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School of Business opens new building

By Jaylen Carr Editor-in-Chief

From two-time Grammy winner Jeff Baxter to Gov. Ned Lamont and Interim President Dwyane Smith giving their opening remarks during the ribbon-cutting ceremony of the new School of Business building, students and faculty members are ready to embark on new learning opportunities for years to come.

"There is nothing better than graduating Southern with a business degree from this amazing institution," Gov. Lamont said. "When you walk into that building, I think it is all about opportunity, and when you walk into the building, it is all about respect."

Lamont said he hopes when the business students graduate from the university, they can stay in Connecticut and help the state grow.

"It is the beginning of a new generation," Jess Boronico, the Dean of the School of Business, said. "It is a facility that will allow us to educate students in ways that weren't possible before."

Smith said the university has undergone many changes, such as the new College of Health and Human Services facility. The net-zero School of Business building has 1,500 square foot community rooms and eight classrooms seating 30–40 students.

"It is twice the size of the former building," Smith said. "It offers the latest in technology and a wonderful array of learning opportunities for our scholars — equipping them with the skills and knowledge they will need to become leaders both in business and society."

The new building is the first to be constructed by the State of Connecticut, which is net zero energy in terms of carbon footprint, meaning that it will help the communities' air quality for years.

The new building and technology will provide opportunities to help the community, Boronico said.

"The learning spaces are diverse," Boronico said. "There are a lot of different ways that students can access technology and access spaces — in terms of a behavioral laboratory, a Bloomberg laboratory."

There are many learning and interview spaces for students to use to help them with their studies, Boronico said.

The construction cost of \$4.6 million helped build 64,000 square feet building featuring a 100-seat multiple-purpose auditorium and case study classrooms, with



Interim President Dwyane Smith, Gov. Lamont and other leaders cut the ribbon to the new building.

stadium-style seating. Outside the first floor of the building, it has a stock market ticker displaying a live feed of the stock market.

"There is so much to be proud of," Terrence Cheng, the Connecticut State Colleges and Universities chancellor, said. "This is such a spectacular building."

Cheng said the building represents impact and investment. "It is a symbol of what this state, this university and this system can, should be and is when the state invests in its institution, Cheng said."

The Commissioner of Connecticut State Department of Administrative Services, DAS, Michelle Gilman, said this building would not be built without legislators and Gov. Lamont's commitment to creating student opportunities.

"The building is 100% electric," Gilman said.

"We anticipate a 214 metric ton reduction in CO2 emissions." Lowering CO2 can help save lives and reduce unhealthy air quality.

Mechanical engineering major José Ramon, a sophomore, said the building is impressive even though he is not a business major.

"The looks, the rooms in there is perfect, Presidential Student Ambassador Ramon said. "They have special stuff going on in there." Senior Department Specialist State of Connecticut Board Member Lindy Lee Gold said it is an exciting day for the university, specifically for the students. "We are not only

PHOTO | JAYLEN CARR

"We are not only investing in them, but we are investing in our own enlightened self-interest to nurture them for the good of the community and the region," Gold said.

See building photos Page 2

IDS launches new course for students

By Jay'Mi Vazquez News Editor

Interdisciplinary Studies is piloting a new course which started this Fall semester.

Director of the Interdisciplinary Studies Program Erin Larkin discussed how this new one-credit course, titled "Career Pathways in IDS," works.

"It's a self-paced module course. Their modules that correspond to these competencies that have been identified by employers," Larkin said.

This course is currently only offered in the fall semester of each school year for eight weeks of a semester, being completely asynchronous.

The modules are designed based off the National Association of Colleges and Employers eight competencies in the workforce. The eight competencies are career and self-development, communication, critical thinking, equity and inclusion, leadership, professionalism, teamwork and technology.

"It's a summative course. It not one that's formative. It's not one that is teaching you anything, it's going to be one that's guiding you to look back on your own experiences and say how can I sum up what I did? And connect it and translate it to the kind of competencies employers are mostly looking for," Larkin said. Larkin explained how this course is available to

all students in any major. "We're piloting it, we're testing it out. It's currently available to students in any major," Larkin said.

