# The student news source for the University of New Haven



Dev Holmes, Connor Degenhardt and other players on the Chargers football team during the Homecoming football game versus Saint Anslem College, Oct. 9, West Haven. Photo courtesy of Charger Bulletin/Lismarie Pabon.

# Defense stifles Saint Anselm, wins big at Homecoming

### BY TYLER WELLS Associate Editor

The New Haven football team provided a resonating exclamation point for Homecoming weekend as they devastated visiting team Saint Anselm College 56-7 on Saturday afternoon. The Chargers' defense put together a historic day, riding six interceptions against a Hawks passing offense that is among the conference's best.

Students and alumni were packed into Ralph F. DellaCamera Stadium to support the Chargers on a day that celebrated progress and growth on campus. The day started at Kathy Zolad Stadium, with an official commencement celebrating the class of 2020, whose graduation ceremony was canceled because of the COVID-19 pandemic; a groundbreaking ceremony at North Campus followed the ceremony to mark the construction of the new Peterson Performance Center. This gave way to a lively tailgate in the North Campus parking lot, bringing together Charger Nation for the first time since the pandemic. Eventually, a crowd of over 3,700 students, alumni and fans made their way into DellaCamera Stadium, bringing an energetic atmosphere.

"[The fans] make it so easy for us, they really get behind us," quarterback Connor Degenhardt said about the stadium energy after the game. "Environments like the rivalry game or Homecoming, it's awesome to play in."

Finally, at 1 p.m., it was time for kickoff.

Saint Anselm won the opening coin toss and elected to receive, opting to establish their passing game early. Though the Hawks came into the game with just one win on the season; sophomore quarterback Drew Willoughby leads the Northeast-10 (NE-10) in passing yards per game with 331.8.

The New Haven defense was ready for the challenge, holding the Hawks to a three-and-out on their first drive. This brought out the Chargers' offense, who put together a methodical drive with an acrobatic catch by receiver Paul Cooper, setting them up within Hawks' territory. A couple of plays later, Degenhardt snuck into the endzone to give New Haven a 7-0 lead. Early in the second quarter, Saint Anselm led a threatening drive into the red zone but with a strong New Haven defense. On third down, Hawk's Willoughby dropped back and threw a pass over the middle that landed in the hands of Charger's senior defensive back Shawn Tafe. This would be the first of many interceptions for the Chargers defense

After a stalled drive from New Haven, Saint Anselm threw another interception, this time grabbed by cornerback Ryan Dolce, resulting in another Degenhardt sneak for a touchdown.

With 2:50 left in the half, a Saint Anselm punt attempt was met by a New Haven rush that nearly sacked the punter, forcing a short kick that kept the ball in Hawks territory. Degenhardt inherited a two-minute drill and connected with New Haven's Dev Holmes, the NE-10 leader in receiving yards per game, who hurdled a Hawks defender on his way to the endzone. This extended the Chargers' lead to 21-0 with just over a minute left gized and determined to keep the large lead, blocked the Hawks' punt after a three-and-out.

Degenhardt took advantage of the field position, taking to the air on the first play and connecting with tight end Kevin Foelsch for a 38-yard touchdown pass.

During Saint Anselm's next drive, the Chargers' defense refused to let up. After a blindside hit rocked Willoughby, New Haven's defensive back Khyon Fitzpatrick jumped an out-route and shook off the Saint Anselm receiver to take home the picksix, extending the Chargers' lead to 42-7.

It would not take long for more excitement, as another Saint Anselm pass found New Haven's freshman cornerback Christian Ais, who returned it for a touchdown. These back-to-back pick sixes extended the New Haven lead to 49-7. The game quickly turned into a rout before the end of the third quarter. Early in the fourth, a Saint Anselm pass was again intercepted, tipped by Christian Ais into the hands of his teammate, safety Jordan Robinson. New Haven would capitalize on this, scoring another touchdown on a 15-yard rush from freshman running back Christopher Ais, Christian's brother.

game with yet another pick to put the Chargers in victory formation. The offense kneeled the remaining minute and took home the 56-7 win.

Offensively, Degenhardt finished with 199 passing yards and three touchdowns while Holmes led the receivers with 79 yards; Christopher Ais led the running game with 75 rushing yards. Defensively, linebacker Ryan Hodgins made seven tackles, cornerback Dolce added on six tackles and an interception while freshman Christian Ais boasted two interceptions.

"Our defense did a great job turning them over, we haven't done that a lot in the first month," New Haven head coach Chris Pincince said after the game. "They gave us great field position from an offensive standpoint... and completely changed the game."

in the half.

The Hawks did not enter halftime quietly; they put together a quick drive as Willoughby found receiver Bobby Long for the touchdown with three seconds remaining. As the New Haven defense returned to the sideline, defensive coordinator Matt Scott was vocal about maintaining a strong defense.

In the second half, New Haven's offense received and put together a drive that took over 11 minutes, ending with a bold touchdown pass on fourth down to running back Zach Mauro. The Chargers' defense, still ener-

Christian refused to be topped by his brother, as he ended the New Haven moves to 4-1 (3-0 NE-10) and stays tied with Bentley University as the conference leader while Saint Anselm falls to 1-4 (1-3 NE-10).

The Chargers will travel to Springfield, Mass. and face off against American International College (3-3, 1-3 NE-10) next Saturday at noon. Live stats and a stream for the game can be found at NewHavenChargers. com.

# Entertainment

# Mistreatment alleged in "Jagged Little Pill"

### BY SADIE FRASER-READ **Contributing Writer**

The lights have been out on Broadway for over 18 months; while the crowds are flooding back into their seats for its reopening, so are the controversies behind the scenes. Most recently, claims against the creative crew of Tony-nominated musical "Jagged Little Pill" have been spreading across the internet. The Alanis Morissette Jukebox musical-which began readings and workshops in 2017, previewed in 2018 and debuted at the Broadhurst Theatre in 2019is still showing on Broadway with performances resuming on Oct. 21.

