

# THE CHARGER BULLETIN

*The student news source of the University of New Haven.*



## SEE YOU AGAIN JANUARY 22



**WHEN WE RETURN TO CAMPUS THE UNIVERSITY CENTENNIAL WILL BE UPON US**

*Photo By Anna Downs/The Charger Bulletin*



The Charger Bulletin



@ChargerBulletin



@ChargerBulletin



@ChargerBulletin

# BULLETIN BOARD

## BULLETIN BRIEFS

### Page 4

*The 2019 William L. Bucknall Excellence in Teaching*

### Page 6

*Mayday Parade Brings Forever Emo Tour to Toad's*

### Page 8

*International Students Come Together to Ease Transition*

### Page 10

*Mental Health Support on University Campus*

### Page 12

*The First-Year Experience*



## THE CHARGER BULLETIN

300 Boston Post Road | West Haven, CT 06516

ChargerBulletin@newhaven.edu | www.ChargerBulletin.com

office: 203.932.7182 | text: 203.909.0646

Our office is located on the second floor of 46 Ruden Street, Room 202.

**Editor-in-Chief** Anna Downs

**Managing Editor** Corina Rodriguez

**Student Life Editor** Jennifer Korn

**Sports Editor** Zack Pincince

**Entertainment Editor** Kayla Mutchler

**Opinion Editor** Erin Cuomo

**Multimedia Editor** Kailey Feshler

**Associate Editor for Photography** Nicole Rivera

**Associate Editor for Graphic Design** Seth Hatrington

**Staff Writers** Hannah Providence, Beth Beaudry,

Matt Verrilli, Lauren Fligg, Lindsay Miller,

Maddy Orcales, Rebecca Tatera, Amanda Castro,

Gianna Scire, Earl Givan, Ariana Ferrante, Serena

Piervincenzi

**Staff Graphic Designers** Victoria L. Page, Serena

Piervincenzi

**Associate Editor for Videography** Nathan Gagne

**Community Engagement Editor** Victoria Cagley

*To view previous issues go to  
OurSchoolNewspaper.com/charger.*

\* The Charger Bulletin staff strives for excellence and accuracy in writing and reporting. We recognize that mistakes may occur and encourage readers to notify the Bulletin if they feel a correction is necessary. Please email the Editor-in-Chief at chargerbulletin@newhaven.edu.

Since 1938, *The Charger Bulletin* has been the official student news source of the University of New Haven.

#### Advertising

*The Charger Bulletin* ad rate sheets are available upon request or by calling 203.932.7182 or via email at CBBusiness@newhaven.edu. *The Charger Bulletin* reserves the right to refuse any advertisement. Advertisements within *The Charger Bulletin* are inserted by outside sources identified in the advertisements themselves and not by the University of New Haven. Advertising material printed herein is solely for informational purposes. For the most up-to-date information, visit www.ChargerBulletin.com/advertise.

#### Letters to the Editor

The submission deadline for letters to the editor is 5 p.m. on Friday for publication in Tuesdays issue. Letters to the Editor are also published online the same day as the release of print issues. Letters should not exceed 300 words if they are to be considered for print publication. All submissions by outside writers to *The Charger Bulletin*, unless otherwise approved by the Editor-in-Chief, will be treated as letters to the editor.

Letters to the Editor are published under the discretion of the Editor in Chief, and not every submitted letter will be published. The Charger Bulletin also reserves the right to withhold Letters to the Editor that are excessively vulgar or nonsensical, or do not meet our editorial standards.

Letters can be sent via email to chargerbulletin@newhaven.edu and must contain the writers name and contact information for verification purposes. The opinions expressed in Letters to the Editor are of the authors themselves and not *The Charger Bulletin*.

**1st Place - ASPA Annual Contest/Review for Scholastic Yearbooks, Magazines and Newspapers, 2018**  
**Honorable Mention, Mobile App of the Year - Pinnacle Awards by College Media Association, 2017**



The Charger Bulletin



@ChargerBulletin



@ChargerBulletin



@ChargerBulletin

# University of New Haven Launches Investigation on Previous Women's Soccer Coach

**JENNIFER KORN**  
STUDENT LIFE EDITOR

**O**n Thursday, Stephen Kaplan, university president, sent a school email that said the university had hired an independent firm to investigate allegations against a former employee.

Kaplan also asked that people come forward with information, if they had information. The employee was not named in the email.

The email was sent a day after the "Yale Daily News" published an article about the women's soccer coach, Brendan Faherty, leaving Yale amid allegations of misconduct from

when he was coaching at the University of New Haven.

"The Yale Daily News" reported that "according to seven women who played for Faherty at UNH between 2003 and 2009, the coach had a history of abusing his position."

The office of the president did not comment or provide the Charger Bulletin with additional information.

Robin Salters, the deputy director of athletics and senior woman administrator, also declined to comment, and did not respond to a request for information about the investigation process.

