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# SOUTHERN NEWS

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## Students attend a narcan training session

**By Destene Savariau  
News Editor  
Bradley Ribidoux  
Contributor**

With the concerning rise in overdoses and deaths caused by fentanyl, the National Student Nursing Association (NSNA) are taking steps to combat this epidemic.

On Thursday, alumnus and the director of the Alliance for Prevention and Wellness, Pamela Mautte, hosted a Narcan Training event for students on the third floor of the Health and Human Services building.

The Alliance for Prevention and Wellness, according to their website, is the Regional Behavioral Health Action Organiza-

tion (RBHAO) serving the South-Central region of Connecticut. Their role is to raise awareness and provide advocacy to the public related to mental health, substance abuse prevention, treatment and recovery.

"We deliver our services utilizing the Strategic Prevention Framework, which is a data-driven, evidence-based prevention model developed by Substance Abuse and Mental Health Services Administration (SAMHSA) for substance abuse, suicide and gambling problem prevention and promotion of mental health."

The training for Naloxone, more commonly known as Narcan, revolved around

training students on what symptoms to look for and what to do in case of a person is overdosing on opioids. Opioids including heroin, OxyContin, methadone, morphine, Percocet, fentanyl and Vicodin.

Symptoms can include an unresponsive and unconscious person, blue lips or fingernails, shallow or slow breathing and seizures or convulsions.

In a case of an overdose, it's always best to call the police first and stay with the person if you can. While you wait for the ambulance, put the person on their side to prevent them from choking on their own vomit. If the person isn't breathing, it's best to give them CPR; make sure there

is nothing in their mouth first. Finally, it's best to administer Narcan if you have it.

Victoria Deluca, a junior nursing student, said about how valuable this training is:

"It's important for our club to hold this event, even though it's just for nursing students. Drug use has always been peaks and valleys. We are kind of going into a peak now. So for us to hold this event we are giving out the necessary skills to save someone's life."

Narcan is designed to help reverse the effects of an opioid overdose in minutes.

"It's important to teach people how to use Naloxone on all signs and symptoms," said Mautte.

"It's especially important for college students to know because so much of our illicit drug supply is contaminated with Fentanyl."

Fentanyl is a powerful synthetic opioid that is 50 to 100 times more potent than Morphine. Though it is also used as a prescription drug, Fentanyl has become more active in our streets. It has steadily become the most common drug involved in drug overdose deaths in the United States, according to drugfreect.org.

Mautte highlighted the importance of the Narcan training: "It's really important with the amount of accidental overdoses that are happening in Connecticut.

We train people properly on how to properly administer Narcan and use Narcan in case there is an emergency."

Within the last year, there have been more than 1500 overdoses in Connecticut and over 100,000 nationwide.

A drug that can be laced into anything, Fentanyl has been making a climb to infamy as it is ingested by unsuspecting customers. Marijuana, marijuana edibles, methamphetamines, cocaine and MDMA are drugs that can all be laced and cause involuntary overdoses.

"We want to help the population and that's what we want to do as nurses," said Deluca. "This training is a step in that direction."



PHOTO | DESTENE SAVARIAU

Nursing students at the conclusion of the training presentation.



PHOTO | BRADLEY RIBIDOUX

Pam Mautte standing in front of association screen holding Naloxone Kit.

## Commuter students can pay for 25 meal swipes

**By John Pisano  
Contributor**

Commuters at the university can sign up for meal plans like residents but also have specially discounted commuter options.

According to a data set from the Fall of 2021, 75% of undergraduate students commute or live off campus. Those students can enroll in a meal plan for the semester, so they can eat food at various dining hubs on campus.

"Honestly, I would say it's probably just the money. I don't feel like spending \$200 or \$300 when I could easily go to the Subway or McDonald's and pick up something for \$5," said Craig Huydic, a commuter student.

Marketing manager Nina DiNicola said, "If you're going to be on campus anyways, a meal plan is a great way to save money. It's a great way to connect with other students."

Marketing meal plans to commuter students can be a difficult task. Commuters may not feel it is worth the price depending on their situation. Sodexo

and the university are making consistent efforts to market meal plans to commuters.

