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SOUTHERN NEWS

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President Bertolino talks challenges, opportunities at Southern



President Bertolino speaking to faculty and staff at his first university address of the academic year.

PHOTO |PALMER PIANA

By Josh LaBella

Southern Connecticut State University President Joe Bertolino made his first university address to a crowd of faculty and students this Monday in the Adanti Ballroom.

The event, which took place at 1 p.m., opened with the video of the Convocation of the class of 2021. The video ended with the flash mob in front of Buley library. President Bertolino said he thought the video encapsulated the vibrant energy of Southern.

"Southern has a special spirit that isn't replicated on many campuses," said Bertolino.

The purpose of the university address, Bertolino said, was to remind the attendants of Southern's successes, to share priorities and how he plans to achieve them

and to talk about the roles the faculty will have in seeing them through.

"While I continue to remain enthusiastic, optimistic and positive about the present and future of Southern Connecticut State University," said Bertolino, "at the same time, these emotions must be tempered by the reality of the changing landscape on our campus and in higher education."

According to Bertolino, the reality is that higher education is not being perceived positively. He said that will make their jobs more challenging.

"On a national level the value of higher education is being questioned," Bertolino said. "With tuition rates continuing to rise and student debt spiraling, colleges and universities are increasingly being seen as elite institutions, out of touch with what's happening in the real world."

President Bertolino said the university serves a working class population and national studies show that regional public universities like Southern consistently move students up the economic ladder. He said that for him, that gives Southern value and a sense of purpose.

"We can make this a good time for Southern and the people we serve," Bertolino said.

Southern has had many successes recently, Bertolino said. He said they include the university now being featured annually in the Princeton review of green colleges, being in the design phase of a new 74 million dollar Health and Human Services building, and receiving praise for its 14 to 1 student-faculty ratio.

"The buzz surrounding Southern is quite strong, and getting better," Bertolino said. "When I'm out in the community or meeting with alumni

I constantly hear positive comments."

The goals he set for the university included raising student retention, building a stronger graduate program and rolling out a new advisement model within the next three years. He also said he wants to establish a physical Southern presence at Gateway and Housatonic community colleges.

"If we have our way it will be introduced in the spring of 2018," said Bertolino. "We are very excited about it."

President Bertolino said he was looking for the entire campus community to identify opportunities for efficiency, reorganization, or realignment of responsibilities. He said to succeed it must be a team effort.

"We've got a lot of work to do," said Bertolino, "It's a wonderful opportunity and an exciting time for Southern."

Faculty prepares for furlough days

By Alex Palmieri

The Southern faculty will have to take three furlough days for the 2017-18 academic year.

These furlough days will be decided by each faculty member and mean there will be no class for students. The President of American Association of University Professors, Julian Madison, said these days are not in his best interest.

"I don't like the furlough days in a sense that it is a cut in pay," said Madison.

Madison said back in the early 90s, the governor of Connecticut, Lowell Weicker, saw the state was falling behind in payments and wanted to raise taxes. But Madison said it all came down to the pensions. The state was not putting in the money it was supposed to cover the pensions.

Early in the 21st century, there was a big propaganda campaign to not raise taxes, because it was needed to pay out the pension fund.

"Now here we are today," said Madison, "where the state is hundreds of millions in debt. Everyone has to catch up to the state pensions. State employers are being asked to carry everything on their backs. But the legislature has shown absolutely no will whatsoever to raise revenue and to tax the wealthy, the one percent of the state who are paying at a lower rate than anybody else."

Madison said across the country, states have put less and less money into higher education. To make up for that, students are now forced to pay higher tuition.

"There is a serious issue going on," said Madison.

All of this ties into the university having to take the furlough days. The whole idea is that all state employers will take three days off where they do not do any work to cover for that.

"These are days where you normally work, but you take the day off," said Madison. "Faculty will take days off where they normally teach."

Madison said Western Connecticut State University and Central Connecticut State University made an agreement that for March 9, the day before spring break for the 2018 calendar year, will be one of the days they choose, along with any other two days that they want. As for Southern, they get to choose any days they want.

"We will try to take the days that will be the least harmful to students," said Madison. "If you're going to lose pay, you should have a right to choose the days you want to lose."

Jonathan Wharton, a political science professor, said the students of the university have a voice and it should be heard.

"Anytime you deal with a situation like this that is in Connecticut it is impacting students," said Wharton. "It's not that student learning abilities won't be diminished in any kind of way in this instance, but I think this speaks more towards the moral."

He said Connecticut has been facing this kind of crisis for a long time, and has been going on for a series of years.

"This will pose challenges," said Wharton. "It will be challenging for faculty members and administrators. What are we going to do? We don't know. That's the scariest part. We don't know what the effect of this will be."

Campus experts talk about drugs on campus

By Josh LaBella

According to the 2017 State Medical Examiner report, there have been 1,076 deaths caused by accidental drug overdoses in Connecticut this year, a nearly 15 percent increase from last year.

One of the overdoses took place on Southern's campus on Aug. 6 in the North Campus Midrise. Ray Lucas, a junior sports management major, overdosed in his room from the effects of fentanyl, a powerful substance that drug dealers use in painkillers, heroin and cocaine to cut the cost of production.

Chief of Police Joseph Dooley said that in his 12 years at Southern, this is the third overdose he has seen. He said while it is very tragic, it is fortunate that there have not been more.

According to Dooley, there is a drug epidemic across the country and it would be a blanket statement to say there is not one on campus.

"There are users and there may be sales that are going on around campus," said Dooley. "It's a very dangerous situation, especially with fentanyl. People think they're using one drug when they could be using something different."

Dooley said it is certainly an issue but his department faces it proactively. In addition to the law enforcement side of the matter, he said they are collaborative with other departments on campus.

"It's pretty holistic," said Dooley. "We work with support services such as the Wellness Center and counseling. We look at it and try to investigate where we can, take action if we have to, but also are concerned that the education is ongoing to hopefully stem the tide of drugs."

Dooley said when it comes to drugs on campus, they primarily see marijuana, but periodically they do come across other types.

In a 2016 report of a study conducted by the Wellness Center, 912 students were asked about various topics including drug use. While only eight students said they had used heroin in the last year, 305 students said they had used marijuana in the last 30 days.

Dooley said the campus runs programs throughout the year including the Law Enforcement and Resident Network Program or LEARN program. The LEARN Program involves officers going to resident halls and talking to students about drug use and drug statistics. The department also hosts larger events.

"We partner with other departments on campus and we often bring in other (police) departments such as New Haven, state police, DEA, the state attorney's office and

former users who can talk about the dangers," said Dooley.

Emily Rosenthal, the coordinator of the Wellness Center, said alcohol is the biggest issue on Southern's campus and marijuana is a close second. She said there is not a lot of illicit drug use on campus although there is some.

"There is some and obviously some is not great," said Rosenthal. "We're not seeing an epidemic of illicit drug use on our campus. Less than 7 percent misuse prescription drugs and less than 7 percent misuse other hardcore drugs. As the drugs get more illicit, the percentage goes down."

Rosenthal said the Wellness Center runs programs in classrooms where they talk about the dangers of alcohol, marijuana and tobacco. They also have a special program on prescription and other drug use.

SEE DRUGS ON CAMPUS ON PAGE 2

Students react to off-campus carjacking incident

By Josh LaBella

On Friday Sept. 8 at 10 a.m., Southern Connecticut State University Students received an "Off-Campus Safety Alert" via an email from Chief of Police Joseph Dooley.

The email read, "At around 10 p.m. Thursday [Sept. 7], New Haven Police responded to a carjacking at 158 Fitch St., the gas station located near campus at the intersection of Fitch and Blake Streets. Upon arrival officers located the victim and four witnesses, all of them Southern students."

The victim had parked and exited his vehicle at the gas station when he was approached by a male with a handgun, the email stated, who demanded money. When the student told the man he had no money, the suspect took his vehicle instead. Nobody was injured during the incident and the vehicle was located by New Haven Police a short time later.

Southern Police Lt. Richard Randall has been working at the department for 17 years and worked for 21 years in the New Haven Police Department before that. He said the corner has had various criminal activity on and off throughout that time.

"It's the only carjacking that I can remember that happened this close to campus," Randall said. "What the campus community has to realize is that we are in an urban setting."

According to Randall, Southern has housing developments and low-income housing on many sides of the campus. He said because of this there is always the potential to have problems and Southern students should understand these are crimes of opportunity.

"If you know that, take precautions," Randall said. "Make sure you take your keys out of your car, don't leave it running. [Students] should travel in groups. Particularly at night you should try not to travel alone."

Randall said the victim and the students with him were all football players. While he said he believes it takes gall to attempt a crime like that, it proves that the crime was a crime of opportunity.

"It's always a possibility," Randall said. "If the opportunity presents itself and the person feels that he has the means to pull it off, they will pull it off."

Randall said the university is not a gated community and when a student leaves campus they are at the mercy of the city of New Haven.

Johnny Gonzales, a junior sports management major, said he was surprised when he heard about the carjacking.

"I'm new here, I just transferred, so I don't know much about the area," Gonzales said.

Gonzales goes around town with his friends a lot, he said, but he was never nervous about it, until now.

"After hearing about the carjacking I realized I had to be more cautious," Gonzales said. "If it can happen to them it can happen to me."

Brianna Van Eydoven, a sophomore biology pre-med major, said she drove by the gas station right after the incident happened.

"I saw all the guys standing out front in a circle talking to someone who must have been the gas station employee," said Van Eydoven. "I didn't know what to think at the time."

When she got the alert from Southern police the next morning, Van Eydoven said she thought it was crazy that she happened to be driving by them after the event. Overall, she said, it does not change how safe she feels when going off campus.

"I feel safe but, you know, stuff happens," said Van Eydoven. "You just need to be more aware of your surroundings."

According to Dom Ross, a freshman finance major, it was not surprising for him to learn that students from Southern

had that experience.

"It's a little unfortunate," he said, "that students have to be weary when they leave campus. Almost unfair."

Ross said he feels safe when he goes off campus, but that is because he takes precautions.

"I would recommend that after eight or nine at night students use a buddy system when going off campus," Ross said. "Obviously it didn't work for the football players but the risk goes down."

"The carjacking is freaky," said Taylor Tenenbaum. "I don't really ever feel safe when I go off-campus. It's a bad area."

Tenenbaum, a junior biological anthropology major, said when she goes off campus and into New Haven or Hamden she is always looking out. She also said she tries to avoid needing to go out at night by running all her errands during the day.

"On campus, I don't think I need to feel unsafe or uncomfortable," Tenenbaum said. "But outside of campus, the area sucks."

Poyan Haraj-Sai, a sophomore nursing major, said he feels neutral about the carjacking because a friend told him the football players were being disrespectful to the suspect before he robbed them.