Larkín does express how this could change in the future depending on if certain majors would like to adopt this course into their program.

"I can see that this might be a course that different programs will offer and be able to tailor specifically to their majors. For now, all of the modules are there and available," Larkin said.

Associate Director of the office of Career and Professional Development Aimee O'Shea explained how Career and Professional Development has been partnered with Interdisciplinary Studies for years, working on trying to help students navigate their Owl journey.

"It's so connective to careers. Since it's a self-designed major, the career piece is so important, so that students know how to truly use their degree," O'Shea said.

The office of Career and Professional Development has been helping Interdisciplinary Studies design and pilot this course for students. O'Shea explained what the benefits are for



The Interdisciplinary Studies office located in Engleman Hall.

this new course.

"We're taking students on their own personal journeys. So, we ask students to reflect on the skills they think they've developed, ways that they can be stronger in areas," O'Shea said.

The course is for students to realize their major is marketable and applicable. This course is designed to prepare students for what skills they have and what need to be worked on to be successful in the work world, O'Shea explained.

"We want students to feel satisfied in the work that they do. Self-reflection, value, interests, talents have to be assessed, to see where that leads them to," O'Shea said. Both O'Shea and Larkin want everyone to have access to a course where they can think about themselves deeply in a stress-free environment. But they also understand what skills they have developed to be successful after graduation.

"We touch on a number of skills that are most important in the field a student pursues. In other words, how can we get that foot in the door? That first important job that maybe is going to allow you to grow." Larkin said.

you to grow," Larkin said. "We see students as having invaluable skills. They just need to be honed in on and be able to market. So, we've always had these conversations with students early," O'Shea said.

Pettigrew wins award for teaching career

By Braden Saint-Val Contributor

Entering his 37th year as a philosophy professor and his first year as the philosophy department's chairperson, David Pettigrew's has gained reputation for his research, teaching and public service.

This past June, Pettigrew was named a Connecticut State University Professor at a meeting of the Connecticut State Colleges and Universities Board of Regents for his long-running contributions to the university, academia and genocide education.

"It was overwhelming and humbling," Pettigrew said. "However many other candidates there were, I am sure they are all deserving of this academic appointment. So it is just a matter of faith that somehow I was selected."

Before he came to the university, Pettigrew earned an interdisciplinary degree from Friends World College, now known as LIU Global, where he resided in Guatemala, Kenya and England studying "global human problems."

After earning two master's degrees from Antioch University and Stony Brook University, he then pursued a PhD in philosophy at Stony Brook while he started working part-time at the university in 1987 before he was hired full-time.

While his interest in human rights goes back to when he was a teenager, Pettigrew's work in genocide education stemmed from working with students on group research projects on genocides in a course called "Problems in Philosophy."

It was there he discovered "witness literature," which were accounts by journalists of the genocide in Bosnia and Herzegovina, where during the Bosnian War from 1992 to 1995, Serbian and Bosnian Serb nationalists attempted to remove the country's population of Bosnian Muslims and Croats through displacement and murder.

Since then, Pettigrew has presented lectures and spread awareness about the genocide nationwide and internationally and has appeared in Bosnian and German media, such as Hayat TV and Deutsche Welle.

Regarding the importance of genocide education, Pettigrew mentions this quote from Elise Weisel: "To forget would not only be dangerous but offensive; to forget the dead would be akin to killing them a second time"

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The Liberal Education Program changes

By Jay'Mi Vazquez **News Editor**

The Liberal Education Program, LEP has made some changes that can have some benefits to students.

The Director of the Liberal Education Program, Braxton Carrigan, explained what changes were made to

the program. "What we realized is

that a large percentage of our student body was coming in needing English 110 and Math 100p. Those two courses were considered as prerequisites to the program," Carrigan said. "In 2010, majority of the students were coming in having already completing that in high school. Now,

we're seeing students come in needing these courses," Carrigan said.

