



Social justice month with annual talent show

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SOUTHERN NEWS

WWW.THESOUTHERNNEWS.ORG

NOVEMBER 8, 2017

VOL. 55— ISSUE 10

Protests surround religious demonstration



Student that approached Don Karns in front of the Buley Library.

PHOTO | PALMER PIANA

Chartwells employees wish to better serve students

By August Pelliccio

Gladys Harris is a Chartwells employee who has been working in Connecticut Hall for 41 years, before it was operated by Chartwells or Sodexo. She said that she wishes to better please the students, but her hands are tied. She said the problem lies in the management.

"The company needs to provide more time, and pay the employees to finish the job," said another Chartwells employee, George Sanchez. "We always have to rush, and when we have to rush, we cannot finish well our jobs."

Sanchez went on to say that because the company is not providing enough of the correct tools and supplies and not staffing appropriately, the cleaning in Connecticut Hall is not being done the way it is supposed to be.

One example, according to Lewie Golding, was when he asked management to order a special hose clamp for a pressure nozzle on one of the cleaning machines. After hearing back nothing for almost three weeks, Golding said it compromised the effectiveness of the machine and limited his ability to clean properly.

Golding simply said, "It's unfair." Sanchez credited situations like this to an alleged violation of the employee handbook.

"They promised us in the handbook open communication, and we don't have open communication," Sanchez said.

The consensus between these three employees is that the business end could be run a little bit more effectively; the greatest effect this has may be obvious to students who frequent Connecticut Hall.

"They are cutting hours, and changing schedules according to business," said Harris, "but the real problem here is the food."

Harris said that there are a lot of qualified people who work in the kitchen, that cannot step in because they have to strictly follow their job descriptions.

By Josh LaBella

For most of last Thursday, arguing could be heard in front of Buley Library.

A small group of religious people came to speak in front of the library. They carried signs that said "Evolution is a lie" and "You're all sinners." Bobby McCreery, who was one of the speakers, said they were there to preach the gospel of Jesus Christ.

"[We come to] tell people that God, to love the world, gave his only begotten son so that those who believed in him would not perish and could have eternal life," said McCreery. "We came here because we were in the area."

McCreery said they had been getting reactions of all kinds. He referenced the Book of Acts and said, "Some mocked, some said 'we'll hear you some more,' and others believed and

followed." He said 2000 years later man has not changed, so they get the same reaction when preaching the Gospel.

Phillip McKnight, a Southern police officer, said from his perspective he saw people exercising their right of free speech. He said they were sent to make sure people protest peacefully.

"That's all, because sometimes people are very passionate about some things and they tend to do things they're not supposed to do," said McKnight. "We're just here to make sure everyone respects everyone else."

Joshua Garcia, a recreation and leisure major, said he thinks a crazy man was on campus and that somebody needed to shut him down. He said Karns was screaming at them that abortion is horrible, homosexuality is a sin, and that the students were all sinners.

"He's showing us aborted babies, telling us that evolution

is a lie," said Garcia, "which is kind of attacking us in a way. It's not a good thing for our campus."

Garcia said the speaker wanted them to hear his side, but didn't want to hear their side.

He said he had a sign that read 'Social Justice Month, we accept everyone here. 'We are one' on one side and 'I sin, you sin,' but we love you' on the other.

Don Karns, the main speaker of the protest, said his group was there to talk about the love of God. He said he was allowing people to ask him questions and called the protest 'an open forum.'

"People asked me questions about abortion, homosexuality," said Karns. "According to the Bible, those are sins against God. I did my best not to enter the realm of opinion, but to stick with what the Bible says. The Bible is all what God has revealed as right or wrong."

Riley Scheuritzel, a junior Spanish major, said he saw the same group on campus last year and it upset him they were back. He said the group was spreading hate and telling everyone they were going to hell.

"Anyone that is not in their idea of what a perfect human is is going to hell," said Schueritzel. "[They] were saying triggering words, provoking emotions out of people. I didn't think that was okay and I will never think that is okay."

Scheuritzel said he went to the student government association office and made a sign that promoted social justice and love. He went to the protest and stared at them in silence.

"Noise doesn't come in volume. Noise comes in action," said Schueritzel, "and I was the loudest one there, because I was silent."

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Students can build relationships during social justice week

By Jeff Lamson

Social Justice Month is in full swing with the Social Justice Retreat coming up in just a couple of weeks. From Friday, Nov. 17 to Sunday Nov. 19, students attending the Multicultural Center's third outing to Camp Woodstock in Woodstock, Conn. can expect to enjoy a full weekend of building relationships and learning about social justice.

Multicultural center graduate intern, Joscelyn Fernandez ran the information session this past Friday, Nov. 3 to give students some details about the upcoming retreat and to answer any questions they might have. Some of the information session's attendees were some who have already signed up and were looking for a little bit more information about what the weekend will entail. Others were students on the

fence about coming along who were looking to learn what the Social Justice Retreat is all about and what kind of activities and training sessions will be held.

The information session started with a roughly ten minute long video showing off pictures of last year's retreat. Students were seen at Camp Woodstock enjoying the outdoors despite the dropping temperature and engaging in team building exercises, participating in social trainings and even a rope course.

Students attending this retreat can expect to learn about gender identity, sexual orientation and racism, along with many other "isms" and the culture surrounding these topics. A film with themes of social justice will also be featured.



People who attended the Social Justice informational session.

PHOTO | JEFF LAMSON

SEE SOCIAL JUSTICE PAGE 3

Collegiate recovery programs seeks to help students struggling with addiction

By Josh LaBella

Southern has received a \$10,000 dollar grant to start a collegiate recovery program. The program provides a community on campus for students in the process recovering from addiction to drugs or alcohol.

Sarah Keiser, coordinator of Alcohol and Other Drug Services at Counseling Services, said these programs are booming across the United States. She said she started to pursue the program about four years ago and applied for the grant last spring. She said they got approved for the grant at the end of August.

"I was seeing the need for this for a couple years," said Keiser. "I was noticing that we have a larger population of students on campus who either are transferring into college a little bit late because they were struggling with an addiction or they are leaving campus because they have to go get counseling and support. A lot of the time we lose those students."

Keiser said the grant will be used to establish a program that works with community providers and other schools in the state to bring resources to Southern's campus. She said her vision is a program on campus that provides social supports for students.

"I'm going to be looking to create a space on campus that will like a lounge space for students to be able to gather for

events, for meetings, for anything they want to use it for," said Keiser. "At some point I'd like to create some sort of peer coaching. I also want this to be able to extend to students who might be struggling with other issues as well."

Keiser said through the seed grant they will build the foundation of a program.

She said she has been spending her time doing a lot of outreach to different addiction resources in Connecticut. She said she's also been talking to Southern students who are in recovery about what they want to see in the program.

"That is really what's so essential to these programs being so successful," said Keiser. "You need to hear the voices of students."



James Buxton, sophomore media studies major.

PHOTO | JOSH LABELLA

Keiser said there are a lot of students who struggle academically or leave because they are battling with addiction. She said she hopes this program will help keep those students and allow them to be successful.

Chanel Bonsu, a freshman nursing major, said she thinks the program is a good idea because there are students who do not get to finish college because they are struggling with addiction. She said she likes that the program will involve connecting Southern students with services off-campus.

"There are a lot of good places for addiction in New Haven," said Bonsu. "It will be good to connect students with them."

According to Bonsu, alcohol is the most visible problem on Southern's campus. She said she sees many people who are heavy drinkers, most of whom are under 21.

"This program will help students who are struggling," said Bonsu. "Having a problem like that will affect their grades and lower their concentration in class."

James Buxton, a sophomore media studies major, said the program was important because, as a community, people at Southern should look out for each other. He said if a student has gone down the wrong path it is up to their fellow students to help out.

"I feel like everyone deserves a second chance when you mess up," said Buxton. "We all mess us up. I know I do. As a drug-free campus, if you're going to call yourself a drug free campus you need to have those types of resources. To help people that go down that type of path."

SGA approves clubs, surprised by new budget in latest meeting

By August Pelliccio

The new budget is has come, and SGA representatives were surprised at the outcome. A South Asian club was approved at last Friday's meeting.

Some representatives arrived to the Nov. 3 SGA meeting in Halloween costumes; it was the day they had set aside to celebrate the holiday. Silly garb aside, the first important occurrence of Friday's meeting was the official proposal of the South Asian Students Association (SASA). Student Utsavi Patel presented the proposal to the group.

"The purpose of this club is to promote the engagement of both eastern and western cultures," said Patel.

She went on to explain that the club will educate students and staff through cultural shows, field trips, and many other events.

"I saw the need for SASA because when I came to Southern, there wasn't anything for South Asian students here on campus," said Patel.

When Patel met many of the South Asian students at Southern, she said some would talk about how other universities had a program for their country and culture, but Southern did not yet.

The official motion to approve the club proposal was offered by Ian Bergemann and Madeleine Causapin.

The next order of business came from Daphney Alston, assistant director of clubs and organizations. Alston officially announced this year's November food drive.

"Every year for the adopt-a-family program, the campus community comes together to residence halls and apartments to build boxes to donate to the local food pantry, and to donate the children and family services in New Haven," said Alston.

