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President Joe takes students on New Haven tour



President Joe Bertolino taking students around downtown New Haven.

PHOTO | AUGUST PELLICCIO

By August Pelliccio

Last Friday, President Joe invited students to take the bus downtown and explore the city of New Haven, all the while giving merchandise to business owners and Southern alumni.

At the start of the event, students were given t-shirts displaying the newly updated Southern logo. Students then boarded the Southern bus, along with Gregg Crerar, director of community advancement, Patrick Dilger, director of integrated communications and marketing and of course President Joe Bertolino.

The bus dropped students off where Elm and York Street meet Bertolino led them inside the afternoon's first destination, TYCO Printing. Michael Ianuzzi, owner of TYCO and Southern alumnus, briefly spoke about his business before being presented a new Southern pennant and t-shirt by Bertolino.

After leaving TYCO,

Bertolino led students down Elm Street, loudly chanting "SC-SU" and "Owls in the house!" Bertolino said, "The goal is to have Southern out and about, and sneak into Yale territory."

The next and longest stop of the afternoon was City Hall. Upon arriving, Bertolino introduced the students to New Haven's director of legislative services, Al Lucas. Lucas gave an extensive tour of City Hall, highlighting many important pieces of history around the building.

Lucas showed students a plaque hung in 1975 in commemoration of Powder House Day. Lucas said Benedict Arnold demanded the men of New Haven hand over the keys to the powder house so the second company governors foot guard could join the colonial army in Lexington, Massachusetts.

Next, Lucas showed students a 1909 horse-drawn fire engine, which has stood fully restored in City Hall since 2012. According to Lucas, to this

day, New Haven has one of the better-organized and quicker responding fire departments in the world.

Lucas urged students to really look around when they walk the streets of New Haven.

"The places that you're walking by are where history happened years ago," Lucas said. "Pay attention to it." Bertolino took students by a local Starbucks to say hello to their assistant manager, a Southern student, on the way to the New Haven Chamber of Commerce. Tony Rescigno, president of the chamber took the stage for a few minutes, and told students about the importance of a chamber of commerce, and encouraged students to be involved in the community and start building their resumes.

On their way to the remainder of the day's activities, Bertolino and the students continued to chant in celebration of Southern. Bertolino said that it is important to celebrate Southern, and spread the word around New Haven.

"Bragging about Southern is fun," said Bertolino.

The tour stopped by Shake Shack and Temple Grill to greet more Southern student employees, and hand out t-shirts and pennants, before finally landing at Wall Street Pizza.

Crerar said it is Bertolino's passion to conduct several of these tours in the future. Bertolino confirmed that he would indeed like to do this a few times, with different themes each time.

"I'm always excited to hang out with my students," said Bertolino.

It was not part of his job description to be this involved in student activity, and Bertolino said though it was not something he anticipated, he loves it.

Crerar said to the group, "I've been here for 20 years, and I've never seen a president who wants to go out and be with the students like President Joe wants to be with you."

Southern kicks off Social Justice Month

By Josh LaBella

Southern Connecticut State University decided that when it came to social justice, a week just was not enough. This year the celebration has been stretched to the entire month of November.

Joe Bertolino, president of SCSU, said he provided funding for the lengthening because given what is going on in the country he thinks it is important to remind students that they have come to an institution that values dignity, respect, kindness, compassion and civility. He said he wants Southern to be a safe environment for all students, regardless of their world view.

"I want us to be role models," said Bertolino, "and I want us to be the social justice university of the state of Connecticut. My goal is to expand those efforts."

Bertolino said the initial step for pursuing that goal is acknowledging the school's commitment as an institution and that needs to come from him. He said then it needs to be modeled from the administration and a message needs to be sent throughout the entire institution.

"Then we need to provide resources and opportunities for individuals to talk about how we make the institution a better place," said Bertolino, "with an emphasis on social justice. I think our investment in a month of social justice is a start. I hope it's the tip of the iceberg and that will eventually lead to broader conversations, enhanced services and a broader curriculum that talks about issues of social justice."