"If they were being more respectful," said Haraj-Sai, "Then it wouldn't have happened. The guy probably did it just to prove a point."

The way Haraj-Sai sees it, he said, New Haven is the kind of place where if a person is at the wrong place at the wrong time, they can become a victim. He said there are several things he does to make sure he stays safe.

"It's about being confident," Haraj-Sai said. "Be confident and don't make yourself a target. The people around here aren't dumb. They won't mess with you unless you cause problems or make it look easy."

Students and faculty learn about 'The Effects of Ending DACA'

By Josh LaBella

Attorney General Jeff Sessions announced on Sept. 5 that the Trump administration would be rescinding the Deferred Action for Childhood Arrivals Program, known as DACA, instituted by the Obama administration in 2012.

"The DACA program was implemented in 2012 and essentially provided a legal status for recipients for a renewable two-year term, work authorization and other benefits, including participation in the social security program, to 800,000 mostly-adult illegal aliens," Sessions said.

The announcement caused many to fear that people in the DACA program would face deportation once their status came up for renewal.

"This is not the country we want," said Misty Ginicola, a professor in the counseling and school psychology department, or CSP.

Libby Rhoades and Ginicola hosted an event last Thursday in the Adanti Theater called "DACA Affects Us All."

Their focus, they said, was to discuss ways faculty and students could support students at Southern in the DACA program and promote social justice.

"We would like to start... talking to people about the impact of that," said Rhoades, the school psychology program coordinator, for CSP.

One person who spoke, Angela Lopez-Velasquez, said the students that have approached her are very nervous about how it could affect them.

"They are very upset and very afraid of the consequences that this will bring in the short term," said Clarkson Pereira, a professor in the special education department and a member of the undocumented student support team. "It's definitely been an emotional response right away."

Ginicola said there are several things people can do to help DACA students and one of the main ways is to just

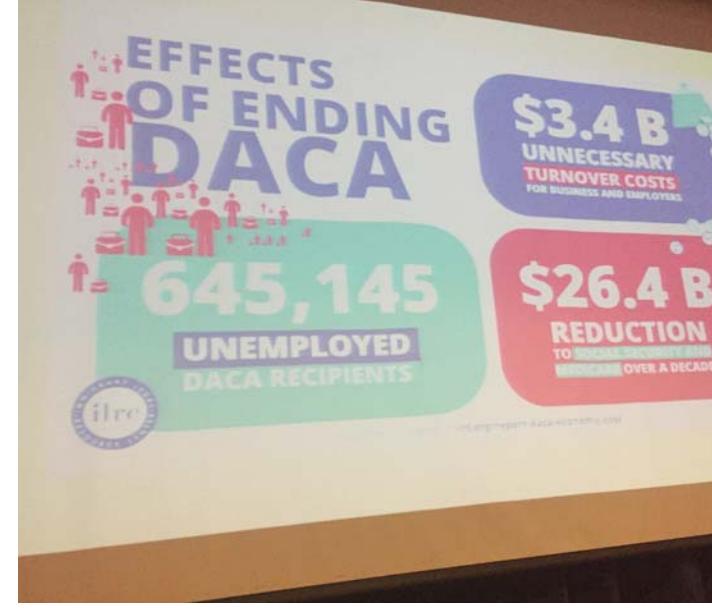


PHOTO | JOSH LABELLA

listen.

"Allow people to tell their stories," said Ginicola. "You want to make it better. That's not helpful. One piece of advice we want to give you is to listen. Sometimes when people are going through dark emotions and fear we shut them down really quickly. Allow them to talk."

According to Rhoades it is time to connect with students and make them feel supported.

"It's a powerful thing, seeing that you're not alone," she said.

According to Ginicola, one of the most important things to do is to not give up.

"Fighting an uphill battle is emotionally draining," Ginicola said. "It becomes too much, which is why people stop. Make sure to remain calm. We make better decisions when we are calm."

Both Ginicola and Rhoades said it is critical to help people in the DACA program get their stories out. Rhoades said the other side of crisis is opportunity and it is important to find the power of your voice.

Ginicola said, "When you want to make legislative change, you need the numbers yes, but you also need the stories. Stories are what move people to action and change the hearts and minds of people and the legislature."

According to Ginicola, Southern has been very supportive of DACA students. She noted that many of the people in the room were from different support groups across campus including the undocumented student support team.

After the event Francisco Salinas, a senior computer science major, said the presentation went well and he learned a lot. He said he came because he is part of the Hispanic community and he recently learned one of his close friends is in the DACA program.

"I didn't know he was a Dreamer," said Salinas. "He and I are sort of parallel. We met at Southern and we have similar backgrounds. We started here together and he's worked just as hard as I have. We started together and I want to finish together."

Caitlyn Clarkson Pereira, the student services coordinator in the school of education, said she came to the vent as a member of the undocumented students support team. She said she got involved after President Trump's election.

"Getting to know those students and hearing their stories," she said, "there was no question in my mind that they need as much advocacy and assistance as they can get. They are rock stars and I am so proud and lucky to know them."

Clarkson Pereira said she was happy with the turnout of the event. According to her, there is fear and anxiety people have in being involved with a movement like theirs because they do not know how it will make them look or if it will lead to consequences for themselves.

"It was good to a mix of faculty and staff and students here," Clarkson Pereira said, "and for us to bring more awareness about the undocumented student support team."

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"We really do more of the primary prevention and education," said Rosenthal. "We give the students the information about it, the risks associated with them, and we are also doing a new program where we go into every first year classroom and doing a survey on alcohol and other drug use."

Rosenthal said the new program is a campus survey of social norms. The program was started with a grant from the Connecticut Healthy Campus Initiative. They are asking students about their own drug use and what the students think their peers are doing.

"One thing we find is that people, especially young people, are always overestimate what their peers are doing," said Rosenthal. "Having that real specific, super local, recent data will help us say, 'Actually, you think that 90 percent of students are smoking weed, it's really more like 15 percent.'"

Sarah Keiser, the coordinator of alcohol and other drug services for the Counseling Center, said Southern received a \$10,000 grant from Transforming Youth in Recovery to start a collegiate recovery program.

"Collegiate recovery programs are assisting in creating a cultural shift in how we address substance use, addiction, and recovery for young adults," said Keiser. "The mission of CRP will be to provide students with the support and resources they need to excel in academics, social life and

personal growth."

Keiser said their main goal initially will be to raise awareness on Southern's campus about the programs they run and to let students know that there are places they can go to get assistance with their drug use. She said she hopes that someday there is a residential piece of the program where students can live in a drug-free dorm.

According to Keiser, alcohol continues to be the biggest drug related issue on campuses across the nation. She said a growing problem is the abuse of prescription drugs and that, with the opioid epidemic, it is impacting every community in every state. She said one important message for students struggling with addiction is that it's relatively easy to get treatment.

"Right now in Connecticut there are around 20 access sites that people can go to and receive immediate treatment for opioid addiction, regardless of insurance," said Keiser. "When I go out and I talk about the opioid epidemic I emphasize that access to treatment is easy, confidential, and there's a place on campus you can come."

Keiser said a big part of the challenge that colleges and universities face in terms of the opioid epidemic is changing the stigma that's associated with it.

"A lot of people are afraid to seek help," said Keiser. "That is a national push right now, especially among those of us who do this work, but also at colleges and universities."

Correction

A contributed story published on the Sept. 13 edition of the Southern News, in the News section, stated Ray Lucas died on Aug. 8. The actual date that Lucas passed away was Aug. 6.

Sorority raises money for Camp Rising Sun by giving haircuts

By August Pelliccio

Sisters of Southern's Alpha Sigma Alpha chapter got together last Wednesday to provide professional haircuts for students, and raise money for Camp Rising Sun.

A large crowd of students gathered in front of Buley Library from 10 a.m. to 4 p.m., and at this event, called "Buzz-a-Thon," they could enter to win prizes and get their hair cut. Participants donated \$10 each in exchange for a quality haircut. Staff members from Major League Barbershop and Academy donated their time to provide an expert touch of style for every haircut given at the charity event.

Alongside the Major League tent was another area where students could purchase clothing, the profits from which would also be donated.

According to Katt Twohill, vice president of public relations and recruitment for the sorority's Southern chapter, this is the eighth year in a row that the event had taken place. Twohill said that the sisters were afraid of rain

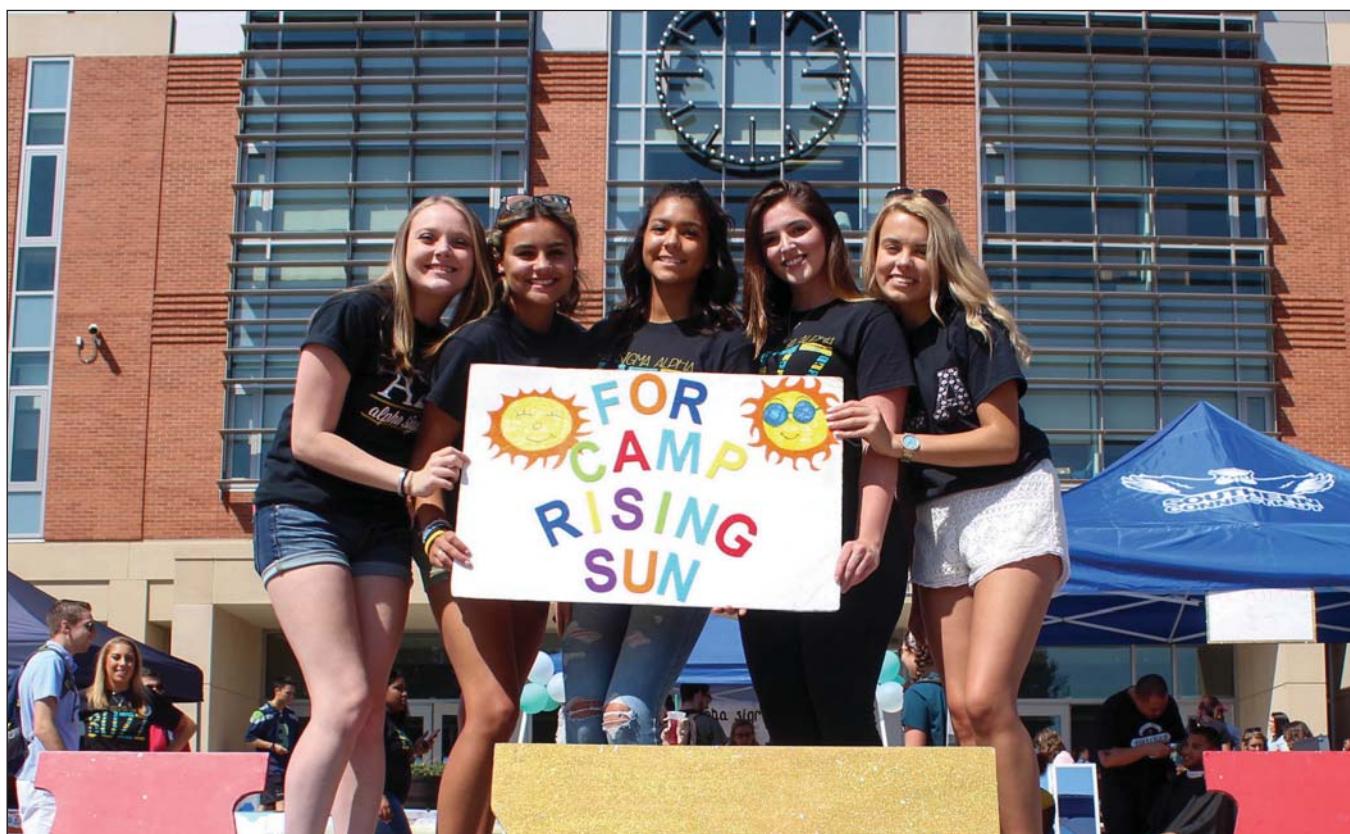


PHOTO |PALMER PIANA

Sorority of Southern's Alpha Sigma Alpha: Emily Folsom, Carley Korwel, Pamela Nowak, Mariah Eykelhoff, Laurel Mahler.

this year, but the weather held out and the turnout was pretty good.