General manager of Food Services Anthony DeLuca said, "I think the early engagement with families when they first come to campus is key."

"Social media is key, of course. We also do digital signage throughout our dining locations," said DiNicola. "We tend to do promotions in order to get students buy."

Sodexo, the university's dining provider, offers numerous plans for commuter students. The plans range from \$248 to \$601.

Commuter meal plans are offered in "blocks". Those plans range from 25, 40 and 80 blocks. 25 blocks being the cheapest option and 80 blocks being the most expensive. Commuter block plans roll over from the fall semester into the spring. They could be used for a guest as well.

Following the end of the year, like residential students, commuters have the option to donate their swipes to those who are food insecure.

"The commuter meal

plans that they purchase; we call them block plans. Traditionally, they will equal to much less than the door price at Conn. Hall," said DeLuca.

Commuter students have the opportunity to enroll in meal plans that are traditionally used by students who live on campus. Those plans range from \$398 to \$3,058.

Those plans offer students a designated number of meals per semester or per week based on the plan they purchase.

Students who are full residents without a kitchen in their dorms can get 15 meals per week for \$2,978.

Residents who have kitchens can purchase meal plans on a meal-per-semester basis. 25 meals per semester at \$398 is the cheapest option. While 80 meals per semester at \$751 is the most expensive option.

Huydic said, "I guess it would just be more swipes. More food than the 25 meals per semester. An extra cool feature for us commuters that makes it special, so it's not just something anyone can get."



PHOTO | JOHN PISANO

Anthony DeLuca (left) and Nina DiNicola (right); General Manager and Marketing Manager of Food Services.

## Student's react to Royal Family and Queen Elizabeth's death

**By Ali Fernand**  
Features Editor

The death of Queen Elizabeth II took the world by storm Thursday, Sept. 8. "This is a political figure that has been around for decades, before I was alive and before my parents were alive," said SCSU Democrats Vice President Nate Gross. According to royal.uk, Queen Elizabeth reigned for almost 71 years. This makes her the longest reigning British monarch of all time. Some were devastated by the loss of someone who reigned for many decades. Most people had never been alive during a time that wasn't under the queen's rule. However, the reactions to her death were very mixed. For many, this was an opportunity to bring awareness to the problems within the monarchy. A senior Scottish exchange student at the university, Nicole Harkness, said, "It is completely corrupt; there's racism. They

have covered up sexual assault." This refers to the controversies surrounding the Royal Family. The Duchess of Sussex, Meghan Markle, has recently loosened ties with the Royal Family because of poor treatment and alleged racist remarks. The Duke of York, Prince Andrew, had spent millions on a settlement involving his ties with Jeffrey Epstein. Markle's rocky relationship with the Royal family has brought about comparisons to the late Princess Diana of Wales. There is a divide between fans of Markle and Diana and those who feel loyal towards the Royal Family. "Growing up, I definitely preferred Princess Diana," said Harkness. "I know there's a lot of controversy around that." Diana's tragic death led to a lot of rumors involving unethical practices going on within the family. Many felt the timing of Diana's death was suspicious. Before her divorce from who is

now King Charles III, she had been seen as not royal enough. Harkness has experienced this split within her home in the UK. "There's definitely a split, there are people who worship the queen and think she is the greatest thing on earth," said Harkness. "The other half is people who don't really look up to her that much." The Royal Family has much more power than many seem to know. Their key role, politically, is diplomacy. They are the ones to welcome world leaders to the UK. According to royal.uk, Queen Elizabeth had welcomed over 100 presidents and prime ministers. "They don't have a huge impact on policy," said The President of SCSU Republicans, Madelyn Dean. "But they do have public influence, which I think is underrated." There has been debate that this should finally be the opportunity for the monarchy to end for good.