Laura Duncan, the current women's soccer coach, also did not respond to a request for

comment.

According to the "Yale Daily News", a former University of New Haven player reported that Faherty was supposed to drive her home after a concert with other teammates, but insisted that he take her to his house instead. She asked to be let out with her teammates, but he refused, she said. The player said Faherty then demanded that she sleep in his bed with him. The coach then allegedly groped her and commented on her breasts. After Faherty fell asleep, the player charged her phone, called a taxi and left.

Another player from the University of New Haven reported a consensual sexual relationship with Faherty while she played

on the team, and after she graduated from the university. She said she felt isolated and depressed as a result of the relationship, and was persuaded by Faherty to keep the relationship a secret. The player provided specific messages to the "Yale Daily News" that were sent to her from Faherty after her graduation. The player quit soccer after her alleged relationship with Faherty, saying that he ruined the sport for her, according to the Yale Daily News.

Several other players reported that Faherty went out drinking with them while he was their coach.

Faherty coached at the university from 2002-2009, and the reason he left was not made

public. According to Mackenzie Hawkins, Yale Daily News writer and a sophomore majoring in political science at Yale, "to the News' knowledge, no complaints have been filed against Faherty at Yale." Hawkins said it is unclear whether Faherty was fired or resigned from Yale.

Faherty coached for other universities including Stony Brook University and the University of Washington. He was an assistant coach at the University of Massachusetts, according to the "New Haven Register".

Several papers have picked up this story, but none of them include additional information. University officials have declined to comment to the press.



**Brendan Faherty in Dec. 2018 upon accepting the head coach position at Yale University** Photo Courtesy of Yale Athletics Twitter

# NEWS

## The 2019 William L. Bucknall Excellence in Teaching Award

*Mary Isbell, assistant professor in the English department* Photo Courtesy of University of New Haven Website



**BY HANNAH PROVIDENCE  
CONTRIBUTING WRITER**

**M**ary Isbell, an assistant professor in the English department, was awarded the 2019 William L. Bucknall Excellence in Teaching Award last month.

“She is recognized by students for her consistent and creative uses of innovative high impact teaching programs,” said

last year’s recipient, Matthew Schmidt, associate professor of political science and national security. “She also created an innovative, student run, writer-to-writer peer tutoring program.”

Isbell created the writer-to-writer peer tutoring program to use student talent to help other students.

“I sort of said, ‘Hey, we have these amazing students that can do really great things,’” Isbell said.

Megan Chetner, a senior ma-

joring in forensic science and a third-year writing tutor, said, “it’s been fantastic [working with her]. I highly recommend anybody who would want to come to the writing center or work there as a tutor. I think it builds a cohort feeling with the group as we work together and through issues.”

All writing tutors meet with Isbell once a week in their 1-credit practicum class, where they discuss tutoring strategies. At the event, Isbell was also honored for her effective teach-

ing skills.

William L. Bucknall, the chair of the University’s Board of Governors and the creator of the award, said of Isbell: “I’ve had the opportunity to learn more about Dr. Isbell and her teaching approach. What resonates the most is her commitment to fueling a passion in her students. Even those who aren’t majoring in English ... A student said, ‘Her assignments about history made old text feel as if it were new,’” Bucknall said.

Creating opportunity for her students to express what they are interested in is one of Isbell’s main goals.

“No matter what I’m teaching, I want my students to figure out how they can pursue their passions through the course material that I’m teaching them,” Isbell said. “I create assignments where students see that I actually want to hear what they want to talk about and so, hopefully they leave trying to pursue something that they’re genuinely interested in.”

The William L. Bucknall Excellence in Teaching Award is a \$25,000 award, of which \$10,000 is used to support new teaching initiatives by the recipient. Isbell said, “I’m planning on inviting faculty members and students to propose projects on how to innovate courses in their field. So, I would like to have one faculty member and a student come up with a proposal defining how they want to transform a course and work with me over the next year to make it happen.”

Isbell said she plans to roll out this initiative shortly.

Photo by Nicholas McDermott/The Charger Bulletin



# Grammy Nominations Report

BY REBECCA TATERA  
CONTRIBUTING WRITER

**O**n Jan. 26, music artists will be honored at the 2020 Grammy Awards.

This year, the Grammys may change the trends of past years. In 2018, during the televised ceremony, Alessia Cara was the sole female winner, which drew criticism for a lack of female representation in the award winners, according to BBC.

The National Academy of Recording Arts and Sciences presents the Grammys. In past years, the Recording Academy, as it is better known, focuses on “rewarding journeyman stars and rock elders at the expense of pop’s younger and more vital ranks,” according to The New York Times.

These trends are set to change. In 2020, the focus will be on young, modern, and diverse stars. Notable nominees are Lizzo, Billie Eilish, and Lil Nas X.

As with every year, the nominees were noted as much

for the artists who didn’t make it, including Taylor Swift, Lady Gaga, and Beyonce.