In previous years, many of the supplies came from Sam's club, and Alston said this year students will assemble to put the boxes together the night before they are delivered. This year that night will be Thursday Nov. 16.

"One change we are going to make this year is that we are also inviting first year students to join us," said Alston, "so we can see SGA representatives and first year students working together on this project."

Another important topic of discussion at Friday's meeting was an issue that has been up in the air for a while, and has finally landed.

"This past week, the governor signed and approved a budget; our funding was reduced by \$575,000," said SGA vice president, Becky Kuzmich.

That number may seem high, but Kuzmich said, "it's not wonderful, but it's a lot better than we expected."

Christopher Piscitelli, who is the assistant dean of students at Southern explained the process of the CT state budget, which he said has been in the works since summertime.

"Our system gets a block grant that happens at the system office, and then it gets funneled to the community colleges, and to the four year colleges," said Piscitelli.

The portion of that entire budget which is allocated to Southern in particular was cut "significantly less" than Piscitelli said he was expecting, at just over half a million dollars.

"That translates to: you're not going to notice changes this year," said Piscitelli. "We are continuing our staffing holds, so it's very conservative as to the positions that are being filled, but our budget deficit this year we're making up in our reserves."

He explained that students still have to keep their eyes on the prize, as come February, there will be discussion of tuition for next year, and in order to keep that affordable students should be voicing their opinions at the capitol.

"Right now, we can take a deep breath," said Piscitelli, "but there's certainly work on the horizon."

Chartwells

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"They have cooks that don't really know how to cook the food," Harris said, "and they won't, for some reason, allow the chef the authority to go in the kitchen."

Harris explained that the chef now has to walk the floor because they need somebody to serve as floor manager.

Executive chef Ernest Arroyo said, "I'm really not allowed to cook."

Most of Arroyo's time, he said, is spent in the front of house, supervising each station and making sure the food gets to the students properly.

Arroyo has worked at four universities in his career and said that the dining hall in each pretty much operated the same. He even went as far as to say that Southern has one of the better teams he has worked with.

"There's not enough hours in the day to improve what we're doing

here," Arroyo said. His idea is to pick away at issues little by little, and continue to treat everyone with the dignity and respect they deserve, and things will get better.

According to Harris, Chef Arroyo has very little say in the menu, and she has no control over her own salad station. Harris used to be a lot more diverse and creative with her salad station, but she said it has become difficult now that she isn't allowed to order the food she wants.

"They serve pork three or four times a week, and I heard it's because the pork is cheap," said Harris. "They need to go to the kids and find out what they want to eat."

Harris said she cares about the quality and presentation of the food, and she claimed management has told her she cares "too much."

"We care about students needs," Harris said. "We can't care alone; they need to care too."



Connecticut Hall, where most Chartwells employees work.

PHOTO | AUGUST PELLICCIO

Car jacking adds to the lists of Crimes against Southern Students

By Josh LaBella

Three Southern Connecticut State University students were robbed and carjacked at knife point by 3 Hispanic males while sitting in their car at West Rock Nature Center.

Richard Randall, Lieutenant of Southern Police, said the students were there late at night on Oct. 24 and he doesn't know why. He said it's very hard for Southern Police to respond because that's an off campus crime.

"We put out an alert saying 'know where you're going, stay out of areas that you're not familiar with,'" said Randall. "The nature center is not well lit. It's basically this dark, secluded area."

Randall said the question he would have for the victims is "Why were you there?" He said if they weren't familiar with the area then they were making themselves a target – which nobody should do.

"They aren't telling me (why they were there) so I don't know why they were up there," said Randall. "Were

they there just to take a walk through the park? I don't know. But I would say, since the park closes at sunset, it's not a good time to take a walk through the park if you don't know the area."

Randall said going to a place that is closed is inviting trouble. He said even if the students were up there innocently, it's dangerous because they don't know other people's intentions.

"Even giving them (the students) the benefit of the doubt, you still have to have some common sense and say 'I don't know who's gonna be up there, I don't know who I'm gonna run into,'" said Randall. "That being said, I don't know how the two groups got together."

Randall said it always concerns him when there is a crime against Southern students. He said, knowing students are going to go off-campus, he hopes they take the safest measures when they do.

"Go in a group, know where all the exits are, don't get so intoxicated that you can't get home," said Randall. "All those things we try to tell them. Are they going to do them all? No."

Alia Te, an undeclared sophomore, said the incident

made her scared and she thinks it's a common occurrence. She said she likes to go running at night so events like the carjacking make her fearful for her safety.

"I would say it would be a little bit safer with a group of people," said Te, "but I guess not."

Reitsuma Panta, a junior nursing major, said she was really shocked to hear about the crime as she didn't see the email from campus police. She said she doesn't feel safe around New Haven.

"I usually stay on campus really late to study – I'm a commuter," said Patna. "My friend was just telling me to be careful yesterday because of crimes on campus. I didn't know it was to that extent."

According to Panta, Southern Police needs to communicate better all the incidents that happen on and around campus. She said her car was broken into off-campus and she thinks all students should know the reality of what can happen.

"I don't know, in that situation, what I would have done," said Panta. "It's, like, never safe anymore."

Hickerson Haunted House strikes scare into students

By Josh LaBella

Enoch Agyenang was walking in the Hickerson dorm basement when an old lady jumped out from behind a corner – Agyenang screamed and fell to the ground.

Agyenang, a freshman exercise science major, was one of nearly 400 students who attended the annual Hickerson haunted house event last Tuesday. He said it was pretty good and he didn't expect it to be as scary as it was.

"It caught me by surprise," said Agyenang.

According to Dan Alice, a freshman business management major, said he had already seen all the scares in the haunted house so it threw it off for him.

"I was prepared for it," Alice said. "But it was good. I would definitely go again next year."

Sana Dixon, a junior physical therapy major, said she had fun in the haunted house and it scared her. She said the screams and the people popping up at her were the scariest parts.

"Everyone told me to come here so I just came," said Dixon. "I'll be back next year."

Nick Gleifert, the hall director of Hickerson, said the haunted house was their fifth annual Haunted Hickerson event. He said they were collaborating with West Campus and Neff Hall, who were giving out caramel apples and candy respectively.

"We're just trying to have a good, spooky night," said Gleifert. "Our entire basement has been transformed to a very creepy haunted house. We have a mental asylum, we



Hickerson Haunted House

PHOTO | BRYAN SAPIONE

have a graveyard, we have a scene from the ring. We also have a clown house, a butcher area where someone is being cut up – lots of blood. The entire area has just been transformed."

Gleifert said there were about 30 actors down in the basement. He said they were setting up all weekend and nearly every inch of the basement was part of the set. He said at the end of the route, when they walk up the stairs into the lobby, there was a photo booth for them to take

pictures of their friends.

"Kind of like they survived the haunted house," said Gleifert. "Photos will be available on the Res (Residence) Life Facebook."

Charlie Castro, a freshman exercise science major, said the haunted house made him jump. He said the actors were really good and he liked the maze style of the layout.

"I had a good time," said Castro. "The scariest part was when I was going into a little room and I peeked my head around a corner and I saw somebody – that's what got me. It was crazy."

Kessiah-Ali Powell-Kyteon, a freshman psychology and art major, said she found the event to be really fun. She said it was exciting and she liked all the attention to detail in the costumes of the actors and of the set. Powell-Kyteon said her friends got really scared.

"It takes a lot for me to get scared but it was very spooky," said Powell-Kyteon. "I would say the scariest part was by the gypsy table, the guy who popped out of the window."

After the event, Gleifert said 320 people got wristbands and were registered to go to the event, less than their goal of over 375. He said he noticed there were at least 40 or 50 students who didn't register and went down with groups of people who were.

"We definitely got that number," said Gleifert. "It was very successful. I heard people screaming. At the end we had our little photo booth, and a couple groups got really scared and didn't even want to stay in Hickerson to take the photos. They thought they were going to be scared again."

Social Justice

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Last year's film was "Crash," which had won the Academy Award for Best Picture for 2005. This year's film is rumored to be fellow Best Picture winner, "Moonlight." Guests can also expect s'mores a plenty.

"We have around 40 people already signed up," says Fernandez, "but we are definitely looking for more students to come and join us with the retreat." The event is accommodating in a number of ways for a diverse range of students. The entire retreat, including transportation, food and lodgings is completely free. The bus is wheelchair accessible and, "Let's say you identify as a different gender, we make accommodations for you to make sure that you're comfortable with where you'll be sleeping," says Fernandez. However, the retreat is only open to SCSU students since it is being paid for by student fees. According to Fernandez, this may change when the event gets even bigger.

Although Camp Woodstock is all the way up in Windham County, and the Multicultural Center is trying to reduce the hour and a half long drive by finding a location closer to New Haven, Fernandez assures that the facility still serves its purpose well. Attending students and staff will stay in a large cabin that will house everyone going on the retreat. It features separate bedrooms and bathrooms as well as a dining hall which is less than one minute's walk away. Behind the cabin is a lake and a field where many of the activities are held.

The last day to register for the Social Justice Retreat is Thursday Nov. 9. Students are asked to provide some information about themselves as well as emergency contacts. Once applied, they will receive a confirmation email. After that they will be on their way to a weekend of building relationships and learning.



SCSU's Social Justice Month.