Carrigan and others involved with LEP decisions realized that it was difficult for students to complete these prerequisites that were not originally in the general education curriculum. So, English 110 and

Math 100p are now a part



An empty classroom, ready for students to come in and learn.

of the general education curriculum. There have also been changes made to the multilingual communication requirements.

"There is also a reduction of the multilingual communication requirement from the 200 level down to the 101 level," Carrigan said.

There was some reconfiguration done on what courses fit in certain categories. Carrigan explained now that English 110 and Math 100p have been added into the general education curriculum, six other courses were removed from the LEP.

"With some research we found, that was not really working the way it was intended to work from the beginning was the tier three course. That was a course on the back end, so we basically took that requirement completely away. Another course that we took away was critical thinking," Carrigan said.

The tier-three course and critical thinking category being taken out of the LEP were two of the major changes that happened Carrigan said. Faculty Director of

Academic Advising, Meridith Sinclair explained how these changes also impacted academic advisers on campus.

"I provide support for all of our faculty advisers on campus; helping them understand the changes to the LEP," Sinclair said.

Sinclair explained how depending on what year a student started, that would be the catalog year available to them.

"All students who started this Fall are in the Fall 2023 catalog; which means they will only see the new LEP on their degree evaluation. Students who were at Southern prior to Fall 2023, will still see the old LEP in their degree evaluation because that's what it was when they came to Southern. However, they do have the option to change their catalog term," Sinclair said.

"For some students. this would be a benefit in the sense that maybe you would have to take one less course. For other students, it wouldn't make a difference at all," Sinclair said.

Both Sinclair and

Carrigan said students can change their catalog year. This can be beneficial or hurtful to students; the changes vary based on what courses a student has already completed at the university or other schools.

"Every student can change their catalog year. The problem is based off of where they have progressed in the program, it may or may not benefit them. This is completely a student choice," Carrigan said. Both Carrigan and

Sinclair advocate that students consult with their academic advisers on what decision works best for them.

Students can create a "What-If Analysis" to see what differences can be made between their current catalog year and a different year.

Carrigan said, "I would encourage students to really working with an adviser on seeing a What-If Analysis. Sometimes it's very helpful when you are looking at them side by side, to have someone walk you through what the differences are."

School of Business building opens to students and faculty

Continued from Page 1





nere are conference rooms accessible for students

The classroom located on the second floor has screens and whiteboards.



PHOTO | JAYLEN CARR In the hallway of the first floor of the building there are seating areas available.



PHOTO | JAYLEN CARR On the second floor there is a seating area and window seeing the classrooms.



Outside of the building there is a sign and a stock market ticker.



PHOTO | JAYLEN CARR Students have study rooms accessible with a televison screen and HDMI cord.

PHOTO | JAYLEN CARR

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Lack of resources for students navigating life troubles

Bv Ali Fernand Managing Editor

One thing I am sure every college student has struggled with is the balance between schoolwork and their own life.

This has particularly been a struggle that has opened my mind as my mother has gotten sick. I need to prioritize my education as it is my future. However, the health of my mother calls time into question.

Sometimes life has bad timing. I am at the point where I am going to need to seriously consider what I am going to do with my life. I am at the end of my college career and juggling with the approaching deadlines for future pursuits.

I must figure out how I am going to manage that timeline. It will approach faster than I am prepared for.

However, the deadlines for the relationships in my life are not as predictable. I cannot set an exact date for when to prioritize the care I give to my mom.

The time I get with her is unpredictable, the doctors are not fortune tellers. I cannot make

perfect decisions when to focus on my family over schoolwork or vice-versa.

Everyone tells me I need to take everything day by day. I agree, but at the same time, I could not tell you what the next day has in store for me. That should not be a terrible thing. We are all dealing with things as they come. There is no way we can predict our lives and deal with it perfectly.

It is hard not to make mistakes. Especially when situations get suddenly thrown towards me. Sometimes the human brain has a weird way

of reacting. We were not born immune to sadness or delusion. Whether you are prone to mental illness or not, humans are able to have faults.

