

THE CHARGER BULLETIN

The student news source of the University of New Haven.



MEET THE SPRING 2020 USGA CANDIDATES

USGA ELECTIONS BEGIN FEBRUARY 28.

Story on pg. 4

Photos Courtesy of USGA Candidates



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THE CHARGER BULLETIN

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College of Arts and Sciences Podcast

BY ANNA DOWNS
EDITOR-IN-CHIEF

Associate Dean for the College of Arts and Sciences recording the first taping of the "Intersection of Arts and Sciences" podcast. Photo Courtesy of University of New Haven Twitter

Michael Rossi, associate dean for the university's College of Arts and Sciences, started a podcast that will highlight activities, events and profiles in the college of arts and sciences community. The podcast, "Intersection of Arts and Sciences," hasn't officially launched, but it will be available for streaming on Soundcloud.com.

Rossi started the podcast to increase the visibility of what the college of arts and sciences has to offer.

"We do so much in the college that people don't know about," said Rossi. "I feel like this is a way to not just have a poster out there, but to really



explain what's going on." The podcast will always be in a conversational style, with Rossi as the constant and each episode featuring an individual from the college of arts and sciences. Rossi said he expects this to be a form

of broadcasting events that will give listeners a deeper understanding of what the college has to offer and what to expect from events.

Rossi plans to release the podcast weekly once it launches. He said he is

optimistic that this will be a premise for the campus community to gain a connection with the colleges.

"I really want to promote the college because we don't necessarily have the big name identity that the Engineering

College or Lee College has so we need to be out there and let people know, arts and sciences, is active and enjoyable." Said Rossi.

Dean of Students Updates Policies on Campus

BY JENNIFER KORN
STUDENT LIFE EDITOR

The office of the dean of students sent an email to students and faculty recently that summarized the school's updated sexual misconduct policy and tobacco-free, smoke-free, and vape-free policies.

According to a Feb. 11 statement to the Charger Bulletin by the office of the dean of students, the sexual misconduct policy was "amended to include a statement that engaging in a prohibited



**Tobacco-Free
Smoke-Free
Vape-Free
CAMPUS**

*A Healthy
Choice* 

relationship, as defined by the University's Prohibited Relationship Policy, may constitute sexual harassment."

The updated policy reflects "that formal investigation interviews will now be audio recorded, and result in a transcript." stated the office. The new policy describes the draft investigation report procedures in detail and includes information about the Live-

Safe application, which allows students to report an incident or suspicious activity, connect them to resources, and share their location with friends when walking on campus.

The updated sexual misconduct policy can be viewed in MyCharger or through an external link.

According to the office, when the tobacco-free, smoke-free policy went into

effect in 2015, "the use of electronic cigarettes ('e-cigarettes') was also prohibited on campus." The office said in the statement, "since that time, we have received increased reports on campus of the use of electronic vaporizer devices - commonly referred to as vapes or vaping." In response, the Substance Use Task Force updated the policy "to emphasize that the prohibition of the

use of electronic vaping devices on campus and that any use of electronic vaping devices is a violation of University policy."

The office also reported that the university will change its signage to increase awareness of the updated Tobacco-Free, Smoke-Free, Vape-Free policy.

The updated policy can also be viewed in MyCharger or through an external link.

NEWS

Meet the Candidates USGA Spring Elections

BY BETH BEAUDRY
STAFF WRITER

University students met the candidates for the Undergraduate Student Government Association (USGA) spring 2020 election in Bucknall Theatre on Feb. 13. Candidates for president, treasurer, and senator presented their platforms to students. Candidates who could not make the event shared their platforms via recordings or they had election committee vice-chair, Kenzie Whiting read their statements for them.

Two students are running for USGA President. In the past three years, Angelo Prevosto, a junior communication major, has worked with USGA as treasurer, assistant treasurer and senator. As president, he said he hopes to make USGA more diverse and engaged on campus. In his written platform, Prevosto said, "I want to eliminate the idea that students need to come to USGA to make change and challenge next year's USGA to find the change. If elected, the most direct way I can increase diversity is by carefully selecting an executive board that provides multiple perspectives on campus matters."

The second candidate is sophomore Sofia Martinez, a communication major. Martinez is the senator for LGBTQ+ students, is on the points committee, and is the liaison for the Title IX office. Her goal as president, she said, is to help students have a better experience on campus. In her written

platform Martinez said, "I want to implement a theme for the year by having students vote on what they would like to focus on in the upcoming academic year. The theme would be announced during USGA training and utilizing our Senate to create a more collaborative approach to student engagement."

The candidate for treasurer is sophomore Emily Lavinge. Lavinge is the Class of 2022 Executive Assistant, the USGA Senator for resident students, and is on the points committee

and budget committee. As treasurer, Lavinge said she wants to help student leaders collaborate and host events, and help student organizations grow.