PHOTO | SCSU WEBSITE

Features

Gearing up for Social Justice Month



PHOTO | PALMER PIANA

Riley Schueritzel protesting speech by a religious organization.

By Audrey Gryak

The city of New Haven is known to be a multicultural and diverse place. Residing in the same town, Southern exemplifies these qualities and more by being an “ethnically diverse” campus, ranking 796 nationally, according to College Factual’s website.

Nicole Fischer, a junior communications disorder major, said while there is social justice on campus, Southern could promote it better.

“There is social justice on campus, but it could be better by adding more events or one large event to promote it more,” said Fischer. “There could also be advertisements about multicultural events on campus.”

Fischer said that Social Justice Week being extended to a month was a good step.

“The extension is able to affect more people and tell them what social justice is really about,” said Fischer. “Southern



PHOTO | AUDREY GRYAK

Nicole Fischer, a junior communications major.

being a social justice school impacts individuals which then impacts the environment around us.”

Fischer added that she agrees with the statement that Southern values equity over equality, that “there are many different opportunities to get involved and feel included on campus.”

Chastity Calderon, a freshman nursing

major and FACE member, said that she thinks that Southern welcomes diverse cultural groups. She added that there are a variety of multicultural organizations to choose from on campus, including FACE and CSA.

“Southern is a good example of social justice, as it allows more people to feel welcomed and shows diversity,” said Calderon.

Tatiana Alvarado, an undecided freshman and FACE member, agreed, saying, “Southern has a diverse community, and I feel that I won’t be judged here.”

Jonah Moring, a sophomore English education major and peer mentor, praised the event extension, saying, “Social Justice week being extended to a month makes me happy because it is something we celebrate.”

Moring added that while Southern tries to make everyone feel included, they do have some work to do in order to get there.

“Although Southern tries to make



PHOTO | AUDREY GRYAK

Jonah Moring, a sophomore English major.

everyone equal, I think that we need to work on valuing the belief of equity over equality. We will eventually achieve this.”

Moring added that he feels comfortable with showing his identity at Southern and feels that he won’t be judged.

“Southern absolutely has a multicultural community, and it will only get more diverse with time,” said Moring.

Owl logo goes from cute to fierce in latest makeover

By Palmer Piana

Southern’s logo got a fresh makeover over the last couple weeks. A new design was revealed and can be seen around campus on t-shirts, hoodies, the school website and at the football stadium bleachers and scoreboard. It’s a darker blue owl with wings spread, talons visible and glaring eyes. This new owl is said to be intended to be more modern and fierce, according to Mike Kobylanski the assistant director of athletics and communications.

A lot of planning went into this change. Kobylanski also stated that the possibility of the change had been brought up back in 2014. Since then, they have been gathering feedback, working with committees both within athletics and academics and talking with Phoenix Design Works, the design company responsible for making the logo.

Jay Moran, the director of athletics, said, “There was a big push from the alums,” claiming that they “didn’t like it, they liked the old one. They liked the more aggressive owl.”

If a fiercer design is what they were shooting for, they certainly hit their target. Most students seemed to agree that this new logo was more intimidating, for better or for worse.

Dan Perillo, a sophomore athletic training major, stated, “I like it better. it’s more intimidating.”

Abby Bosman, a freshman elementary education major, agreed that it was more intimidating, but added that she preferred the old one because it was “cuter.”

Clare Olivier, a freshman undecided major, said that she preferred the current design because it appears “new.”

Overall, Moran believes the change seems to have bolstered excitement from students, as during the opening ceremony the 1,000 t-shirts supply was gone in about 22 minutes.



PHOTO | PALMER PIANA

The new logo featured on display in the Adanti Sudent Center.

“The reaction to it has been very good overall,” he said.

Students excited for the new logo to take the place of its predecessor may be disappointed to find out that the change is still in phase one of its rollout. It will take 3-6 more years before the new logo is universal on campus, according to Moran.

School logos are integrated into a campus in such a way that changing them can be a time consuming and expensive process. The t-shirts in the giveaway cost about \$5,000. Moran says this cost was split evenly

between the athletic department and public relations. He has hopes of redoing the basketball court with the new logo next summer, as it is time for it be redone anyway, but recognizes that doing it all at once would be a lot of money.

For now, the old owl is not going anywhere very fast. It still remains on the jerseys of the sports teams, hung on banners across campus, on the football field and even in the marble flooring of the field house. But as Moran put it, “There is nothing wrong with keeping a little retro around here.”

Students prep for spring registration

This story was reported as part of an assignment in the JRN 200 Basics of Journalism course taught by Assistant Professor Jodie Gil. The students who contributed to the report were Ahmet Aksu, Mark Ballard, Amanda Cavoto, Kevin Crompton, John Delfino, Erin Gore, J'Mari Hughes, Shawn McFarlane, Kayleigh Paskiewicz, Ryan Pelletier, Evan Saunders, Alexandra Scicchitano, Michelle Tewksbury, Katerina Varsos and Emily Wolfe.

Each semester on class registration day, Daria Kraszewska, an English major, said she wakes up two to three hours early so she can prepare.

In order to cope with the stress, Kraszewska said she will "cancel the whole day."

Kraszewska will be among other juniors and sophomores next week registering for spring 2018 classes. Seniors began registration on Nov. 6. Juniors and sophomores are eligible to register on Nov. 13 and 15. Freshmen



PHOTO | EMILY WOLFE

Daria Kraszewska, an English major.

can start registering for classes on Nov. 20.

Registration opens at 6 a.m. on each of those days. Some students, like freshman Angeliz Gonzalez, a pre-nursing major, said the time does not bother them.

"I'm an early bird. I get up at 5 a.m. every morning anyway," said Gonzalez.

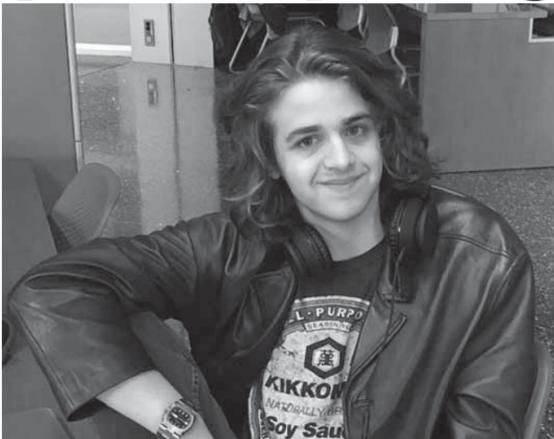


PHOTO | J'MARI HUGHES AND EVAN SAUNDERS

Noah Abbateamarco, a freshman majoring in English secondary education.

Noah Abbateamarco, a freshman majoring in English secondary education, chuckled at the mention of a 6 a.m. registration.

"I wake up at 4 already, so I'm fine," Abbateamarco said.

Jake Chamberlain, who has not yet declared a major, said he is not thrilled about the time but that it is not out of line for his normal schedule.

"I mean, it sucks; but I have 7 a.m. classes, so I'm up at 5 a.m. anyway," he said.

This is the first time freshmen will register for classes after being assigned to courses for the fall semester. The First Year Experience Inquiry course includes advising sessions for freshmen to learn the process.

Freshman social work major David Rivera said his advising sessions with his INQ professor were helpful.

"It was easy scheduling," Rivera said. "He communicated a lot. He was a very understanding person."

Rivera said he finds that listening to his adviser is the best way to get ready for the semester.

"They know best," Rivera said. "They know what they're doing."

Freshman nursing major Caroline Simpkin said she is "not that worried" after making three different versions of her schedule. By the time freshmen register for classes,

many of their first picks are already filled by upper-classmen.

Sydney Camacho, a freshman psychology major, said she was nervous about getting her choice of classes.

"I'm stressed out about making 20 different schedules just to get classes," she said.

Even sophomores like Chynnica Piland a social work major, said they are concerned classes will fill up before their registration date.

Trevor Barry, a sophomore physics major, had a different approach to registering for classes. Rather than making an appointment with his adviser earlier on, Barry said he would "rather just wing it."



PHOTO | KEVIN CROMPTON AND KAYLEIGH PASKIEWICZ

Trevor Barry, a sophomore physics major.

Avery Gartman is an interdisciplinary studies major preparing for her last class registration before graduating in the spring of 2018. She had her schedule all plotted out before her Nov. 6 registration date.

Senior computer science major Richard Vollmer is also registering for the last time this fall. With years of advising behind him, he noted that registering for classes "gets easier every year."

He gave this review of his four years of registration at Southern: "Freshman, extremely hard. Sophomore, fair. Junior, not bad. Senior, fine."

Research Spotlight: Chemistry major Mario Luis

By August Pelliccio

Mario Luis is a chemistry student at Southern whose graduate thesis research lines up well with the work he plans on doing after school as a synthetic chemist.

Luis is in a program in Southern's chemistry department, which he colloquially calls the "four plus one" program.

According to the chemistry page on Southern's School of Arts and Sciences website, the more formal title for the degree program is "accelerated bachelor of science and master in science degrees in chemistry." The program was only introduced at Southern recently, and students who are majoring in chemistry can apply to the program during their junior year.

Luis began the accelerated program in his fourth year of school, when he was required to take graduate courses, and begin research for his thesis while also completing the requirements for his bachelor's degree. He is now in the fifth year of the program, which focuses on the remainder of the required graduate courses, as well as a second year of research for his master's thesis.