Many view it as outdated, as it is leaders who exist purely because of the family they were born into. "That money could be put toward other things like homelessness and helping people with drug and alcohol rehabilitation," said Harkness. Harkness is not alone in this opinion. Many have been calling for reform, especially in a time where people in the UK are worried about upcoming economic issues. However, Americans have been having a tough time determining how another country should go about their government. "As an American, I support democratically elected heads of the State," said Gross. "As it pertains to the UK, I don't think it's my say-to-say what kind of government they should have." It is difficult to know what course of action would be best for a place like the UK, which has rapidly changed leadership in the past month. Just two days before Queen Elizabeth's death,

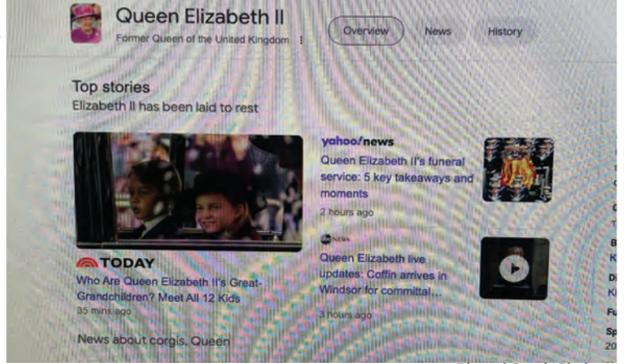


Photo | Sarah Shelton

Many news sources writing about the royal family. the UK had appointed new Prime Minister Liz Truss. When asked about the new King Charles Dean said, "He's going to follow a lot in Elizabeth's footsteps, there won't be any abrupt changes." Since he is the successor to the long reign of his mother, many people have felt comforted that he will carry on Elizabeth's legacy. Liz Truss is from the Conservative Party that the three prime ministers before her were also leaders of. This being Boris Johnson, Theresa May and David Cameron. Truss' leadership will not be a drastic change to UK politics. "King Charles is very interested in environmental issues," said Gross. "With a conservative government, like Liz Truss's, he might be able to make an impact." Many have recognized the possible benefits of the split of powers in the UK. The Royal Family focuses on representation and diplomacy. The Prime Minister and Parliament focus on legislation. "That person can focus on their role without having to smile and wave at all the cameras," said Dean.

## Involvement Fair filled with students and prizes

**Photos and Story By Sarah Shelton**  
Photo Editor

With the Involvement Fair being online, or not as populated, due to COVID-19 in the last few years, the university is finally back on track with the outdoor fair. The scene was filled with tables all over the ResLife Quad and many students

visiting tables, getting kettle corn or even working tables. Almost all clubs and organizations were present sharing information and/or prizes with the students who came to their table. From merchandise and cookies to magazines and rosary beads, many students left with something in their hands and possibly new information about a place on campus.



Spencer Trella and Spencer Lane at a table they called, do nothing club, with Ricardo Peña and Natalie Colon, for SCSU TV.



Catholic Ministry members hand out minerals and rosary beads.



Ari Coons, Sara Lareau, Onyx Lang and Alex Setzler representing the table top club.



Students waiting to get a bag of kettle corn.



Sigma Gamma Rho sisters welcome students.



Caribbean Student Association performing on the quad.



Students walking around and visiting tables.



Creativity Club's artwork setup on its table to show students.



Brandon Iovene, Jasper Duman and Rowan King at the SAGE Center's table and photo backdrop.

## Student views on parking at the university

**By Jaylen Carr**  
Sports Editor

While some may believe that there may not be enough parking there is more parking and ways of transportation to make it to class on time than most may think.

According to a 15-year SCSU parking attendant, Charles Johnson, there is plenty of parking for students and there should be less complaints about the issue.

“They have five parking garages. You go to the first floor and there is a shuttle that will take you anywhere,” said Johnson. Johnson added that if students are parked in the wrong area, then the police would have to ticket and tow the car.

According to the SCSU Shuttle Bus Service homepage, the goal is to be “co-operative safety-oriented transportation service, offered to the SCSU community through the University Police Department.”

The shuttle bus had designated times and a weekly

schedule to help students get to class every day.

According to the SCSU Shuttle Bus Schedule website, the full campus route purpose is to help be a reliable form of transportation for students. The shuttle buses route provides their services to each stop every 20 minutes.

Johnson added that there is a designated area for students to get dropped off in the faculty parking lot on Fitch Street.

Some students have different point of views about the parking on campus. The point of views varies based on status —graduates, full-time and part-time students.