For the Senate positions, there are eleven nominees.

Senator for the Sophomore Class nominee: Rayna Kruzona
Senator for the Junior Class nominee: Nicholas Meaney
Senator for the Senior Class nominee: Robin Heins
Senator for the Commuter Students nominee: Nouhailia Lamhader

Senator for the Henry C. Lee College nominee: Timothy Vuong

Senator for the College of Arts and Sciences nominee: Kaelea Caporuscio

Senator for the College of Business nominee: Gregory Gray

Senator for Club Sports nominee: Kelly Adkins

Senator for LGBTQ+ Students nominee: Drew Becker

Senator for the School of Health Sciences nominee: Morgan Fitch

Senator for the College of Engi-

neering nominee: Matt Major

Campaign tabling will be from 9 a.m. to 7 p.m. on Monday, Feb. 17 and Thursday, Feb. 20.

The first presidential & treasurer debate will be at 7 p.m. Tues. Feb. 25 at the German Club.

The second debate will be 6 p.m. on Thurs., March 3, also at the German Club.

Voting will be open on Charger Connection from Fri. Feb. 28 to Fri. March 6 at 12:00 PM.



USGA Spring 2020 Candidates that were present at the "Meet the Candidates" event on Feb. 13 in Bucknall Theatre

Photo Courtesy of Beth Beaudry

BLACK HISTORY MONTH

Black History Month Spotlights

BY HANNAH PROVIDENCE
STAFF WRITER



Rihanna

Robyn Rihanna Fenty is set to receive the NAACP President's award this year, a prestigious award that is well-deserved for the musician and fashion mogul.

After a long and successful musical career with 14 number-one singles on the billboard charts, eight studio albums, and over 250 million records sold, Rihanna decided to try her hand in the fashion industry.

In 2017, she launched Fenty Beauty in partnership with LVMH (the French luxury goods giant) and generated about \$100 million in its first few weeks. It has since grown into a \$3 billion operation and Rihanna owns about 15% of the company.

She has since become the first black woman to head a luxury brand for LVMH.

"I could never identify with that word, 'weak'" - Rihanna

Kobe Bryant

When news came out about Kobe Bryant's sudden death in a helicopter crash in late January, it felt as if the world came together to mourn his loss.

Kobe Bryant will go down in history as one of the most talented and influential NBA players. His list of records and accomplishments are extensive and when he retired in 2016, his legacy was cemented far beyond his lifetime.

He has accumulated the third-most all-time points scored, he won two gold medals for America's Olympic basketball team and won five NBA championships over his career. He even became the first black person to win an Oscar award for Best Animated Short Film in 2018 for his role in "Dear Basketball."

"Great things come from hard work and perseverance. No excuses." - Kobe Bryant



Jay-Z

Shawn Corey Carter, also known as Jay-Z, has achieved something every rapper dreams about. In 2019, Jay-Z was named the first rapper billionaire.

After decades in the music industry with 14 number one albums and 22 Grammy awards, Jay-Z has spent a lot of his time making hit songs and expanding his portfolio.

In numbers, Jay-Z's net worth comes from the following: his line of champagne "Armand de Brignac" (\$310 million), cash and investments (\$220 million), Jay-Z's cognac "D'Ussé" (\$100 million), his streaming platform Tidal (\$100 million), his entertainment company Roc Nation (\$75 million), as well as his music catalog, art collection, and real estate property (totaling \$195 million).

"I'm not a businessman, I'm a business, man!" - Jay-Z

Oprah Winfrey

In 2003, Oprah Winfrey made history when she became the first black woman on Forbes magazine's "World's Richest People" list with a \$1 billion net worth.

The media tycoon has been in the industry since she was 19 as the "youngest and first female anchor for WTVF-TV in Nashville" according to Insider. And that wasn't the only first for Oprah.

She is the first woman to own and produce her own talk show, she is North America's first black multi-billionaire, as well as the first black woman to join Business Week's "Top Philanthropists" list.

Throughout her long and successful career, Oprah has delved into acting, producing, journalism, and television media dominating the entertainment industry and growing her wealth to \$2.7 billion.

"Anything you can imagine, you can create" - Oprah Winfrey



Robert F. Smith

The richest black man in America made headlines after announcing that he would pay the student loan debt of the 2018 graduating class of Morehouse College (around 400 students).

Smith, CEO of Vista Equity Partners, has accumulated \$5 billion in net worth from his firm that buys and sells software firms. His company has around \$46 billion in assets under management and although it does not publicly release reports of their results, the New York Times believes that it is "one of the best-performing firms in the country."

Although Smith keeps a low profile, his philanthropy and financial support for the black community are heard loud and clear.