The event's virtuous nature drives the sisters, according to Twohill. She said she likes "seeing Southern students come together like this, and support values we hold dear to our hearts."

Camp Rising Sun, the

donee of the event, is a organization whose mission statement is to "provide a nurturing environment for kids who have faced the diagnosis of cancer so that they may grow and learn from their experience to become the best they can be." Children attend the camp in Colebrook, and enjoy the comfort of

their peers' company, while all undergoing cancer treatment. This and more information about the camp can be found at their website, www.camprisingsun.com.

"Camp Rising Sun is an awesome organization," said Sarah Gissel, a senior sister of the sorority at Southern.

According to Gissel, the goal of this year's event was to raise enough money to pay in full for two children to attend the camp.

"We've expanded over the years," said Gissel. She said new vendors have even reached out to Alpha Sigma Alpha to ask if they could too participate. Lularoe, a women's clothing

retailer was a new addition to the event this year, for example.

"We're so grateful for everyone who volunteered," said Gissel on behalf of the sorority.

The growth in volunteer contribution has been matched by the growth of student participation, according to Vice President of programming and rituals for the Southern chapter of Alpha Sigma Alpha, Samantha Glasow. She said, "We didn't get this much participation years ago."

What was once a rather small event held under a tent beside the student center, according to the sorority sisters, has expanded to dominate the entire Buley Library patio.

"We grow the event because we want to raise more money," said Glasow. "It's such a great event, and everyone loves it."

Glasow said that "there are always kinks" when holding this event, but she was happy with how things played out. Thanks to the time donated by Major League Barber Shop, Lularoe, and all of the sorority sisters and alumni who attended this year, Twohill, Glasow, and Gissel all remarked the Buzz-a-Thon as a success.

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Club Spotlight: Bookmarks

Bookmarks English Club President, Urfa Kadeer, said whether a student is an English major or just interested in reading, it is a place that encourages an appreciation for literature and writing in its members.

By Mary Rudzis

Every Wednesday, English majors and those with a passion for literature gather for the Bookmarks English Club. In those meetings, students discuss their favorite books, characters they identify with, and talk about pop culture and their classes.

"We try to work with the professors and the department as a whole and just advocate the English major and English in general," said Urfa Kadeer, president of Bookmarks. "It's a social way of getting everyone to appreciate literature and writing."

This is Kadeer's second year as president, and she says her favorite thing about being a part of Bookmarks is seeing how other students progress through their time at Southern.

"I am really looking forward to just seeing how people grow throughout the semester," said Kadeer. "It's one of my favorite things to see new freshmen come in and see them grow into their own through this club and through their classes."

Kadeer says she always tries to make sure members

feel comfortable and that she checks in on them.

"I make sure to ask everyone how they're doing each meeting and if I see them around campus, it's just nice to help people get through their experience," said Kadeer.

Brad Wetmore, a junior English major and vice president of Bookmarks, said the club helped him feel more at ease at Southern.

"Bookmarks is important to me because it was my gateway into the Southern community," said Wetmore. "I was lucky enough to meet some of my best friends through it."

Wetmore added that being a part of Bookmarks opened him up to more opportunities on campus.

"It's opened my eyes to many more experiences on campus like Folio readings and has got me closer to professors," said Wetmore.

The sense of community at a Bookmarks meeting is something the members take seriously. Both Kadeer and Wetmore stressed the importance of friendship and support.

"The best part of Bookmarks is the members themselves," said Wetmore. "They bring everything they have

to a community that has grown a lot since I've been in the club and it's good to see that we are a club that welcomes all people of all backgrounds and majors, and that's just great."

Students interested in Bookmarks meetings can expect a very laid-back, social setting, with members engaging in different activities during meetings, like playing 20 questions to guess a character from a book.

"We really just like to talk about different types of stories whether it's a book or a movie or TV show, and it's just conversations that keep going about people recommending things to each other or just connecting over something they've read before or something that they're just interested in," said Kadeer.

According to Bookmarks' OwlConnect page, "Bookmarks English Club is dedicated to promoting literacy, through literature, at SCSU." They also seek to bring together not only

For English majors or anybody who has an interest in reading and literature, Bookmarks English Club meets Wednesdays at 1 p.m. in the English common room, Engleman Hall D253.



PHOTO COURTESY | MARY RUDZIS

The Bookmarks English Club at their Sept. 6, 2017 meeting.

How to prepare for grad school



PHOTO COURTESY | TYLER KORPONAI

Office of Graduate Admissions University Assistant Molly Murphy and Graduate Student Worker Luigi Marchese.

By Tyler Korponeai

As a Southern student, assume you plan on graduating this spring. What do you imagine yourself doing?

For the class of 2018, some would say attending graduate school. Daniel Emmans, an English major, finds himself already preparing for life after his bachelor's degree. Emmans describes the process as a constant awareness of new information and leads to follow.

"I've been looking at grad schools for a couple of months now," said Emmans. "I don't have my definitive list of where I want to apply yet, but it's an ongoing process. You learn new things everyday. You learn about new programs, new qualifiers, new things to get you ready for it."

Though he is unsure of where to apply, Emmans feels he has an advantage knowing what he wants to do next. Emmans attributes his direction to involving himself with people and programs on Southern's campus.

"I think finding what I want to do post-grad was definitely very dependent on my relationships with a lot of faculty and staff here," said Emmans. "Working with the orientation program for two years, that and my general college experience, not only showed me that student affairs is a field that exists, which I didn't even know coming into college, but also that it's something I can see myself doing and being passionate about every day."

If you know what you want to study, you can begin considering programs and what they require. In the Wintergreen Building, you can find the Office of Graduate Admissions, which holds open advising.

Assistant Director of the Office of Graduate Admissions Andrew Smith knows applying for graduate programs from the perspectives of having done it himself and also reviewing applications.

"To pinpoint a specific requirement for every program is a little challenging," said Smith. "Some programs require an interview that could weigh heavily. Some only look at recommendations. So ultimately it will depend on the program, and what I would recommend is for the individual to reach out to that program's coordinator and ask them questions. Have an advising session, learn about what they can do with the program, what they weigh heavily in their review process."

Even seemingly universal requirements are conditional. Luigi Marchese, a graduate student worker in the Office of Graduate Admissions who previously worked in TV production in Los Angeles, entered the masters program at Southern without having to take the Graduate Record Examination (GRE), a standardized test that many universities consider when reviewing candidates.

"The GRE was not a requirement because I was over a 3.0 for my undergraduate GPA," said Marchese. "There was an essay and I had to contact one of my undergraduate professors and also a boss of a company that I had worked for. He was a TV producer. If you've been working for a while I'd recommend both a letter of recommendation from someone who knows you, not just from the academic world but also professionally."

Molly Murphy, a university assistant in the Office of Graduate Admissions, graduated with her bachelors degree this past semester. Murphy likes working in the office so she can get a feel for what graduate studies is about.

Murphy said, "Give yourself opportunities and make sure you're taking advantage of everything that's in front of you, that would be my biggest piece of advice. At Southern, there's so much going on here. I would say definitely take advantage of all of that."

Thursday, Oct. 5 in the Adanti Student Center Ballroom, the Office of Graduate Admissions will hold an open house. Alumni Professionals Day will be held Tuesday, Sept. 19 in the main academic quad and is another excellent opportunity to gain information.

Unsung Hero: Earnest Arroyo

By Melissa Nunez

In the bustling cafeteria at Conn Hall, hungry students line up between their classes to fuel up for the day—behind the counter is Executive Chef, Earnest Arroyo, who oversees food service operations.

Arroyo began working at Southern in November 2016. Since then, he has established gluten-free, vegan and vegetarian stations at Conn Hall. He added he has also worked with the chefs and bakers, helping them advance their skills.

Given the significant population of gluten free, vegetarian and vegan students at Wesleyan University, Arroyo said his experience as their production manager of eight years helped shape some of the changes seen at Southern.

Before working at Wesleyan, Arroyo said he was not familiar with vegetarian or vegan cooking, but after some time he began to develop his skills.

"Before Wesleyan, I had no clue of the vegan or vegetarian culture, and it was up and coming and I worked at it," said Arroyo. "I learned where to procure certain products, then I started working with some of the vegan and vegetarian chefs, learning different methods and different presentations and sort of developed my own style on how to present it and how to produce it."

Previously, Arroyo worked at Trinity College for about a year and Central Connecticut State University for five years. While he has also worked in



PHOTO COURTESY | MELISSA NUNEZ

Executive Chef Earnest Arroyo in the kitchen at Conn Hall.

food service at other places such as the Marriot and Yale New Haven Hospital, to him, nothing compares to higher education.

"If you ask me which one I like the best, it is the one I have been with all these years: higher ed," said Arroyo. "It's the schedule, it's the atmosphere, it's working with students, working with programs, working with celebrations."

Celebrations such as the 2017 "Farm-to-Chef Week," from the Connecticut Department of Agriculture, said Arroyo. Throughout the week starting Sept. 17, Conn Hall will feature produce from local New England farms, he said.

Arroyo added he is also helping with "Hispanic Heritage Month" with Assistant Director for Transfer Students in Academic and Career Advising, Anna

Rivera-Alfarro, which features various events spanning from Sept. 15 through Oct. 15, such as the "A Taste of Latin America" celebration on Tuesday, Oct. 3 from 11 a.m. to 2 p.m. in Conn Hall.