As the cast began rehearsals for their return, a cast member made accusations claiming mistreatment of the casts' gender non-conforming members. In previews of the show, Jo Taylor is a nonbinary character portrayed by Lauren Patten, a cisgender woman. Some were un-

happy, upon initial preview, that a cisgender woman was playing a non-binary character from the start, but Patten remained in the role for more than three years.

All mention of Jo being gender non-conforming left the show as soon as it hit Broadway in 2019. Fans also pointed out that Patten is now referring to the character of Jo on social media with "she/ her" pronouns, after previously using "they/them."

Producers claimed that Jo Taylor has never been written as or even thought of as non-binary, but as "a young person on a journey of self-clarity." As of Sept. 17, the show's producers released an apology statement and have promised to revise the scripts and begin casting gender non-conforming actors to better relate to the character.

Ensemble member Nora Schell spoke out against the neglect and mistreatment they endured from the show's production crew.

They said, "During previews... I was intimidated, coerced, and forced by multiple higher ups to put off critical and necessary

surgery to remove growths from my vagina that were making me anemic ... it was surgery my doctor told me was urgent." Schell said that they put this surgery off for over a month so that the creative team did not lash out against them and, during the recovery, they said that support was very minimal.

As the returning cast has been announced for October performances, Schell was not included; they made the decision to no longer continue business with the show.

Fellow cast member Celia Rose Gooding, who has played the role of Frankie Healy since 2017, released a statement, saying that she "cannot ignore the harm 'Jagged' has done to the trans and non-binary community, including cast members on stage, off stage and behind the scenes in the production making process.'

Gooding also said, "I believe it will be in my best personal interest to focus more on work that I can align myself with emotionally and morally, just as Frankie

#### would."

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Antonio Cipriano, who plays Phoenix in the musical, also made the decision to not return to the show because of the mistreatment of transgender actors by the creative crew. While the crew of "Jagged Little Pill" has released

multiple statements to do better and keep up their guard, fans and supporters are more than disappointed that this happened in the first place. Whether or not attendance will be back to normal come Oct. 21 is up to the show's viewers.



# "Stranger Things" is coming back CBS' "Big Brother" has

### BY ANDREA ALVERCA Staff Writer

Netflix is home to "Stranger Things," a sci-fi thriller series about a group of kids uncovering supernatural experiments and beings the government is trying to hide in their small Indiana town. The series debuted an all-new teaser trailer showcasing "Creel House," which is a new setting in the upcoming season set to be aired in 2022.

"Creel House" is the home of a new character named Victor Creel, played by "A Nightmare on Elm Street" actor Robert Englund. The trailer shows that Creel has been imprisoned in a psychiatric hospital since his family was violently murdered in the 1950s, which Creel blamed

Hopper might still be alive as a prisoner in another Russian government base. We hear one of the Russian guards sent to release "The American."

It has been a long wait for the show's fans. Almost two years have passed since the season three premiere on July 4, 2019. Because of COVID-19, filming for production was delayed in January 2020 and didn't pick up until sometime in February of the same year. Supposedly, the show finished filming in August or September 2021. As the wait continues, fans have been given possibly vital information for what's in store for season four.

In February 2020, "Stranger Things" tweeted its first teaser trailer for season four, captioning the tweet "From Russia, with love," which included a view

track, revealing an alive and bald Hopper. In May 2021, the second teaser trailer dropped, showing what seemed like a flashback of Eleven's past in Hawkins Lab.

Since then, "Stranger Things" has announced not one, not two, but 11 new characters, including Jamie Campbell Bower, Amybeth McNulty and Levon Hawke, the younger brother of Maya Hawke, who played Robin in season three of "Stranger Things." Due to the delay of filming and teaser trailers, this season will probably take place in between the fall of 1985 and 1987.

So, what exactly can we expect from season four of "Stranger Things?" A throwback to the oncoming '90s, new friends and possibly foes, answers on Hawkins Labs and the importance of

# its first Black winner

### BY SAIGE BATZA **Contributing Writer**

After 23 seasons of the reality competition television series, "Big Brother," Xavier Prather was crowned winner on Wednesday night as the show's first African American winner. This marks an incredible achievement for the Black community and the houseguests fighting for the \$750,000 prize.

The show's format is similar to a Dutch reality show of the same name. A group of contestants, known as "houseguests," live together in a specially constructed house that is isolated from the outside world for a cash prize. The contestants are constantly monitored throughout the season with houseguests having to be evicted by being voted out by others. Houseguests commonly form

members the only ones remaining. This plays a significant role in how the Black community is perceived on television. The alliance's ability to maintain a low profile throughout the entire season and continue to dominate their competitors is a huge accomplishment.

One of the members of the "Cookout," Azaha Awasum, shared her testimony, saying: "Big Brother' having its first African American winner is incredibly important to me and I want that winner to be me. I want to use that \$750,000 to buy my parents a house and that's what keeps me motivated. I can visualize and see myself winning. I feel like I'm going to win."

Unfortunately, Awasum's dream of winning "Big Brother" did not come true. Although she was able to make it to the final three, she was evicted in the finale.

The runner up, Derek Frazier, won \$75,000. Prather plans to positively represent the Black community as the winner of season 23, and hopefully make a positive impact on future seasons to come.

on a vengeful demon, one we can only assume is a creature from the Upside Down.

Season 3 left off with the Hawkins gang battling not just the Mind Flayer, but the Russian government base below StarCourt Mall, resulting in the deaths of Hopper and Billy, which devastated fans. Ultimately, Joyce, Will, Jonathan and Eleven leave Hawkins and the season seems to end on a bittersweet note until the unexpected post-credits scene. This revealed that not only is the door to the Upside Down still open but leaves the question of whether

of men working on a railroad

Creel House.



"Stranger Things" plays on a laptop. Photo courtesy of Flickr/Stock Catalog alliances.

One of the most prominent alliances in the "Big Brother" house this season was named the "Cookout," made up of six Black houseguests. This secret alliance dominated the competition and fought their way to the final six. Their goal entering the house was to stick together, represent the Black American community and advance to the final night. The "Cookout" continued to fly under the radar throughout the entire season, keeping their alliance a secret from other houseguests. They were able to win Head of Household and Power of Veto competitions without trouble, and they managed to send every other houseguest out the door, leaving the final six "Cookout"



A congratulatory ad made by CBS. Photo courtesy of @bigbrothercbs on Instagram.