Lizzo has continued to grow in popularity after her release of “Cuz I Love You,” leading her to have the most nominations of any other artist for 2020. She is nominated for Record of the Year, Album of the Year, Song of the Year, Best New Artist, Best Pop Solo Performance, Best R&B Performance, Best Traditional R&B Performance, and Best Urban Contemporary Album.

Eilish was not far behind. At just 17-years-old, Eilish is the youngest nominee in her categories for 2020, according to The New York Times. Eilish, with her 2019 album, “When We All Fall Asleep,” has been nominated for Album of the Year, Record and Song of the Year, and the Best New Artist.

The leading male nominee is Lil Nas X, with six nominations. Half of his nominations are accredited to “Old Town Road,” recorded with Billy Ray Cyrus. Lil Nas X and Cyrus are nominated for Record of the Year, Best Pop Duo/Group Performance and Best Music Video.

Rolling Stone called Taylor Swift’s “Lover” a “career-capping masterpiece,” according to Insider, but Swift was only nominated for three awards, including Song of the Year for the title song.

Gaga was ultimately snubbed for the soundtrack of “A Star Is Born.” Gaga was still nominated for Song of the Year with “Always Remember Us That Way.” Gaga is also nominated for Best Compilation Soundtrack for Visual Media and Best Song Written for Visual Media with “I’ll Never Love Again.”

Last of the snubbed is Queen B, Beyonce, and her live album, “Homecoming,” though she has “Spirit” from “The Lion King.” According to Variety, “‘Spirit’ picked up nominations for Best Pop Solo Performance and Best Song Written for Visual Media.

Despite the snubs, the Grammys have set the stage to be the most diverse, female-driven show for the start of the New Year. The awards show will air Jan. 26.



**Top: Lizzo Middle: Billie Eilish Bottom: Lil Nas X**  
Are all notable nominees for this year’s Grammy Awards. Photos Courtesy of Creative Commons / Anna Downs (Billie Eilish)



Photo Illustration by Seth Harrington/The Charger Bulletin

# ENTERTAINMENT

## Mayday Parade Brings Forever Emo Tour to Toad's

BY KAYLA MUTCHLER  
ENTERTAINMENT EDITOR

**O**n Nov. 11, Toad's Place in New Haven was decorated with crying emoji balloons, a banner that read "forever emo," lights, and punk music fans for Mayday Parade's Forever Emo Tour.

The Forever Emo Tour was unlike Mayday Parade's other tours. It lasted only one month during November, and rather than playing the usual setlist of their most popular and new songs, most were covers of some of their favorite pop-punk and emo hits from other bands.

The concert began with a pre-show as people entered through the doors of Toad's Place. Emo Night Brooklyn is an emo-oriented group that DJed, and played some of punk's most popular songs.

DJ Josh Douglas said that they would be playing "nothing but the best bangers of our emo childhood." Bands played included A Day to Remember, Bowling for Soup, My Chemical Romance, Neck Deep, and All Time Low, among others.

Douglas danced around the stage and sang along to the



songs much like the audience. "For the record, no one's having more fun than us right now," said Douglas.

Emo Night Brooklyn's set ended, and slightly after 9 p.m., Mayday Parade took the stage.

Front man Derek Sanders walked on stage last, wearing a shirt with a My Chemical Romance-themed shirt that said, "forever emo." The band started with a cover of Taking Back Sunday's "Cute without

the 'E.'"

After the song, Sanders asked for the music to be turned down. He told the crowd that the week prior, he broke his foot while performing.

Sanders said, "I can't move around as much as I'd like to tonight, but we're not going to let that stop us from having a good night tonight."

Mayday Parade then played Good Charlotte's song, "The Anthem." More songs followed,

including one of Mayday Parade's most popular songs, "Oh Well, Oh Well," "Mr. Brightside" by the Killers, "All the Small Things" by Blink-182, "Sweetness" by Jimmy Eat World, and more.

Sanders said that this was Mayday Parade's first time at Toad's since 2009.

"We don't come to New Haven, Connecticut, very often," he said. "We'll come back and see you guys as soon as we can."

The concert ended with a cover of My Chemical Romance's "I'm Not Okay (I Promise)." The band left the stage and the crowd started chanting "one more song."

After a few minutes, Mayday Parade returned to the stage, playing one of their most popular songs, "Jersey."

Mayday Parade's tour ended in Phoenix, Ariz., on Nov. 23.



A look inside the Mayday Parade Concert at Toad's Place on Nov. 11 Photos by Kayla Mutchler/The Charger Bulletin

# SPORTS

## Women's Basketball Take Down

### Bridgeport

**BY TYLER WELLS**  
CONTRIBUTING WRITER

**T**he winter sports season is in full swing as the University of Bridgeport made the trip up I-95 to Charger Gymnasium to face off against the New Haven women's basketball team. It proved to be a good night for the Chargers, who came out with the 55-42 victory over the Purple Knights.