Samira Zuniga, a graduate student, says she experienced parking differently as an undergraduate.

“I would say that commuting specifically with parking was interesting in the sense that I would have class all the way in Davis, because I’m an elementary major and that’s where most education classes are,” Zuniga said.

Zuniga added that if the



A guard standing at the residence hall parking area near Wintergreen and Farnham aves.

PHOTO | JAYLEN CARR

parking garage were filled then the parking attendant would tell her, and she would be forced to park at the Wintergreen Garage.

“And the shuttles helped with parking. But then also if you are running late then they are not much help if you have to run to class,” said Zuniga.

Zuniga is now a graduate intern at the Multicultural Center located in the Adanti Student Center

which has its own challenges with finding parking spots.

“What makes me upset is that some graduate interns at the Multicultural Center building have access to parking lot five, but some aren’t,” said Zuniga.

Zuniga said that she currently doesn’t have access to parking lot five but has been contacting her employer to get access. Some undergraduate students

share similar opinions about parking.

Krista Nichols, a sophomore nursing major and commuter said she always tries to get to class 30 minutes early to make sure she gets a parking spot. She added that she prefers to park her car at the Wintergreen Garage.

However, Nichols said that finding parking is never an issue and she believes there is enough parking on

campus.

A junior psychology major, and commuter, Daila Smith, said there should be improvements to help students get to class. Smith said there are never spaces available closer to classrooms. According to Smith, her friends constantly complain about the current parking situation.

“Wintergreen is very far and so usually, even though it’s a huge parking lot, there is never parking,” said Smith.

According to the SCSU Commuter Committee website, they want all commuters to get involved and provide feedback on ways to improve the college experience for commuters.

“The commuter committee meets every Wednesday at 1 p.m. in Room 301 of the Adanti Student Center,” according to the SCSU Commuter Committee website. “We also invite students to attend committee meetings to share input on how the commission can better tend to commuter student issues.”

## BLACKPINK releases sophomore album

**By Sarah Shelton**  
Photo Editor

One of the biggest girl groups in the world, Blackpink, released its second album “BORN PINK” on Sept. 16.

According to TIME, in an article from 2019, “the four women of Blackpink, who debuted as a group in 2016, comprise a multilingual performance powerhouse connecting with fans across borders. Jisoo, Jennie, Rosé and Lisa may have just begun touring globally, but a strong fanbase stretching far beyond South Korea is already powering their rapid ascent.”

Previous to this album, the group had only released singles, EPs and one album titled, “THE ALBUM” back in 2020.

After releasing “THE ALBUM,” it came back from its hiatus on Aug. 19, to release the first single off the new album titled “Pink Venom.”

When I first listened to “Pink Venom,” which

happens to be the first song on the album, my first thought was, “this is a little all over the place.”

The song starts with an instrument I’ve never heard of, but I loved the sound. After looking it up, I discovered the song has traditional Korean instruments in it, and what it starts off with is a geomungo.

“Pink Venom” has a hip-hop, pop and EDM feel, which is why it felt all over the place.

Jennie and Lisa rap in this song, and while I absolutely loved that part, it felt like it was randomly inserted. After listening a few more times, I absolutely fell in love with the song.

According to Billboard, “the group’s music video scored the biggest video

24-hour music video debut of 2022, and the third-largest 24-hour music video debut of all time. With a staggering 90.4 million views in its first 24 hours, ‘Pink Venom’ is Blackpink’s

biggest music video debut ever.”

The next song on the album is the second single titled, “Shut Down.” This song was released with the album but has a music video as well.

“Shut Down” definitely has a different vibe than Blackpink’s older songs. It sounds like something their member “Lisa” would release as a solo song.

Hearing Jisoo and Rosé “rap” in this was amazing because they are known as the singers while Lisa normally does the rap parts and sometimes Jennie.

While this song is very different, I’m happy they still use the line “Blackpink in your area,” as it kind of has become their brand.

The third song on the album, “Typa Girl,” I enjoyed a lot. Rosé and Lisa are my favorite members of the group and hearing Rosé’s voice and Lisa’s really fast rap made me hyped.