# Entertainment —

# Netflix's "Squid Game" takes the internet by storm

### BY SAMUEL WEINMANN Politics Editor

On Sept. 17, the thriller series "Squid Game" was released to Netflix. The series takes place in South Korea, and is about a group of highly indebted individuals who have chosen to take part in a peculiar game called the "Squid Game," where they must compete in various games to win a lump sum of cash at the end.

If the contestants fail to complete the tasks of each game, they get "eliminated," meaning shot and killed, by masked individuals. These games range from "red light, green light," to "tug-of war," to having to cross a precarious bridge made out of either reinforced or weak tempered glass.

The series has gone viral on social media platforms-most notably on the app TikTok-for



the original plot and enigmatic nature of the games. Videos on TikTok have surfaced of people recreating various challenges in the show, and many have also turned the show into an internet meme, acting out what they would do if they were in the show.

Currently, an audio clip of the "red light, green light" game featured in Squid Game has taken TikTok by storm, with more than Photo courtesy of @Netflix on Instagram. one million individuals creating videos with the sound. Of those one million videos, users create their own Squid Games, engage in humorous reenactments of the show and-primarily-lust after the show's cast.

While the trends will fade with time, the show stands on its own as an important piece of art by providing necessary social commentary about money and debt. "Squid Game" currently has a 94% rating on Rotten Tomatoes and an 8.3/10 on IMDB, with critics raving about its compelling storyline and timely commentary on money.

This commentary on debt stems from one key part of the storyline that brings all the characters together. The only reason why each player is taking part in the Squid Game is that they are all entangled in inescapable debt—so much so that they would be willing to risk their lives to win a cash prize.

This concept of debt is what sets this show apart from other horror movies or TV shows. While many other horror series don't delve too deep into character development, each character on "Squid Game" has a unique story and a compelling reason to win the final cash prize.

This aspect of the plot also begs the question–what does it mean about our society when individuals would rather die than have to live with debt?

The show's commentary on money and capitalism can be applied to many different parts of the world, but it focuses specifically on the Korean economy, according to the show's creator, Hwang Dong-hyuk. The show also focuses on the deteriorating Korean middle class because South Korea relies less on industry.

This commentary makes sense in the context of the show; each of these characters is deeply entrenched in debt due to an inability to make a living in the normal economy.

According to Dong-hyuk, the show was a very intense experience, and physically demanding to make, making him unsure about proceeding with a second season; however, due to widespread support for the show, he said that he's "really contemplating it."

# HFPA inducts new members | Netflix premieres TUDUM event

### BY TIARA STARKS Entertainment Editor

The Hollywood Foreign Press Association (HFPA) has added 21 members, six of whom are Black, as a means to increase diversity in the organization. New members can vote on next year's Golden Globes, and future board elections and they can serve on committees. Members will also have voting rights for 10 years.

The HFPA will publicly disclose the names, country representation and diversity demographics of its membership at the close of each member selection. The HFPA has also appointed three independent members responsible for overseeing the organization's reform plan: Jeff Harris, Joanna Dodd Massey and Sharlette Hambrick.

"We are thrilled to welcome these new members into our family," said HFPA President Helen Hoehne. "We are building ew organization, one that is not focused on fulfilling quotas, but instead has diversity and inclusion at its core." The news comes at a time when the public might consider this as damage control because of a continuous timeline of controversy regarding the organization's lack of diversity. The HFPA has been publicly berated for the actions it has taken. In May, news broke that NBC, the network that normally airs the Golden Globes Awards, will not be the host network for the 2022 ceremony.

of "snubs" (which means a surprising loss) at the 2021 Golden Globes Ceremony. Micheala Coel's HBO series "I May Destroy You," was one of the snubs that received a lot of media attention.

A writer from a rival nominee, "Emily in Paris" published an op-ed attributing the show's lack of honors to racial and gender inequality within the entertainment industry. The HFPA also drew criticism for the placement of "Minari" in the Best Foreign Language Film category, despite being an American film about a Korean-American family. Controversy was ignited when news hit that the Globes had a rule that any film with over 50% of its dialogue not in English would be considered a Foreign Language Film.

Industry figures have not been shy about speaking out against the organization. Deadline reported that actor Tom Cruise sent his three Globe trophies (for "Jerry Maguire," "Born on the Fourth of July" and "Magnolia") back to the HFPA in protest. Other prominent figures in the industry such as filmmaker Ava DuVernay took to Twitter to call for "balanced access and consideration" ahead of the February 2021 ceremony. While the move toward diversity is essential, the call for action is not new. Members of the organization are now going to be put under a microscope to make sure decisions regarding voting and membership are done under protocol.

### BY SHAYLEN STANCIL Contributing Writer

On Sept. 25, Netflix held its first ever global "TUDUM" fan event. The name is inspired by the widely-recognizable sound users hear at the Netflix application startup.

TUDUM was a three-hour live-streamed event that featured Netflix's biggest stars and showed trailers for upcoming projects for the platform. Netflix is the first streaming platform to hold a widespread event to promote their upcoming content, and the promotion was available on all of Netflix's YouTube channels, Twitch, Facebook and Twitter in 29 languages. Between all of those platforms, the event drew more than 25.7 million views and billions of social media impressions in over 150 countries. This could change the way that other streaming services and TV networks advertise their programming. Building buzz for upcoming movies, new and returning shows and then dropping all of the trailers at once with a live audience of millions is a unique way to bring attention to a platform. Even though Netflix is already one of the most essential streaming platforms, broadcasting an annual TUDUM event has the potential to attract millions of new subscribers. In an interview with Tech-Check, Netflix analyst Nat Schindler said, "This event was



This is in response to a series

important for Netflix just to highlight the difference between it and other services" and "the amount of content that Netflix has is unparalleled."

With TUDUM, Netflix was able to create a fan event, similar to Comic-Con and DC Fan-Dome. This has the potential to set precedent that other streaming platforms may follow in the future.