Much like Cory Williams and Nicholas DeVito, who were featured in previous issues of this volume of Southern News, the research Luis is currently conducting regards the development of a new class of antibiotics.

"I'm trying to synthesize tetramic acid derivatives," Luis said.

Tetramic acids, as Luis explains in his thesis, are nitrogen-containing heterocycles that differ from other dicarbonyl compounds: they mostly exist in the diketo form and not in the enolized form, partly because of the relative acidity compared to other compounds.

Luis explained a little bit what this means and why it is important in the development of antibiotics.

"The core structure of tetramic acids are found in a lot of natural products, that possess a lot of antibacterial properties," he said.

According to Luis, being able to synthesize these otherwise natural compounds is an important step, and the goal is to synthesize as many different types of compounds possible.

Luis said he has a couple options for how to proceed with his future, but he is not exactly sure what his next step is.

"I do want to continue as a synthetic chemist," Luis said, "either getting a job in the field, or applying to graduate school."

Luis said the experience he is getting in the lab now will be greatly beneficial to him once he finishes his degree and is out in the field. Luis said that what he is doing now is very similar to professional research that he will be conducting in the future.



PHOTO COURTESY | MARIO LUIS

Mario Luis presenting his chemistry research.

"It's a process, just working up a reaction and trying to purify and get a compound," Luis said. "There's a lot of things that can go wrong, and little things add up."

Luis' sponsor for this thesis research is Adiel Coca, a synthetic organic chemistry professor at Southern, whose other experience includes teaching at Franklin and Marshall college in Lancaster, Pennsylvania for the 2007-2008 academic year.

"I've been at Southern for ten years,"

Coca said. "Right now I am supervising three students, all researching the development of antibiotics."

The three that Coca supervises include Luis as well as aforementioned students Cory Williams and Nicholas DeVito. They conduct research on Wednesdays and Thursdays from 12:30 p.m. to 5:30 p.m. in the academic science and laboratory building.

Humans of SCSU: out-of-state student Kristin Colwell

By Jenna Stepleman

Coming to college can be a daunting experience, let alone coming from out of state to attend Southern on a scholarship.

Kirstin Colwell, a freshman elementary education major, did exactly that. She is from Boca Raton, Florida. When she graduated from high school, Southern, among other schools, offered her volleyball scholarships to attend.

Colwell said the weather has been one of the biggest shocks to what she is used to.

"The weather is so weird for me; today it was warm, actually, but usually at night I'm so surprised by how cold it is. I had to buy a lot more warm clothes to make up for it," Colwell said.

Another challenge of being far from home is being far from family. Colwell has one brother who is 17, and a stepbrother who is also 17 who will soon be attending college.

"I do miss everyone down there but it's been great up here as well. It can get overwhelming if you don't have people to lean on," Colwell said.

Along with her studies, she also plays for the Southern volleyball team. Sometimes their games can be three times a week.

"If I was gonna give advice for new students like me, I'd say it's all about time management with the



PHOTO | JENNA STEPLEMAN

Kristin Colwell, a freshman elementary education major.

games, midterms, tests and everything else you want to do. You need to stay on top of it," Colwell said. "Stay organized and a nothing will get so challenging you can't finish it."

The volleyball team goes out of state often to New York, Massachusetts, and Rhode Island.

Colwell said she liked being on her own and especially likes living on campus with her roommate who also is on the team.

She aspires to be in ProCon and Best Buddies as well as the Student Teacher Association. She is taking this semester to focus on work, but she feels she will have more time for clubs in the spring.

"I'm really taking this semester as a test to balance out the work," Colwell said.

She lives in the West Campus dorms, as most athletes on scholarship do. Colwell said she has been enjoying the semester thus far—surprisingly, midterms as well.

"I only had one midterm, so they must've been going easy on me or something; so I could really focus on studying for that test, and the rest were all just cumulative grades from all the work I've done over the semester," Colwell said.

She was unsure if she was going to practice teaching up here in CT or down in Florida. Either way, Colwell said she loves being a student at SCSU.

'Stranger Things' is back in a big, 80s sort of way



PHOTO COURTESY | WILLIAM TUNG

The cast of "Stranger Things" at San Diego Comic Con in 2017.

By Jeff Lamson

As the long awaited return of one of the most highly acclaimed Netflix Original series, "Stranger Things" season two is a fitting sequel to one of the most talked about series of last year. Matt and Ross Duffer bring us another adventure into the Upside Down full of possession, demogorgons and psychic abilities.

The story picks up nearly a year after the conclusion of season one and Eleven (Millie Bobby Brown) is in hiding, living with Chief Jim Hopper (David Harbour). The cast is still very much haunted by the previous season's events with Joyce Byers (Winona Ryder) being frantically

overprotective of her son, Will (Noah Schnapp). Will is having visions of the Upside Down and it is up to the team of Mike, Lucas and Dustin (Finn Wolfhard, Caleb McLaughlin and Gaten Matarazzo respectively) to get to the bottom of this mystery along with new addition to the party, Max (Sadie Sink).

The only real problems that I noticed with this show were some editing issues, such as lack of continuity in some scenes as well as audio that is supposed to be taking place during the scene not matching up with the visual editing of the scene. This would be a cut in which time has clearly passed but the song playing within the room and not just part of the soundtrack is not cut at all.

Aside from that and inconsistencies with a hive-mind plotline most of this season was fantastic.

Although the computer generated animations for individual creatures was not upped all that much over the previous season, the commercial success shows just in the scale of effects that this season was able to provide. Although I generally prefer practical effects, it was clear just through the visuals that the team had a much bigger budget this time around and used it to its fullest.

Another major positive was the music in general. The eerie, ominous synths that are so popular with fans of the show return and are used in great effect. It was also clear that

the budget was raised by how many licensed songs were used throughout the show, from Cyndi Lauper, to Metallica and The Police. The licensed music may have been a little overused and cheesy, but it is one of the ways that the show really sells us on the time period.

Another aspect about "Stranger Things" that people love and have a reason to return for in this season is the characters. All of everyone's favorite characters from season one return in their flawed, but relatable and emotionally deep ways. In this season, we get to see interactions between characters that we may not have expected; but these interactions turn out to be great for the characters themselves and

the audience's entertainment. Hopper and Eleven provided an interesting dynamic, especially due to the loss of Hopper's daughter and Eleven's far less than normal relationship with the closest thing she has ever had to a father, Dr. Martin Brenner (Matthew Modine); or, as she calls him, "Papa." New additions to the cast like Max and Joyce's new boyfriend Bob (Sean Astin) are more than welcome.

All in all, "Stranger Things" season two is well worth your time and attention. This fascinating and entertaining sequel just has me wanting more and wondering what could possibly happen next.

Big K.R.I.T.'s new album shows he is here to stay



PHOTO COURTESY | OZFUTURA

Big K.R.I.T. performing at Soundset in Minnesota in 2012.

By Lynandro Simmons

Big K.R.I.T. gained some attention in the rap scene with his mixtape "Krit Wuz Here" seven years ago. Since then, K.R.I.T. has maintained the underdog moniker as a rapper from Mississippi. Unapologetically southern and with an old soul, K.R.I.T. managed to carve out his own niche fanbase without the help of his label Def Jam. Now, with a split from the label, K.R.I.T. has returned with his long awaited third studio album "4eva Is a Mighty Long Time."

K.R.I.T.'s new album is split into two sides. The first half represents the Big K.R.I.T. side of his life and personality. This side shows his braggadocious rapper personality; it is filled with booming sub-woofers

and talk of candy painted cars. The second half represents Justin Scott, his legal name, and shows a more intimate look into this artist's life.

Finding a balancing act in the two sides of his artistry has been something K.R.I.T. has dealt with since his career's inception. However, on this album he performs this effortlessly even with the features he chooses. The first half the album includes features from rap legends such as UGK, T.I. and Cee Lo Green. On the second half he features a more soulful ensemble that includes Jill Scott, Bilal and Robert Glasper.

On "4eva Is a Mighty Long Time," K.R.I.T. also does something he rarely does: rely on other producers. Though the lion's share of the production is done largely by K.R.I.T., hip hop legends such as Mannie

Fresh, Cory Mo and Organized Noize all contribute to the sound of the new album.

Splitting the album into two was a great idea. Though the album's length at 22 tracks may seem daunting in the era of the short attention span, the album never lags. From the high energy of the first half to the musical range of the second album, K.R.I.T. will surely keep the attention of listeners.

On the second half the album, K.R.I.T. gives fans some of his most personal rhymes. The duality of his artistry is even mentioned in the song "Mixed Messages." On the track, K.R.I.T. openly sings and raps about his internal contradictions. "I got a whole lotta mixed messages in my songs. Am I wrong to feel this way?" K.R.I.T. laments.

He also describes his bouts with alcoholism on the track "Drinking Sessions." K.R.I.T. bears his soul as he talks about his time spent on the label Def Jam and its effects on him. Jazz artist Keyon Harrold's trumpet playing provides a dark background to the deeply personal track.

The final track on the album is titled "Bury Me In Gold." It almost comes off as if Scott is burying the rapper personality K.R.I.T. has portrayed. The final track is a perfect close over a soulful beat K.R.I.T. raps as if he has finally found peace with himself and his career.