Mistakes and hardships feel hard to navigate in college life. A difficult day feels like the end of any chance of a successful life. Needing one day to focus on life feels like a permanent stain on any professional progress.

I cannot choose when I have bad days. Sometimes it falls on important deadlines. Sometimes time management cannot save me from the serious

situation's life presents.

Services on campus can only do so much. It is hard to find exactly what office is meant to help me communicate my needs with my professors.

Something like chronic illness is not predictable, and it can make me seem inconsistent and lazy.

However, everyone who knows me well would say the opposite. That is not who I am, and I would like to think most other people are also not that type of person.

Growing up, most people have a vision that their college years will be

perfect. The only troubles I expected were getting through my classes and the relationships I would have.

However, I did not imagine that my own mother's life would come into play. I do not think anyone who is in their 20's expects to prepare for the loss of their own mother.

It feels good that I could get support for any mental illness I suffer from. However, there is no system that helps students navigate their education, future and the current state of their own life.

Upcoming artist Teezo Touchdown releases an album





PHOTO | ALI FERNAND

Teezo Touchdown's album "How Do You Sleep At Night?" as it is displayed on Spotify on September 18.

By Jay'Mi Vazquez **News Editor**

On September 8, music artist Teezo Touchdown released a 14- track, debut album titled, "How Do You Sleep At Night?"

Touchdown has created an interesting social media presence; some may even describe him as an unorthodox, mysterious character. Touchdown rarely does any interviews but showcases his unique

look on social media apps,, like Instagram. Sporting nails in his hairstyle, avant garde fashion tastes and creating movie-esque trailers to promote this album before the official release.

Touchdown has been making music since 2016, gaining little to no traction. In 2021, Touchdown began to touch mainstream attention at 30 years old, being featured on Tyler The Creator's

album, "Call Me If You Get Lost" and recently being featured on Travis Scott's album, "Utopia."

Touchdown's ability to be genre-bending and experimental takes listeners on a ride full of emotions. Hip-hop being intertwined with rock and indie music influences makes this album unique in the vast amount of music being released today. Touchdown has started

to receive co-signs from bigger artists like Trippie Redd, Travis Scott, Drake, Lil Yachty and many others. Drake has even said Touchdown's debut album is "some of the best music ever."

Touchdown has only a limited number of features on this album. These features are from Janelle Monáe on "You Thought," Fousheé on "Sweet" and Isaiah Rusk on "Too Easy" and "I Don't Think U C



PHOTO | ALI FERNAND

Photo of Teezo Touchdown posted on Instagram celebrating the release of Travis Scott's "Utopia" on July 28.

Me." No songs on "How Do You Sleep At Night?" sound similar; every song is a blend of two or more genres of music.

Touchdown uses numerous vocal ranges and beat switches throughout the project, blending his vocals with the artists he collaborated with and creating an unpredictable element to each track.

On the track titled "Uuhh," Touchdown uses punk rock guitar elements, which is shown throughout the album, while the track titled "Daddy Mama Drama," uses a manipulated form of ballad music. The outro to the album, "The Original Was Better," takes listeners on a ride, showcasing examples of Touchdown's electronic production influences.

Touchdown has even integrated audio clips into certain songs to make the storytelling element more realistic to listeners.

In the song titled "Familiarity," Touchdown has lyrics that could easily be related to by listeners, talking about him getting an ultimatum from his father, working at the gas station or moving out of the house. It is a similar situation many listeners

would be able to relate to. Touchdown has

added a music video for "Familiarity," inserting a clip of him having a conversation with his friend and listeners about his experience with his father, giving him the ultimatum. Touchdown offers listeners, aspiring to be musicians, advice on how to navigate the trials and tribulations of not having a solid support system.

These little added details in songs like "Neighborhood," "Famil-iarity" and "Impossible" add enough to make these songs feel complete but more relatable to listeners.

The entirety of "How Do You Sleep At Night?' tells the story of how Touchdown uses the music he creates to avoid his daily problems, but also to prove that he belongs in the music industry. Touchdown's ingenuity, drive to be successful and natural talent make this one of the highest-rated album releases of the year thus far.