Some new Netflix releases to look out for include: "Red No-

A person watches Netflix from bed. Photo courtesy of Unsplash/David Balev.

tice" on Nov. 12, "Tiger King" season two on Nov. 17, "La Casa De Papel" (also known as "Money Heist") season five on Dec. 3, "Don't Look Up" on Dec. 10 and "Emily In Paris" season two on Dec. 22. In 2022, you can watch "Stranger Things" season four, "Bridgerton" season two, "The Umbrella Academy" season three and the season four, series finale of "Ozark" that will be split into two parts.

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# LGBT History Month honored with calls to action

### BY ISABELLE HAJEK Opinions Editor

On Oct. 1, the start of LGBT History Month was marked with PRIDE's annual Progressive Pride flag-raising ceremony in partnership with the Myatt Center for Diversity and Inclusion at the Kayo Field flag pole.

While June is Pride Month, October is dedicated to the history of the LGBTQ+ community through their struggles and victories. Nationally recognized in 1995, the month is meant to highlight landmark events in the community such as Stonewall and The First March on Washington. National Coming Out Day is on Oct. 11, dedicated to recognizing the range of situations and emotions that are attributed to a queer person publically claiming their identity.

This year's ceremony was marked by a reverence for the progress made for the community and a cry to continue fighting for progress for not only those in the university community but for all LGBTQ+ individuals globally.

The event included a series of university speakers, hosted by Ian Shick, the assistant director of LGBTQ+ Resources in the Myatt Center. They first presented Alvin Tran, assistant provost



Members of university community celebrate the flag raising, Oct. 1, West Haven. Photo courtesy of Rebecca Chan-Chao.

for diversity, equity, and inclusion to speak.

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Tran began his address by recounting a trip to Madrid, Spain in the summer of 2015. While there one day, he noticed an abundance of Pride flags flying from windows, while more were still being put out. He said that he joked, "Clearly this is all for me." In reality, this was just one part of the world celebrating the U.S. Supreme Court expanding the right to marry to same-sex couples.

He called the crowd to action

in the continuing fight for the protection of LGBTQ+ individuals locally, and around the world. He also asked for the assembled to vote in elections at all levels of government.

Finally, he said, "Today, and the rest of this month, we celebrate LGBT history, but every single day we continue our fight to make history."

PRIDE president Nicole Sotto highlighted Rodney Wilson, a history teacher who helped establish the month, and said that the LGBT community is the only marginalized group not formally included in the history curriculum anywhere in the world other than Scotland.

After citing steps towards progress on campus, such as the name change form, gender-neutral bathrooms and thanking those who made change possible, Sotto said, "My hope is that we continue to advocate for changes and make our community even more visible on campus by holding educational events and to continue to encourage acceptance within the diverse population of our community."

Patrick McGrady, associate sociology professor, spoke about the progression of LGBTQ+ rights first by quoting Audra Lorde: "My silences had not protected me, your silence will not protect you."

He said how it is important for members of the community and allies to speak up because silence is dangerous.

"We should never be complacent with progress," he said, "and LGBTQ+ rights progress is "chaotic, ongoing, and constantly changing."

McGrady said that despite many wins, the community still faces hurdles at the local and global levels.

"Tolerance is simply not enough," he said, and, quoting Activist Bayard Rustin, promoted "Angelic troublemakers" who need to "be unafraid to speak up, push for more curriculum and programming and funding that gives LGBTQ+ students more space, call for a more intersectional policy that understands the nuances of identities amongst our community, push for professors or supervisors or administrators or e-board to take this movement seriously."

Shick shared upcoming Pride-related events hosted by the Myatt Center. For National Coming Out Day, Oct. 11, the center hosted a "Coming Out stories" event at 7 p.m. followed by a "Chalk the Quad" event where the university community left affirming messages to the community bordering the Bixler-Gerber Quad.

To close the program, Zanaiya Léon, assistant director of the Myatt Center for Diversity and Inclusion, said that this is the first year the center has had a staff of three and that there has been a position dedicated to LGBTQ+ resources, held by Shick. She also invited everyone to visit the Myatt Center.

PRIDE holds weekly meetings at 9 p.m. in Westside 111 with a Zoom option available. The full flag raising ceremony is available to watch on PRIDE's Instagram.

# Does the lack of soundproofing in university residence halls violate personal privacy?

### BY JAMES LANDE Contributing Writer

#### Perspective

Although privacy is not a right directly guaranteed in the U.S. Constitution, it is still something that everybody expects to have. This is why the founders created a handful of privacy-oriented amendments after ratification, because they understood the In this case, students can clearly hear full conversations from residence hall rooms when walking down the hallways of older residence halls like Winchester. Is this lack of soundproofing a violation of personal privacy?

Bobby Zeller, sophomore forensic psychology major and a Winchester Hall resident, said, "You shouldn't be able to hear someone having a conversation at a moderate volume while



times be heard while walking down the halls of some residence halls.

Sophomore homeland security major Rich Bessel said, "I don't have a problem with noise, but my roommates can get loud sometimes."

Students expect that they should be allowed to say whatever they want in the safety of their room without repercussions.

To better preserve privacy in

importance of it after fighting a revolution.

Fast forward 245 years and people have even higher expectations of privacy, especially in their domicile as the house is a place for pure privacy.

Should students in their residence hall rooms have that same expectation for privacy? In theory, they should. A residence hall room is where a student lives and conducts their pivate life. The people who room together expect that their roommates will keep things private, and there are some things that are expected to not leave the room. walking by."

The University of New Haven student handbook mentions the word "privacy" 21 times, mostly in relation to the Family Rights and Policy Act, how privacy is important and what is done to keep information private.

The school does care about students' privacy, as can be seen from page 166 in the student handbook about drone policy. "This policy has been enacted in order to protect and safeguard the safety, security, and privacy of students, faculty, staff, visitors, and all other individuals that may come to the campuses



The outside of Winchester Hall, Oct. 9, West Haven. Photo courtesy of Charger Bulletin/Lismarie Pabon.

of the University of New Haven, or to any other property, owned or controlled by the University of New Haven."