Senior Micah Wormack led the effort, pacing the Chargers with 15 points and 12 rebounds, her 10th career double-double. Sophomore, Camryn DeBose scored 11 points with four rebounds and four steals, and junior Brie Pergola also added 11 points and nine rebounds – a new career high. Freshman Aurora Deshaises followed up her stellar first career game with a 10-point, five-rebound night to help push the Chargers to victory.

Both teams started out slowly on offense, with the Chargers pressing during the first five minutes before settling back into a zone defense. This caused havoc for the Bridgeport offense as New Haven scored eight points off of nine turnovers in

the first quarter. With the game 8-7 at the 4:15 mark in the first quarter, the Chargers started a 6-0 run to give themselves a 14-7 cushion at the end of the first quarter

The New Haven offense went cold out of the gate in the second quarter, as the Purple Knights scored seven straight to tie the game up at 14. A Pergola jump shot from the elbow ended the seven-minute dry spell and opened up the scoring for New Haven before the half. The Charger defense also buckled down on the Bridgeport offense, giving up only one more point before the break. The momentum seemed to be completely in the Chargers' favor as they went into the half with a 23-15 lead.

The break did not cool down the Chargers, as they came out of the half looking to pull away from the Purple Knights. And they did just that. Two baskets from Wormack and a layup for Pergola opened up a 14-point lead. The Charger defense was stifling as well, as a Bridgeport basket at the 6:22 mark broke a 1-for-17 streak dating back to the first half. New Haven responded; however, as Debose scored four fastbreak points to extend the lead to 35-17. The Chargers went on to finish the

quarter strong, putting up 19 points to Bridgeport's eight. The lead quickly rose as the Purple Knights faced a 42-23 deficit going into the fourth quarter.

In the fourth quarter, the Purple Knights started to put together their offense, but it was too late. Wormack scored four, Deshaises scored three, senior Kim Talley buried two jump shots, and freshman Alyssa Stevenson's first career points helped pad the Chargers' lead as they won the game despite being outscored 19-13.

Despite a rough night of shooting – only 34% from the field and not making a single three-point shot – the Chargers were able to hang on for a 55-42 victory. They won the battle on the boards 42 to 39 and took better care of the ball with only 18 turnovers to Bridgeport's 25. Pair this with the Chargers' continuous defensive pressure and they were able to come out with the win.

Bridgeport falls to 0-3 on the season and looks forward to rebounding in a matchup with division one Sacred Heart on Wednesday, November 20th. The Chargers move to 2-0 and will play Bloomfield University at 7:00 p.m. on Wednesday in Charger Gymnasium.



**NO. 32, Shamar Logan** Photo Courtesy of Charger Athletics

## Chargers Football End Season

**BY MADDY ORCALES**  
CONTRIBUTING WRITER

**T**he New Haven Chargers ended their season on a high note with a 27-17 victory over the Stonehill Skyhawks on Nov. 16.

The Chargers were the first to get on the board in the first quarter with a 22-yard field goal from Michael Stalenyj. The Skyhawk's were quick to answer with a 24-yard field goal of their own from Matt Haite to end the uneventful first quarter.

New Haven picked up the pace in the second quarter by putting another field goal on the board thanks to Stalenyj, but Stonehill answered with a touchdown after 8 plays and 69 yards. As the second quarter was coming to an end, the Chargers acted fast in an attempt to close the four-point gap. Quarterback Christian Lupoli fought to keep the Chargers' momentum alive and ended the 63-yard 12-play drive with a 13-yard pass to

wide receiver Ju'an Williams for the quarter ending touchdown.

The Chargers opened the third quarter with the longest carry of the season from running back Shamar Logan. Logan completed one play 75-yard run to put the Chargers 10 points ahead of the Skyhawks. Ten minutes later, Stonehill found their footing and responded with another 8-play touchdown that ended with a 6 yard run bringing the score to 20-17.

New Haven took control of the fourth quarter with their 7-minute 90-yard drive. Logan completed the drive with a 2 yard run, adding to his 122 yard total for the day. The Chargers ended the game victoriously with a 27-17 score.

The team ended their season tied with Bentley University for the best record in the Northeast-10 with a 6-2-conference record. Overall, the Chargers had a 7-3 overall record.



**Middle: NO. 20, Senior, Micah Wormack** Photo Courtesy of Charger Athletics

## International Students Come Together to Ease Transition

BY NAWAF ABDULAZIZ  
ALAS Aidan  
CONTRIBUTING WRITER

Photo of Nawaf Abdulaziz Alasaidan

**W**hen I first came to the University of New Haven, I thought it would be easy.

However, it was hard because I couldn't find anyone to help me with things like adjusting to classes or help even with something as simple as where to eat lunch. No one was there to help me get comfortable with new places. Leaving my country was not easy. I had no idea how to contact people of my nationality here, and that was the only way to make me feel better.