Bertolino said one can measure the success of that goal in a couple of ways. He said one is an increase in the number of students from underrepresented groups attending the university, which is already happening. Secondly, he said another measurable piece of that objective is a rise in the number of partnerships Southern has with the surrounding community.

"In particular, aspiration to college for young people from underrepresented groups in the wards and communities that surround the university," said Bertolino.

SEE SOCIAL JUSTICE PAGE 2

Connecticut Legislature passes state budget after delay

By Josh LaBella

After nearly 200 days, the Connecticut state legislature passed a viable state budget - without the help of Gov. Dan Malloy. The bipartisan budget passed 33-3 and even if he vetoes it, Malloy's move will be overturned.

Jonathon Wharton, a political science professor at Southern Connecticut State University, said his main concern about the budget is that the governor was not the one leading the effort to make it. He said it says a lot that the governor was not involved in the process - because it is his job.

"Traditionally, it's the executive that's charged with the mission providing a budget. It's the legislative [branch] that passes it," said Wharton. "In this instance, the executive is cut out. That's very very rare."

According to Wharton, it is clear the Democratic and Republican leadership lead the charge to do this. He said pressure from town governments made them act. He said the lack of executive involvement speaks to Malloy being a lame duck governor.

"It's no secret that Malloy has lost a lot of political capital," said Wharton, "even before the budget was due."

Wharton said this budget, opposed to the one the Republicans passed in late September, does not cut as much funding to education. He said part of the budget includes a 47 cent raise in the cigarette tax and a \$10 increase in the car registration fee.

"I look on the bright side," said Wharton. "At the end of the day, just get a budget completed. I'm more concerned about the timing of this. The mere fact that this was finally settled on Tuesday, they voted on it early Thursday morning. Typically a timeline would be longer than two days."

Wharton said it is easier for the legislators to reach across the aisle than it is to go to the governor's mansion. He said it is scary because it is clear that the executive branch was hardly involved and he does not know what that could mean for the future.

Timothy Britol, a senior political science major running for alderman in Shelton, said the budget was a mixed bag. He said the cuts in state funding for education are going to be a hard hit for some cities. He said the cuts in the Husky health care program will make it going to hurt those who cannot afford health care. He also said while the cuts to higher education are less than the previous budget, they will hurt all the same.

"The state is also raiding several green energy programs to help close the gap," said Britol. "Some of the green energy leaders in the state are threatening to sue."

Britol said the budget being bipartisan is good in theory. He said it means no one is happy and everyone had to give up

something.

"The Republicans did not get the massive cuts to programs they wanted," said Britol, "and the Democrats did not get many of the tax increases they wanted."

Ty Seymour, a senior political science major and chairman of CT College Republicans, said although is not a perfect, ideal-GOP budget, it is something and provides money for municipalities, which they desperately need right now. He said he is glad the budget was bipartisan and that both sides gave concessions in order to focus on the good of the state and to avoid further fiscal damage to the state.

"I think Malloy not being involved goes to show that he would rather focus on his priorities and political interests rather than what is good for the state," said Seymour. "I think the fact that the budget is veto proof also goes to show that the governor has lost his influence, even in his own party."

Southern hosts the fifth annual 'Wheelchair Basketball' event

By August Pelliccio

Southern's department of Recreation, Tourism, & Sport Management held its fifth annual wheelchair basketball event.

Maryjo Archambault, an assistant professor of sports management, said Mike Dodge and she have spearheaded the event for the last five years. Dodge held an intermural basketball clinic two Fridays ago in Pelz gymnasium, whose turnout he said was wonderful.

This is in fact the fifth year that the event has been at Southern, but starting just this semester, wheelchair basketball is officially part of the line-up for intermural sports.