With "4eva Is a Mighty Long Time" K.R.I.T. finally shows he is among the best of this rap generation. It's been a long time waiting for Big K.R.I.T., but with this new album he shows he is here to stay forever.

OLAS celebrates Costa Rica at Noche De Gala



PHOTO | JEFF LAMSON

Noche De Gala guests line-up for Latin American food staples.

By Jeff Lamson

A night of dancing, music, food and fun was had at Noche De Gala. Southern's Organization of Latin American Students celebrated the culture of Costa Rica while also giving back to the Latin American community.

OLAS succeeded in filling the entire Adanti Student Center Ballroom for this annual semi-formal evening. The attendees were treated to an educational, but mostly fun event featuring the Costa Rican national anthem, a DJ, dance performances and a performance by two OLAS members on piano and vocals in honor of Puerto Rican hurricane victims.

"It's a party with a purpose," said OLAS faculty advisor, Anna Rivera-Alfaro who has been working with this project for nearly a decade.

Rivera-Alfaro went on to stress the importance of the OLAS members themselves, saying, "The students plan all this, I'm just the advisor."

Rivera-Alfaro handles many of the background organization like submitting and filling out the appropriate paperwork so the students can freely plan Noche De Gala.

When asked about why Costa Rica was chosen, OLAS President and senior, Anthony Deleon said, "Because a lot of people don't really know about

the whole culture. I know I learned a lot about the country, and hopefully the students did too."

Celebrating Costa Rica proved to be quite difficult, however; there are not any restaurants serving Costa Rican food in close proximity to Southern. Rivera-Alfaro assured that the food is similar enough to other Latin American countries so that OLAS was able to get a local restaurant to cater Noche De Gala. The restaurant provided rice and beans along with beef or chicken.

As this is the biggest and most popular event that the 25-member organization orchestrates every year, it

requires a lot of hard work and planning. It is open to all students as well as faculty and guests from off campus, with dozens of attendees being from Eastern Connecticut State University and Gateway Community College.

The purpose of all of this effort is to aid the event's end goal of funding two \$1000 scholarships for Latin American students. In the occurrence of extra funds, the excess will be donated to the community. Last year, the most successful by far, in which OLAS honored Ecuador and raised approximately \$4,000, the extra money was donated to Ecuador earthquake relief. This year,

any excess will be sent to help either Mexico for earthquake relief or Puerto Rico for hurricane relief. Alongside this effort to reach out to the community, OLAS itself like the sense of community and inclusiveness. Chelsey Cerrato, head of public relations for OLAS and sophomore, shared her favorite part of Noche de Gala.

"[It is] all of us coming together and setting up. It's just a huge accomplishment," said Cerrato.

"Whoever doesn't make it this year, don't miss next year," said Rivera-Alfaro. "Come join us whether you like the language, or the food or the culture."

Jazz group hopes to bring appreciation to genre



PHOTO | JENNA STEPLEMAN

Rex Cadwallader, a pianist chairman of the performing arts department at Greens Farms Academy, and Alta DeChamplaign, a guest vocalist and a professor at Western Connecticut State University, performing.

By Jenna Stepleman

Smooth tunes and swinging beats kept the attention of a very small but attentive crowd as the presence of old 1930s and 40s jazz could be felt in not only the ears, but also the soul.

On Wednesday, the music department of SCSU put on a musical performance titled "The Art of The Trio: Intimate Jazz."

Danielle Valentin, a senior music major, has a passion for music and jazz. She is concentrating in vocals and has hopes to sing professionally one day.

"They were a very dynamic performance group, the songs were strong and the music performance was strong," Valentin said.

The group was composed

of SCSU professor, bassist and composer, David Chevan, who "received his undergraduate degree from the University of Massachusetts and his doctorate in Musicology from the City University of New York," according to Southern's biography on him.

Playing on piano was Rex Cadwallader. Currently chairman of the performing arts department at Greens Farms Academy in Westport, Cadwallader received his doctor of arts degree in composition and music theory from the University of Northern Colorado in Greeley, and his bachelor of music education and master of music in composition degrees from the University of Nebraska, according to his Southern biography webpage.

Nissen Weisman, a senior music major, cited the jazz standard "Four" as his favorite of the night.

"The whole point of the trio is to work together. They always invite a guest vocalist and have usually the same piano and bassist, so it really allows the vocalist to shine," Weisman said.

The guest vocalist of the night was Alta DeChamplaign, a teacher at WCSU trying to make her way over to Southern. She is a performer and vocalist who performs mostly jazz with her husband.

One of the first songs played in the one and a half hour show was "Pennies from Heaven," a song that was influential and written in the peak of the Great Depression.

DeChamplaign said, "It was

a time that people in America needed hope to hold on to, and even though it was awhile ago I think we still understand that feeling now."

Among the classic 30s and 40s pieces in the show, DeChamplaign self-composed and sang a song later in the show titled "Milk and Honey." She said the song was about the simple things in life that will always be there for us. She is expecting a baby in May and expressed concern over the political climate.

"Without getting too political, having a baby in this administration honestly scared me, so I sat down and wrote a song about the things that will always comfort and be there for us," DeChamplaign said.

Towards the end of the show, the group performed "I'm in the

Mood for Love," composed by Jimmy McHugh with lyrics by Dorothy Fields. The song was introduced by Frances Langford in the movie "Every Night at Eight."

DeChamplaign expressed afterwards that this was her favorite song of the show because "ballads can go places you don't expect them to emotionally and that makes them so much deeper."

"Give jazz a chance. People listen to one type of jazz once and say they don't like it. There is so much jazz to be heard," DeChamplaign said. "That's like turning on the radio listening to one minute of one song and saying I don't like pop. That's a very limiting mindset."

Social Justice Month begins with annual talent show



PHOTO | TYLER KORPONAI

Destiny Claxton of the Multicultural Center reciting a poem.



PHOTO | TYLER KORPONAI

Markeec Stephenson dancing at the talent show.



PHOTO | TYLER KORPONAI

The Alphas, a student band, performing a set.



PHOTO | TYLER KORPONAI

Eric "Churchboy" Clinton before his rap performance.

By August Pelliccio

The Adanti Student Center ballroom erupted in cheers and applause before and after each performance at last Wednesday's annual "Expressions of Social Justice" talent show.

In celebration of the beginning of Social Justice Month, students made buttons and handprints during the opening reception an hour before the show. Those who attended were also invited to enjoy a bowl of chili and tortilla chips as they made their way into the large ballroom, which had been set up like an auditorium.

Attendance at the talent show was impressive, and the show began after students found their seats.

The event was organized by Southern's Multicultural Center. Coordinator of Multicultural Affairs, Dian Brown-Albert, said, "Our goal tonight is to create a more inclusive world."

Brown-Albert explained that she wanted students to take away the ability to challenge themselves in thinking about how they can make a difference in the world today.

"It's going to be fun, entertaining, intense, but we're going to be very respectful for every single person that comes on the stage," Brown-Albert said.

Residence Director Willie Epps explained that previous years' social justice committee has been broken down into six distinct committees working together. Epps is on the marketing and publicity committee, but there are also the signature events, logistics, program development and support, module development and social justice retreat committees. Epps said with more working components, having more people involved will make coordinating the events more manageable.

Erica Surgeary, graduate intern in the office of Residence Life, was part of the signature events committee this year.

Surgeary said the event, along with every other event planned this month, has been in the works roughly since the beginning of the semester.

In previous years, Southern celebrated Social Justice Week, but since the celebration lasts an entire month this year, Surgeary said that all the proportions "blew up."

"This year we expanded everything," Surgeary said, "the marketing, the events, the committee."

Surgeary explained that about a month ago, they held auditions for Wednesday's talent show, and 17 of the roughly 30 student acts that auditioned made it to the show.

Bass player for the "Alphas" who performed at the show, Joe Amarante, said that his band has been practicing together for a few weeks in preparation.

Amarante said the audition process was fun: "We got all of our equipment together, set up in the multicultural center office

and played; it was exciting."

Every act that performed opened with a speech or bio, as Surgeary called it, which connected the performance to social justice, and to the students' personal beliefs.

"It's a great way for students to share their voice and their talents," said Surgeary.

Epps said one of the chief goals of the night was to let people know about all of the great events coming up as part of Social Justice Month, and the format of a talent show was a great way to "get students engaged and out there."

Brown-Albert said, "It takes a lot of hard work to come up and stand in front of a large group, so we want to make sure everyone is being appreciated and valued."

That effort was successful, as Amarante said; he noted the good energy in the room and a lot of applause for his performance.

Student art of the week: Joe Schairer



PHOTO | AUGUST PELLICCIO

Joe Schairer, a junior sculpture student, in the metal workshop.

"I like working with metal because welding is so immediate that there's a sense of instant gratification; a weld sets in about half a second. The rust adds something natural. I use rusty metal because I like finding beauty in things that would otherwise be considered ugly."



A collection of metal and fabric pieces by Schairer.



PHOTO | AUGUST PELLICCIO

Student art of the week is an arts and entertainment project from the Southern News. If you are interested in submitting work in any artistic format please contact editor Chloe Gorman through scsu.southern.news@gmail.com



PHOTO | SOUTHERNCTOWLS.COM

Freshman Lukas Szynecki (left) and Senior Sabri Akter (right) look into the distance during a game this season.