"Change the world in the way that only you can" - Robert F. Smith

BLACK HISTORY MONTH

Understanding Black Representation in Film and Television

BY TIARA STARKS
ENTERTAINMENT EDITOR

The invention of film and television dramatically changed how people view one another which in turn, determined how certain groups of people should act in society.

Today, celebrities around the world are held to a high level of scrutiny as they navigate how they perform in the industry, as well as how they are perceived in the media. While the rise of black success in entertainment doesn't seem to be slowing down, black success in the entertainment industry has been linked to expectations of how good or bad of a representative they are of the entire black community.

Therefore, only certain "black media" can relate to a specific group.

Issa Rae is challenging this with the release of a film in which she stars in opposite Lakeith Stanfield, "The Photograph," a modern take on black love in the romantic comedy/drama genre, which is saturated with white-only or interracial couples.

An example of African American actors being criticized for playing stereotypes started in the '70s with television shows such as "Julia" (Diahann Carroll) and "The Cosby Show" (Bill Cosby) which were expected to set the standards for how black people should act in society. The stars were expected to be role models which, as we



Photo Courtesy of ABC News

see, affected their public image when things went awry.

Another example of a challenge for black creatives is convincing studios that projects written and featuring people of color are good for business. One assumption is that movies and TV shows starring African Americans don't perform as well overseas, even as entertainment is considered an increasingly global business.

"The color they really care the most about is green," said veteran actor Don Cheadle.

Star Wars actor John Boyega said "Diversity in front of the camera is not enough," which is part of his motivation to become a producer. David Oyelowo said that in order to address these issues, there have to be representations in the room where it happens and pushes for black representation within the executive ranks. "Who gets to call the

shots matters," he said.

Diversity affects everyone, regardless of who resonates with what is produced and distributed in the entertainment industry. Pushing for more diversity and bringing minority audiences to the forefront creates open conversation of issues affecting those communities and how everyone can come together to help solve those issues. Black actors, actresses, producers, directors, and writers are introduced as a part of the solution, but they also need to be regarded as decision makers as well. There needs to be overall understanding by everyone regardless of race, of the impact of negative and positive black representation. One way is to constantly be informed and educated on the history of entertainment and how it is seen as both a way of advancement and as a deterrent to the black community.

BHM Playlist

BY JADA CLARKE
ENTERTAINMENT EDITOR

Find the full playlist on
Chargerbulletin.com



This playlist is all about Black History Month. We are traveling through the decades of classic black artists to see how far we've come in music. This diverse playlist displays a variety of music for each generation to enjoy.

"Respect" by Aretha Franklin (1967)

Aretha Franklin is known as the "Queen of Soul" and this song only emphasizes her talent. "Respect" was originally written and released by Otis Redding. Franklin decided to rewrite it and gave the tune a new message. The song is a source of female empowerment as she asks for respect from her husband.

"ABC" by The Jackson 5 (1970)

Before Michael Jackson started his own career, he was a part of The Jackson 5. The song reached number one on the Billboard Hot 100 and was one of the first songs they performed on television. Its 50th anniversary is on February 24.

"Before I Let Go" by Maze feat. Frankie Beverly (1981)

This R&B hit is famous for being heard at any family gathering you attend. "Before I Let Go" reached number 13 on Billboard's R&B Singles list.

"I Wanna Dance with Somebody (Who Loves Me)" by Whitney Houston (1987)

Whitney Houston provides joyful bops that anyone can dance to; hopefully with somebody you love. Currently, this hit song has 168 million views on YouTube. Her artistic impact has inspired other singers.

"If It Isn't Love" by New Edition (1988)

Towards the end of the eighties, this New Edition song was one of the top hits from their album "Heart Break". The song tells the story of a man that can't describe his feelings for a girl he's in love with. The group has been on and off since their first breakup in 1990.

"Mo Money Mo Problems" by The Notorious B.I.G. feat. Mase and Diddy (1997)

Many people know The Notorious B.I.G as one of the "greatest rappers of all time". Sadly, he was killed a few months later after Tupac's murder. This song was released posthumously, resulting in his "Life After Death" album to achieve diamond status.

ENTERTAINMENT

NBCUniversal's: Peacock

NBCUniversal's official logo for Peacock their new streaming service. Photo courtesy of Creative Commons

peacock

BY MATT VERRILLI
CONTRIBUTING WRITER

NBCUniversal has been working with Comcast to deliver Peacock, a streaming service that the company hopes will change distribution of new media, as much as possible.

"This is a very exciting time for our company, as we chart the future of entertainment," said Steve Burke, chairman of NBCUniversal.

In their announcement, NBCUniversal and Comcast said there would be three different subscription tiers, in an effort to appeal to all consumers. The first tier is called Peacock Free, which is, as the name implies, free to the consumer

but includes ads and carries only a limited amount of programming. That "limited amount" includes more than 7,500 hours of programming, including next-day access to current NBC TV shows and Universal movies.