Inside residence halls, however, there has been little done to combat privacy issues. Thin walls are common across residence halls at the university, but students cannot usually distinguish individual words and piece together conversations through walls. Gabby Gorodetsky, a sophomore marketing major, recalled her time living in Westside Hall her first year. She said, "You could hear things from the other room in the suite, but nothing distinguishable."

The sounds that are heard generally come from loud TVs, loud music or shouting, and individual words cannot be pieced together to understand full conversations. But full conversations can someresidence hall rooms, Gorodetsky said, "Not sure it is entirely feasible, but better infrastructure. Better doors definitely is a good start."

#### Zeller agrees.

"I have to kick my door open because of how poorly it is fit in the frame," he said. About the doors, Bessel said, "They are poorly fit and they have big gaps underneath."

Zeller said, "It is the school's job to protect your privacy in your room, to a reasonable extent. We pay them to live here, they should at least afford us some semblance of privacy."

# The Charger Bulletin's midterm survival guide

### BY ELISA D'EGIDIO Student Life Editor

If they haven't started for you already, midterms are right around the corner. This is time to focus on not only your studies but on taking better care of yourself. Don't wait until the night before your exams, presentations, essays and projects to remember what's due.

During stressful times, it is essential to care for your body and mind. With practice, that better prepares you for finals season, and gives you a greater chance of success. Being stressed and overwhelmed may be a norm for college students, but it shouldn't have to be.

### Remember to not overflow your stress bucket.

This analogy, developed by Alison Brabban and Douglas Turkington, is taught in police and investigative psychology courses. This concept allows someone to focus on their health with the metaphor of a bucket slowly filling up with stress.

Too much stress negatively affects your physical and mental being, so there needs to be a method of containing it. The daily coping mechanisms that we practice, such as exercising, relaxation and a good night's sleep, are represented by figurative valves that release stress from our bucket. Inactivity and procrastination are examples of unhealthy mechanisms that lead to more stress, which causes your bucket to overflow.



Students work inside of the Bergami Center, West Haven. Photo courtesy of Charger Bulletin/Lismarie Pabon.

There are three core types of coping mechanisms which include problem-focused, emotion-focused, and meaning-focused. Problem-focused mechanisms include creating to-do lists and asking for support. Emotion-focused mechanisms include meditation and exercise. Meaning-focused mechanisms are when individuals use "cognitive strategies to derive and manage the meaning of the situation." *Take advantage of the university's on-campus resources.* 

The University of New Haven is home to many departments, such as the Writing Center, Counseling and Psychological Services (CAPs) and the Center for Student Success (CSS).

Director of the Writing Center, Lauren Boasso reminds students that the Writing Center's peer tutors are trained to assist students with any writing assignment,

including lab reports. "Midterms and finals are a stressful time for many, and I want to remind students that they are not alone," says Boasso, "Meeting with a peer tutor to talk through a writing assignment can do wonders for a student's confidence in their writing ability."

To make an appointment with the Writing Center, go to newhaven.mywconline.com. Walk-in appointments for quick questions are allowed.

Director of CAPs, Paige Bartels, said that during midterms, her team has upcoming stress-relieving events lined up. On Monday, CAPS hosted a "Calming stress & anxiety with a guided experience." On Tuesday, "Midterm Yoga: movement & mindfulness" was held in the Beckerman Recreation Center with Jennifer Walsh. At noon on Thursday, there's a make your own slime event at the Myatt Center with Gicel Corado.

Bartels encouraged students to reach out and said, "We know this is a stressful time, especially with midterms coming up. We'd encourage students to take care of themselves to the best of their ability, remembering they are whole people outside of school."

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For more information about CAPs, check out MyCharger or their Instagram page @une-whavencaps.

The CSS helps students any time during the semester, especially after midterm grades are released. By using a strengthbased advising model, Appreciative Advising, success advisors try to help their students meet their academic goals for the semester.

"We strive to offer students very positive experiences as they interact with our success advisors and other staff members," said Aschlee Riendeau, CSS assistant director.

To make an appointment with the CSS, go to Navigate or call the office at 203-479-4584. *Get out of your room; a change* 

*of scenery is good for studying!* Research says that a change of scenery lessens boredom, which can decrease productivity. The

can decrease productivity. The university is home to many study spaces dedicated to students to unwind, socialize, do work and study. The Myatt Center and commuter lounges along with study rooms in residential dorms offer secluded areas to complete work, as well as other places on campus.

The Bergami Center for Science, Technology and Innovation is the newest addition to campus life and is one of the most popular spots because of its seating areas, private study rooms, classrooms, computer labs and the Bucknall Café. Throughout, bustling students pack into the chairs in the rooms, with access to their own space, whiteboards, computers and privacy.

The Marvin K. Peterson Library is a more laid-back and cozy environment for study sessions, with private rooms available. New Haven students have unlimited access to "popular research databases, writing and subject guides." Here is a quieter and more relaxed atmosphere to host study sessions with classmates and peers. The third floor is a silent place whereas the basement is meant to be a more collaborative area for students. *Prioritize yourself* 

Mental health and care are just as important as doing well on exams. Students should remember to stay organized and review their material, but also to set aside time to focus on "me time."

Pacing yourself and taking 10 to 15-minute breaks allow you to refresh your mind and recharge. Cramming everything into one study session will leave you feeling anxious, overwhelmed and burnt out. You can also use the Pomodoro Technique, where you break your time into 25-minute work increments and then take five-minute breaks in between sessions.

With this comes a proper sleep schedule. As essential as it may feel to pull an all-nighter, your body will thank you for the next day as getting a good night's sleep helps your brain.

# Chalk your flag draws attention to university community

### BY ISABELLE HAJEK Opinions Editor

As a closing event to round out Hispanic Heritage Month (HHM), the Myatt Center for Diversity and Inclusion hosted a chalk your flag event on the Bixler-Gerber quad on Oct. 7.

Held outside the Myatt Center's front doors, Diversity Peer Educators (DPE) and other student leaders greeted participants with a smile and a handful of chalk. People trickled into the event; some knew it was happening and came with the intent to participate, while others were drawn by the music, laughter and the suddenly colorful sidewalk. The event was set to run from 4 p.m. to 5 p.m., but as more and more people joined, it didn't stop until 7 p.m. high-energy ambiance.