Lynch gearing up for third season as Owls head coach



PHOTO | SOUTHERNCTOWLS.COM

Lynch talking to her team in a team huddle during one of her two seasons as women's basketball head coach.

By Mike Riccio

Women's basketball coach Kate Lynch's expectations for the 2017-2018 season are high as she enters her third year with the university.

"We always have the expectation of winning a championship," Lynch said, "We know we can do it. It's been a focus the last three years so it's something we can accomplish, but we have to keep working hard every day."

A former player for the Owls and the all-time leading scorer in program history, Lynch has guided the Owls to back-to-back NE-10 Tournament appearances in her first two years as the coach. She said her goal was to always make her way back to Southern after graduating in 2008.

"I could not picture my life without basketball," Lynch said, "I fell in love with the school, and my experience on and off the court really made me want to come back and coach, and this is definitely a dream come true for me."

The Owls will have two major holes in their starting lineup to fill from last season, however. The Owls' two highest point scorers, Taylor McLaughlin, an AII-ECAC and First-Team All-Conference selection, and Maria Weselyj, graduated.

Lynch said she feels they have a lot of weapons to make up for the losses, and that it will make them difficult to scout and guard. If a player is having an off-night, she said she is confident a player off the bench can step up.

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Owls fall in NE-10's

The men's soccer team lost to Merrimack by a score of 3-1 on Friday night.

By Matt Gad

Southern men's soccer has concluded their regular and conference postseason at 11-3-4 after losing to second-seeded Merrimack last Friday night, 3-1.

The Owls, who were seeded third in the NE-10 Tournament, would have hosted the conference championship last Sunday if they defeated Merrimack, since top-seeded Adelphi fell in the quarterfinals.

"Every single year we've made the [NE-10] playoffs," senior goalkeeper Noah Varonier said. "Every single year we've been in these environments; it's just about battling, and that's

the game plan: play hard and keep moving on." Varonier made those comments after the Owls defeated Saint Rose in the Northeast-10 quarterfinals Oct. 31, 3-1. Lucas Saunders

"Every single year we've made the playoffs"

— Noah Varonier, senior goalkeeper

scored at the 17:41 mark in the first half off an assist from Sabri Akter and then leading goal scorer Louis Greenway-Tambini netted his 13th of the year at 26:57 and his 14th of the year at

48:56. It was Saunders' first goal of 2017.

"We're pleased we got the result and got the victory," head coach Tom Lang said after the Saint Rose game. "We played Saint Rose before [so] we knew they were a difficult team and at the end of the day we were looking forward to the challenge. We found a way to get the job done."

Lang has had a history of success in the post-season as the head coach of the Owls. Since taking over the program in 1997, he's won over 250 games and two national championships in 1998 and 1999. With six titles for the program overall, they are

the winningest championship mens soccer program in all of Division II, which is a very impressive feat.

For Varonier, he has a different kind of pressure on his shoulders for the team. Instead of being relied upon to get the ball in the net, his focus, as a goalkeeper, is to keep the opponent's out of it.

"Sometimes I'm not always involved in the game, but it's just about being mentally and physically ready to get the save in and I'm always talking to my back line; always staying involved in the game," Varonier said. "I'm the last line of defense, so if anything goes past me then that's a goal for them."



PHOTO | PALMER PIANA

The volleyball team shaking hands with Caldwell before the game.

Volleyball cools off after winning streak

By Kevin Crompton

Southern volleyball's loss to Caldwell University last Wednesday marks their third in a row and the largest losing streak of their otherwise impressive season.

Caldwell defeated Southern three sets to one, issuing the Owl's their eighth loss of the season. Head coach Lisa Barbaro fears that her team may be cracking under the pressure as the season winds down.

"We're reaching the finish line and we still haven't really crossed over to making any

kind of post season play," said Barbaro. "I think the girls are kind of letting the pressure of that get to them. They need to just relax and start having fun playing the game that they work so hard for."

With the Owl's losing the first set of the night 25-20, they bounced back and took complete control in the second, winning with a score of 25-14. Caldwell took the final two sets of the night with scores of 25-19 and 26-24, respectively. The final set of the match was the most intense with back and forth scoring from each team. Down 24-22 the Owls rallied back,

tying the set up at 24 apiece but could not finish the job as Caldwell scored the final two points to end the game.

Team captain Leanna Jadus and senior Alexandria Jurgens both recorded double-doubles in Wednesday night's loss at home. Jadus posted 17 kills to lead the team accompanied by 16 digs registering her 17th double-double of the season. Jurgens' 20 assists and 13 digs marked her 12th double-double on the year.

Southern's remaining three games of the season are all against Northeast-10 conference opponents. Barbaro feels that her team needs to get to

SEE VOLLEYBALL PAGE 11

Baseball and softball finish off preseasons



PHOTO | SOUTHERNCTOWLS.COM

Junior Victoria Ceballos during the 2017 City Series in September.

By Matt Gad

Preseason game activity for the baseball and softball programs has come to a close after baseball played three games this fall and softball played seven.

"[Last] Saturday finished our traditional fall season and now we just have some skills, so we do two hours of baseball a week on the field and that's kind of where we're at until just after Thanksgiving," baseball head coach Tim Shea said. "Jan. 10 we start back up, full speed ahead."

The Owls hosted UConn-Avery Point, Yale and the Community College of Rhode Island at the

Ballpark this fall, in planned 18-inning games, as a way to face some outside competition as they look for what they need to build on and what they may need to correct before the regular-season starts creeping up.

"It gives us an opportunity to see everyone in a live setting against guys other than ourselves. Obviously, there's a little bit more competitiveness; we're hitting off of different arms and able to work on some stuff in practice against outside competition; win or lose, it's all about getting reps and evaluating our guys," Shea said.

They also hosted their annual alumni game prior to opening their fall slate and recently played

a seven-inning "Halloween Game," where players dressed up and played in full costumes in a bit of an intrasquad environment.

"We're really just in our offseason now," Shea said. We still do some strength and conditioning stuff and then there's a week off for final exams and then we're back January 10 and going full blown."

On the softball side, head coach Jillian Rispoli said they started their preseason with a week of practice and then they played games this fall against Brandeis University, Eastern Connecticut State University, the University of Bridgeport, Post University and the "City Series" with Quinnipiac,

Yale and the University of New Haven.

"It was a lot of fun," Rispoli said. "The whole fall was enlightening; it was nice to see the girls mesh together and start to gel as a team, and for the younger girls to step up into roles and do the things that we thought that they'd do when we were recruiting them."

Baseball usually plays the "City Series" as well, but Yale Field's infield is currently being dug up for the installment of a turf playing surface. Rispoli said they played the series for softball this year over at Quinnipiac rather than at Yale because there is also construction going on there.

After softball went 8-27 last season Rispoli said 12 student-athletes graduated so "we lost a huge chunk of people," but noted that they brought in six freshmen and one sophomore who walked on when an extra spot became available.

"We [now] have a young squad but they're talented, athletic, smart [and have a] great softball IQ. We usually keep the roster around 17 and we were able to bring one more kid in. She's a lefty slapper . . . very strong, fast, athletic and a great kid; [she's] always smiling."

Lynch

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"We have weapons and a lot of players that either are going to be starting or coming off the bench that have the ability to score a bunch of different ways," Lynch said, "We expect it to be a spread out type of stat sheet and we're going to need everyone this year to pitch in and fill those shoes."

With a roster filled with 10 players that are either juniors or seniors and six returning sophomores, Lynch said the experience the team will have going into this year is important in achieving their goals for the season.

"They know our expectations and they know what we can do and they believe what we can do," Lynch said, "I think everyone's on the same page and we all share the same goal."

In Lynch's first season as head coach, the Owls made the semifinals of the NE-10 Conference Tournament, and finished with a 19-11 record before losing to Bentley University. Lynch credits that team for starting the foundation of the program as she was taking over.

"The special part of that group is they believed right away," Lynch said, "It's always difficult when you come in and you're trying to take over a program and



PHOTO | SOUTHERNCTOWLS.COM

Lynch being introduced as women's basketball head coach in 2015.

us, believing in the system and believing in the goals." Lynch said her main focus with the coaching staff is to make an impact on the

players' lives.

"Our goal as a coaching staff is to make sure they graduate, and they graduate as better young ladies than

they came in [as]," Lynch said. "Not only on the court, but certainly off the court, and teaching them communication skills—life skills—that

they can take from the court into their lives."

Sports under Trump

By Matt Gad

ESPN came out with a new social media policy recently which prevents their talent from broadcasting their political opinions on social media channels unless it related to a hard news story, or one they were reporting on themselves. Since those reporting would be sportswriters or sports broadcasters, this would mean it would cross between the sports and political spectrums.

Jemele Hill, co-host of a nightly SportsCenter telecast with

Michael Smith, was suspended earlier this fall for comments she made on Twitter related to, first, President Trump being a "white supremacist" and, second, to Cowboys owner Jerry Jones during the heat of the NFL anthem protests. While players are still protesting the national anthem, the heat of the protests has died down after being set back by Trump's explosive comments in which the president targeted the league's players for being overly political.