Peacock Premium includes ads for \$4.99/month, or an ad-free version for \$9.99/month. Both versions will offer the same content. Comcast and Cox cable customers will also receive access to Peacock Premium with ads, and they can choose to upgrade to ad-free for the extra \$4.99 a month and they will be able to access the service early on April 15 before its national launch on July 15.

One Peacock advantage is its inclusion of live sports. Customers of Peacock Premium will have access to live sports, with

the addition of Premier League Soccer to be added in August.

Unlike other services such as Netflix or Hulu, Peacock will not rely on third-party studios for a majority of their content, which means Peacock will have fresh content for its customers. NBCUniversal has a large catalog of television shows and movies, as well as open contracts/deals that can keep new content flowing on the service.

As soon as they leave Netflix in 2021, both "The Office" and "Parks and Recreation" will become Peacock exclusives. Other NBC content that is currently streaming on Hulu, such as "Brooklyn-99," will remain on both Hulu and Peacock until NBCUniversal's deal with Hulu ends.



Billie Eilish at Governors Ball Music Festival in 2017.

Photo By Anna Downs

Billie Eilish's Success

BY ANDREA ALVERCA
CONTRIBUTING WRITER

When she was 17, Billie Eilish accomplished what takes most pop years: written songs that are no.1 on various charts, and selling out concerts. She also appeared on talk shows with Ellen DeGeneres and Jimmy Fallon.

And just a few weeks ago, both Eilish and brother Finneas O'Connell took home 10 awards from the 2020 Grammy Awards.

Eilish's music is a combination of pop, rock, hip-hop and electronic music and -- surprisingly -- it works. Eilish has been writing songs with her brother since they were children. Their first hit song was

"Ocean Eyes" in 2016, released when the singer was just 14.

In the span of just four years, Eilish has become one of the biggest names in the music and entertainment industry, with scant little negative reviews. just barely receiving any negative views about her music and how she presents herself in media.

Her music uses language that mentions suicide, depression, and "wanting to end myself," but her music doesn't encourage teenagers to follow through on these actions. The songs are a way for Eilish to express how she battles with life. The young singer has been open about her depression, and how she's struggled while growing up. She's also removing stigmas about mental disorders, for teenagers who struggle with mental disorders.



OPINION

Time for Some Library Tender Love and Care

BY MIA STEADMAN
CONTRIBUTING WRITER

The Marvin K. Peterson Library is a hub of productivity where commuters go to squat between classes and where the café runs out of strawberry acai refreshers too quickly. It is possibly the only place on campus where the atmosphere is filled with equal parts panic and boredom.

As someone who has spent countless hours there scrambling to finish assignments in the wee hours of the night, I can say this: it needs a little TLC.

It isn't hard to believe that the triangular brick building was originally constructed in 1974. If you overlook the rickety elevator with '70s serial-killer

View of the Café inside the Marvin K. Peterson Library. Photo Courtesy of University of New Haven Website



documentary lighting, it may not seem that bad. Unfortunately, the issues with our beloved library can't be solved just with LED bulbs.

As per the building's food and drink policy, food consumption is limited to the café located on the second (main) level. This would be fine if the café contained more than a handful

of four-person tables and a few high-top two-seaters. The space is too often full, and for those who want to study and eat at the same time, the friend groups gathering at the round tables can be distracting. Most students prefer the group study area on the bottom floor, and who doesn't need some Cheez-Its at 11 p.m. three hours into a

cramming session?

The Library states "spilled food can damage books, computers, journals, carpeting, and furniture." Maybe it's time to remove some of the carpeting that covers the floor of almost the entire building- save for the café. And of course, no one would want to damage any of the books in the University's

expansive collection, but we should consider whether or not we need to keep them all anyway.

Last semester, President Steven Kaplan spoke at length at a USGA meeting about what improvements students would like to see on campus and near the end, he asked students if they'd ever taken out any of the books from the storage room that takes up a significant amount of space on three floors.

The response was a few raised hands, and he raised the possibility of using that space in ways that would better benefit the student body. I liked the idea then, and I like the idea now. Let's just hope that it includes more group study spaces, more print-only stations, and less carpeting.

Is Our Campus Really Environmentally Friendly?

BY ARIANA LASHER
CONTRIBUTING WRITER

Remember when all dining areas on campus took away plastic straws and lids to minimize plastic use on campus? That didn't seem to last long, because every time I order a drink from Jazzman's or the library café, I am still handed a plastic straw.

The state of Connecticut banned plastic bags, but every time I purchase something from the Re-Charge campus store, I am offered a plastic bag to pack my belongings.

I'm not the only student to notice this.

