goal. Roth finished the game with five points, two goals and an assist to lead the Chargers, with Peduzzi close behind

with four points.

The Chargers had 12 shots on goal compared to five from Bloomfield. New Haven only committed four fouls, compared to nine by Bloomfield.

On Saturday, Sept. 14, the Chargers opened NE-10 play against Stonehill College. Stonehill came into the match 3-0, looking to extend their winning streak but New Haven put up an impressive fight.

A defensive battle between both teams led to a 0-0 score at half time with goalie Paige Davis saving all six shots she faced in the first half for New Haven. In the 65th minute of the game Stonehill scored the lone goal of the match that sealed the win. The Chargers lost 1-0 and moved to 1-2-1 on the season.



NO. 27, *Samantha Bostdorf, Senior*, Photo Courtesy of Idelis Pizarro/The Charger Bulletin



NO. 16, *Emily Barry, Freshman*, Photo Courtesy of Hunter Lang/The Charger Bulletin

Chargers Volleyball Wins First Home Match

BY ZACK PINCINCE
SPORTS EDITOR

The University of New Haven's volleyball team hosted their first home game of the season on Sept. 12 against Post University. The Chargers entered the match with a record of 0-4, but they did not look like an 0-4 team.

The Chargers came out strong in the first set, and dominated Post. The Chargers took the first set, 25-11, behind strong serving and successful execution of kill attempts. The second set proved no different, as the Chargers took it, 25-7. Without looking back, New Haven took the third set, 25-12, and moved to 1-4 on the season.

New Haven was led by sophomore Ruby Fera, who finished the game with 13 kills and 13 digs. Junior Kali Greathead had a stellar day, by accumulating four aces. The passing game was split evenly between junior

Angela Chan, with 19 assists, and freshman Sammie Paguaia, with 11.

To conclude the week, the Chargers won, 25-11, in a match against Bloomfield University on September 14. Great serving again helped the Chargers cruise through the first set.

The second and third sets proved no different as New Haven won 25-12 and 25-16, respectively. A combined nine aces on the day for the Chargers helped. Fera again led New Haven by finishing with eight kills and 10 digs. Chan and Paguaia split the assists again, with 19 and 13, respectively.

Playing a much cleaner game helped the Chargers win the match. They committed only nine errors, compared to Bloomfield's 20. The Chargers had three women finish with 11 digs each.

The Chargers will open open NE-10 play at 7 p.m. September 24 when they will take on American International College on the road.

OPINIONS

Student First, Employee Later

BY LAUREN FLIGG
CONTRIBUTING WRITER

Congratulations, you scored your very first on-campus job! You conquered the job hunting process filled with resumés, clammy handshakes and uncomfortable interview clothes.

I hope you're ready to work - but only 20 hours a week?

It is no secret that students at the University of New Haven seek on-campus employment for a variety of reasons. One report says that 80% of college students hold a job, either on- or off campus. The report also says that some students want to work for a few extra dollars in their pocket. Others work to feed families and pay tuition bills.

Let's break it down: According to the university bursar's office, the 2019-2020 undergraduate full-time student tuition is a whopping \$39,000 for one year. Add approximately \$5,000 to \$6,000 for housing, approximately \$2,000 for meal plans, potentially hundreds of dollars in lab fees, and other small fees that add up, and students can be looking at over \$50,000 to live on campus. The Connecticut Citizen Action Group posted a report that said that a livable wage in the state of Connecticut is \$19.08 per hour for a single-adult household. It jumps to \$28.81 for a single-parent household with one child, and even higher -- to \$40.48 -- for a single parent with two children.

On-campus positions start at

\$11 per hour for most positions. According to the University of New Haven employment office, student employees work an average of 6 to 8 hours per week, that earns them \$66 to \$88 dollars per week, before taxes. Even if a student employee is able to work a full 20 hours, they would only be earning approximately \$220 per week before taxes. Clearly, the numbers do not add up to a livable wage, nor a solution to stacking tuition bills.

According to the Connecticut Judicial Branch, a single adult household falls below the poverty line if it makes \$12,490 or less annually. With one child, the household falls below the poverty line at \$16,910 or less annually.