I loved the lyrics such as, “put you under spells

or look into a crystal ball” and “you know that you were cold ‘cause you felt my fire.”

Track four, “Yeah Yeah Yeah,” is all in Korean, except for the chorus. I like this because as a K-Pop group, they seem to be doing a lot of English songs. It’s a cute song.

“Hard to Love,” track five, only features Rosé. I was surprised by this because all the members, except Jisoo, have their own solo songs that are not on Blackpink albums.

I love this song because the lyrics feel like something I’m currently going through due to being scared to love after being in toxic relationships.

Track six, “The Happiest Girl,” is the ballad of the album. This is a song I very much needed earlier this year. I highly recommend listening to this song and reading the lyrics if you are the type of person who listens to music during difficult times, like myself.



Blackpink’s music video for ‘Pink Venom’

PHOTO | SARAH SHELTON

I get really excited when I can relate to the lyrics of a song, which does not happen often with Blackpink as they typically have fun pop songs.

The next song, “Tally,” is my favorite lyric-wise. From “everybody judge, but looking twice,” to “I’m not gonna change ‘cause you say so,” it is something everyone needs to hear sometimes.

Lastly, the album ends

with the song “Ready for Love.” This song features a lot of both languages, Korean and English. While it sounds nothing like it, the lyrics remind me of Selena Gomez’s “Come and Get it” and Bridget Mendler’s “Ready or Not.” They actually collabed with Gomez at one point in the groups discography.

“Ready or not, here I come and I’m running,” said the lyrics.

## SOUTHERN NEWS

Advisers: Cindy Simoneau  
Frank Harris III

Contact information:

Email: [scsu.southernct.news@gmail.com](mailto:scsu.southernct.news@gmail.com)

Newsroom Phone: 203-392-6928

Fax: 203-392-6927

Mailing Address:

Southern Connecticut State University  
501 Crescent Street  
Student Center Room 225  
New Haven, CT 06515

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Sofia Rositani

Vacant

### Section Editors

Vacant

Ali Fernand

Jaylen Carr

Sarah Shelton

Vacancy

### Staff Reporters

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Ben Martin

Vacancy

Vacancy

### Copy Desk

Joey Merly

Vacant

### Business/Ad Manager

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## Correction:

In the first edition of The Southern News on Sept. 14

the sports page ran a story that had a misprint in it. The sentence misspelled the word “Shepard University”

Southern News welcomes any and all comments and suggestions. If we make a mistake, please contact us and we will publish a correction or clarification in the next issue.

We are the student newspaper of Southern Connecticut State University, and we welcome the writing of all Southern students and faculty.

To submit a piece, email it to [scsu.southern.news@gmail.com](mailto:scsu.southern.news@gmail.com), or stop by the Southern News office on the second floor of the Student Center, Room 222.

Electronic submissions are preferred.

Visit [www.TheSouthernNews.org](https://www.TheSouthernNews.org) for more.

## Women's soccer team ties against Post

By Ben Martin  
Sports Writer

Abby Allen had her fourth shutout in a row and during that span she had 21 saves.

The Owls tied with the No. two ranked school in all of Division II. The College of Saint Rose Golden Knights, 0-0 Saturday.

During the game, the Owls got an incredible performance from goalie Abby Allen who ended with nine saves and a good collection of highlights.

"I'm really happy," Allen said about her performance.

"There was a lot of high balls that I was able to come out on and be aggressive and keep them out of the net."

Allen was coming out of the net, catching balls and making sliding stops all game which kept the Owls in it. In the first half, Allen had two saves as the Golden Knights offense was quiet.

On the contrary, in the second half, Allen's responsibilities grew. Knights took 11 shots and

had nine corner kicks, but Allen stood strong.

While Allen had a great performance, she, like The Beatles, gets by with a little help from her friends.

Allen may have been the focal point of the Owls defense but Britt Verstegen, a graduate student defender: Caleigh Driscoll sophomore, back: Riley Ayer junior back, and back Amanda Dustin, a graduate student, all pitched in to stop the Golden Knights offense.