Sporting a white chef jacket, Arroyo said he stands out from the rest, so students will often approach him with their thoughts or suggestions.

"I'm willing to listen to anyone and everyone who comes my way, either for advice or looking to give me suggestions and I'm willing to maybe put out some of these meals or suggestions, within reason," said Arroyo. "I can't serve filet mignon on the line, but if they want to see a cheddar meatloaf or maybe a recipe that their mom or grandma used to make, absolutely, bring it on."

Speaking from his extensive experience in food service, Arroyo said the relationship between himself and the consumer is key to a solid kitchen and makes it a point to be available to those willing to approach him.

"In this business, I have been doing this for over 25 years, from the very beginning I always made it a point to give people a couple minutes of your time," said Arroyo. "No matter how busy you are, to listen to issues, suggestions and just to hear what people are saying and what they are looking for. It makes a world of a difference, not just to them, but to the overall operation because you start producing things that people are looking for and it's a win, win situation. We're allies."

Student fibs to get out of class

By Jenna Stepleman

Everyone makes the occasional excuse to get out of work or class, but some excuses are far more commonplace others. Students and professors at SCSU shared some of their more memorable experiences.

Sophomore Kenneth Jimenez said, "Last spring semester I told my professor before going to class my mom had gotten a call I was being held hostage so she was worried and I had to leave campus that day."

The story is partially true, said Jimenez, "but I may have made it seem worse than it was, and obviously an excuse like that just comes off crazy in the first place."

Some students use what is around them, like John Dupnik, a graduate student who works in the library information technology department.

"One time I said in my economics class it smelled like there was a gas leak and we should leave," said Dupnik. "I was pretty sure the generator was outside and was making that smell, but it was noticeable."

Dupnik said given the smell, the professor was understanding about students wanting to leave.

"The class really did smell bad so she was cool about it," said Dupnik, "I don't want to say her name, but she did listen to me."

Common excuses for getting out of class, like being sick, traffic and things of that nature have always been considered a go-to. Devra Baxter, a junior international business major, created her own twist on a common excuse.

"I told my professor my sister was

getting married so I had to go out of town," Baxter said. "My sister had already got married about a month before and I used that to get out of class on the actual day too."

Professors are usually on the receiving end of these excuses and there is not much they can really do about it.

Emily Mclean, a sophomore social work major, said she heard a student say an excuse that made the professor laugh.

"The student said the bookstore didn't have the book so she didn't want to come to class without it," Mclean said "but we were all in class with the book and it wasn't a new semester."

Mclean added, "We all thought it was hilarious but I have no idea what they were thinking."

Sometimes keeping it simple does the trick, as Brandon Lyn, a junior finance major.

"I'm not sure how crazy it is but I said that I had to pick up someone at an airport to get out of my 8 a.m. English," said Lyn. "I think they kind of knew but I never asked."

Crazier lies may not be as believable, since by their very nature they sound unbelievable. Many people are hesitant to share their personal craziest excuse.

Mclean said while her experience is the most unbelievable she has witnessed, making excuses to miss class is not something she does herself.

"It's the craziest excuse I've ever heard but it's not my excuse to miss a class I paid for," said Mclean, "so let them do what they want."



PHOTO COURTESY | JOHN RH

Participate in our
Halloween Writing Contest
Presented by the Southern News

Submit your most chilling, spine tingling Halloween horror stories to the Southern News and three winners will be featured in the October 25 issue.

Stories must be 500 to 600 words.
Must not include profanities or obscenities.
Must be submitted to SCSU.Southern.News@gmail.com before October 21.
Be sure to include your name, year, major, and best form of contact within the email submission.
Good luck and happy haunting, Owls!



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Vince Giordano brings Ragtime & Jazz to Southern

By Jenna Steplemen

Ragtime and jazz music lit up the Adanti Student Center ballroom on Thursday night at 8 p.m. where Vince Giordano and The Nighthawks played to a lively crowd.

Most of the crowd gathered at the event probably had not attended college in a few years. It was sponsored by Home Haven, an in-home or village nursing facility in the greater Hartford and New Haven area specifically for people aged 50 and over.

Tina Dupont, the marketing director of Home Haven, was excited to speak about the benefits of planning early or even anyone considering future plans for a loved one.

"We're here tonight mostly to raise awareness," she said. "We've recently opened an office in New Haven and we want people to know it's not just home care, it's also things like snow removal, transportation, handyman services and more for people who can't do it themselves anymore."

Tickets were \$35 a person, and the event itself was

a classy and formal event where red and white wine were served with meats, kebabs and cheeses included in the ticket price.

Kat Calhoun, a New Haven resident, formerly played the bassoon in a band back in California. This was her first time attending an event for this band, but her boyfriend Eric Zabor knew a member of the band and brought her along.

Calhoun said, "I hope people make use of the dance floor because swing and jazz aren't the same without dancing."

And dance they certainly did. It took a few songs before a mysterious young group of people made their way into the event late and took to the dance floor.

"Puttin' on the Ritz", originally written by Irving Berlin and famously sung by Fred Astaire and Clark Gable in the 1930s, got the crowd up on its feet dancing with the group of young people.

Isabell Bate is soon to be a college student. She was one of the dancers doing an impressively choreographed charleston to the music. She said she had watched a documentary years ago about 1920s jazz/swing and fell in love.

She is a member of a Yale swing and blues dance group. Anyone is free to join and according to their website it is, "Yale Swing, Blues, and Fusion is the non-competitive swing and blues dancing community on campus. We provide a space for people to get together and dance in a fun, informal setting."

Bate says, "I just joined and I feel I've made huge improvements already and it's a no stress environment."

The group generally practices Sundays at 7:30 p.m. and has special events that can be seen on their Facebook or Yale's official club website.

While Bate and other members of her group dance to the music with the older crowd, the band plays songs from as early as 1917 with the "Barnyard Blues" all the way to Louis Armstrong in 1925 "Sugar Stomp."

The band was prohibited from selling its CDs and other merchandise at the event but that did not stop the crowd's enthusiasm for the band, from making requests toward the end of the show and at the end finally giving a standing ovation for the classic "Sing, Sing, Sing" classically sung by Benny Goodman.



PHOTO | JENNA STAPLEMEN

Dancing was on full display Thursday night.

After 6 years 'The Cool Kids' in rap are back



Chuck Inglish of The Cool Kids performing.

PHOTO CREDIT | JACOB ALLEN-JORDAN

By Lynandro Simmons

It has been six years since The Cool Kids released their debut album "When Fish Ride Bicycles." When the duo first split up to pursue solo careers, fans were left to believe they could possibly never see another Cool Kids album. Now, after numerous false-starts, the duo have finally returned with their newest album "Special Edition Grandmaster Deluxe."

When the Cool Kids – comprised of rapper Sir Michael Rocks and rapper/producer Chuck Inglish – first came onto the scene many could say they were pioneers to the styles seen in rap today. From the more fitted clothing to the 90s throwback gear, they were often said to be ahead of their time. Their burgeoning career was also during the advent of rap blogs and rappers starting to create careers without relying on physical products.

Upon their much awaited return, The Cool

Kids have not lost a step. Inglish's spacey and hard hitting drum production remains, and the monotonous rap style of the duo is still effective. From the opening track titled "The Moonlanding," The Cool Kids create a world filled with interesting sounds and braggadocios lyrics about their kicks, women and cars.

Though the subject matter of the duo never strays into new territory, The Cool Kids do what they do best: cool raps over hard beats. Instead of stepping into new territory, the duo further expands on the world they originally created with their unique styles years ago. They have managed to stay true to their sound while at the same time refining it to fit in the year 2017.

Though the summer has now passed, tracks like "9:15" featuring singer Jeremih will remind fans of a chill summer day. This was and is The Cool Kids' greatest asset, their music is fun. It can be played at parties or provide a soundtrack for summer afternoon drives.

The album takes a turn to the west coast on the track "Westside Connections," with Buddy, Warm

Brew and Jay Worthy. Pulling from the G-Funk sounds of west coast rap The Cool Kids show how versatile their rap style is.

It has been almost 10 years since the duo's breakout tape "The Bake Sale" and the group is still proving they are one step ahead of the crowd. Though this is only the group's second album after a long career of heralded mixtape and EPs, the group sounds like veterans in the game. The 16-track album is filled with party jams and chill songs. This album is not meant to change someone's life, but it could provide a fun soundtrack on the way to a party.

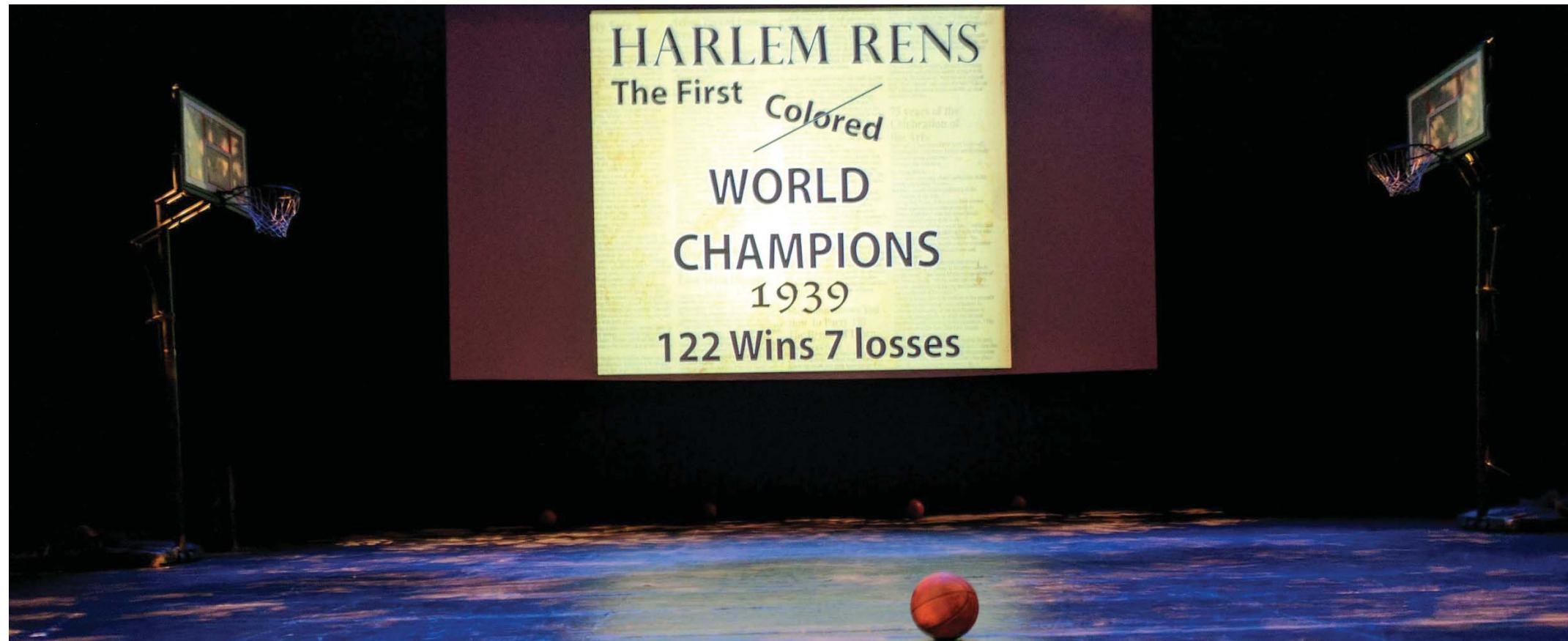
Some fans may have been looking for a form of growth or maturity in their lyrics after a six-year wait, but that is not evident on this new album. However, coming to a Cool Kids album looking for thought-provoking lyrics may show a person was not a real fan to begin with. On the track "Checkout," Inglish sums up the duo's return in the midst of his spectacular verse: "My beats got better and my bars got heavy."