The amount of money that people need to survive is skyrocketing while jobs are becoming more scarce. The university is doing students a disservice by capping their workload at 20 hours per week when some of them are depending on these jobs to pay bills.

It would be beneficial for students in good academic standing to be allowed to work more hours per week if they so choose. However, department budgets and realistic expectations cannot be forgotten. There are only so many hours that departments can afford to pay for, and students do have other obligations outside of their jobs. The additional hours should be limited to no more than a full time work week of 40 hours.

That way, employers are setting their best foot (and best employees) forward. If their grades waiver, their hours are cut. That would be an excellent incentive for working students to keep their grades up. In addition to being able to earn more money, students would also gain valuable work experience for the real world. While on-campus employment should not be a stand-in for a lifelong career, we should give our students a better chance at their own financial success by allowing them to work the hours they deserve.



Bartels Student Activity Center

Photo Courtesy of University of New Haven Website



Photo Courtesy of Creative Commons

The Risks of Tanning

BY GIANNA SCIRE
CONTRIBUTING WRITER

Over the last 60 years, pop culture has imposed the idea of beauty throughout movies, TV and advertisements in newspapers and magazines. People associate glowing bronze skin as healthy and admirable, even beautiful.

One way to achieve that award winning tan is to spend hours enduring the oppressive sun while remaining motionless. Another, more convenient method, are tanning beds. Tanning beds have become a common way to acquire a quick tan despite the warnings from multiple cancer societies and doctors.

According to the American Academy of Dermatology (AAD), 35% of American adults have reported using an indoor tanning bed, compared to 59% of college students. A common misconception is that indoor tanning is safer than getting a tan in the sun. However, the truth is that indoor tanning beds directly expose the skin to ultraviolet rays that cause most skin cancers. More specifically, they radiate about 12 times as many UV rays than natural sunlight.

Research from the AAD shows that more than half of indoor tanners start tanning before the age of 21, while one third start before the age of 18. Young men and women are at the highest risk, since tanning

among that demographic is most common. They've opted to believe in the misconception that indoor tanning UV rays are safer than sun tanning. UV rays are dangerous in any form, and are known to cause skin cancer.

According to the Skin Cancer Foundation, after just one indoor tanning session, there is a 75% increased risk of developing melanoma. While anyone is at risk of getting skin cancer even after one session, some people can be more at risk than others. According to the Center of Disease Control (CDC) "a lighter natural skin color, skin that burns, freckles, reddens easily, or becomes painful in the sun, blue or green eyes, blond or red hair, certain types and a large number of moles, a family history of skin cancer and a personal history of skin cancer." These are a few genealogical traits that could make someone more vulnerable to skin cancer.

These days, it is nearly impossible to miss the warnings against tanning beds and the increased risk of cancer. Ultimately, many teens and adults ignore warnings to stay away from indoor tanning.

In addition to skin cancer, tanning ages skin prematurely, in the form of wrinkles and dark spots.

Even if you are one of the lucky ones who does not develop melanoma, you still run the risk of developing unsightly features for a quick tan. There's always self-tanning lotions and spray tans.

Video Games: Scapegoat for Violence

BY ARIANA FERRANTE
CONTRIBUTING WRITER

Every time there's a mass shooting, some members of the public are quick to search for an explanation. Some scour the shooter's social media pages for clues, while others wonder if the gunman was mentally ill. Still others assert that the perpetrator's actions are fueled by other beliefs -- namely racism, homophobia, or other prejudiced ideology. And then there are those who blame video games. Last month, mass shootings occurred in Dayton, Ohio and El Paso, Texas, within

24 hours of each other. The shootings left 32 dead, as well as 53 injured.

In a press conference immediately following the shootings, Pres. Donald Trump discussed a solution to the violence.

"We must stop the glorification of violence in our society," Trump said. "This includes the gruesome and grisly video games that are now commonplace. It is too easy today for troubled youth to surround themselves with a culture that celebrates violence. We must stop or substantially reduce this."

This is not the first time video games have been blamed for violence, especially after mass shootings.