"In our adaptive and inclusive sports classes, there is a genuine interest," said Dodge, "and students are pretty fired up about the fact we are going to start wheelchair basketball intramurals."

The purpose of the event was to introduce new students to the athleticism involved in the sport. This was achieved by pinning students up against a professional wheelchair basketball team from New Britain, the Connecticut Spokebenders.

"The first year, our men's basketball team was an elite eight team nationally, and they played against the Spokebenders, in chairs," said Dodge. "The Spokebenders won even though our men's team was getting seven points for every basket they scored, and the Spokebenders were getting one."

Carlos Ouiles, Spokebenders coach, said that even though the sport is played from special wheelchairs, there is only one difference in the rules. He explained that for every two pushes, players need to dribble the ball once, or else it is considered a travel.

"We have a 30 second shot clock, we play 20 minute halves, the ball is the same size, the hoop is the same height, nothing else really changes," Ouiles said.

According to Ouiles, the Spokebenders are the only wheelchair basketball team in the state and they have been around since 1965.

"We are part of the NWBA," said Ouiles. "We play an average of 20-30 games in a season, and we follow NCAA rules."

Archambault said the reason they invited Ouiles and the Spokebenders was to raise awareness for the



Participants of the fifth annual wheelchair basketball event.

PHOTO | AUGUST PELLICCIO

opportunity. The inclusive nature of the sport is both the reason for the event, and the motivation to begin the intermural, according to Archambault.

"There is a need to make sure all students on campus have an opportunity to participate in intramural sports, and for students who are wheelchair users, there really wasn't anything," said Archambault.

Sign-ups for the team are open, and Archambault said that students have already signed up, but the beauty of the sport is that anybody can sign up.

"Even if you don't need a wheelchair, you can still

participate in this, and it really puts all students on an equal playing field," said Archambault. "It's just like any other intramural that you would sign up for, and that's the way that we want it to be seen."

They have already acquired 12 professional-grade wheelchair basketball sport chairs, which according to Dodge have wheels tilted outward, a wheelie bar to prevent leaning back, and a bumper on the front that protects the player's feet and elevates the knees so the ball stays in the player's lap.

Student Government approves photography club

By Josh LaBella

The Exposure Club, a club focused on photography was approved by the Student Government Association at their Oct. 27 meeting.

Daphney Alston, associate director of Student Involvement, said this was SGA's first new club approval of the year. She said to get approved, a club needs to create a constitution, find a full time faculty or staff member to be their advisor, and have at least 10 full time undergraduate students. She said once they've done all of that and met with her to discuss the finer details of their club, they need to come to an SGA meeting to be approved.

"As representatives, you are looking to see how this fits in the Southern community. Ultimately, your goal is to recognize clubs that are going to contribute to the Southern community, contribute to the experience of students," said Alston to the SGA body. "It [Exposure Club] will be our 125th club on campus."

Julie Gagliardi, president of Student Government Association, said that number is a milestone for the Southern community.

Steve Jean Simone, a senior photography major and president of the Exposure Club, said the club's goal was to bring like-minded people together to study different styles and expand their knowledge of photography. He said there was no other club like theirs on campus. He said this weekend, the club will be attending a photography conference to try and get connected to the photography community at Southern, and in the larger community.

"We go around to different clubs on campus and work with them," said Jean Simone. "We just finished doing a photo shoot with F.A.C.E., who holds a fashion show every semester."

Jean Simone said the club is open to anybody and everybody. He said they just want to have a good time while they learn about exposure and photography. He said they plan on going on trips regularly and having fun. He said members do not have to be experienced in

photography.

"The whole point is for people who have interest," said Jean-Simone. "The people who are experienced [in photography] will show the less experienced people what to do. We call it Exposure specifically because we want to show people how to get proper exposure with a camera, how to work a camera. Then we'll come up with projects as a group that we want to do together."