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Harlem's Greatest Story Never Told



The Stage for Friday night's performance.

PHOTO | GIOVANNI LOPEZ

By Gregory Gagliardi

Layon Gray's latest play, "Kings of Harlem" introduces audience to life before the Harlem Globetrotters.

"I was researching another play, and stumbled upon the story of who came before the Globetrotters. I was fascinated," said Gray.

A fictional story based upon facts, "Kings of Harlem" tells the story of the 1939 Harlem Rens basketball team that overcame adversity to win more than 2,000 games. The Rens played in an era of segregation. Despite never being officially accepted professionally or socially, the Rens became one of the most successful all-black professional basketball teams in the 1920s and 30s.

At this time basketball was a

"white man's game." Thaddeus Young, the actor playing JoJo said, "It's laughable now to consider basketball a white man game. We are all capable regardless of our race and sex."

"Kings of Harlem" uses basketball as a theme. Basketball is not only a sport, but also an escape. A game that is played in tough neighborhoods where options are limited have made the sport even more popular.

"It's global thing," said Young. "You look at Serbia and Croatia these gentlemen are coming overseas and dominating the NBA."

The Rens got their name from playing at the Renaissance Casino ballroom in Harlem. Through flashy play and graceful movements, the Rens attracted many fans. They toured the country competing against black and white teams, and

in the process complied the most impressive winning streak in basketball history.

Star Player Dee Dee Whit played by Delano Barbosa was the glue guy, a player who helps to hold the team together..

"Dee Dee brought the fun into the game," said Barbosa. "He was a smooth talker, gambler and loved women."

The Rens were historic, setting numerous records, including most games won in a season. Even with record shattering success, the Rens' story remained a secret, even the actors had not heard of them.

"I had heard of the Globetrotters, but not the Rens," said Lamar K. Cheston, who plays Leroy.

Cheston called the Ren's "part of the greatest stories you've never heard." And added that NBA Hall of Famers Kareem Abdul Jabbar and

Tiny Archibald were influenced by their story."

Kings of Harlem has struck a personal core with audiences and the cast.

Cheston's cast member Blake Morris said, "When I first read this play, I expected a history lesson. I love telling stories that I know nothing about. One of things Layon writes about his black male masculinity. All these men have dealt with pain. Black men don't typically deal with our pain, Layon allows us to."

Actor Melvin Huffdale, who played Benjamin added, "It's a great history lesson without being hit over the head. The play shouldn't be limited to a black audience. It can be appreciated by everyone"

In 1963, the entire team was inducted into the Professional Basketball Hall of Fame.

Still rocking, The Foo Fighters return in power

By August Pelliccio

A new studio album from Dave Grohl's band, Foo Fighters, was released Sept. 15. The band's ninth studio album primarily featured a motif on the heavier side of post-grunge alternative rock.

The album, "Concrete and Gold," features several cameos from a variety of musicians coming from different genres. It was also the first Foo Fighters album produced by Greg Kurstin.

Grohl spoke about how he got involved with Kurstin in a video released on the band's VEVO page, "The Making of Concrete and Gold."

Grohl said he loves Kurstin's own music from his band The Bird and the Bee and made friends with Kurstin years ago on a trip to Hawaii. Grohl said he lost hope that he would get to work with Kurstin when he found out about his busy schedule producing music for Sia, Adele and Pink.

It turned out that

Kurstin was happy to record music with the Foo Fighters; they began work in famous East-West Studios, on Sunset Boulevard in Hollywood.

The album begins with "T-Shirt," which starts with quiet vocals and minimalist acoustic guitar both by Grohl. Thirty seconds into the song, a grandiose entrance of full band hard rock abruptly introduces the heavy motif of the album.

Track two, "Run," continues the hard-rock theme and demonstrates that this album is distinctly heavier than previous albums recorded by the group. The song is fast paced and has a very full sound.

Justin Timberlake is the first of the celebrity cameos on the album in "Make It Right." One may hardly notice his presence in the song before reading the album credits; he sings backup vocals during the choruses.

"The Sky is a Neighborhood," and "La Dee Da" are both rather heavy songs, which both feature guest singer,

Alison Mosshart.

The pattern of "T-Shirt" was repeated in "Dirty Water." The song started with soothing vocals, and had easy going, light instrumentation. Halfway through the song, it picked up momentum and turned to the heavy rock style highlighted by the album.

"Arrows" continued to emphasize this juxtaposition between the hard rock and light alternative styles. The only song to not delve into the darker side of Grohl's writing was "Happy Ever After." It stands as an easy-listening outlier from the album.

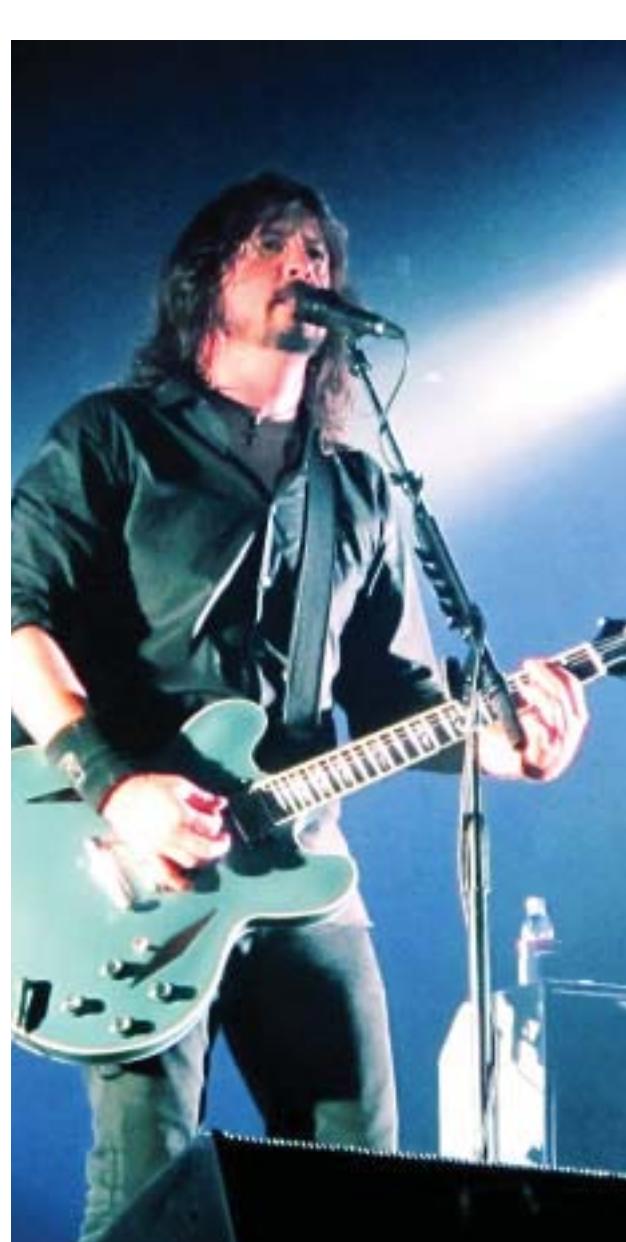
The antepenultimate song seems to include a few hat tips to The Beatles. "Sunday Rain's" opening guitar riff uses a reminiscent tone, and the song fades away to end with an otherwise random sounding piano solo, something you would expect in Sgt. Pepper's, or Abbey Road. As it turns out, this influence was expertly achieved with the help of Paul McCartney, who acts as the featured drummer on the track.

The immense fullness of the band's sound on this album is once again heard in "The Line."

In reference to this "full" sound, Grohl said in his VEVO feature that by working with such a great producer, "It's clear that these songs we have are going from Foo Fighters songs to something bigger than we've ever done before in our entire lives."

The album closes with its namesake, "Concrete and Gold." The final song starts in a rather dark place, musically, but goes on to a series of choruses, which properly demonstrate the full, rich sound, that was the intention of the album. This was aided by powerful background vocals from Boyz II Men singer, Shawn Stockman.

As a package, the songs on the album fit together well, and wholly demonstrated the effect that working with renowned producer Greg Kurstin had on the Foo Fighter's musical style.



Dave Grohl of the Foo Fighters.

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Senior tight end Ryne Griesenauer walking off the field during Southern's loss to Assumption.

PHOTO | PALMER PIANA

Women's soccer ends in scoreless tie



PHOTO | SOUTHERNCTOWLS.COM

Senior goalkeeper Gabrielle Arruda has set her career high this season with 12 saves.

By Matt Gad

Last Wednesday, Southern and UNH went in double overtime and tied 0-0. Gabrielle Arruda had 10 saves under the goal post to keep the Chargers off the board.

"I think, in my position, I have to stay very calm and collected," Arruda said. "I have to radiate that energy from my other players."

She said that she is no stranger to these types of tense situations. In the regular season, Southern plays to the rule of a maximum of two 10-minute "golden goal" overtime periods. If the score remains tied after the second period of overtime, the game ends in a draw.

Golden goal is the soccer equivalent of sudden death. In traditional professional soccer, an overtime would still be played out even if a goal is scored. In the playoffs, Southern would have gone to a penalty shootout after the second overtime if the score remained tied.

"We wanted to win, right?" head coach Adam Cohen said. "But we've got to put things into perspective: we're starting eight players that we've either never started or have played very limitedly. This is an education for them, to play in a competitive game like this."

The Owls dropped a 1-0 decision to Saint Rose Saturday to put them at 1-4-1 on the year. The team had the exact same record through their first six games last season, though each contest did not have an identical result.