In fact, after last February's Parkland shooting, Trump said, "I'm hearing more and more people say the level of violence in video games is really shaping young people's thoughts."

Before him, President Obama suggested research should be conducted on the possible link between video games and violence.

The connection between violent video games, especially first-person shooter games such as Call of Duty, Counter-Strike, and Rainbow Six Siege, are often cited whenever a tragedy occurs. But are these assertions about the effect on video game players real? Not at all.

According to a study by

Ohio State University, video games may increase aggression, but they don't make players commit criminal acts. However, a study published by the Royal Society Open Science journal says there is no link between video-game playing and aggressive behavior. In fact, when a violent video game is introduced, another study by a psychology professor at Villanova University suggests rates of violence actually go down. This may be because people are playing the "grisly video game" instead of committing actual acts of violence. Based on the evidence, a video game-violence connection seems doubtful.

Only the violent, first-per-

son shooter games seem to come into question, as if they are the only forms of entertainment on the market. If violent video games make people violent, then games like Minecraft must make people expert architects. If games like Call of Duty make people mass shooters, games like Pong must make people expert table tennis players, and Madden players become Olympic-level athletes. That sounds ridiculous, doesn't it? Those games are fictional, and have no bearing on reality. If that is the case, why are video games blamed for mass shootings?

Photo Courtesy of Creative Commons





“IT Chapter Two” Review

Photo Courtesy of Creative Commons

BY EARL ALEXANDER GIVAN
CONTRIBUTING WRITER

Just in time for Halloween, Warner Bros. released “It Chapter Two.” The film is the hotly-anticipated sequel to 2017’s “It.”

The release of “It Chapter Two” completed director Andy Muschietti’s modern-day adaptation of Stephen King’s novel of the same name. The film combines horror, comedy and character growth in a way that should not work, because horror and comedy together usually lead to a film you cannot take seriously, but “It Chapter Two” manages to scrape together a well-rounded film running just under a three-hour runtime.

The film picks up almost three decades after the Losers’ Club’s original battle against Pennywise in “It.” The film shows the now-adult characters’ return to their childhood home of Derry, Maine, to finish what they started 27 years ago.

The cast does a great job of displaying what the children from the first film would be like 27 years older. They face struggles similar to the ones they faced as children, as well as a few new ones. The humorous

dynamic between the members of the group also makes a return. Although they maintain the same sense of humor, it’s aged appropriately with each of the characters.

The film provides enough flashbacks that any person watching who is unfamiliar with the events of the first film will still be able to understand.

However, it would be better to watch chapter one before journeying into this film. Having already seen a movie with these same characters allows you to feel as though you’ve aged with them, and you’re aware of each character’s personality. This makes scenes with emotional importance or danger carry more weight.

Moments when the characters aren’t cautious of the danger, where they reminisce with one another, feel so warm and genuine that you almost forget what the movie is about.

Pennywise the clown, the film’s terrifying antagonist, is once again effectively played by Bill Skarsgård. He pokes at the Losers Club’s many fears and emotions throughout the film and he is just as expressive as he was in the first installment. With Skarsgård’s performance, you can feel how badly Pennywise wants to not only kill the

protagonists, but he also wants them to suffer emotionally and physically. This, accompanied with his ability to transform into literally anything he desires, makes Pennywise one of the most terrifying villains of the 21st century. When an intense scene is building, there is no way to tell in what form he will appear.

Despite the exhausting run time, “It Chapter Two” does a fantastic job of reflecting the pains and fears of revisiting the demons of one’s past—especially if that demon is an interdimensional psychotic clown. Though sometimes clichéd, the film reflects the power of strong friendships and the importance of remembering the good and bad memories that come from childhood.



Photo Courtesy of Creative Commons

Study Playlist

BY KAYLA MUTCHLER
ENTERTAINMENT EDITOR

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Sometimes, we all need to wind down and take a break from upbeat music. So, take a listen to these lowkey songs that will put you in a relaxed, feel-good mood.

“For Emma” – Bon Iver

This song is about 12 years old, but still makes for a great listen. Bon Iver’s unique, atmospheric sound is great to kick-back to.