Although this was a HHM event, there were no parameters on what someone could draw on the sidewalk other than maintaining a respectful tone. DPE Jasmin Guevara, a senior political science major, said the purpose of the event was, "To be able to have students express their culture and background on campus, and share their experiNotes of "Black Lives Matter," "Trans Lives Matter," "Stop Asian Hate" and simply, "You Matter" lined the quad. They joined other messages left to be read by the passersby.

Between the Zimbabwe and Jamaica Flags read "Out of many, 1 people" next to a message of "Unity freedom work."

The words, "Lejos o cerca, siempre estamos juntos," (translation: far or close, we're always together) topped the Portuguese flag.



USGA Vice President of Community Advocacy and Diversity Adrielys Gomez created a Hispanic Heritage Month Playlist for the event, creating a fun and ences," which they did.

After the last piece of chalk was set down, nearly 20 different country flags from four different continents were drawn. Different Hispanic nations were represented, such as Guatemala, Puerto Rico, Argentina and Cuba. In addition to hispanic countries, nations like Japan, Turkey, Canada and Jamaica were included. as well. Toward the end of the night, someone included the Pride Flag alongside the rest. Within the collage of flags, various messages of affirmation and solidarity were written on the sidewalk.

One square read, "De aquí como el coquí," a statement of Puerto Rican pride with no proper English translation. Instead, it refers to the Puerto Rican native species Coquí, a beloved tree frog central in Puerto Rican culture that can be heard around the island at night. The sentiment of the statement is a declaration that the person saying it is from Puerto Rico like the coquí and they are proud.

Senior mathematics major and DPE Liz Sirett said, "A flag Adrielys Gomez draws the Puerto Rican flag on the sidewalk, Oct. 7, West Haven. Photo courtesy of Charger Bulletin/Lismarie Pabon.

is a way to visually represent your community in a nonverbal manner. Whether it be a cultural, sexual, gender-related identity or any identity of the sorts. Having a flag is a way of immediately fostering togetherness and pride."

While the various flags will certainly speak of an individual's pride, they also have the potential to spark conversation between viewers. Among the many artists at the event, conversations took place about each other's backgrounds and experiences as people learned about different regions, flags and cultures. Such conversations and curiosities are those that the Latin American Student Association (LASA) tackles at their weekly meetings, which take place on Wednesdays at 7:30 p.m. in Bergami 307 with a Zoom option available using the ID number 2809261579.

# Politics —

# Pfizer booster shots are now available to residential college students

### BY SAMUEL **WEINMANN Politics Editor**

According to a report from an FDA official on Oct. 5, individuals 18 years and older could soon be eligible for COVID-19 booster shots.

While booster shots aren't available for the general population, they're starting to become available for certain college students. On Oct. 8, the CDC changed its guidance on booster shots, allowing students who live in university housing to receive an additional shot of the Pfizer COVID-19 vaccine.

Although the Pfizer vaccine is the only official vaccine authorized by the FDA for booster shots, that may soon change.

Bloomberg News reported on Sept. 28 that the FDA was "leaning toward" the authorization of Moderna booster shots; this authorization could mean that millions more vaccinated individuals would be eligible for extra protection.

Moderna isn't the only vaccine being considered for booster shots. On Oct. 5, Johnson & Johnson asked the FDA to au-

thorize an additional dose of its COVID-19 vaccine. According to AP News, U.S. officials don't recommend getting a booster vaccine from a different provider from the one that administered the initial dose. This means that having booster shots for Pfizer, Moderna and Johnson & Johnson would eliminate any confusion about booster shots and would increase their accessibility.

Because of the increased transmission of the Delta variant and breakthrough infections for vaccinated individuals, university COVID-19 policies are still fairly stringent compared to before the pandemic. Additionally, pre-pandemic activities such as indoor dining and group gatherings are still a COVID-19 risk.

COVID-19 policies at the university still require students to wear a mask in all campus buildings, and for unvaccinated or partially vaccinated students to wear a mask and socially distance themselves outdoors. Students must also report symptoms daily in the university's COVID-19 compliance app, CoVerified.

According to an email sent to members of the university community from the COVID-19 Task Force on Sept. 29, vaccine



providers in Connecticut may begin providing booster shots of the Pfizer vaccine. The email also instructed members of the university community to not submit records of their Pfizer

booster shots to CoVerified until further notice.

Whether or not these booster shots would significantly alter COVID-19 policies remains unclear, especially as the Delta Graphic courtesy of Samuel Weinmann

variant continues to spread throughout the U.S.; however, they could add another layer of protection against the Delta variant.

# Merkel loses chancellorship and contingency to SPD candidates

### LILLIAN NEWTON **Contributing Writer**

The preliminary results are in; the Social Democratic Party of Germany (SPD) has narrowly won the national election held on Sept. 26, and ended Angela Merkel's 16-year conservative chancellorship of Germany.

SPD has claimed a "clear mandate" to lead the government since Merkel first took office in 2005. While Merkel's party, the Christian Democratic Union (CDU) of Germany, was on track to garner 24.5% of the projected votes, the SPD won 26.0%.

According to German expert and chief economist at Berenberg Bank Holger Schmied-



Angela Merkel at the World Economic Forum Annual Meeting, 2007. Photo courtesy of Creative Commons/World Economic Forum.

this position since 2018 as part of the "grand coalition" between Merkel's conservatives and the SPD.

With the vote ending in such a narrow win, and neither party taking home a majority of the votes, the most likely outcome will be a three-way alliance between parties headed by either the SPD or the CDU. Both the SPD and the CDU, alongside its coalition partner, the Christian Social Union, have shown interest in beginning coalition negotiations to form a new government; this process includes deciding who will succeed Merkel alongside the formation of new coalition governments. The narrow divide between votes means that the Green Party and the liberal Free Democratic Party (FDP)-taking 14.8% and 11.5% of the votes, respectivelywill likely be kingmakers. This means that these two parties will have great political influence in the decision of future leadership. Angela Merkel has won the seat representing the electoral district of Vorpommern-Rügen - Vorpommern-Greifswald I for years, but recent results have passed the role over to a politician from the SPD. Merkel has held contingency for 30 years, continuously winning the seat since it was created in 1990. Winning the seat with 24.3% of the votes, Anna Kassautzki, according to the Guardian, has helped improve her party's performance by 12.7 percentage

points. She comes from Merkel's party's historical rival. Merkel's designated successor, Georg Günther, came in second with 20.4% of first votes.