SEE WOMEN'S SOCCER PAGE 10

Football comes out flat

The Owls were shut down this past Saturday as they only scored one touchdown in a 25-8 loss, dropping them to 1-2 on the season.

By Matt Gad

Fresh off Ray Catapano's monster game at Stonehill on Sept. 9, where he threw for 227 yards and two touchdowns, the 1-1 Owls tried to bring their success back home. However, things were never able to materialize against Assumption.

Three minutes into the game, Catapano was sacked in the endzone for a safety and after that the Greyhounds relied on the leg of their kicker, Cole Tracy, to provide most of their offense. He hit from 38, 49 and 37, respectively, and gave Assumption an 11-0 halftime lead. The Greyhounds kept the pressure

on the whole way through, defeating Southern by a final of 25-8.

"Credit their defense, credit their players and their coaching staff for a job well done," head coach Tom Godek said. "And on the other hand, you really have to credit our defense for containing an awesome offensive attack that they had there."

"It wasn't just the offense that lost this game."

— Brandon Pelzer,
junior linebacker

Redshirt junior John Strezo led the team with

seven tackles, including one for a loss of yardage, in the loss and David Spears Jr., a junior, was part of a trio of Owls that picked up six tackles for the game.

Junior Brandon Pelzer said the defense sticks together as brothers and takes it one possession at a time. He said the offense will start clicking and that there is need for improvement on "both sides of the ball."

Said Pelzer: "It wasn't just the offense that lost this game — we just gotta get better for AIC next week. Our defense has way more potential — this was a good performance but there's a lot more we can capitalize on. [We] just

got to keep preparing for AIC — three Friday nights back-to-back-to-back. This game's behind us, definitely a tough loss but we got AIC now."

That game will be in Springfield, Massachusetts Friday night at 7. The Owls will return home for a crosstown rivalry with the University of New Haven Sept. 29, under the Jess Dow Field lights, at 7 p.m.

Godek praised his team's defensive pressure, saying, "Our coaches really put some pretty great effort into the game plan. I'm really proud of the way our players responded — two interceptions, a couple of stops on short yardage — that's really exciting to see, to see that, too."

SEE FOOTBALL PAGE 11

Fogel hired as new assistant coach

By Matt Gad

Mark Fogel was named as Scott Burrell's newest right hand man this fall. He takes over for Mike Papale, who has gone on to focus more on his foundation, In A Heartbeat, supporting victims of sudden cardiac arrest.

Describing how he got this opportunity, Fogel said, "I've been close with (former) coach Papale ever since I got the job at Quinnipiac two years ago. I replaced Mike at Quinnipiac and now I'm replacing him here. When things began to change at Quinnipiac (at the end of the Tom Moore regime)

Mike told me he would be doing his foundation full time."

Fogel said he has known Burrell for a bit and he expressed that he was "really interested in the job." The aforementioned Moore firing included the entire basketball staff of where Fogel was then their director of Basketball Operations, so he said he "needed to find something new." Moore was fired March 7 after 10 seasons with the Bobcats.

"Mike found his passion in life which is working on his foundation. With his situation you can see what he's been through and how he wants

to help keep people alert and save lives," Burrell said. "You can't fault someone for having a passion."

Burrell said he feels Fogel can help him become a better coach as a result of his past experiences all over the basketball map: "I don't want someone that just listens. I want someone who knows the game and he definitely knows the game; he's been around every level: junior college, college, Division I, Division II, Division III; I wanted someone with that experience."

Fogel's career started as a student assistant for former Tennessee head men's basketball coach Bruce Pearl and



PHOTO | SOUTHERNCTOWLS.COM

Mark Fogel has been hired as the new men's basketball coach, replacing Michael Papale.

SEE FOGEL PAGE 11

Women's soccer

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"To gut the tie out, we got a little bit better," Cohen said. "We build off this; the work rate, the competitiveness, the battling - those are things, with a young team, you build off of. We would've liked to have won the game but we're going to look more at the positives."

Last year, the team finished their season with three ties. Since 2007, the team has had at least one instance of a tie every year. Tie games are a frequent result in the sport of soccer, however, playoff games cannot end in a tie so penalty kicks become part of the equation.

"It is something where you have to stay on your toes," Arruda said. "You have to be engaged when the ball comes down but I think the best thing for the sudden death situations is just to be calm and collected."

Arruda also said that it is important for the other players to also just continue to play and not get "caught up in the hype of golden goal."

Said Arruda: "We've definitely been in a few of these before. I know last year we had quite a few overtimes. Unfortunately we didn't come out successful tonight but I think this is a good step forward for our team. We definitely build on this and the positives are not giving up a goal and that



PHOTO | SOUTHERN COWLS.COM

Arruda during her shut-out performance against the University of New Haven.

our back three: Nadine (Hilkert), Olivia (Holubecki) and "JoJo" (Johanna Wahlen) played phenomenal tonight and they really held it down back there."

The team is struggling to

adjust to new starters. Cohen has said that the team is starting a lot of players that the team has never started before.

The record shows that as the team has started off with

a disappointing 1-4-1 record. Last year the team finished 9-7-3.

The Owls will be back at home Sept. 27 against Adelphi, at 7 p.m. and also have American International Sept. 30

starting at noon as they look to try and turn their season around.

Ray Catapano leaving it all on the field in senior year



PHOTO | PALMER PIANA

Catapano celebrating a touchdown against Gannon University earlier in the 2017 season.

By Mike Riccio

Ray Catapano has played football since he was 10-years-old, and he says he has no regrets as an athlete as his begins his senior year as the starting quarterback of the SCSU football team.

"I've always had the mentality of leave it all on the field," Catapano said. "I look back and I've had a great time as a football player and I wouldn't change a thing."

Before Catapano enrolled at Southern, he became a star quarterback at Carey High School in New York, helping his team win the Nassau County and Long Island championships. His list of

accomplishments includes the Jim Thorpe Memorial award winner for best player in Nassau County, co-winner of the Don Snyder best quarterback award, and he holds the school record for passing yards and passing touchdowns.

Catapano said his father has had the biggest impact on his football career. He said he has been to almost every game and has been his biggest supporter.

When deciding where to play college football, Catapano said the process was tough because of the different schools a college athlete must travel to in order to make the right decision.

"Once that final decision came down," Catapano said, "it's whether or not what school felt

like home, and I think Southern was the right choice for me."

Catapano got his chance to start as a true freshman upon arriving to Southern and made the most of his opportunity. He was named to the Northeast-10 All-Rookie Team while throwing for 1136 yards and running for 380 yards. Even though Catapano had success in his first year playing college football, he says the biggest obstacle in his life also came during that year.

"I had wrist surgery and I was out for five months," Catapano said. "Coming back from that and being able to throw again and get everything down pat was pretty tough."

Although much of the attention Catapano receives is from his football accomplishments, he has also been recognized for his schoolwork, as he was named to the Northeast-10 Commissioner's Honor Roll selection. To be eligible, a student-athlete must have a minimum 3.0 semester grade point average during the semester.

Catapano said he has felt overwhelmed balancing school work and being a student-athlete and said schedule management is the toughest part about being a student-athlete, especially during his freshman year.

"During the middle of the season I had a bunch of tests coming up and classes that I

wasn't totally prepared for but it taught me lessons on how to budget time and figure out what's important in my life," Catapano said.

As his Southern football career is coming to a close, he said his favorite memory came on Sept. 23, 2016 against American International College.

Catapano entered the game with nine minutes left and the Owls trailing. He led the offense 65 yards down the field and threw a game winning touchdown pass to Devante Jenkins.

After graduating college, Catapano is unsure what he will do next regarding football, but he wants to remain involved in the game.

Johnny Manziel column

By Matt Gad

We knew him as the party-loving Texas A&M pretty boy, and then we were all shocked when the Cleveland Browns took a shot at him in the draft. But, he did not last long - no, not at all. The infamous Johnny Manziel never seemed to be able to get over his immature partying ways. Once he got into the National Football League, things still did not seem to be clicking

for him.

Most times, even if someone is a bit immature coming out of college, they are sure to fine-tune themselves once they realize the tremendous opportunities that await them. However, in Johnny's case, that never seemed to happen. The Browns took a chance on him, one of the many, many gunslingers they have taken a chance on within the last decade, but it clearly was not meant to be.

Now, the Hamilton Tiger Cats

of the Canadian Football League have been presented with a brief opportunity to negotiate a contract with the 24-year-old quarterback. Their 10-day window began Sept. 13 so we should know at least something about the future of Johnny Football by this weekend. And beyond the lure of bringing him in, creating a Tebow-effect, if you will, they actually need to be able to evaluate his football skills.

The media has not picked up much on Manziel since he and

the Browns parted ways - aside from a few TMZ stories he has been a distant memory. However, those TMZ stories did include Manziel saying he was busy working out so maybe he actually still is in football shape. At this point, who knows?

But, if we are judging Manziel on his past, even if he does get an opportunity in Hamilton, his partying antics could come into play yet again. Johnny may have to call up Drake and see what Canada has to offer.



Matt Gad - Sports Writer

Football

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"That's a great football team," Godek said of Assumption. "You really have to give their players credit - they know how to win and they know how to put games away."

Their quarterback, Marc Monks, went 12-26 for 115 yards. Despite throwing two interceptions, he showed great awareness. Dylan Oxsen led all running backs with 19 carries for 93 yards and a touchdown. On the Southern side of the ball, junior Eli Parks ran 12 times for 69 yards. His longest carry of the night went for 22 yards.

"We're very proud of how our defense responded," Godek said. "That's a high octane offense out there [for Assumption] and they were able to contain players against us and many Northeast-10 schools."



A play at the line of scrimmage during Saturday's game against Assumption.