These are the opinions of the Southern News **Editoral Staff**

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ProCon hosts first PB&J of the new year

By Solé Scott Features Editor

PB&J Thursday is back in effect as students wait in line a lengthy line to grab snacks and drinks on their way to class.

The line extended from the hallway across the Bagel Wagon to the elevators in Engelman. Biology major Nicholas

Lastrina, a sophmore,

was one of many students that visited the Programs Council table on his way to science class.

"When I heard about it freshmen year, I went almost every time because I see a bunch of my friends," said Lastrina.

The tables were filled with snacks such as Oreo's, smuckers sandwiches, fruit snacks, chips water and Kool-Aid.

"The food is the additive that you get," said Lastrina.

This event draws in huge crowds every Thursday, so how long has Procon been doing this?

Senior Daytime programmer Avery Loomis, a Junior, is the senior daytime programmer this year for ProCon.



Procon snack table near the end of the event

PHOTO |SOLÉ SCOTT

"PB&J has been happening for years. It started at least five or six years ago," said Loomis.

This event was created to help fuel students' brains during the daytime as classes were in session.

"I would recommend someone coming to work for ProCon, but I would also recommend people to come to all the events," said Loomis. "Who doesn't like free stuff.'

Biology major Craig Huydic, a sophomore, was one of many students that grabbed a few goodies from the event.

"I went mainly because of my friends; I knew that they were all going as well and wanted to hitch along with them and get a couple cool snacks," said Huydic.

If it is not for the food, then the event's purpose is to link current and new friends together during a busy school schedule.

"The real reason I come to this event is because sometimes just passing by I see a friend and want to stop in line or meet some new people on Southern's campus,' said Lastrina.

As the event nears the



Biology major Craig Huydic, a sophmore

end, the tables that once displayed various foods are now semi empty as some chips and smuckers sandwiches are left to be taken.

Boxes upon boxes scatter the surrounding floor behind the table that displays the number of snacks students went through.

"Free food is free food and If I have the time, I would love to get it," said

Huydic. Ånyone that visits the ProCon table for PB&J Thursday's all say they would recommend anyone to go.

"I would recommend and it's not even that long of a line. You go there you sign in and you get whatever you want and leave," said Huydic.

By the end of the event the table of snacks was empty.

PHOTO |SOLÉ SCOTT

North campus holds first bonfire event

By Solé Scott Features Editor

A popular camping activity made its way to North Campus Midrise Wednesday night as music filled the upperclass students' air.

Students made their way to the firepit that is placed between the townhouses and midrise, which is behind the Moore Field House and past the football field. Business administration major Demarr Bryant, a senior, is a resident advisor in North who oversaw the event. "They do this every Wednesday, but my coworker and I built on this event, and we got some raffle tickets, and you could win a gift card," Bryant said. The night was pitch black, yet the one lonely fire pit illuminated the sky and surrounding area of grass. An event like this seems to be a place to grab a snack at night, yet is there a purpose for having this get together every Wednesday? "Community building, everyone hanging out, everyone having a good time," Bryant said.

Brito, a sophomore, attended the light night event with friends.

"I came to hang out with my friends and to chillout," Brito said.

Nursing major Alyssa Felix, a junior, is a resident who lives in North campus.

"I went to the S'mores vent because I wanted



As time went on, more and more students made their way over to join the festivities.

The resident advisors of North campus created this event to become a hangout spot for residents and commuters.

Communications disorder major Jailene to be more involved on campus. I figured that would be the first step by going to an event in my

building," Felix said. Students eagerly waited in line to pick out their s'more ingredients to manufacture the savory treat.

Students that just got out of class made their way over to North campus to create s'mores before they head home.

Water and Capri Suns were offered to students throughout the night as they feast and toast marshmallows by the fire.

During the roasting of the marshmallows a few students accidentally burnt them until they became too crunchy to consume, leaving some playfully mad.

The event planners took proper precautions in making sure no one got injured around the fire by posting a safety worker near the pit.