Since Trump took office on Jan. 20, a number of professional

or college sports teams have declined invitations to honor their championships at the White House—something former President Obama cherished dearly. Somewhat recently, Trump tweeted that the Warriors and star player Stephen Curry had their invitation to celebrate the championship they won this past summer cancelled, despite a large volume of rumors indicating that they were not going to visit the White House regardless.

Despite the New England Patriots, Chicago Cubs and Pittsburgh Penguins coming to

celebrate with Trump, neither of this past college basketball season's champions, in the North Carolina men and the South Carolina women, have gone to the White House. The Tar Heels reportedly had a "scheduling conflict." There has been no public invitation or mention of any willingness to invite the Gamecocks, even though their coach has said they would go because of the pure honor that visiting the White House brings regardless of who is currently serving the office.



Matt Gad - Sports Writer

Soccer

CONTINUED FROM PAGE 9

So it's always just about staying focused and being ready to make a big save."

For his efforts, he was among six Owls who received conference honors for their regular-season performances: freshman Nicolas Colodrero won NE-10 Rookie of the Year, Greenway-Tambini took home All-Conference First Team, Varonier was tabbed to the All-Conference Second Team and freshmen Ignasi Cererols and Kevin van der Pol were placed on the NE-10 Third Team. Additionally, they were both named to the All-Conference Rookie Team, joining Colodrero and Sebastian Jarlenas.

Against Merrimack, the Owls fell behind at 11:59 to make it 1-0. They would never lead in the game.

They will now wait to see if they will be selected for the Division II NCAA Tournament.



The soccer team huddling up together during a game this season.

PHOTO | SOUTHERNCTOWLS.COM

Volleyball

CONTINUED FROM PAGE 9



PHOTO | SOUTHERNCTOWLS.COM

Sophomore Gabriela Vazquez winding up for the ball during a game against Southern New Hampshire.

at least seven, but likely eight wins to earn a spot in the conference playoffs.

"Our conference is very tough," said Barbaro. "On any given day anybody can beat anybody. We've really far exceeded our goals this year so far, but now we're at the point where we're trying to reach those long-term goals and with three matches left it does add the pressure for us."

Another win would put the Owl's at 20 on the season. The last time Southern volleyball had more than 20 wins in a season was 2012 when the team went 24-11. The 2012 season was also the last time Barbaro coached the team into a playoff run.

The final two games will be on the road against Adelphi University Thursday night and Saint Michael's College on Nov. 11. With Adelphi's 11-12 record and Saint Michael's at 1-15, the two final schools on the Owl's schedule combine for a win total less than Southern's 19 on the season.

Student athletes working at Southern



PHOTO | SOUTHERNCTOWLS.COM

Goalkeeper Brianna Craft making a save earlier in the season.

By Matt Gad

Michael Kobylanski, associate athletic director of communications, has a staff which includes a handful of student workers who also play on Southern's various Division II programs.

Brianna Craft, a sophomore goalkeeper for the field hockey team, started working in the athletic department this year. She said she has an easy time balancing her work with playing her sport because she normally goes straight from practice to her student worker job in the athletic department.

Craft has a few colleagues, like Sadie Young, who are also field hockey teammates with her. She said everyone gets dinner together and will then walk over to the field, the office or wherever the game or event is that night.

"I enjoy having practice and then work," Young said. "It is pretty easy balancing it with my sport because I find that the busier I am, the better."

Jobs student workers may be assigned include taking photographs of sporting events, recording statistics and just helping out Kobylanski and his two assistants, sports information directors Colleen Murphy, a former Southern field hockey player,

and Tyler Costello, who majored in sports management and started helping out in the department during an internship last fall.

"I found out about working in the athletic department last year," junior softball pitcher Delany Turner said. "I met with the assistant basketball coach to do statistics for him and he introduced me to Mike [Kobylanski] and Mike offered me a job to work learning to record statistics for all the sports teams."

While Kobylanski, Murphy and Costello are the main people in charge when it comes to public address announcing, recording live statistics and writing game recaps and producing social media content, student workers like Craft, Young and Turner are able to help out with any number of different tasks.

Asked how they manage to keep confidentiality if they hear anything around the office or in the press box that is not meant for the public setting, Turner said she respects information and keeps it to herself. She said it is not in her position to just share things.

"I keep everything I hear that could be considered private to myself before it's released. If it's something that the team will have released on them that is big news, I think it should be kept private until it's meant

to be shared. Especially if it's something special," Craft said.

But despite having to keep some things tight-lipped, no one is afraid to voice their opinions if they think they have something beneficial to share. Young said her bosses take the time hear ideas and "they never shut anyone down."

"If I can help them finish an idea or a thought they'd do the same for me," she said. "I feel like it's a give and take."

Samantha Cozzolino, a sophomore lacrosse attacker, who found out about the opportunity through the field hockey players, said she was hesitant to commit to a student-worker job at first because she thought it would take time away from her studies. She says she now loves how everything is set up in terms of her schedule and the tasks she is assigned to take care of.

"I like this job because it shows what happens behind-the-scenes at games. It makes me appreciate all the work that people have to do at my games," Cozzolino said. "I personally am not looking to do this professionally because I am a communication disorders major, but it is an amazing learning experience."

Tatum besting Ball and Fultz

By Phil Zoppi

All the talk during the offseason was about Markelle Fultz and Lonzo Ball, but another rookie is outplaying both of them early on.

Jayson Tatum is the clear front-runner for rookie of the year and has helped the Boston Celtics get off to a great start in 2017. Tatum is averaging 13.8 points per game to go along with 6.6 rebounds per game.

The 6'8" power forward is anything but a low post player.

Tatum has the ability to stroke the three ball, as he is shooting 50 percent from beyond the arc so far. That percentage will surely go down, but Tatum proved he could hit from distance at Duke University. That part of his game has certainly translated to the pros.

Tatum was not projected to be the best rookie of this class, but Fultz and Ball have disappointed early on. Fultz has had some serious troubles at the free throw line as well as a nagging shoulder injury that does not seem like it is going

away anytime soon. Ball has shown flashes, but looks like he might not be able to score at the rate he did in college at the NBA level. If there was a redraft today, it is likely Tatum goes before one if not both of them.

Tatum has also benefited by being drafted into a much better situation than Ball and Fultz did. Ball is looked at to be the primary ball handler for bad Lakers team and Fultz can't seem to find a role on a still very young 76ers team. The Celtics are built to win now and, with Gordon Hayward's

sustaining an injury, Tatum is looked at to be on the primary scorers on top echelon team.

The Hayward injury was unfortunate for the Celtics, but this gives Tatum a chance to thrive and put up numbers that no one expected him to put up this early on. There is still a lot of basketball to be played in their respective careers, but for right now it looks like Tatum is besting Ball and Fultz.



Phil Zoppi - Sports Editor

SCSU volleyball vs. Caldwell University



PHOTO | PALMER PIANA

The volleyball team breaking a huddle after a timeout.



PHOTO | PALMER PIANA

Junior Alyssa Gage getting ready to jump up for a spike.



PHOTO | PALMER PIANA

Three players getting in their stances before the ball comes.



PHOTO | PALMER PIANA

Freshman Kirstin Colwell spiking a ball over two Caldwell defenders.

Northeast-10 Standings

MEN'S FOOTBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
ASSUMPTION	8	8-0	1.000	9	9-0	1.000
LIU POST	8	6-2	0.750	9	7-2	0.778
NEW HAVEN	8	5-3	0.625	9	6-3	0.667
BENTLEY	8	5-3	0.625	9	5-4	0.556
STONEHILL	8	4-4	0.500	9	5-4	0.556
SO. CONNECTICUT	8	4-4	0.500	9	4-5	0.444
MERRIMACK	8	3-5	0.375	9	3-6	0.333
PACE	8	2-6	0.250	9	3-6	0.333
AMERICAN INT'L	8	2-6	0.250	9	2-7	0.222
SAINT ANSELM	8	1-7	0.125	9	1-8	0.111

WOMEN'S VOLLEYBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
NEW HAVEN	12	12-0	1.000	25	18-7	0.720
AMERICAN INT'L	12	10-2	0.833	28	19-9	0.679
ADELPHI	11	8-3	0.727	24	12-12	0.500
BENTLEY	12	8-4	0.667	26	17-9	0.654
SAINT ANSELM	13	8-5	0.615	25	15-10	0.600
SO. CONNECTICUT	12	7-5	0.583	28	20-8	0.714
PACE	12	7-5	0.583	29	14-15	0.483
STONEHILL	12	7-5	0.583	23	10-13	0.435
LE MOYNE	12	6-6	0.500	24	13-11	0.542
FRANKLIN PIERCE	12	5-7	0.417	23	7-16	0.304
SO. NEW HAMPSHIRE	11	4-7	0.364	20	8-12	0.400
SAINT ROSE	12	3-9	0.250	27	12-15	0.444
ASSUMPTION	13	3-10	0.231	22	5-17	0.227
MERRIMACK	12	1-11	0.083	26	4-22	0.154
SAINT MICHAEL'S	12	1-11	0.083	17	1-16	0.059