PHOTO | SOUTHERNCTOWLS.COM

Fogel

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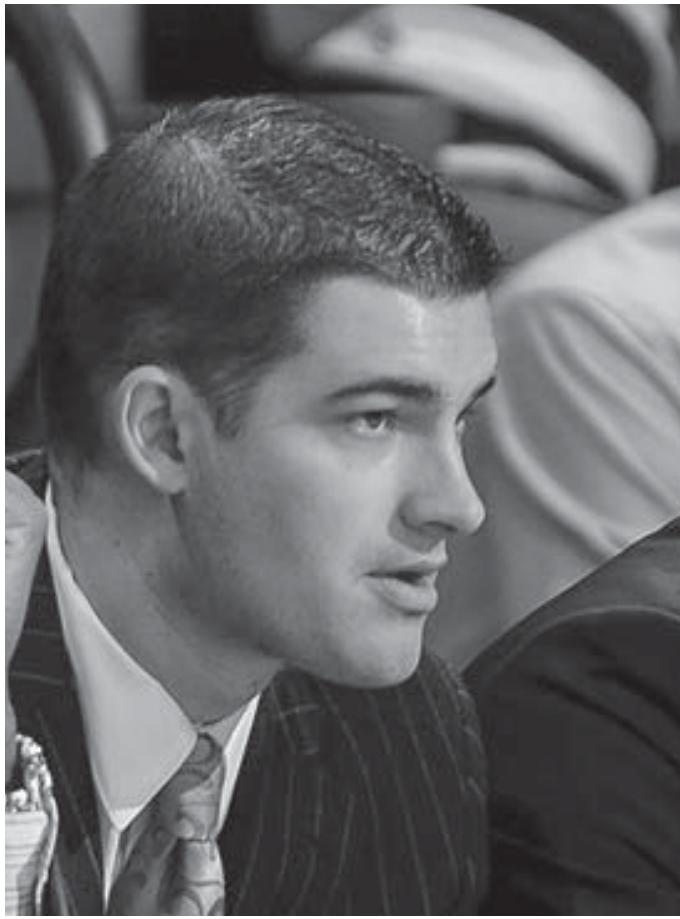


PHOTO | SOUTHERNCTOWLS.COM

Former Assistant Coach Michael Papale sitting down on the bench during a game last season.

included stops at Columbia State Community College, Mass Bay Community College and Wheelock College. He was also a video and player development coordinator at Tulane University and an assistant at Odessa College before he was hired at Quinnipiac.

"Every position I've been at I've continued to learn," Fogel said. "I've been with a lot of great head coaches and I've learned things from each spot. I'm really happy to be [at Southern] and working with Coach Burrell and being on the floor coaching and recruiting again."

He will get that chance Nov. 6 when the men take on the Syracuse Orange in an exhibition game in New York. They then open the regular-season up Nov. 15 with Saint Rose at Moore Field House.

"I'm looking forward to being more of a leader after playing back-to-back years with Desmond Williams and Michael Mallory," junior Joey Wallace said. "I feel like it's my turn to step up and do a little more than I've been doing."

Speaking on his game, Wallace also said he hopes to be more aggressive on the offensive end. During his Southern tenure, Michael Mallory was a scoring machine. He is the all-time leading scorer in Owls history with over 2,000 career points scored.

"We're looking for someone to lead our team on and off the court," Burrell said. Hopefully it's not just one guy but a few guys that can do it."

Jadus leading volleyball resurgence



Jadus set an SCSU record last year with 1,323 attempts.

PHOTO | SOUTHERNCTOWLS.COM

By Kevin Crompton

Coming off a disheartening, below .500 season a year ago, the SCSU volleyball team is off to the best start the school has seen in the last five years.

Captain Leanna Jadus, who currently leads the team with 104 kills, has played a pivotal role in the team's 7-2 start to the 2017 season. The Owls ripped off five straight wins in their first five matchups before falling in back to back games to 8-1 Molloy College and 6-2 LIU Post.

With Jadus leading the way, Southern bounced back and got into rhythm again winning both of their games this week in 3-0 fashion against Post University and Queens College.

"We recollect and focused on what each member needed to do," said Jadus. "We remembered that we are all good players and we need to start performing like them. We sometimes forget that in high stress situations, but we just needed a good pep talk to hype us up. We just need

to stay hungry and keep grinding!"

Jadus, who was named junior captain in her sophomore season last year, was named official captain for the 2017 season.

"Being captain was something I never really wanted to be honest," said Jadus. "I was always the one that didn't want to yell at other players, and I'd rather be a leader by example than be a vocal leader. After transitioning to the captain role, I grew a lot as a person and focused on what was best for the team."

Despite a 15-19 record in the 2016 season, Jadus set an SCSU single-season record for most total attempts at 1,323. In addition to the proof the record books provide for Jadus' tough grind and devotion, teammate and senior captain Nicole Hauser weighed in.

"Leanna is a passionate player who gives her max effort every day," said Hauser. "She's a player that loves to compete and she's continually pushing her teammates to play at their best each day."

Although impressive, Jadus' success this year is not surprising

by any means. As a freshman, Jadus recorded 10 double-doubles, one triple-double, and lead the team at the end of the season in kills at 241 as well as service aces at 29.

"She's been a consistent performer for us and someone we can use as a 'go-to' in crucial moments," said Hauser.

The Owls will look to advance their seven wins on the season to eight this weekend.

"This 7-2 record is just the beginning of a very exciting season as a team," said Jadus. "We are very excited and want to keep pushing and getting better every day at practice. It's really exciting for me and a lot of the older girls as well because we have been through the seasons when the team wasn't as strong. It's exciting to see the program build and leave the program better than we came into it."

Jadus and the rest of the girls will take on Le Moyne College (5-4) on the road Saturday Sept. 16 in Syracuse, New York.

Bronx Bombers column

By Phil Zoppi

The Yankees are most likely going to face off against the Minnesota Twins in the American League wild card game and even if they lose, it has been a successful season for the Bronx Bombers.

The 2017 season was supposed to be one to forget in the Bronx but it has been anything but that. Everyone knows Aaron Judge and Gary Sanchez have had historic seasons but the front office has done so much more to make

the Yankees a perennial playoff team for years to come.

The smartest move the Yanks made all year was adding Sonny Gray. Gray embodies everything the team is about right now. Not only does Gray help the Yankees win right now but he is also a talented 27-year-old pitcher that is still under team control for the next two years. No longer is this team just living in the now and throwing money around to win. The front office has recognized that they need to be smarter and build up one of the best farm systems in the MLB.

The Yankees farm system is so deep that they almost had to make the move for Gray. Prospects like Gleyber Torres, Clint Frazier and Miguel Andujar highlight the very deep Yankees farm system and guys who are playing behind them right now are good enough to play on other teams so it only makes sense to move them.

It is not just the offense that is set up for future success either. The Yankees pitching staff is in the best shape that it has been in since the 2009 World Series team. Luis Severino has turned into the ace that

the Yankees thought he could be as he has turned in a stellar 2017 season pitching to 2.96 earned run average and 211 strikeouts. Being backed up by the aforementioned Gray and Masahiro Tanaka gives the Yankees a staff that can legitimately compete in the playoffs.

It is not World Series or bust this season, Yankees fans. The Yankees are set up better than they have been in a long time and Yankees fans need to enjoy it.



Phil Zoppi - Sports Editor

SCSU Football vs. Assumption College



PHOTO | PALMER PIANA

Southern and Assumption line up before a field goal attempt.



PHOTO | PALMER PIANA

A Southern receiver points towards the sidelines before a play.



PHOTO | PALMER PIANA

A Southern player trying to run by an Assumption defender.



PHOTO | PALMER PIANA

Isaiah Dockett waiting for a pass to come to him.

Northeast-10 Standings

MEN'S FOOTBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
ASSUMPTION	2	2-0	1.000	3	3-0	1.000
LIU POST	2	2-0	1.000	3	3-0	1.000
BENTLEY	2	2-0	1.000	3	2-1	0.667
NEW HAVEN	2	1-1	0.500	3	2-1	0.667
PACE	2	1-1	0.500	3	2-1	0.667
MERRIMACK	2	1-1	0.500	3	1-2	0.333
SO. CONNECTICUT	2	1-1	0.500	3	1-2	0.333
STONEHILL	2	0-2	0.000	3	1-2	0.333
AMERICAN INT'L	2	0-2	0.000	3	0-3	0.000
SAIN T ANSELM	2	0-2	0.000	3	0-3	0.000

WOMEN'S VOLLEYBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
SO. CONNECTICUT	1	1-0	1.000	10	8-2	0.800
SAINT ANSELM	1	1-0	1.000	10	6-4	0.600
ADELPHI	1	1-0	1.000	11	4-7	0.364
FRANKLIN PIERCE	1	1-0	1.000	10	3-7	0.300
BENTLEY	0	0-0	0.000	10	6-4	0.600
AMERICAN INT'L	0	0-0	0.000	12	7-5	0.583
NEW HAVEN	0	0-0	0.000	11	4-7	0.364
STONEHILL	0	0-0	0.000	9	3-6	0.333
SO. NEW HAMPSHIRE	0	0-0	0.000	7	2-5	0.286
ASSUMPTION	0	0-0	0.000	9	2-7	0.222
SAIN T MICHAEL'S	0	0-0	0.000	4	0-4	0.000
LE MOYNE	1	0-1	0.000	10	5-5	0.500
SAINT ROSE	1	0-1	0.000	12	6-6	0.500
MERRIMACK	1	0-1	0.000	9	2-7	0.222
PACE	1	0-1	0.000	9	2-7	0.222

OPINIONS

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PHOTO COURTESY | MIKE MOZART

Student speaks out on fast fashion

By Mary Rudzis

College students often lament over never having enough money. Between the cost of tuition, books and commuting or boarding, it is difficult to also pay for recreational activities and clothing. On any college campus, including Southern students can be seen wearing everything from pajamas to expensive sneakers and brand name athletic gear to fast fashion pieces from Forever 21 or H&M. People may not be aware of where their clothing comes from, or how the people who make the clothes are treated and with so many students being more socially conscious, there are some things that every consumer should be aware of.

A Deeper Luxury report by World Wildlife Fund UK found that "consumers with increasing concerns for environmental and social problems are the greatest cultural shift of the 21st century." This included sustainable and ethical fashion. One of the biggest issues in the fashion industry is child labor. According to "The True Cost," a documentary about the fashion industry, families of underprivileged children work all day long, are underpaid and are unable to go to school.

In the countries where most clothing is made, such as Bangladesh and Vietnam, the workers are denied basic human rights and a living wage. They also have to deal with long-term exposure to pesticides, lead-based dyes, and poisoning from chemicals and have been found to suffer from headaches, tremors, impaired memory, depression, just to name a few. (Source)

The fashion industry also causes a lot of environmental

problems such as toxic pesticides being dumped into bodies of water and poison gases coming from manufacturing factories. The carbon footprint of the fashion industry is enormous and has resulted in a lot of pollution, according to "The True Cost."

While all of these issues seem difficult to fix, there are easy and effective ways to consume more ethically on a budget, while still being fashionable. The first is by just doing research on where the clothing from different stores come from. Some companies partake in the fair trade movement, or have created microeconomic loan programs to help workers in other countries. Also, do research in-store by reading labels and checking to see where the clothing is made, and if it was made in a country that does not use sweatshops such as the U.S. or Canada.

Some brands have a one-for-one program, meaning that for each item you buy the brand donates one to a person in need, brands such as Toms shoes, State-a brand that sells backpacks and accessories-Out of Print Clothing and Warby Parker, which gives a pair of glasses to someone in need for every pair purchased, or Twice As Warm also sells hats, scarves, and gloves, and also give to those in need.