Although Allen put on a show, the offense was not

able to put anything on the board. In the first half, the Owls controlled the time of possession and got open shots, but they could not cash in. Additionally, the Owls had three corner kicks in the first half.

Coming away with a tie was not the desired outcome for the Owls but they are happy with it.

"I'm really proud of our players because it was a very physical and competitive game," Head Coach Adam Cohen said.

"They worked really, really hard, so I give them

full credit for that."

"It was a tough game, but we just kept pushing and pushing and pushing," Allen said.

Coming into the game, the Owls had seen the Golden Knights before. Last year the Owls and the Golden Knights matched up in the Northeast 10 conference tournament finals where the Owls lost 1-0.

"I think the game, in general was a tough fought game, but we fought our butts off," Burr said\*

With the tie the Owls overall record moves to 4-2-1, and they remain unbeaten in NE10 conference play at 2-0-1.

"I think there is definitely always improvement," Kelsey Burr, the forward said. "Once you get out there you just have to give 110 percent every time."

On Wednesday, the Owls continue their season with another NE10 matchup against Adelphi. Adelphi will be sitting at 5-2 coming into the game. After a tough matchup against Saint Rose, the Owls are prepared for what comes next.

Coach Cohen said he believes the conference has good competition for the Owls and this was just the first of many.

"This was a great test early on," Allen said. "Now we can just soar from here."



PHOTO | SCSU.OWLS.COM

The Abby Allen, goalkeeper setting records and having nine saves on the Sept. 17, 2022 game.

## Football team falls to 0-3 for the season

By Ben Martin  
Sports Writer

The Owls football team matched up against the Pace University Setters on Friday and it was late in the 4th quarter.

The Owls were down 27-0, but, little did they know, their biggest play was yet to come. With just over 3:30 left to play, freshman quarterback

Thomas Goldsborough, hands the ball off to Jordan Davis, sophomore running back, on third down and one.

Needing desperately to move the sticks and keep the drive alive, Davis bounces it to the outside as Pace's defense crashes into the middle.

With no defenders in sight,

he turns on the jets. 20..10..5 touchdown then Davis and the Owls are on the board.

"Our running back crew, we're all special," said Davis. "We could all be something."

To go along with Davis, sophomore Diante Wilson had six carries for 20 yards, and junior Ryan Soules had 17 yards on the ground.

Also, senior wide receiver Tylon Papallo had four catches for 56 yards.

Coming into the game, the Owls had a record of 0-2, losing games to two tough opponents in Shepard University and University of New Haven.

"You never want to come out with a loss no matter what the outcome is at the end," Davis said.

Along with Davis's

big touchdown run, the defense played well too.

The Owl's defense was on the field for nearly three quarters of the game.

"I think there's a lot to improve on, but I think our defense played our hearts out," said Owls junior Ben Eichman.

"We just got to make the small things count and capitalize on the little things."

Eichman was a big key to success for the Owls defense because he was flying all over the field.

As a result, he finished the game with two forced fumble, and he led the Owls in tackles with 12. Although Eichman had a good game, a defense does not perform well solely because of one person.

Junior inside linebacker

Hassan Dominick added eight tackles with one being a sack, and senior defensive end Cameron Kelly added another sack and two tackles.

"I feel like I had a good game, but at the of the day we still lost, so that's all that's going through my mind," Eichman said.

The Owls offense could not get much on the board aside from Davis's big touchdown run which was the only score the Owls put on the board.

The Owls ended up losing the game 27-7.

"Pace came out and played excellent in all phases of the game," Head Football Coach Tom Godek said. "They took advantage of some of our weaknesses."

The Owls are looking to use the loss as motivation.

"Obviously we don't want to lose by three touchdowns," Davis said.

"It's that chip on our shoulder that's going to make us thrive and be better as a unit."

Next week, the Owls travel north to New Hampshire to play another NE10 conference matchup against Saint Anselm College.

Coming into the game, Saint Anselm sits at an undefeated record of 2-0 blowing out both Millersville University and American International College. In a matchup last year against Saint Anselm, the Owls came out on top 34-31.

"There's going to be a lot of work to do here heading into a very good Saint Anselm's team next week," Coach Godek said.