"I definitely do not think that we are environmentally friendly," said Natalie Butala, sophomore, forensic science major. "In Bartels, there are only places to throw your food and trash away instead of recycling any of it. A lot of the food looks like it's wasted."

One thing that may have made a difference are the reusable water bottle fill stations that were installed around campus. Most students carry their own water bottles and refill them at these fountains throughout the day instead of purchasing plastic water bottles. Each station has



a number count for how many times it has been used, and every number is well into the thousands.

"I know that we do not actually recycle, especially in residence halls or offices, because people have seen the facilities employees mixing the trash and recycle bins countless times,"

said Kate Sanchirico, a founding member of the Sustainability Club on campus.

"We've been working with the staff of Bartels and Food On Demand to start composting the leftovers," she said.

Another local university, Quinnipiac University, is partially powered by wind and

solar panels. Environmental science classes from our campus take field trips to learn about this, but wouldn't it be cool if students could enjoy our own wind and solar energy? Our climate is changing and it's time that our university changes with it before it's too late.

Photo courtesy of University of New Haven Website

SPORTS

Recap of Charger Softball Trip to Florida

BY TYLER WELLS
STAFF WRITER

Though it may not feel like it in the Northeast, it is finally time to welcome spring sports as the New Haven softball team got their campaign underway down in Florida last weekend. The Chargers got to play in five games at the Florida Tech Invitational, and went 2-3 over the weekend, which got their season off to a solid start.

The play opened on Friday, as the Chargers had a doubleheader on tap. Their first game was against the No. 4 overall team in the country, West Florida. The Argos lived up to their early season ranking and dispatched the Chargers in an 8-0 contest. The Charger bats were stifled in the first game, with only sopho-

more Ava Fitzmaurice recording a pair of hits.

New Haven bounced back as they faced Palm Beach Atlantic in their second part of the doubleheader. Putting the first game behind them, New Haven rallied from down 2-0 in the first two innings with a four-spot in the third and took a 4-2 lead. They never looked back en route to a 6-3 victory. Once again, Fitzmaurice led the team but did so in the pitching circle this time, when she struck out three and gave up two earned runs over a complete game.

Competition continued Saturday as the Chargers had another doubleheader, this time against West Georgia and Florida Southern. In the first game against West Georgia, the Chargers were limited offensively, and only collected a single hit from the bat of junior Melis-

sa Bike. In the circle, pitcher Megan Butts kept the Chargers within striking distance, and limited West Georgia to four runs. However, the offense led to another shutout in favor of the Chargers' opponent and dropped the game 4-0.

The Chargers began to find success against Florida Southern. Simpson and Katrina Aponte stepped up with a pair of hits, but none were bigger than the three-run home run off the bat of Fitzmaurice, who continued her hot start to the season with yet another complete-game victory in the circle. She limited the Mocs to five hits and one run. The Chargers were able to take the game 3-1 and move to an even .500 (2-2) on the season, going into their final day in Florida.

In their final game in the Sunshine State, New Haven faced

NO. 25 Jovanna Hillman, Junior. Photo courtesy of Charger Athletics.



off with the Angelo State Rams. While the Chargers collected four hits on the day, they were unable to string any together to put a run on the board. Fitzmaurice and Simpson once again were able to get a base hit, as Jovanna Hillman and Hailey Polisano also each chipped in a single. Getting her first collegiate start, Selena Aponte put together a complete game effort with only allowing six hits and

two earned runs. The Charger defense struggled, however, as their two errors allowed two more runs to cross the plate as they dropped the final game 4-0.

The Chargers went 2-3 and faced tough competition that should prepare them for the rest of the season.

The Chargers will be in action next on March 17 at Barton University.

Women's Lacrosse Season Preview

BY ZACK PINCINCE
SPORTS EDITOR

With the spring sports season in a few short weeks, the Chargers women's lacrosse team is getting ready for another competitive year. Coming off a solid 12-7 season last year, and an exit in the NE-10 semifinals, the Chargers can build off some young talent and veteran leadership from last year.

New Haven can follow senior Raven Linton, who was recognized by US Lacrosse magazine as one of the players to watch this season. On the other hand,

the Chargers will have to fill some big shoes as they lose attacker and two-time New England Lacrosse Journal's DII player of the year, Mackenzie Reh, who finished last year leading New Haven with 93 goals.

New Haven brings back attackers senior Caroline Maher, sophomore Marina Skelly, and senior Kendra Nolan, who were among the Chargers' top scorers last season. Senior, Gianna Guerra will return to defend the goal for New Haven after recording 194 saves and a 10-7 record last year.

New Haven will also look to get production out of their freshman class of nine. New Haven

will be led again by head coach Jen Fallon, who enters her 14th season as head coach. Fallon is the program's all-time win leader, with a record of 162-79.