Opinions

The importance of unplugging

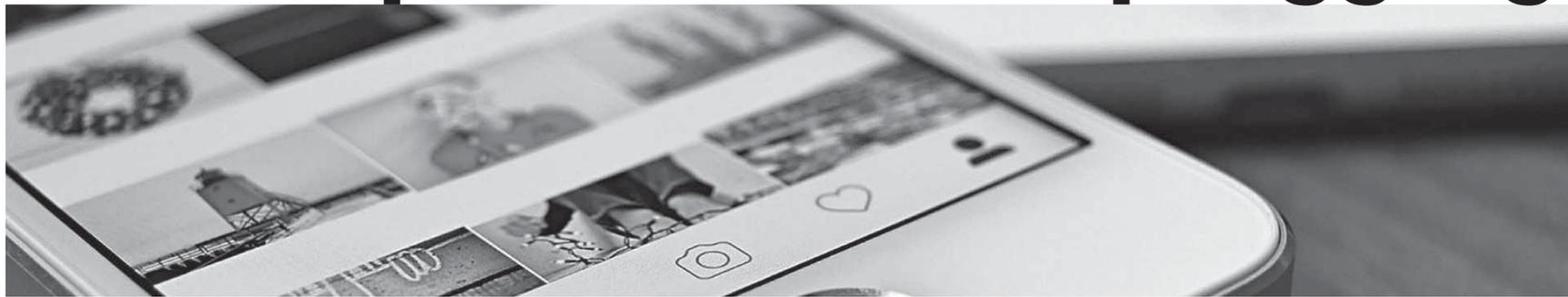


PHOTO COURTESY | WOKANDAPIX

By Lynandro Simmons

With a 24 hour news cycle and other forms of media constantly bombarding society, learning to unplug is essential. As technology continues to be interwoven with everyday life, learning to unplug can become harder. Unplugging, of course, does not mean literally removing every aspect of technology out of one's life. However, starting with something simple like a break from social media can go a long way.

The pressure of keeping up with not only the news but other peoples' social lives can be difficult. Social media is sometimes called the highlight reel of people's lives because it is meant to only show the best. This can create a false expectation for people. Taking a break from social media can remind people what is important: themselves.

Being on social media can make people believe they constantly have to give their opinion on everything. You are also constantly reading and taking in other people's opinions while on social media. This problem becomes even worse on sites like Twitter where people can essentially make their own echo chambers. Stepping away from social media can help to relieve stress. Clearing your head of everybody else's opinions allows you to digest information differently. Instead of catching breaking news by Twitter with everybody's opinions attached to it a person can form their own opinions.

A simple step like stepping away from social media can also help with communication skills. When someone stops being in their phone all the time, they are forced to become more aware of the people surrounding them. This means having dialogue more with actual people instead of

through a computer or phone screen.

Burying your face in a screen for a long period of time also is not good for your health. According to The Independent, researchers in China scanned the brains of 17 young web addicts and found their brains were "wired up." The findings showed similar brain alterations observed in people addicted to alcohol and cocaine.

"Internet addiction," a study published in the online journal Public Library of Science One, also revealed how internet addiction could increase depression and stress while lowering self-esteem. The idea of an internet addict may not appear serious, but studies prove it has harmful effects on both physical and mental health.

Of course, with how integrated society is with technology, asking someone to abstain would be hard. However, like most detoxes or changes in life, starting small goes a long way. That is why taking a break from social media to start can be a great help. For some

people, social media is a pastime or something to use when they are bored. Replacing this time with something more beneficial like spending time with family, friends or even reading a book is better. Even having alone time with no technology can go a long way. Unplugging means giving yourself time to decompress.

Doing more is also a simple way to limit technology use. Instead of wasting time surfing the net, fill out a day with fun activities. There is plenty of enjoyable things to do that don't necessarily cost money. Doing this for just a few days out of the week can make unplugging easier.

Technology is not the root of all evil, so everyone does not need to unplug. But finding ways to decompress and truly enjoy life is important. Getting completely rid of technology is nearly impossible, but unplugging from social media can go a long way.

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Why I chose journalism

By Lynandro Simmons

Choosing a college major is an important task. When I first entered college I had no clue what I wanted to do, but I knew some of the things I was good at. However, what I thought I was good at led me to being a miserable business major as a freshman. Then, like many college students, I changed my major. This would lead me to find a major and potential career I truly love: journalism.

As a kid, reading and writing were always important to me. Growing up in South Carolina, a book was as close to a vacation as I could get some days. Becoming a reader would lead to me learning how to become a better writer.

Though these traits were with me since I was young, being a journalist was not something I could have imagined. Out of my circle of childhood friends, my career choice sticks out like a sore thumb. As weird as it sounds, the younger me did not even know this profession existed or its importance.

When I moved to Connecticut and transferred to Southern, I immediately decided to go out on a limb and change majors. My mother and I were in a store one day and while I read a magazine as she shopped, she asked me why I had never considered being a writer. That simple question led me to contemplating pursuing a career as a writer.

Being a writer sounded cool, but I wanted

something stable and attainable. I did not just want to be a creative writer with no concrete career, so I started to become interested in the people who wrote in some of my favorite magazines growing up.

Once I committed to journalism, I felt invigorated and committed to finishing college. In my major I learned how limitless journalism can really be. As I learned about the media, I learned about the numerous potential careers in it. I also chose a major that gives me the ability to never stop learning. As a journalist I will constantly be growing as a writer and a person.

Writing is not something that is necessarily easy to me, but it has always been rewarding. Putting together a well thought out piece and seeing your work published is amazing. Interviewing people has also introduced me to a variety of people and personalities.

Journalism is a field that can have a direct influence and impact on people's lives. Bringing the news and being factual is important. Though I chose this major in what may be considered a divisive time, the opportunity journalism provides is invaluable.

Maybe I would not have chosen journalism if I had not moved to Connecticut, but I am happy I chose the major I have. Being able to tell stories and give a voice to those who feel voiceless is something I love. I have always been interested in writing, and with journalism there is no limit to what you can write.

SOUTHERN NEWS

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Issues printed by: Valley Publishing, Derby, CT
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To submit a piece, email it to scsu.southern.news@gmail.com, or stop by the Southern News office on the second floor of the Student Center, room 225. Electronic submissions are preferred.

Opinion Columns are 500 to 800 words and Letters to the Editor are a maximum of 400 words. They must include the writer's name and phone number for verification. We reserve the right to edit for grammar, spelling, content and length.

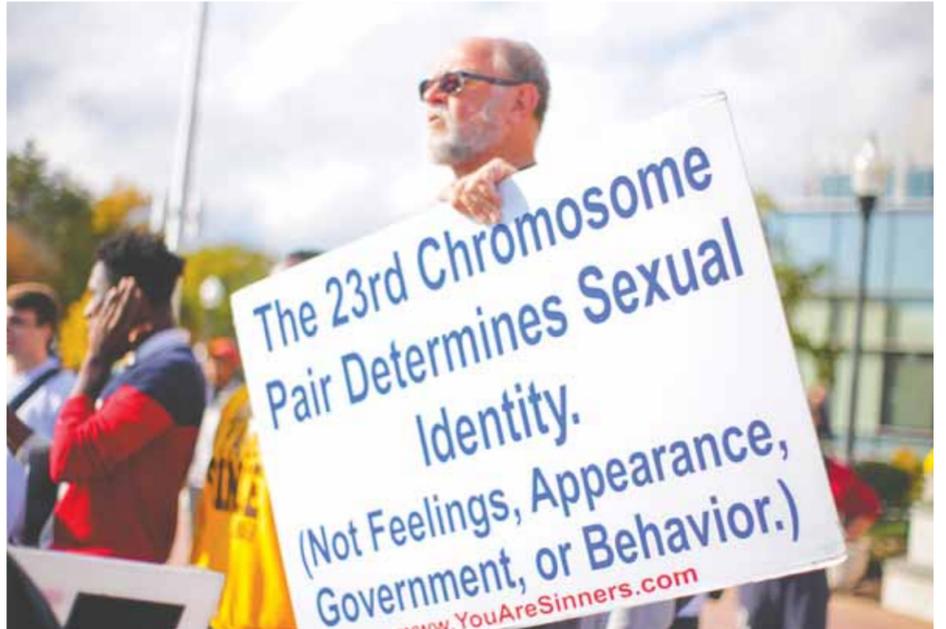
Protest forms at religious demonstration

Photo credit: Palmer Piana

See full story on page 1.



Students standing in protest of the demonstrators.



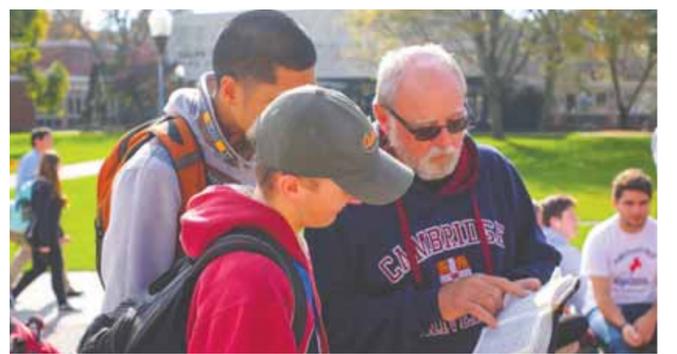
Don Karns holding up a sign in front of Buley Library.



Demonstrators and protesters gathered on the steps of Buley Library.



Don Karns holding up another sign while he preaches.



Don Karns reading verses from the Bible to students.



Students yelling at the religious demonstrators.



Officer Jacob Luchuk supervising the protest.