Jean Simone said the club has three cameras they can lend out to members. He said the way he liked to put it is that "you don't have to have your own equipment - just an interest." He said they have enough cameras as a club and through the photography department that anyone who needs one will have one available to them. He said they do encourage members to buy their own equipment.

"This way, by the time that they leave the club they will have their own camera," said Jean Simone.

Gagliardi then held the vote to approve the club. The vote passed 23-0 and the Exposure Club officially became the newest club on campus.

Social justice

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"Right now, said Bertolino, "we are surrounded by communities that are primarily individuals of color and lower socioeconomic status that do not aspire to college or university. I want folks to be able to know that we're right in their backyard and they can and should aspire to come to a place like Southern that will help them be successful."

According to Bertolino, social justice is the difference between equality and equity. He said equality means that everyone gets the same thing and is treated in the same way. Equity, he said, is when they help someone achieve their goal by giving them more opportunity and what they need - accepting them for who they are so that it creates a level playing field.

Niki Nash, a doctoral student in the leadership program, said to her social justice means equity both socially and culturally. She said it is about having opportunities and rights that should be given to all. She said she feels Southern supports those goals.

"There's organizations that on campus that promote social justice," said Nash. "I came here for my 6th year degree as well and I don't remember there being as many social organizations. I think that there is a clear recognition that the landscape is changing - that there are more varied types of people coming to school and there's a need to meet the needs of all of them."

Weens Simone, junior finance major, said social justice means everyone being treated fair. He said Southern is pretty good at supporting that message.

"I've been here, this is my third year," said Simone, "and I think everyone here is pretty friendly and accepting. The administration and the professors definitely support social justice."



President Joe Bertolino.

PHOTO | JOSH LABELLA

Southern hosts 34 annual High School Journalism Day

By Josh LaBella

High schoolers from around Connecticut ventured to Southern Connecticut State University for their 34th annual High School Journalism Day, hosted by Southern's journalism department.

The Oct. 27 event had 22 workshops for the prospective journalists in attendance including ones on editing, ethics and digital journalism. Afterwards, at 11 a.m., the students gathered in the Adanti Ballroom to listen to a number of speakers.

Bruce Kalk, the dean of the School of Arts and Sciences, spoke to the audience about the principles of the First Amendment. He said the amendment was fundamentally why everyone was there that day.

"We all know the First Amendment established the freedom of speech, the freedom of the press, freedom of religion and the right to assemble peacefully," said Kalk, then describing how the Bill of Rights came to be. "Today, you and I can think about this in a modern context as the pursuit for social justice. We here at Southern are committed to becoming, as our president Dr. Joe Bertolino has repeatedly stated, the social justice university of Connecticut."

Joe Bertolino, president of Southern, welcomed the high school students to SCSU. He said he hoped the students had a great time and that the event was a positive experience for them. He then explained to the students the benefits of going to college.

"I certainly would like to invite you to consider Southern," said Bertolino. "It's a great place. I think you'll be pleasantly surprised at what you find here."

Laura Hutchinson, co-anchor of "Good Morning Connecticut" at WTNH News 8 and the day's keynote speaker, said she wanted to thank Southern for hosting the event. She also noted that she had taken a few summer courses at the school. She said it was amazing to have journalists from different high schools around Connecticut coming together.

"There is a lot to love about this busi-



Laura Hutchinson, co-anchor of "Good Morning Connecticut" at WTNH in the ASC Ballroom.

PHOTO | JOSH LABELLA

ness," said Hutchinson. "I love meeting students who are eager to get into this business and talking to them about this great field."

Hutchinson said she always hears that news is all bad, but it is not true. She said it is a fun business to be in because every week there are stories about a little of everything. She told the audience about covering the Boston Marathon bombing in 2013 and how it was a challenging but rewarding experience.

"I actually connected with some of those families who were injured and I ran the Boston Marathon with them the following year," said Hutchinson. "So that's an example of how you meet

people. It's not just a job; you really connect with these people and become friends."