“Venice B*tch” – Lana Del Rey

Off of her new album, *NFR!*, this song comes in at just over nine minutes long. The length lets you go for a while without worrying about finding another song.

“Best Friend” – Rex Orange County

“Best Friend” is one of ROC’s most popular songs. It is down-tempo, but gives off the vibe of an upbeat song.

“20 Something” – SZA

SZA questions herself in this song. This is nearly acapella, besides the little guitar that supports her vocals.

“Free Spirit” – Khalid

This title track from Khalid’s most recent album stays with Khalid’s sound, including lo-fi hip-hop beats.

“Starting Over” – Niykee Heaton

This song may be about moving on after a relationship, but it’s still a good one to chill out to because of the background instrumentals and the timbre of Niykee Heaton’s vocals.

“idontwannabeyouanymore” – Billie Eilish

Before Billie Eilish became a global sensation, she released an EP called “dont smile at me.” Though this was before her break, the song is as good as her more popular ones.

“Cigarette Daydreams” – Cage the Elephant

The drum beat and guitar set up a chill beat. Combined with the vocals, it’s great to sing along to, or just sit back and enjoy.

“Honey” – Kehlani

Kehlani’s voice and background instrumental of guitar picking creates a mellow ambiance.

“Somebody Else” – The 1975

Fair warning: This song can be pretty sad if you recently broke up with your significant other. But if you ignore the lyrics or they don’t hit home, it’s pretty relaxing.

Tips on Adjusting to College Lifestyle

BY KAYLEE GROSS
CONTRIBUTING WRITER

Having a hard time adjusting to college? Try making your bed every morning. Getting used to dorm living can be nerve-racking, exciting, and overwhelming. Adapting to our parents' absence isn't easy. Leaving home can cause stress and homesickness.

Fear of the unknown entering college without your parents to guide you can make you feel ridiculously lost. As a freshman, adjusting to a busy college

schedule left me in shock for the first three weeks.

College is the time to be independent. It forces you to take care of yourself.

Here's a tip: Making my bed every morning actually helps me step into independence.

Once you begin your day with a responsible task, the rest of the day falls into place.

Senior Diana Perez said, "Adjusting in college is not easy, but it is possible. Before attending university, I relied a lot on parents to do things for me, whether it involved cooking, doing laundry, or making decisions for me. Once I started dorming, I realized how much I have to

accomplish on my own without their help."

College can make you more outspoken. College can also give you the opportunity to study abroad. I studied in South Korea, which made me travel on my own and embrace a whole different culture.

Living independently was something I never would have thought to look forward to. It's different for all of us, and

you need to find what is best for you. One thing that could help is an agenda. Write down your due dates for homework, the time that works best for you to do laundry, and the time that works best to clean. Adjust your sleep schedule to work with your class schedule.

If you are still having a hard time becoming independent in college, or just adjusting, there are people you can talk to, such

as your resident assistant. Celentano resident assistant Kyle Smith said, "It's rewarding when you build connections with new people and being able to work alongside with an amazing staff."

Living on campus can be an amazing experience. It forces you to be independent, and allows you to set realistic goals for yourself.



University Sponsored Fall Career Expo

BY KELLY ADKINS
CONTRIBUTING WRITER

Whatever the outcome is for the undergraduate and graduate students who attended this year's Career Expo, local employers said the event can be beneficial.

This year's Fall Career Expo brought 114 employers and more than 800 students into the Beckerman Recreation Center on Wednesday, Sept. 18, and offered students the chance to get information on volunteering, internship, and part-time and full-time job opportunities. The expo filled the lower-level courts, including the glass-encased MAC court.

Lynette Lamberti, human resources generalist for Connecticut Distributors Inc., said that New Haven students were engaged at the fair. She said she connected with many students who will be added to "the talent pipeline for future positions." Justin Thornton, housing operations and technical manager for Yale Conferences and Events, said their summer program

positions are filled by many University of New Haven students. He said that even meeting one person who they genuinely connect with can make the event worthwhile. Thornton is a University of New Haven alumni. Lamberti said her company was attending the Expo for the first time. She called the expo's presentation "very buttoned up" and she praised the helpful

event staff.