Kassautzki was born in Heidelberg in 1993, making her 27 at the time of the election. She is a district leader of the Young Socialists movement, while also working part-time at the University of Greifswald, leading a family support service team.

The 27-year-old has called herself a committed feminist as well as animated by social justice. Her winning of the direct mandate has left many to think that her victory has signaled a change of power in Germany's north-east; this is supported by the fact that the SPD managed to flip every constituency in the states of Brandenburg and Mecklenburg-Vorpommern, as well as victories in the state election of Mecklenburg-Vorpommern and in Berlin.

Graphic courtesy of Elisa D'Egidio



ing, "After potentially lengthy 'sounding out' talks, these two parties will either team up to put Olaf Scholz (the SPD leader) or-slightly less likely-Armin Laschet (of CDU/CSU) into the chancellor's office."

Described as "plain-spoken" by The Economist, Scholz, 63, is Merkel's likely replacement. He would be the fourth post-war chancellor, following in the footsteps of Willy Brandt, Helmut Schmidt and Gerhard Schroeder. In addition to being Germany's finance minister and the SPD candidate, Scholz is currently the vice-chancellor. He has held



# Opinions

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# Surprise! It's *still* Hispanic Heritage Month

### BY AMANDA M. CASTRO Managing Editor

Every year, starting on Sept. 15, National Hispanic Heritage Month (HHM) honors Latines and Hispanics in the U.S. for our culture and history. Congress established Hispanic Heritage Week in 1968, which was expanded to a month in 1988. Running until Oct. 15, the month corresponds with national independence days of numerous Latin American countries. Guatemala, Honduras, El Salvador, Nicaragua and Costa Rica celebrate their respective independence on Sept. 15, Mexico on Sept. 16, Chile on Sept. 18 and Belize on Sept. 21.

As a Puerto Rican, I eagerly await the arrival of September to celebrate the nationally observed and recognized month with my Hispanic/Latine peers. To me, everything seems to be better during the entire month. The Hispanic food tastes better, the community seems happier, the salsa, merengue and bachata music makes us want to dance in public even more so than normal, all because there is a grander and more tangible sense of community. And while it is true that all Latines tend to be drawn to one another-I would know, considering how hyped up I become whenever I find out someone speaks Spanish or is from Puerto Rico-there is something about the celebration of Hispanic Heritage Month that brings us even closer together.

Yet, every year, among the revelry I would prefer to enjoy, there is always the incessant worry of someone ruining it by asking "where's White History Month?" or something along that line of thinking–that a national month devoted to a community other than white people is "anti-white." It is insulting and irritating, as well as perplexing, when white people wonder where *their* history month is and why they have to pay for their ancestors' bigotry.

This year, my worst fears came true. There was little attention put toward celebrating Hispanic Heritage Month. Frankly, if I were not Hispanic and Latina myself, or was not on the executive board of the Latin American Student Association, I would have never realized it was HHM. In the midst of things, there was more of an emphasis placed on other events that didn't celebrate the minority group of students– especially not Latine and Hispanic students–at our university.

The University of New Haven is a predominantly white institution (PWI). The U.S Census Bureau defines the white race to be "a person having origins in any of the original peoples of Europe, the Middle East, or North Africa." Although one can track short histories of discrimination for some sub-groups of the white population during estimated periods where those populations were not considered white, they are currently part of the majority, the socially powerful white race.

As of 2019, Hispanic/Latine students made up 11.3 percent of the university's population, and 18.5 percent of the U.S. population. With an increased rate of bias incidents, discrimination, anti-immigration policy and hate crimes against the community



Graphic courtesy of Isabelle Hajek

intent of denouncing undocumented residents of the U.S. as born criminals incapable of redemption.

It would be easy to assume that students on campus do not know why Hispanic and Latine students have the customs and traditions we have. But being able to celebrate the month properly on campus will allow for students to learn about our cultures.

So let's all celebrate HHM and Black History Month and Native American Heritage Month and any other national minority heritage month. Let's celebrate because *we deserve to do so.* I know I'll be happily celebrating my Hispanic heritage even after Oct. 15, because I am proud of it. And the discounts I can get on Hispanic food in my neighborhood until then will also be highly appreciated.

# If you give a bigot a cookie, they're going to ask for more

BY ISABELLE HAJEK Opinions Editor

On Sept. 17, a horrifically racist email was sent from an anonymous account to the Black student organizations on the UMass Amherst Campus The email called for a return to eugenics, positing the inferiority of Black people to all other races and unapologetically citing grossly incorrect "facts." The email sparked outrage on campus, and quickly reached notoriety in national news stories. Ten days after the email was sent, UMass Amherst Chancellor Kumble R. Subbaswamy released a statement and action plan outlining a campus forum, the launch of a Black Advisory Council, and increased funding to the Center of Racial Justice. He also announced that a cy-

bersecurity firm would be hired to investigate the origins of the email, with the intent to hold the sender accountable.

But students have expressed dissatisfaction with the school's response, saying that the administration should have acted faster. This sentiment may be you give a mouse a cookie, then he's going to ask for a story, a bed, a bedtime story, paper and crayons to write his own story, and he will keep asking for things until he eventually wants another cookie. Boundaries exist for a reason, and repeatedly allowing their violation only

within the last 10 years alone,

celebration of HHM should

white majorities.

there is little argument that the

precede the heritage months of

While it is incredibly important

for all students to feel a sense of

belonging, it is imperative there

be a special emphasis on minori-

ties-such as Hispanic and Latine

that very reason: because we are

Hispanic/Latine students want to

celebrate their heritage fervently

without worrying about stepping

Heritage months humanize

cultures and people society has

goats. It is easier to mistreat that

which you do not see as human.