According to Hutchinson, the job makes her happy every single day and she does not take it for granted. She said there are a lot of people, herself included, who want to break into the business and that, once they get there, they will not let it go. She said in her career she has done a lot including being an investigative reporter, a general assignment reporter, a news anchor and a host of a lighter morning show.

After her speech, she said she was really impressed with Southern for bringing students together to network and

hosting workshops. She said the students asked great questions and she thinks the future of journalism is really bright. She said her message to young journalists is to follow what their goal is.

"That's what we do - we're watchdogs," said Hutchinson. "You need to get into this business and stick to your guns and know what we do. Our job is to ask questions and get to the bottom and help people. Do not let people threaten that or make you feel like what you're doing is wrong. If you're making people unhappy, you're doing your job."

Commuter Lot 3 will add new signs for parking

By Alex Palmieri

Benson Rodrigues, a freshman education major, said he got a ticket for parking in the correct spot in a commuter lot.

"I parked in Lot 3," said Benson. "Lot 3 has a sign that says Lot 3 Commuters only so naturally I thought this meant that I could park anywhere in the lot, so I parked in the back left corner because there was an open space."

Benson said when he came back from his class, he noticed there was a ticket on his windshield saying he parked in a reserved parking spot. Benson said he looked around and could not find any markings so he went to the police station.

"Initially I thought about paying for the ticket," said Benson. "I met someone there who was there for the same reason and I just thought to myself 'this is my chance to actually make a difference.'"

The ticket was \$25 and Benson said he could afford the ticket. But, he thought about the countless number of tickets that would have been issued if he just gave up and paid it right away. Benson said he asked for an appeals form and decided to fight the ticket.

"I mentioned in the case how there were 15 spots in the back row of lot 3 but only one small sign in the middle," said Benson. "So in a full parking lot, you wouldn't be able to tell from the corner that the back was reserved."

Benson said he bought this to the SGA meeting and spoke to them. One person he mentioned he spoke to was Devin Lynch, who sits on the tickets and parking board and said he would keep Benson updated on everything.

"He got back to me, almost a month later, and said that not only was my case approved and the ticket was voided, but they were going to put new signs up," said Benson. "I was so happy that I just thought 'I can't stop now because I have to continue applying pressure for them to follow through with it.'"

Benson said this is a step in the right direction and he hopes the signs are set up soon.



Commuter parking Lot 3.

PHOTO | ALEX PALMIERI

"Hopefully this will encourage other students to not only hear about social justice," said Benson, "but try to make a change themselves."

Trace Malone, a junior business major, said this is a good step for Southern. He is a commuter and he said he parks in the commuter lot often. He said he does see the sign that says no parking and he knows not to park there.

"I know students are not supposed to park at the end of the lot," said Malone. "It is kind of hard to see the sign so I can see why that person fought that ticket."

Malone said he would fight the ticket if he got it as well. He said the sign is small and it has to be bigger, or there needs to be more signs in that parking lot so all

students know they cannot park in certain spots in that lot. He added that he parks in that lot every week.

"I park there a lot," said Malone. "I don't want to get a ticket for parking there either; the sign is so small and it's far away from all the other parking spaces."

Malone said there are not a lot of signs for parking in Lot 3. He said if more signs were added, or if the sign was a little bigger, this can prevent people from getting parking tickets. Especially if students are in class all day, Malone said they would have no idea that they are getting a ticket until they are out of class.

"That's not fair in a way," said Malone. "If kids are in class they have no idea what is going on. I think there should be

more signs to make this be prevented. I think that would be the best idea."

Malone added that with more signs, more people will be aware. He said this would make people not get tickets. He said he knows a lot of people who received tickets for parking in the commuter lots and he does not want to become a statistic either. He thinks it is worth it to make signs bigger or make more signs notifying everyone about commuter parking.

"That would be good for the school just so everyone would know and there would be no confusion," said Malone. "That's just my opinion though."