The Chargers are ranked 17th in the preseason poll nationally, and they were picked to finish third in the NE-10 preseason poll after finishing behind defending national champ Adelphi and Le Moyne University.

Those will be two key matchups for New Haven during the regular season, which will take place on April 14th at Le Moyne University, and the Chargers will host Adelphi on April 22.

The Chargers season will kick off on Saturday, February 29 against Holy Family to start a three-game homestand. New Haven will start NE-10 action on Wednesday, March 11,

against Saint Anselm College at Kathy Zolad stadium.

On March 21, the team will travel to Maryland, where they will face PSAC foe Slippery Rock University. New Haven will look to dominate NE-10 opponents in order to get a good standing for the conference tournament which will start April 29.

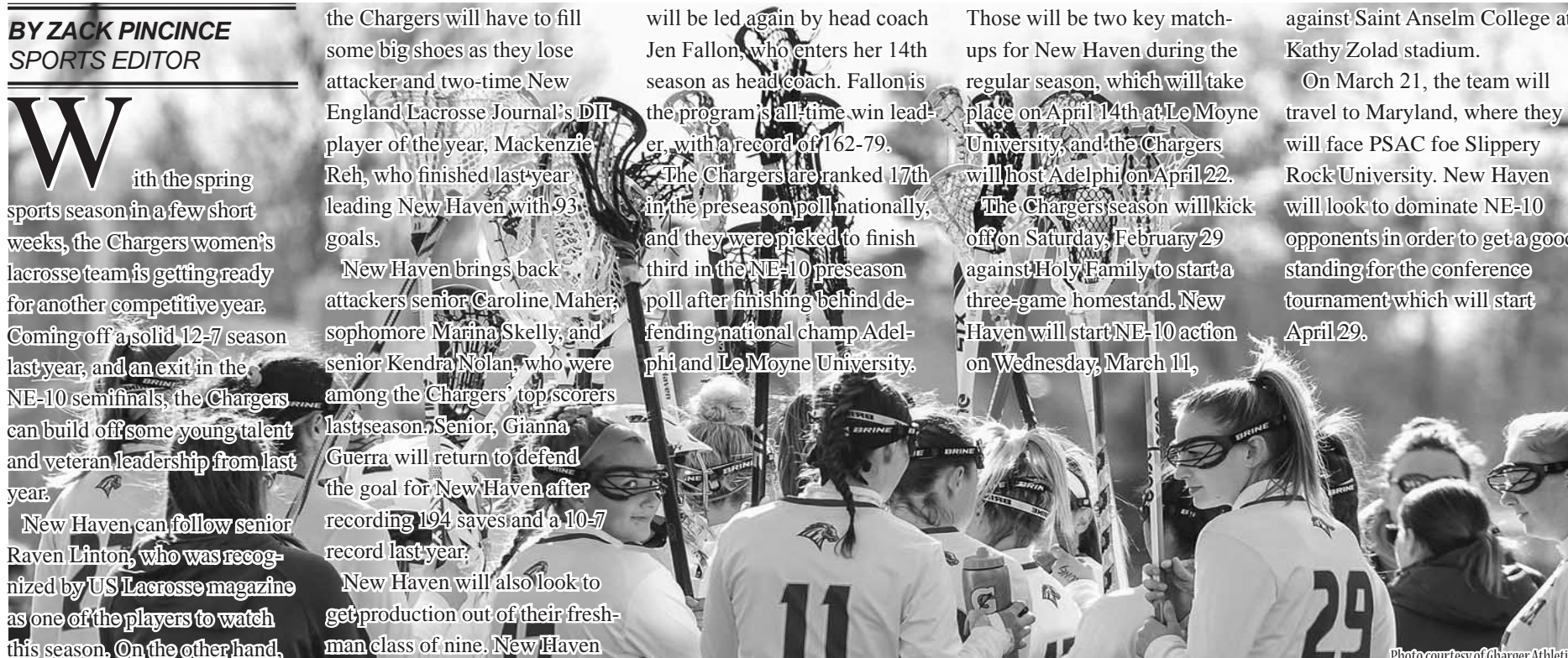


Photo courtesy of Charger Athletics

Picks and Needles: Living With Type 1 Diabetes

BY AMANDA M. CASTRO
CONTRIBUTING WRITER

Taking things for granted is easy when you have those things, especially your health.

But imagine never having the guarantee of ever being all-the-way normal.

When I was 12 years old, I began to lose a lot of weight though I was eating constantly. I was always thirsty – and therefore, always urinating. I was mysteriously irritated at times, which gravely concerned my mother. Naturally, she had me tested by my pediatrician. Turns out, I was a type 1 diabetic.

At the time of my diagnosis,

my blood glucose level was at 450, when it should have been between 71-180, at most. And according to my doctor, I was hours away from dying. Thankfully, that didn't happen.