## First home loss for men's soccer team

By Jaylen Carr  
Sports Editor  
Matt Gain  
Contributor

The university's men's soccer team lost their first home game of the season giving up a season-high of three goals.

Coming into the Wednesday, Sept. 14 matchup with Queens College, the team was undefeated at home. In the first half of the game, Bryce Cherry, from Queens College, scored with no assist at the 42:20 mark to get Queens on the scoreboard first.

Later in the first half,

Queens was able to get another goal by Adolfo Martinez Paquet. The university was playing from behind 2-0 going into the second half which put the team in a tough deficit.

The college's Men's Soccer Head Coach, Tom Lang, said, "We gave away a couple of goals in the first half and that put us behind the eight ball and then we were chasing the game at that point."

At the 53:58 mark in the second half, Queens was able to score their third goal in the game which propelled them to victory.

The players and coaches

had a point of emphasis or goals they wanted to work on throughout practice and achieve coming into this game.

Coach Lang said, "I felt like the game we played before against Saint Rose, we didn't do a good job in keeping the ball." Lang said he knew Queens was going to be an aggressive team.

Lang said he saw some improvements with maintaining the ball in the Queens game, but they will continue to practice getting better at it.

Umberto Catale, the midfielder, said, "We talked about the game from

Saturday, and it was a little bit of a step back for us."

Catale said that "We responded very good. We tried hard in the second half. We didn't find a lot of opportunities."

With the university playing close in, that gave Queens an early lead and the advantage.

"This is our home field; we must defend it. We are a good team, with a good group of guys," said Caradolfo.

Caradolfo said, the team is looking ahead to the next game because the only way they can put this loss behind them is to learn from their mistakes and

prepare for the next game.

"We have a lot of work to do to get better," said Caradolfo. "We start from tomorrow and we try to learn from this game."

At the second half of the game, both teams racked up two yellow cards.

This played a pivotal part in the university's loss. The soccer team, next game, will be full of adjustments and changes to get a better result. The next four games on the schedule are all home games for the soccer team where they only suffered this loss against Queens.

The team is looking to bounce back next at home.

## Column: On the NFL

By Jaylen Carr  
Sports Editor



It is early in the NFL season. This is where all 32 teams believe that they can be the team that holds up the Lombardi trophy in Glendale, Arizona at Super Bowl LVII.

Personally, I hope my Indianapolis Colts will make it to the Super Bowl.

My Colts have an easy division with the Houston Texans, Tennessee Titans, and Jacksonville Jaguars. But it is all about winning games outside the division which is going to be a challenge.

Facing future hall of famers like Patrick Mahomes of Kansas Chiefs, Josh Allen of the Buffalo Bills and Justin Herbert of the Los Angeles Chargers is going to be tough because they are young.

To be fair, I am going to put my fandom aside and make an unbiased prediction. I predict that the AFC Champions will be the Bills.

They have a quarterback, Josh Allen, that can do everything. He can throw like no other, he is the size to take a hit and has great quarterback instincts.

Josh Allen has great weapons at his disposal like teammates Stefon Diggs, Gabe Davis, and Dawson Knox.

On the other side, the defense lead Leslie Frazier, who has a great mind for building a great defense.

The Bills major acquisition Von Miller was their major acquisition this offseason which will take their front four to another level.

The Super Bowl L MVP is a future first ballot hall of famer that can help with their pass rush.

Then they have great safeties like Micah Hyde and Jordan Poyer who are always lurking around the ball.

I predict that the NFC Champions will be the Tampa Bay Buccaneers.

How can you bet against the G.O.A.T., Tom Brady from the Tampa Bay Buccaneers? Despite the Bucs losing their top offensive linemen, Ali Marpet, to retirement and Alex Cappa via free agency, they have a lot of talent on their team. Mike Evans and Chris Godwin are still top-tier receivers.

Godwin and Evans are the most underrated receivers in the league. They both have the speed and great ball skills to get open for Brady.

I predict a Bills victory over the Bucs, 27-19, in Glendale to capture their first Super Bowl win. That franchise desperately needs to win a championship. And this would be a great sports moment for this popular fan base.