Students welcome their friends to the event

"Absolutely I would go again, it's delicious," Felix said.

Resident advisor Demarr Bryant and friend at the s'more bonfire event



Students gathering around the firepit.

PHOTO ISOLÉ SCOTT

PHOTO ISOLÉ SCOTT Communications disorder Jailene, a sophmore holding a s'more

Upcoming events-

C.C. Sabathia comes to Southern on Sept. 22

World Series champion 6-time Major League Baseball All-Star comes to John Lyman Hall Center on Sept. 22 at 7 p.m.

Homecoming and Family Weekend 2023

Packed with activities and events, Homecoming and Family Weekend is Oct. 12-14, where the university celebrates its past, present, and future.

State of the University

Interim President Dwyane Smith will conduct his State of the University address in the Adanti Student Center Ballroom on Sept. 26 at noon.

Student Health Center Update

Flu Vaccine Clinics available on Oct. 11 from 10 a.m. to 2 p.m. in the Morrill Hall Breezeway. Also available on Nov. 2 from 10 a.m. to 2 p.m. in Engleman Hall.

If you are looking to promote events on campus, please email Editor-In-Chief Jaylen Carr (carrj14@southernct.edu) or Managing Editor Ali Fernand (fernanda2@southernct.edu).

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Jess Dow Field gets a new look for upcoming seasons

By Matt Cain Contributor

During the end of the spring semester and throughout the summer, Jess Dow Field has been upgraded with a new turf and track field to help student athletes.

For years, the university has been finding new ways to upgrade its facilities. During mid-May of 2023, Jess Dow Field was the latest renovation to athletics. The new field was renewed with a high-tech and high-performance turf.

The new complex turf being put on the field is not the only thing that is being renovated.

The track on the outside of the field is also being upgraded as well. Although not done yet, the athletic department plans to put up a pole vault runway as well as a long jump runway. The new turf has the athletes buzzing and the coaches excited to get their athletes out there to test it out.

Women's soccer head coach Adam Cohen praised the staff for the new upgrade to the field.

"I love it. I feel like this was a job well done on the faculty's part," Cohen said.

As the head coach of the soccer team, Cohen got to see the new technology firsthand. During the preseason his team would practice on the new field, and be very pleased with the firm grip and grass-like texture of the turf.

Former athletic



The football team conducting practice on the newly renovated Jess Dow Field.

director Chris Barker and current Associate Director of Athletics and Coordinator of Athletic Facilities director Joe Hines teamed up to put together a new field that is not only presentable but fitting for elite athletes. Hines put in hard work behind the scenes to get the right layout and design for this turf.

"I came in with high expectations and they were met, This is the best we had," Hines said

In the past seven years, the athletic department has been through three or more turf fields. With the athletic department excited about this recent one, this could be one of their best projects. "The old turf was very bad". Hines said.

Since the new merger between recreation and clubs sports along with athletics, the new renovations are soon to benefit club sports teams as well.

Club sports teams such as men and woman's rugby, lacrosse and men's and women's soccer. These club teams will have the chance to play on the new field and in the future have a better field to practice on.

"We have to follow through with the next steps, as in give time to club sports and even build a new field for them as well," Hines said. With the new field ready, there has been a few athletes who are excited for this new field. Midfielder Tori Gealone is a graduate student who also transferred to the university in 2022. She played on both fields and saw an immediate change.

"The old one was bumpy, specifically for field hockey games," Gealone said.

Without the bumps and holes in the ground, sports teams can now execute their plays correctly and more efficiently. The renovations have a huge upside and has athletes excited for the future. "Its a great time to be an Owl," Cohen said.

Chris Barker resigns as Athletic Director on campus

By Avery Martin Contributor

Former Athletic Director Chris Barker completed his last day on the job on Sept. 7. After nearly two years at the university, he has resigned in order to pursue a professional opportunity within college athletics.

"This was a difficult decision to make for me professionally and personally as I have enjoyed my time at Southern immensely," Barker said. "The SCSU community embraced my professional vision and we were able to see impactful growth in the student-athlete experience."