Type 1 diabetes is an autoimmune disorder, in which the body attacks its own pancreatic cells that produce insulin. To avoid blood sugar glucose from reaching levels that destroy tissues and endanger health, most people have to be treated with insulin for their entire lives, which happens to be my case.

The first thing I thought when I was diagnosed was, "What did I do wrong?"

I thought I was overeating, or eating too much sugar, but I never ate a lot of sugar or candy or sweets. How could this be

happening? I did everything right. But I soon learned that there are different kinds of diabetes with different levels of severity.

Controlling type 2 diabetes usually relies on medication, diet, and exercise, and when those aren't enough to control blood glucose, the use of insulin injections becomes imperative. People with type 2 are insulin resistant; their body can produce insulin but is unable to use it to its full potential. According to the Mayo Clinic, when people develop type 2 diabetes, their pancreas tries to compensate for the glucose entering their body.

On the other hand, type 1 diabetics, such as myself, only rely on the use of insulin injections to lower blood sugar levels. In

type 1 diabetics, the immune system mistakes foreign invaders for the body's own healthy cells. The immune system targets and kills the beta-cells that produce insulin in the pancreas. The body is unable to produce insulin after these beta-cells are killed.

The funny thing, in my case, I was (and am) terrified of needles and I ended up with a disease that relies mainly on the use of them. I remember sobbing from age 12 through 14 whenever I had to give myself an injection. The irony!

Even though my diabetes is controlled, I still live with concerns about what could happen if I don't take care of myself. I reserve every right to worry because there is a list of complica-

tions that can accompany type 1 diabetes, such as kidney failure, and blindness

Fortunately, I've kept my blood glucose controlled with insulin injections and my Dexcom G6 – a device that serves as a continuous glucose monitoring system. Soon, I'll be getting an insulin pump, which is similar to the Dexcom G6, but the difference is that it administers insulin when I need it.

Type 1 is a brutal, difficult disease. Blaming myself and worrying about potential complications is easy. All I can do is make the best of myself and enjoy life in the meantime. I may not be all-the-way normal, but I'm as normal as I can be.



Above: Medication and glucose monitoring devices Amanda uses to monitor her Type 1 Diabetes. Photo by Amanda M. Castro

Beware of Online E-Textbook Scams

BY AMANDA M. CASTRO
STAFF WRITER

Because textbooks and e-textbooks are so expensive, students sometimes resort to buying books online, whether it be a well-known website – such as Amazon or CHEGG – or a website that’s selling cheap textbooks.

MacKenzie Case, a sophomore majoring in criminal justice, said that she tries to not purchase books from the campus store because they are “overpriced.”

But not all websites are created equal.

According to an unscientific survey, students like Case said that they spend between \$200 and \$300 on book purchases from the bookstore, so they resort to buying them online. And some students tend to purchase books at the cheapest price they can find online, ignoring the potential risks behind those websites.

Some websites include mega-

textbook.com, bizvios.com, and testbankbase.com. While the websites may be legitimate, the books may not, according to the executive director of networking, infrastructure and cloud services Greg Bartholomew.

“What we don’t know is the legality of the books available, which may be an issue per book,” said Bartholomew.

After consulting scamadviser.com, Bartholomew and Vincent Mangiacapra, associate vice president and CIO of the office of information technology, said that the website with the highest risk score is bizvios.com. Because it seems like a “fairly new site,” said Bartholomew, “there’s not a lot of information on it.”

Mangiacapra encourages students to double-check textbook websites.

“Because sites can pop up at any time if they are not using an established site, [students] should search on them for known fraud complaints,” said Mangiacapra.

“The risks are numerous,” said Louis Franco, office manager of the office of information technology, “They include credit

card theft, to in severe cases identity theft if enough information is given. Students also are at risk going to sites that will inject a Trojan virus and possibly collect personal information.”

According to Norton’s website, “Trojan is a type of malicious code or software that looks legitimate but can take control of your computer...a Trojan is designed to damage, disrupt, steal, or in general, inflict some other harmful action on your data or network.”

Franco agreed that students are at risk of getting scammed if they’re not careful.

“Hopefully, today’s student is technically savvy and cautious,” Franco said, “However if they decide to venture out to save a couple of bucks, they put themselves at great risk since it is very easy to build a credible-looking website.”

If students come across a website they see is deceptive and is scamming students, Franco, Magiacapra, and Bartholomew encourage them to email the websites to student technical support at studenttechsupport@newhaven.edu.