By being a more ethical consumer, college students can make an impact on the environment as well as human rights. When it comes time to replace a pair of shoes, buy a new jacket for winter, or get a new pair of glasses, take a little extra time to research not only reviews of the product, but where it comes from and if it has done more harm than good before it made its way onto a mannequin.

kids. They endorse athletes that grace our TV screens nightly. Their cans are designed to grab your attention. As the years have progressed, Monster has expanded. The company now has a fleet of choices. Each convenience store seems to be stocked with a different selection. Regardless of the calorie count, each bottle provides limited health benefits. A "benefit" if you want to call it that, with Monster is the obvious-energy. College students get tired easily and the day is long. The human body is not designed to function at top speed for such long periods of time.

As the human body gets pumped with sugar and depending on your choice, possibly caffeine, you begin to feel a type of way, awake. At the moment, you are golden. You can participate in class and homework will be a breeze.

But all that glitters is not gold. Your body will crash. Now you are back to step one: tired and lazy. You can buy another Monster, which even Monster says is not wise.

Instead, try this. Order a coffee, a small black coffee. Do not chug, sip. Enjoy it, acquire the taste. Two things will happen—you will either love the taste or hate it, but above all you will get energized. You will get energized without sugars, with just caffeine. You may not love the way it happened, but you are awake and ready to go.

I will not go on the record and say coffee is "safe" or a "healthy" alternative to energy drinks, but on paper, less sugars and added preservatives makes the beverage healthier.

Public figures and their private lives

By Lynandro Simmons

People who have gone on to become celebrities, politicians or any other type of public figure typically have to make a great sacrifice: their private lives. Tabloids and paparazzi have made their living off of the private lives of those in the public eye. But just because these people are in the public light, should their lives be on display?

Often people argue that celebrities – especially actors and musicians – know what they are getting into once they become famous. This argument is weakened when one looks at situations that revolve around children. Today the private lives of celebrities include their children as well. Kids who are born into this – whether it is Kim Kardashian's children or Barack Obama's – did not ask for the media to indulge in their private lives.

This issue has become prevalent, and some celebrities have even started rebelling against the invasion of their private lives. Kanye West has been one of the most vocal celebrities when it comes to the relationship between the media and celebrities. West has argued about the tense situation involving media and their invasion of his and his family's privacy.

The relationship between the media and public figures is symbiotic: one cannot exist without the other. However, there is a delicate balance that has to be addressed as some members of the media have grown to be habitual line-steppers.

One of the larger issues that revolve around the heavy coverage of celebrities' private lives is that more important matters get lost in the mix. While socialites may depend on their personal lives to make their money, it should be questioned just how much of a politician's private life should be put into the public. When a video of Obama's daughter allegedly smoking marijuana came out there was an annoying conversation that surrounded the video. In truth, the short coverage of the video was pointless and did not even provoke thoughtful conversation.

This trend of following the private life of a politician so heavily can also cause issue when it comes to the greater scheme of things. It is important that people know who they are voting for but it is more important people understand the policy of the people they are voting for. "The Breakfast Club," a morning radio show, was able to secure an interview with Hillary Clinton during her presidential campaign. Instead of questioning her about policy they reverted to simple jokes about whether or not she liked hot sauce and carried it in her purse.

Some may look at this instance as unimportant or even consider "The Breakfast Club" as a media outlet that is not expected to throw heavy questions at a presidential candidate. However, this outlet is a source of information for a young generation and one can only imagine what Hillary could have gotten across to the youth if more serious subjects were pursued.

In politics, focusing on such meaningless conversation does more harm than good for the public. What does it matter if your politician is the greatest guy in his private life if his public policy is the exact opposite?

Of course scandals will always be headlining stories and it would be foolish to think otherwise. However, with the 24-hour cycle of news it may be in the best interest of the media and the public that some privacy is given to public figures.

SOUTHERN NEWS

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To submit a piece, email it to scsu.southern.news@gmail.com, or stop by the Southern News office on the second floor of the Student Center, room 225. Electronic submissions are preferred.

Opinion Columns are 500 to 800 words and Letters to the Editor are a maximum of 400 words. They must include the writer's name and phone number for verification. We reserve the right to edit for grammar, spelling, content and length.

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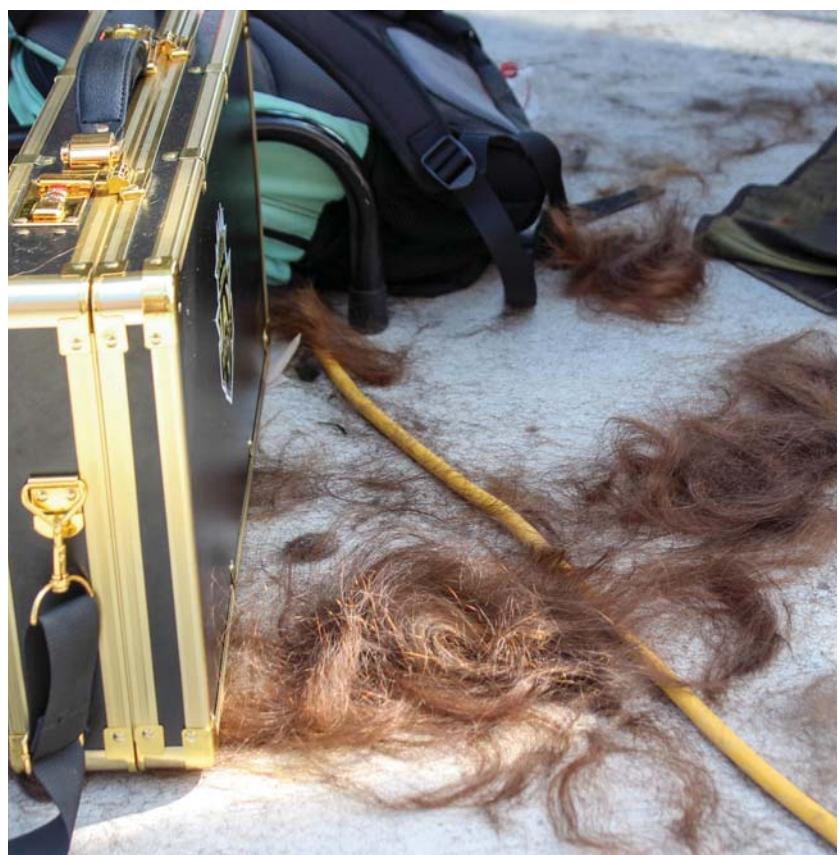
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Sorority hosts 'Buzz-a-Thon'

Photos by: Palmer Piana



Buzz-a-Thon taking place in front of Buley Library.



Hair laying on the ground after haircuts.



Mike McDowell, a junior sports management major, getting his hair cut.



Klayton Ferguson, a freshman special education major, getting his hair cut by Liv Cushing from Major League Barber Academy.



Mia Franco, a sophomore biology major, getting her hair cut by Gigi Franco, an independent hair stylist.

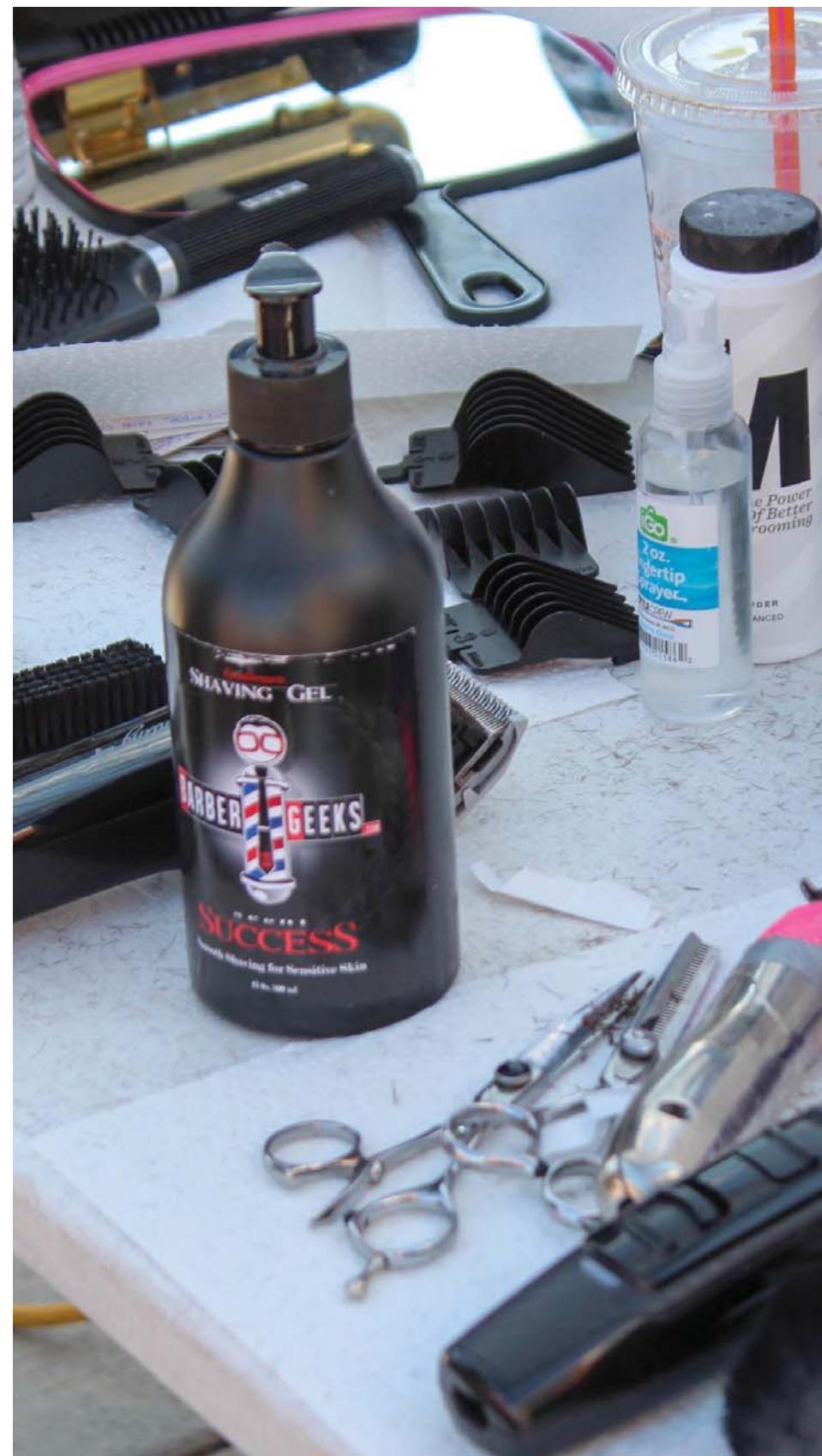


Table with tools and products being used for the haircut event.