Barker's time at the university has fostered a number of improvements for the department. The Owls have earned an average GPA of over 3.0 in the last two years. Barker said, "Our students did a great job in the classroom and my focus was called 'The Owl Way' which was being competitive academically, athletically, and socially, and the student-athletes embodied that, and every semester we were over a 3.0 department GPA."

In their respective sports, the Owls have succeeded in the NCAA Division 2 NE10 conference and beyond during Barker's time in the director position. The university has won 10 NE10 Conference Championships, accomplished 11 NCAA postseason appearances, and featured 29 NCAA Division II All-Americans. Track and field athlete Jordan Davis also won the NCAA Division II Javelin Championship, which was SCSU's 81st Individual National Championship.

On the financial side, Barker has also drastically improved the university's financial intake and sponsorships. Athletics revenue has increased 250% and there was a 30% increase in donations during the annual homecoming weekend. A record number of donations were also reached, which totaled \$247,418 raised. Under Barker's leadership, corporate partnerships have increased 80% and the Owls signed its firstever apparel agreement with Nike/BSN.

Barker also facilitated the recent \$1.8 million renovation of the Jess Dow Field Turf & Track. Barker was similarly a coordinator for improvements at the Pelz softball field, the ballpark, and the field house. Barker was instrumental in launching a new brand enhancement initiative, and the athletics department will soon finish a student lounge and conference room that he planned.

The university will conduct a search nationwide for a new director.

For more of this story visit thesouthernnews.org

This or that-Instagram or TikTok?

By Jamiah Green Contributer



TikTok- uses it as a source of entertainement for all emotions.

– Sociology major Christina Milano, a freshman



Instagram- "I'm able to learn a lot of things from strong minded people with businesses. It's easy to find things that I like such as makeup videos, bible scriptures, nail ideas and motivational speeches."

– Health care studies major Ebriana Eden, a junior



TikTok- "I prefer TikTok because the algorithm makes users feel special, it's more humorous and also more anonymous."

- Psychology major Riyanna Singleton, a junior



TikTok, but likes Instagram for photography- "TikTok gets you hooked, you just don't stop scrolling."

- Elementary education major Taylor Tardy, a junior





TikTok- "Sometimes I find myself going there for my news rather than news outlets or Instagram. It gives you more of an unfiltered and real experience, and sometimes the truth."

- Biology major Tamana Phinn, a junior

SPORTS

Women's soccer shut out Holy Family 2-0

By Luke Gadson Sports Editor

Coming off their first win of the season last week against Post University with a score of 6–0, the Owls definitely had adrenaline coming into Tuesday's matchup with Holy Family. The Owls secured their second straight victory against Holy Family with the score showing 2-0 when the final buzzer sounded. This is also the second straight shutout win for the Owls, acknowledging the suffocating defense they have shown. Credit to goalkeeper Abigail Aughe, a junior, who has had five saves and zero goals allowed over these past two games.

Offensively, the Owls excelled, scoring a goal in each half. The team was opening up shots on goal for each other and individually throughout the game. Specifically, forward Kelsey Burr, a graduate student, was carving up the defense of Holy Family with an excellent display of what she can do with the ball in her possession. "It was actually part of

our gameplan today, because we knew how their defense stepped up," Burr said. "They wanted to follow me far back, wherever I went, so I kind of took advantage of that knowing they would be on my back to turn them and be able to dribble," Burr continued. The two goals of the night were scored by Kelsey Burr and forward Kylee Slavik, a junior, both of whom have scored a goal in their last two outings. After missing on a shot, Burr was determined to score. "Right before the goal actually happened, I had an opportunity, but couldn't put it away. So, I had some fire in me, and I was like I am going to score now," said Burr. The second goal of the game, scored by Slavik, was opened up by a great pass assisted by forward, Alexie Rosado, a senior. "It felt good. I was right in front of the net; Alexie Rosado played the ball in, and I just tapped it in. It's always good to see the ball in the back of the net," said Slavik.