At least one employer had suggestions for the next fair. Yvette Velez, from the Center for Family Justice, said the event offered promise but the MAC court might have deterred students from visiting her table, as it disrupted the flow of foot traffic.



Beckerman Recreation Center filled with potential job opportunities for students. Photo by Kaylee Gross/The Charger Bulletin

STUDENT LIFE

Does High School Prepare Students for University?



Photo by Beth Beaudry/The Charger Bulletin

BY BETH BEAUDRY
CONTRIBUTING WRITER

The transition from high school to college is taxing for many students. The workload is heavier and the classes are more challenging. While high schools strive to prepare students for this academic leap, not all students feel fully prepared when beginning college. The University of New Haven tries to smooth the transition for students by offering academic resources, such as the Center for Student Success (CSS).

Helena Cole, the director of the CSS, said that most high schools do not properly prepare students for college. She said that the standard high school curriculum does not help students with the levels of stress and hard work that comes with taking college courses. In

addition, high schools cannot offer students what is in some cases the most difficult adjustment when living on a college campus: time management and independence.

Before college, many students have 12 years of grade school with parents helping with schedules and time management. When a student leaves that behind and moves onto campus, that structure disappears. Cole said, “The first semester of college is like a honeymoon period. They [students] want to try new things and enjoy all of their free time and that is good, but they need to learn what time works best for them to do homework or run errands. The first semester is a lot of trial and error.”

To help students learn time

management, the CSS offers a time analysis chart. For a week, students fill out the chart and write when they went to class, when they napped, when they did homework or did nothing. The CSS asks students to be honest when filling out the chart so that when they return it to them, CSS staff can help students map out when they could have done more work and when is a good time to focus on social activities, such as clubs or sports.

Freshman Sydney Langkabel, a forensic psychology major, said she has struggled with juggling school and the social aspect of college.

Langkabel said, “To an extent, high school prepares you with AP classes but it doesn’t prepare you for the social aspect on top

of it. I came from a small high school and am now at a much larger school. I wasn’t prepared for this.” Another struggle that Langkabel has had is that, “teachers all have a different teaching style. I have to learn how to adapt to each teacher and their style.”

Cole said that it usually takes a year for her and the other staff members to see a change in students. While the first semester is a trial period, Cole said that when first-year students come back for their second semester, “They generally know what to do. They have more confidence and have learned their lesson. They know what worked for them, what didn’t, and what to improve on.”

Cole offers advice to students: “If you want help, you need

to be committed to making the change. Make use of your resources. Find your support system. Find the one that works for you and take advantage of it. Don’t wait until the end of the semester.”

The CSS is open to students of all majors. If a student needs help with a subject in their field, the CSS has staff from each school within the university. Through Starfish (located on Blackboard), students can choose the topic they need help with and request the staff member they would like to receive help from.

Located in Maxcy 106, the CSS office is available Mon.-Thurs., 8:30 AM- 7:00 PM., and Fri., 8:30 AM-4:30 PM. Meetings can be set up by emailing CSS@NewHaven.edu.

That Time I

BY KENNETH FABIAN
CONTRIBUTING WRITER

The first time I got yelled at on the street by a stranger in a car was this week. I was walking on a sidewalk bordering campus, on my way to pick up dinner, when all of a sudden I heard something to my right. Now mind you, I'm listening to music, so I couldn't hear what was said until I took out my headphones. I do that, and I see a young man peer out of the backseat of a car, and he said, "You're disgusting."

All I could say was, "What?" before the car moved on.