At the time, there wasn't a Saudi student club, and that made me think I should do something to help the other Saudi students. Some other Saudi students and I decided to reach out and band together. We brought our phone numbers to the International Services Office, and said if any student is looking



for other Saudi students, give them our numbers or emails.

If a student didn't contact us, we found them and we reached out, voluntarily.

When a Saudi student first comes to the university, they must find an apartment, figure out what to eat, and how to get food. Now, they can seek the help of the Saudi Club. Both the Saudi club and the international office play an important role in a student's transition, but the Saudi Club is more

concerned with everyday life. The international student office takes care of things such as documentation.

When Abdullah Alshuaibi, a senior fire protection engineering major, came to the United States, he had to learn how to function in a new culture. Many international students forget to look at the dates on their documents. Missing a deadline can mean the difference between staying here, or going home. Sami Alasaos, a senior fire

protection engineering major, and the Saudi club president said the club is helpful for assisting new students with little details like that.

Amida Richer said "I think the biggest mistake is forgetting to look at the added dates on the documents." Making sure all documentation is up to date is vital.

Culturally, information comes via email at the university, and if a student doesn't respond quickly, that can mean a missed deadline.

Umar Alraddadi, a freshman civil engineering major, said the Saudi Club has good leaders. This year, the club has been focusing on staying in touch with new students.

The approach to education is different here, compared to Saudi Arabia's. Here, we have to do things like make presentations. At home, we wouldn't do that; instead we would just study from a book. Here, you have to understand the material, not simply try to memorize.

Abdullah Alshuaibi, a

senior fire protection engineering major, said that Saudi professors are similar to American professors, though Saudi students don't contact Saudi professors. Here, professors are more flexible and you can contact them any time. They share phone numbers and emails, and they also reach out to us. But in Saudi, things are more formal; you can't contact anyone if you don't have an official appointment.

Taghreed Alharbi, who is studying emergency management, said she studied in mixed classes (male and female) in Saudi Arabia, but some students haven't when they come to the U.S., and that can be a challenge.

Sami Alasaos and Taghreed Alharbi said finding food they enjoy isn't difficult, though they sometimes have to travel to find food from their culture. Socializing with friends in restaurants simply means they watch for halal food, or food that is acceptable for Muslims to eat.





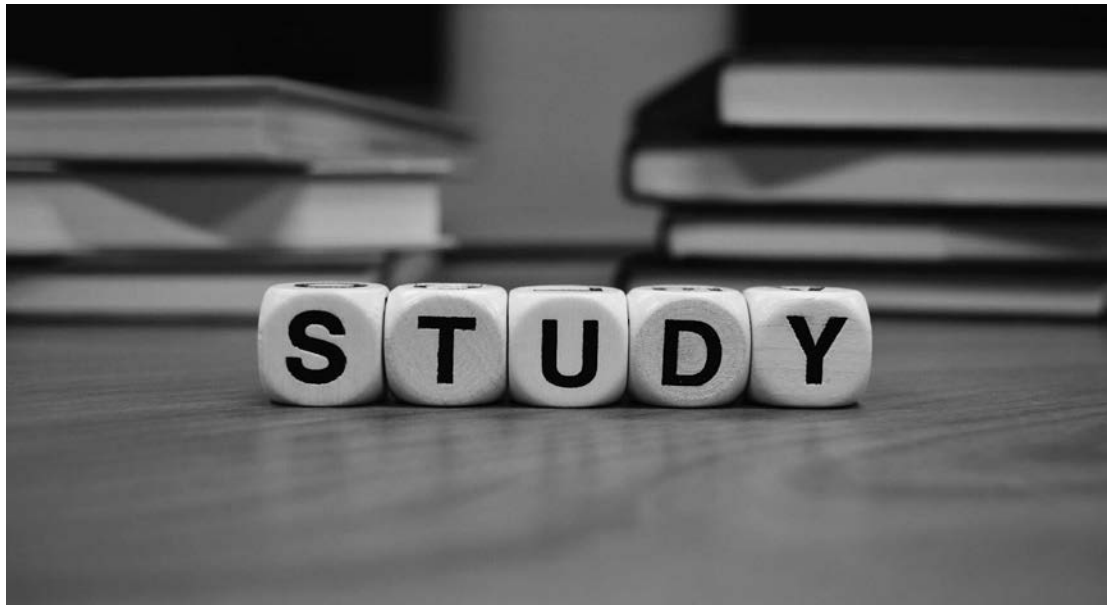


Photo Courtesy of Creative Commons

## Study Tips for Finals Season

**BY GIANNA SCIRE**  
CONTRIBUTING WRITER

College can be the best years of your life, but it also may be where you spend a lot of time sobbing over your textbook and cramming for a test. Finals are quickly approaching at the University of New Haven, so here are some study tips to help students get through finals in one piece.