The leaders of the team stepping up was essential to the Owls victory on

Tuesday. Head Coach Adam Čohen stated, "The team is starting to take over the team, in the best possible way. It's going from a coach-led team to a player-led team, and we're starting to see the results of that on the field." Coach Cohen is also enthused to see skills worked on in practice, showing up when the pressure is on during game time. "Overall confidence, how they are going to defend, and creating goal-scoring chances, so you can see it. They take some of the ideas from training and put it right on the field, so I appreciate their effort and their attitude," said Coach Cohen. The Owls' win over Holy Family puts them in a good position, pushing their record past .500 to 2-1-1 right before conference play. The team still has one more non-conference game, but they know they are ready to take on the NE-10. "I think our team is finally starting to get into the NE-10 mindset, we're hitting the ball in the back of the net, and we're starting to play off of each other," said Kylee Slavik. "It's all coming together."



Back Caileigh Driscoll, a junior, shakes off a Holy Family defender.



Forward Kylee Slavik, a junior, takes a shot for the Owls.

PHOTO |LUKE GADSON



The Owls celebrate after the goal scored by forward Kylee Slavik, a junior.

Volleyball earns 3-1 victory



By Luke Gadson Sports Editor

Coming from a 3-0 victory, earlier in the day against Post University, the Owls were looking for the momentum to carry into their faceoff versus Assumption University later in the evening. The adrenaline did not seem to wear off as the Owls rolled past the Greyhounds with a hard fought 3-1 victory. Each set was close in margin, with Assumption University winning the first with a score of 25-18, and the Owls winning the following three sets with scores of 25-16, 25-21 and 25-17.

After a slow start and losing the first set to the Greyhounds, Head Coach, Lisa Barbaro, had to regroup her team and help them regain their focus. "Really, we just had to regroup. I think for us we just came out flat and were kind of beating ourselves," Coach Barbaro said. "It was just a whole complete reset. We regained focus, we were making a lot of errors and mistakes, so we just kind of forgot about that one. We focused on

what our gameplan was and getting ourselves set back up," Coach Barbaro continued.

The Owls dominated in all categories Friday night, besting the Greyhounds in kills 47-32, blocks 10-1, aces 11-4, and assists 39–28. Outside hitter Sara Enright, a senior, led the Owls to victory with an all-around display. She put together 15 kills, 4 aces, 1 block, and 8 digs in the win. Enright has now racked up 120 kills and 25 aces on the season, leading her team in both categories. Also putting in a great effort offensively, was setter Taylor Jones, a senior, and middle blocker Kendall Webber, a freshman. Jones, leading her team in assists on the year with 235, tallied up 23 assists in Friday's win over Assumption University. Webber was a force putting up 8 kills. Defensively, libero, Aubrey Villena, a sophomore, was making plays all over the floor and finished with 23 digs, increasing her season total to a teamhigh 118 digs. Middle blocker Kendall Webber, a freshman, and outside



Outside hitter Kacey Deecher (left), a senior, and middle blocker Sarah Stark (right), a freshman, go for a block.

hitter, Ahunna James, a freshman, both had 3 blocks to lead the Owls to victory.

As the Owls continue into their season, Head Coach Lisa Barbaro is seeing her team come together as one, more than ever. "We've been spending weeks now, trying different lineups and trying to connect as a team. We have seven new people that we're trying to incorporate into our program, and we have returners that are now getting more playing time than they ĥad in past years," Coach Barbaro stated. The Owls' compatibility with each other on the floor, despite the recent lineup changes, was also acknowledged by Coach Barbaro. "I was really pleased with our effort today in both matches. We finally started coming together as a team, we were able to rotate some new people into the lineup, and everybody, instead of playing timid, went out there with confidence. We executed the game plan very well," Coach Barbaro explained.

The Owls' win Friday night against Assumption University improved their overall record to 6-5. They look to increase their winning streak to three, with their match against Queens College on Saturday, Sept. 16.



PHOTO |LUKE GADSON Outside hitter Sara Enright, a senior, goes for a kill.



The Owls stand together before their game on Friday.

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