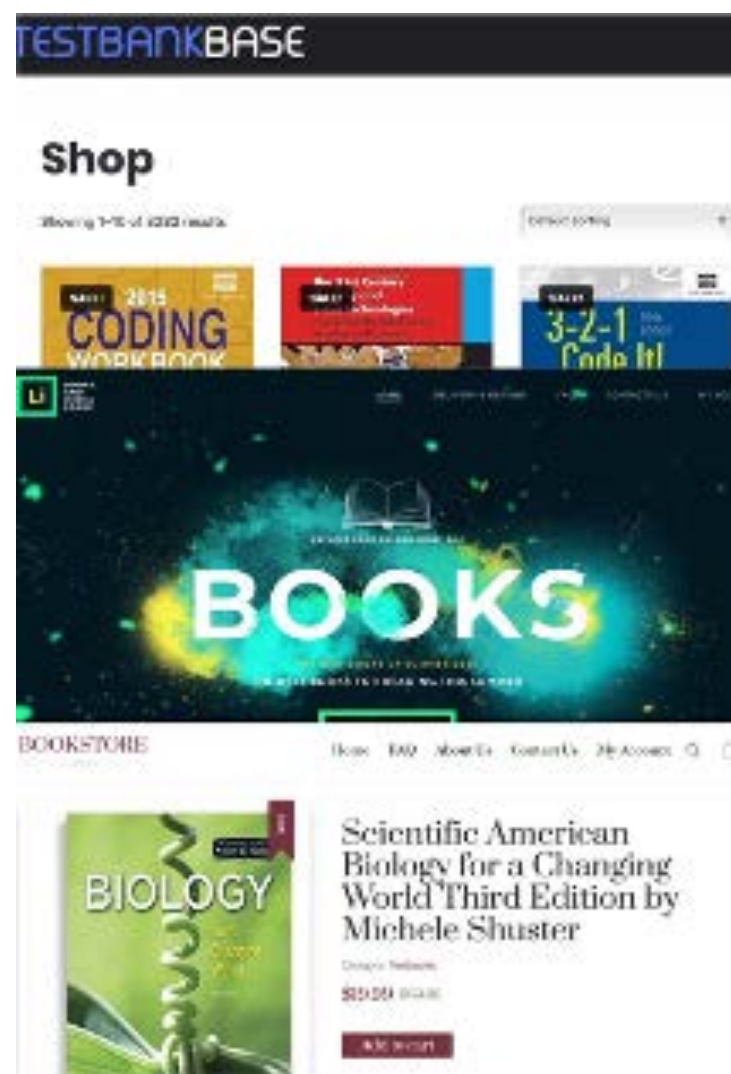


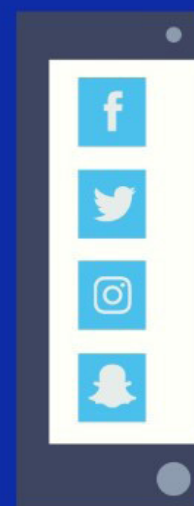
Photo Arrangement by Amanda M. Castro

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Road to the Centennial

BY BETH BEAUDRY
CONTRIBUTING WRITER

When students returned to the University of New Haven for the spring semester, they were greeted by blue and gold banners across campus to celebrate the university's centennial. Milestones from the past 100 years:

- 1920:** The New Haven YMCA College was added as a division of Yale campus.
- 1944:** The first World War veteran enrolled, beginning the veteran population at the university.
- 1960:** Campus moved to West Haven into a former orphanage.
- 1969:** Graduate school programs opened, and the first residence hall was built.
- 1970:** The State of Connecticut approved making the college a university and the name is changed to University of New Haven.
- 1987:** Maxcy Hall was named after Ellis C. Maxcy, the first director of the university.
- 1991:** The university was awarded accreditation for the maximum number of 10 consecutive years by the New England Association of Schools and Colleges (NEASC).
- 1998:** The Henry C. Lee Institute of Forensic Science was founded.
- 2000:** Students represented more than 50 countries on campus.
- 2004:** Steven Kaplan is named president of the university.
- 2012:** The university opened a sister campus in Prato, Italy.
- 2020:** The university celebrates its centennial and ranks #66 in the Best Colleges in Regional Universities North. There are 165 student organizations, 250 study abroad programs, 50 recreational sports, and 21 club sports. The school is recognized as one of the top 385 Best Colleges by the Princeton Review and the Engineering School is ranked within the top third in the country by the U.S. News & World Report.

The university is planning several centennial celebrations this year. From Feb. 7 to 9, the university is hosting a trip to Boca Raton, Fla., that includes a riverboat cruise, welcome reception and a "Taste of Mizner Park" culinary tour.

On April 4, there will be a Centennial Ball in the Beckerman Rec. Center. A portion of the proceeds will go to the Centennial Scholarship Fund.

On April 30, there will be a celebration for Founders Day, and a grand opening for the Bergami Center of Science, Technology, and Innovation.

In the fall semester, the Centennial Homecoming starts Nov. 6.