### 1. Use Flash Cards

Flash cards may give you flashbacks to middle school, but they come in handy. Writing things down and studying from them will help your brain remember. There are more scientific reasons behind the benefits of flashcards as well. According to Brainscape, when studying with flashcards you are trying to remember the answer on the back by looking at the term

on the front. This means your brain is engaging in something called active recall, meaning you are attempting to learn the content from square one. This way of studying has been known for creating stronger neuron connections for the memory recall. Better recall equals better grades. Kaelea Caporuscio, a junior majoring in psychology with a concentration in forensics, also suggest using flashcards. "I usually use flashcards with quizlet and what I do is that I create my own connections." Caporuscio said. Caporuscio has worked for the university's writing center for 3 semesters now.

### 2. Take Breaks

Studying can get to you if you let it. Studying for long periods of time can definitely make your brain feel fried. This is why taking breaks is extremely important. Caporuscio said, "Take breaks...study from start time to

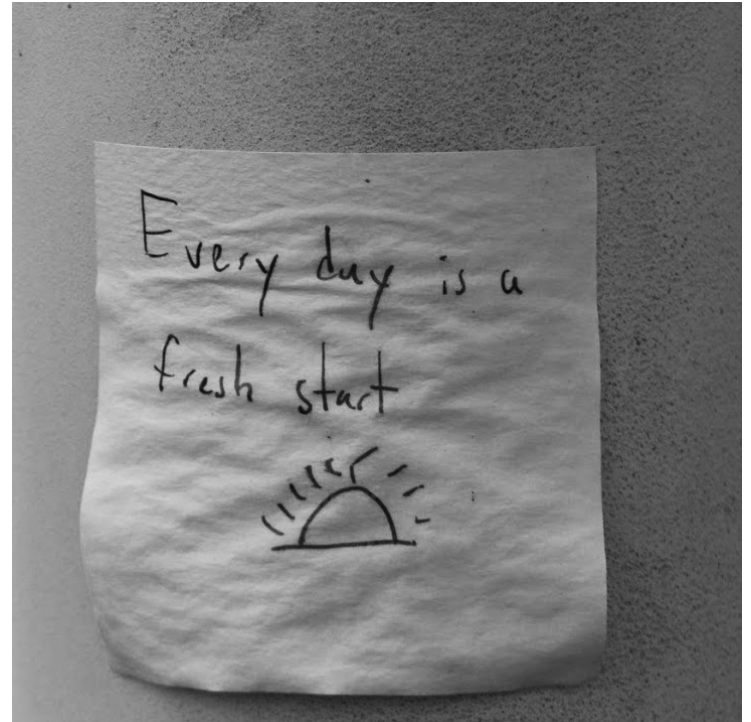
end time when you are learning a new concept."

According to Oxford Learning, limit your study breaks to no longer than 10-15 minutes. Taking small breaks every 50 minutes to an hour can be beneficial to studying. Make sure you are not sitting for a long time, as this can decrease productivity.

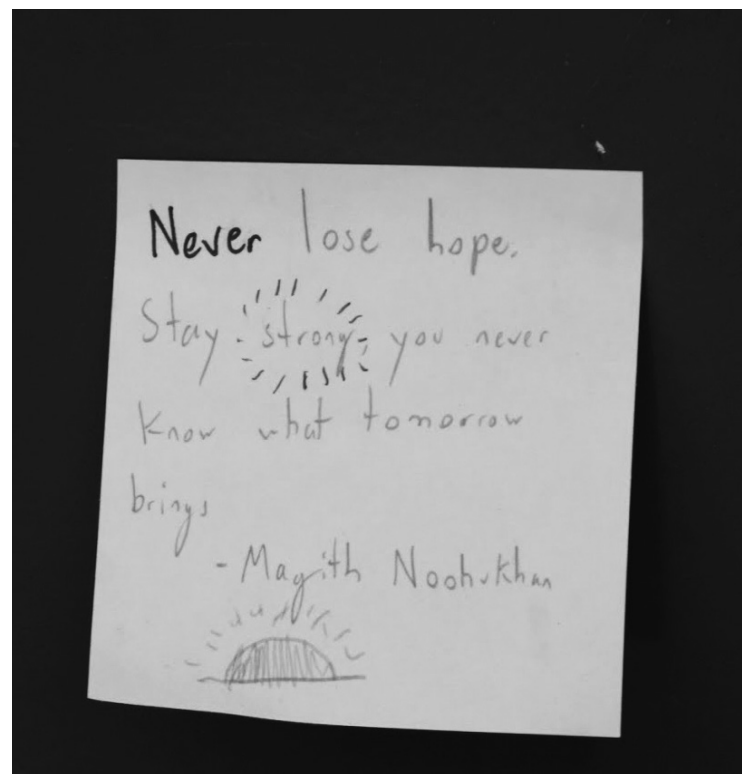
### 3. Ask Questions!