Hispanic people are some of

the most recent scapegoats in

American culture what with the

a history of using as scape-

on other people's toes.

in the minority. HHM is when

students-at the university for

bias incidents. While distinctions may be made between responses based on the intention of the perpetrator, there is still little clarity.

The Anti-Defamation League, a grassroots organization, has four suggestions to respond to bias incidents: (1) intervene, (2) minimize harm, (3) increase allyship and (4) create teachable moments, but not once do they mention accountability. What message does it send to perpetrators-intentional or notwhen there is not a process for enforcing accountability? The University of New Haven Student Handbook and Code of Conduct contains policies, definitions and protocol for handling bias incidents. But in the end, the response is determined by the Student Conduct Board, which is held to procedure written in the student handbook. Sanctions

itor-in-Chief at chargerbulletin@ newhaven.edu.

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results in an escalation. In a 2017 Bowling Green State University paper on the effects and responses to bias incidents, long-term and short-term responses to bias incidents are discussed. Where the long-term responses focused primarily on community education, the short-term responses varied from formal legal or conduct charges brought upon the perpetrator to suggesting that the "affected students... respond to speech with speech." There does not seem to be a consensus in higher education on how to handle the perpetrators of

Continued on page 8

# Ask for more | Field hockey is back to its winning ways

#### Continued from page 7

listed there range from case dismissal to university expulsion or the withholding or revocation of a degree.

After the summer of 2020, the University of New Haven handled one of their most public cases when an undergraduate made biased remarks on social media. The school revoked her planned admission into the graduate program and remaining athletic eligibility after pressure from students who called for her undergraduate degree to be revoked.

While in the name of student privacy and confidentiality, the general student body isn't informed about how every bias incident is handled. Perhaps the answer lies in finding a method of transparency, but even then it feels like a placation.

As students feel unsafe because of one or multiple intersecting identities, there must be a threshold where restoring community comes first before educating wrongdoers, healing the harmed and ensuring future incidents do not occur. Sometimes it is a numbers game, prioritizing the person who caused the harm, or ensuring the safety of several in that moment and in the future.

By contract, restorative justice has shown remarkable results. The proper implementation of the practice requires a cultural shift that is not only apparent in the student conduct process, but in classrooms, housing, employment and other institutional departments. Successful restorative justice requires buy-in from the perpetrator. Such a shift cannot happen fast; rather, it requires development and transition. As such, an interim solution would still be necessary.

Prioritizing education has a high fail rate. There is little empirical evidence to support that training on topics like implicit bias and diversity work or have lasting effects.

UMass Amherst is a leading name in Afro-American studies, as famed civil rights activist and historian W.E.B. Du Bois established the program there himself. The authors of the original racist email were savvy enough to note, "We are naturally writing from a non-student account so that we are not victimized by the predictable cries of 'racism." The authors learned how to work around the system and anonymize that email in the very institution that pioneers Diversity Equity and Inclusion programs and learning. If you give a bigot a cookie–if you give a bigot an education-they learn to disguise themselves among the crowd, perpetuate hatred and harm, and then, as a result of their assumed entitlement, they ask for another cookie.

### BY JOSEPH KLAUS Sports Editor

With graduate keeper Keira Integlia's lead, the Chargers field hockey team shut out Southern New Hampshire University (SNHU) on Saturday, winning 2-0 over the Penmen.

For the fifth time in the season, Integlia posted a shutout with the help of her backline, warding away the attack of the Penmen throughout the four quarters of action. The first half was quiet for Integlia, as the SNHU attack only managed to fire three total shots off in the half; the Chargers commanded possession and played most of the game in the attacking zone.

The second half saw a new attack from the Penmen that created 13 shots total, but four that caused Integlia any true danger. Integlia recorded four

saves on the night, all coming in the second half of action.

On the attacking side, the Chargers found the cage five minutes into the first quarter when Abby Nixon found Reilly Bialko, who had an easy tap in after the cross came right through the circle.

The offense was quiet until the second quarter when Nixon again had a hand in the goal. She found the deflection of Alexis Rider's shot drop down to her stick for an easy score going into the break. Nixon continues a personal streak of recording at least one point in three of her last four matches.

After dropping their first conference match to No. 3 Assumption College, the Chargers have won their last two. New Haven looks to continue their season of success when they host NE-10 foe, Saint Thomas Aquinas College, on Tuesday night with the match slated to start at 7 p.m.



A winning scorecardd from the field hockey game, Oct. 9, West Haven. Photo courtesy of Charger Athletics.



Photo courtesy of Charger Bulletin/Joseph Klaus.

### Davis shines while Chargers drop match against Adelphi

BY JOSEPH KLAUS **Sports Editor** 

Graduate goalkeeper Paige Davis has been an anchor for the women's soccer team, posting eight saves in her third straight match. But, that was not enough; the Chargers dropped their match against Adelphi University on Tuesday 3-0.

In a match that saw little offense for the Chargers, Davis and the backline were called upon

time and time again to step up and stop the Panthers' offensive attack. The Panthers outshot the Chargers 17-5, and controlled possession for most of the match. The best opportunities for the Blue and Gold came off of counterattacks early on when both teams were getting a feel for the play of the game.

Dakota Cimetta and Gabriela Garcia-Perez had the best opportunities in the 15th and 25th minutes, but Panthers goalkeeper Sarah Hofmeier sent both

attempts away and kept things level.

The Panthers snuck their first goal past Davis in the 30th minute and headed into the half with a 1-0 lead.

Coming out of the break, the Chargers came out strong, looking to equalize. But, neither Macy Litalien nor Charlie Griffiths was able to find an equalizer, sending their shots over the crossbar.

Coming off the bench for the Panthers, Carly Issing took little time to make an impact on the match, sending one past Davis two minutes after checking in. The Panthers found the back of the net one more time as the Chargers' offense was unable to get anything going.

With the loss, the Chargers drop to 4-6 overall and 1-6 in the NE-10. The Chargers will look for a victory when they travel to Franklin Pierce University on Saturday for a NE-10 matchup with kickoff at 4 p.m.