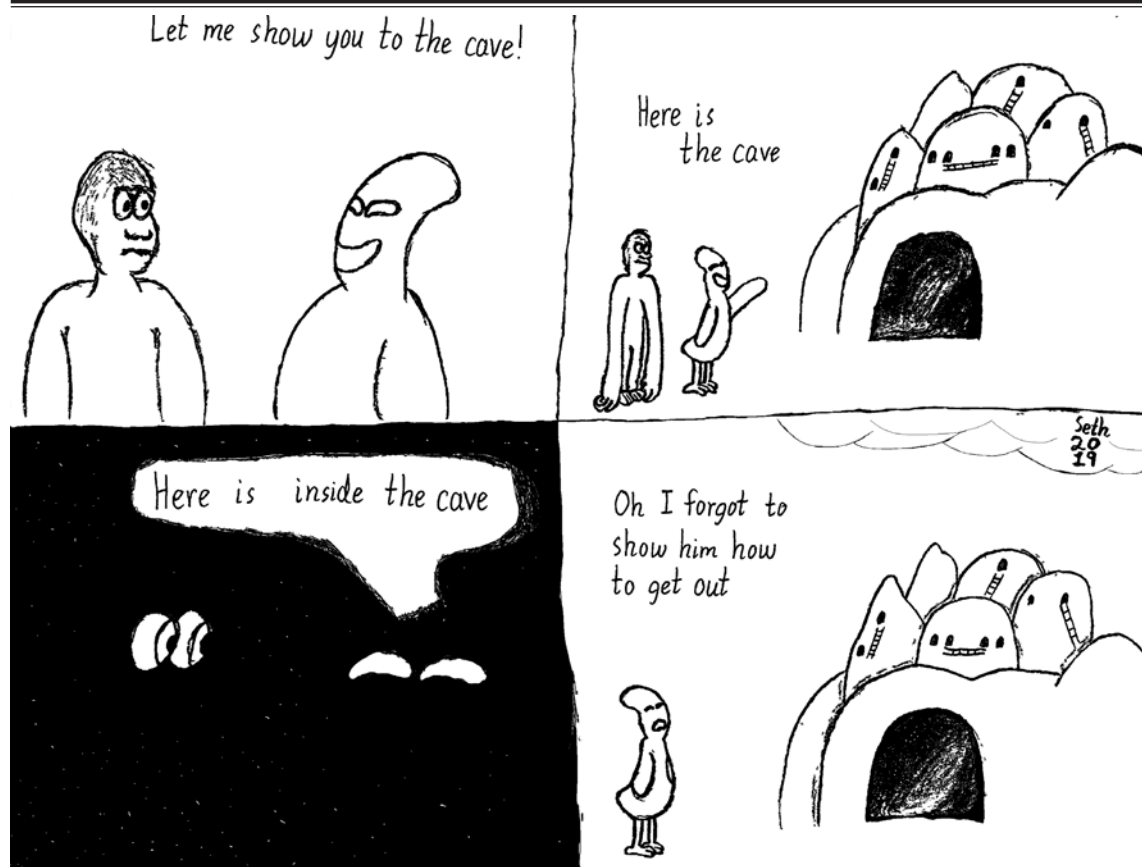

I'm a queer person of color. I don't know if the fact that I'm queer is "visible," but I do paint my nails, and sometimes I wear clothes that might not be from the men's section. On this day, I was wearing a pair of women's shorts. While what I was wearing is not the focus, I can only assume that this might have been part of what drove that young man to yell at me.

The strangest thing about this experience is that I wasn't offended. I've had homophobic comments aimed at me before, and the same feelings came over me then. I was more upset and sad than offended. I know I'm not disgusting, but the fact that people feel entitled to say things like that is disheartening and disappointing, to say the least.

This is my fourth year at UNH. I hope events like this can be dealt with so that they don't escalate.

CHARGER COMICS

BY SETH HARRINGTON
GRAPHICS EDITOR

STUDENT TWEETS OF THE WEEK



Hannah Kozan
@hankozan

I'm in 16th grade and i still get excited in class when we get to use the whiteboards



Sierra Cohen
@Sierra_Miist

I was in my discussion based class and my professor asked me a question and I guess my Apple Watch thought it heard "hey Siri" and so it started listening and after he finished asking me the question, she said "I don't know how to respond to



Jules
@j_dextraze

I've had a coffee and an energy drink today and I STILL feel the need to nap



kels
@kelsev

yesterday i decided to stop checking the library lot for parking in the morning. today is the first day i didn't check. i just walked by to go to class and there's a spot open. ask me how angry i am