For those familiar with learning, this may seem like an obvious concept to studying. Many students don't ask questions for fear they may seem incompetent. Asking the professor questions or hiring a tutor is an important aspect of studying. Megan Galante a senior majoring in criminal justice, said, "Don't be afraid to ask questions. Professors are there to help you and prefer you asking questions rather than failing their test."

## Positive Affirmations Anonymously Shared on Campus



*In recent weeks students have noticed Post-it notes covering common spaces on campus with helpful tips and reminders. Photos by Earl Givan/The Charger Bulletin*



## Mental Health Support on University Campus

**BY BETH BEAUDRY**  
CONTRIBUTING WRITER

**M**ental Health Support on Campus  
By Beth Beaudry

Mental illness is a growing issue across college campuses. More students are speaking about their mental health issues and are encouraging college campuses to provide more resources.

An article in Forbes magazine said, “According to a report by Penn State University’s Center for Collegiate Mental Health, counseling center utilization by college students across the U.S. increased by an average of 30-40% while enrollment increased only by 5%.”

The University of New Haven has the Accessibility Resource

Center (ARC) for counseling. ARC is located in the lower level of Sheffield Hall, where you can enter from the back of the building. The center offers counseling and psychological services for mental illness, relationship problems, substance abuse, and any other concerns, and is open from 8:30 a.m. to 6 p.m. Monday-Friday. To make an appointment, call (203)-932-7333.

In addition to the counseling center, there are clubs that focus on helping students dealing with mental health issues.

The club Active Minds, which started last year, encourages students to talk about their mental health issues, and to find resources. The executive board of the organization has resources to the Milford Rape Crisis Center and hotlines for suicide and domestic violence. They also keep their email and contact in-

formation open to students who want to talk privately about their issues. From there, the E Board can direct them to whichever counseling service they feel best fits the issue. Each club meeting begins with a check-in on the attendees. It is a chance to share how they are doing. This makes the club meetings safe and helps the attendees feel comfortable.

“We are educating our student body on what mental illness is and ways to better help yourself,” said Eric Moore, a junior forensic science major and vice president of Active Minds. “We want to destigmatize mental health as a whole. We want people to bring up topics that are uncomfortable.”

Moore said that an important change on campus this semester is the use of the university’s courtesy vans. Now, if students need rides to an off campus

resource center or Yale Medicine, the courtesy vans will take them for free. Courtesy vans can be found in the school parking lots, typically coming every five minutes between 7 a.m. to midnight Monday through Friday. All courtesy vans schedules can be found on MyCharger.

Active Minds meets at 6 p.m. on Thursdays in the Bartels Student Activity Center (BSAC). The club’s email is ActiveMinds@Newhaven.edu.

To Write Love on Her Arms (TWLOHA) is another club resource. TWLOHA is a non-profit organization that aims to raise awareness and help students dealing with depression, self-harm, addiction, and other mental health issues. TWLOHA often tables in Bartels and gives stress balls, positivity jars, and emergency hotline numbers. If a student needs information on the hotline numbers or resource

centers on or off campus, TWLOHA can connect them. If a student feels more comfortable talking to a peer, the executive board has contact information open to all, allowing any student to reach out for guidance.

Communication major Rebecca Karaman, president of TWLOHA said, “We want students to know that their story is important and that we care about them. We are students like them and they can come to us.”

TWLOHA’s email is Twloha@newhaven.edu. The organization meets 7:30 p.m. Tuesdays in Maxcy 226.

Between the counseling center, Active Minds, To Write Love on Her Arms, and off-campus centers, there are plenty of resources for students dealing with mental health issues.



# STUDENT LIFE

## Respect African American History and Culture

The National African American History and Culture Museum in Washington, D.C.  
Photo by Beth Beaudry/The Charger Bulletin

**BY BETH BEAUDRY**  
CONTRIBUTING WRITER

**T**he National African American History and Culture Museum in Washington, D.C., is meant to share the history and culture of African Americans. There is a timeline going through slavery, the civil rights movement, and modern issues. There are exhibits of cultural expression and the progression of African Americans in sports and entertainment.

Still, there have been incidents where visitors of the museum have committed racist acts.

Students from Shelton Intermediate School from Shelton, Conn. took a trip to



the museum earlier this year. An eighth-grade boy spit over a balcony onto the head of an African American woman. The group of more than 100 students and faculty was forced to leave the museum and they returned home. The school principal suggested on Twitter that the act wasn't racist, but stupid. Greg Johnson, president of the Ansonia Valley NAACP, told

the Hartford Courant that the act "an embarrassment not only to Shelton, but to Connecticut."

When Lauren Kempton, University of New Haven practitioner in residence took her race and ethnic studies class to the museum on Nov. 15, she said she wanted her students to "regain Connecticut's name" after the Shelton incident. She said that students don't really

know about the history of slavery, civil rights, and the growth of prejudice. She said that textbooks don't properly capture the violence and discrimination that African Americans face in America.

"We teach a white curriculum," said Kempton. "This was the real story of slavery from 1400 on, personal narratives, diaries, and a celebration of African American contributions to us, music, literature, and life."

According to the students, the museum was as emotional and educational as. Kempton suggested it would be. The class described their experience as "life-changing," "seeing real history," and "attitude-changing."

Kirshjah Martin, a senior forensic psychology major, said, "That could have been me at a certain time period. Some of these issues were only 30 or 40 years before I was born. It was an eye-opening, educational experience."

Another student in the class, junior Angelique Hodge, said she gained perspective about racist issues still relevant today. In her reflection paper she said, "Yes, slavery was abolished, and Jim Crow is no longer legal," but there are other systematic ways to hold the black community back, and that needs to change.

Kempton said she wants to encourage students from other majors to visit the museum.

## Summer 2020 Study Abroad Opportunities

**BY BETH BEAUDRY**  
CONTRIBUTING WRITER

**F**or International Education Week (Nov. 18-22), University of New Haven officials encouraged students to take a chance and go abroad. The study abroad office hosted info sessions to show students the opportunities they have to study or intern abroad.

If students do not want to go abroad for a full semester, the university offers many faculty-led programs throughout the summer.

In the summer of 2020 there will be faculty-led programs from the College of Henry C. Lee, College of Arts and Sciences,

School of Health Sciences, and College of Business. Amy Carlile is taking a tropical Marine ecology class to the Bahamas. Dental hygiene and paramedicine are going to Prato, Italy, and forensics students are going to Barcelona with Josep De Alcaraz-Fossoul, or Ireland with Claire Glynn. There are also programs for Arabic, global media producing, criminal justice, human ecology, critical thinking, international criminal intelligence analysis, and more.

Along with all of the summer programs through the school, the university works with several study abroad providers. The three providers at a study abroad fair included the International Studies Abroad (ISA), Academic Programs International (API),

and the Center for International Studies (CIS). Each of these providers have multiple opportunities to study or work abroad. The providers help students with their visas, orientation, tuition, academic support, and scholarship opportunity.. They try to make students feel as comfortable as they would at their home school.

Elena Quarti from the university's study abroad office said, "We have faculty-led programs every summer. If students don't like what we have to offer we do give them the options of providers."

Quarti said that if a student wants to study abroad in a specific place, they should talk to their academic advisor and make sure that the class the...



Read more on pg. 12...

## The First-Year Experience

**BY KRISTEN MARCUS**  
CONTRIBUTING WRITER



*Peyton Iott, study abroad student, the photo was taken in Interlaken, Switzerland.*

Photos courtesy of Kat Arcuni

**T**he University of New Haven has a first year abroad program for incoming freshmen. This is different from most schools because first-year students typically have to wait until their second semester to study abroad. There are currently four freshmen who are studying abroad in Italy this semester. Peyton Iott, a business major, said she has always wanted to travel and this was her opportunity to do so while attending her first college classes.

Iott said, “I was a little nervous going into this at first not knowing anyone, but I knew I was going to meet people with the same interest in traveling that I was more excited than nervous.”

Sending your kids off to college is difficult for many parents, but sending them off to the other side of the world for college for the first time is different. Iott said her mother was concerned about her safety in Europe, but her mother has been reassured by the positive experiences Iott has had in Italy.

Iott said her parents ““want me to get as many life changing experiences as possible, so they pushed me to go abroad from the start.”

Iott has traveled outside of Italy almost every weekend she’s been there. Her favorite places, she said, are Ukraine and France.

Iott said that studying abroad has been a life-changing experience and that the program has gone above and beyond anything she could have ever wanted.

“The staff here are beyond wonderful, I’ve made so many friends, and the sights are just breathtaking,” she said. “This is one of those moments in time where I know I’m going to look back on 30 years from now and think about how lucky I was to have this opportunity. Don’t be afraid to jump at these experiences.”

The first-year study abroad university website says that, “Many students enter college wanting to study abroad but less than 10% actually do because they get busy with obligations on campus or it becomes challenging for some upperclassmen to find the courses they need abroad.”

## Summer Study Abroad...Continued from Page 11

provider offers will count toward their degree. If their advisor approves, then the study abroad office will help the student work with the provider. Even if a student wants to see a new faculty-led summer session, they can speak to the professor who leads the program. Quarti said that the programs rely on the faculty’s willingness to teach abroad; if the professor agrees, then they can try to put the program together.

Along with summer programs in various locations, the Prato campus has summer sessions. The applications for spring 2020

have closed, but recruitment for the summer and fall sessions are now open. The last week in October was Prato Campus Week, when the dean of the Prato campus, Kevin Murphy, flew to Connecticut to help promote the summer sessions and reconnect with students who have studied abroad. Murphy said that he hopes to see more students take advantage of the summer programs.

To find the right program, students can go on the university website or stop by the study abroad office in Maxcy 109.



*Top: Study Abroad Table Bottom: API Table at the Study Abroad Information Fair* Photo by Beth Beaudry/The Charger