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Student Research Spotlight: Cory Williams



PHOTO | AUGUST PELICCIO

Cory Williams, a chemistry student, watching reactions of his compounds occur at different controlled temperatures.

By August Pelicchio

Adiel Coca, an organic chemistry professor at SCSU, oversees research for three students this semester, for whom he is thesis sponsor. Cory Williams, a chemistry student, is working toward the goal of developing a new class of antibiotics.

Coca has been with Southern for 10 years and all along the way he has been supervising student research.

"In the last couple of years, I've been moving more toward developing antibiotics," Coca said, "so that is what is common among the research projects of all my students."

Williams is performing research for his thesis in order to move on to medical school after he graduates. His first choice is Yale, but he will also apply to UConn and Quinnipiac. He is even open to going out of state to NYU or Harvard, but he said he

would really like to stay local and remain in CT.

"I've always been interested in medicine and enhancing the scientific community in general," Williams said.

His work this semester concerns a variety of cyclic boron compounds called oxazaborolidines.

"Oxazaborolidines are characterized by being a heterocyclic compound containing a boron, nitrogen and oxygen," Williams said. "Once synthesized, purified and characterized, these compounds will be used as precursors for a cross-coupling reaction known as the Suzuki-Miyaura Cross Coupling reaction."

Coca said that this reaction, more commonly referred to as the "Suzuki reaction," is very important to the field of chemistry. According to the Nobel Prize organization's website, Akira Suzuki was awarded a Nobel Prize for chemistry

in 2010 for his research of the reaction. Suzuki's page on the Nobel Prize website says that the reaction involves using chemical compounds that contain carbon to synthesize otherwise organic substances.

"We're trying to broaden what the reaction can do," said Coca.

Williams said that if the compounds he will synthesize work as precursors in the Suzuki reaction, it would in fact broaden the scope of the reaction significantly.

Other than his work specifically focused on the Suzuki reaction, Williams said his research would aid in developing an entirely new class of antibiotics.

"We've synthesized several compounds so far," Williams said, "and what we're trying to do is test them against several cell lines of bacteria and see if anything comes back positive for biological activity with the compounds."

Williams said compounds with

boron-nitrogen bonds in previous studies have shown biological activity, so the compounds he will be synthesizing are excellent candidates.

"There haven't been many studies on the compounds I'm working with," said Williams. Because of this, he said his work will be important on a future resume, and may even be published.

"If all goes as planned," Williams said, "my results from this research project would be published to well-known scientific journals such as The Journal of Organic Chemistry, Tetrahedron Letters and Journal of Medicinal Chemistry."

Even if he is not successful in developing a new class of antibiotics, Williams said that if he can show that the compounds he is working with demonstrate any of the activity he expects them to, he will be successful in composing a good research paper.

Getting to know Southern students

By Audrey Gryak

What is your major? What do you like about it?

Luwana DeSilva, an elementary education major: "I want to be able to teach children because they are our future."

Emily Claros, an exercise science major: "I really enjoy science and find it very interesting."

Marta Fedorko, a pre-nursing major: "My current study is pre-nursing, and I have high hopes to get into the nursing program."

Ashley Connolly, an elementary education major: "I like that I can get to learn how to be a teacher from people who have already worked and are passionate in my field."

Why did you come to Southern?

DeSilva: "I came to Southern because they have one of the best elementary education programs in Connecticut."

Carlos: "I chose Southern because it had a really friendly atmosphere and was very welcoming."

Fedorko: "I decided to choose Southern because they offer a great nursing program that I hope I will be able to be a part of."

Connolly: "I came to Southern because they have one of the best teaching programs in the state."

What is your favorite class and why?

DeSilva: "My clinical field experience class (EDU 200) is



PHOTO | AUDREY GRYAK

Luwana DeSilva, elementary education major, and Emily Claros, exercise science major.

my favorite class because it will have field placement so I can learn how to work in a school environment."

Claros: "Anatomy and physiology is my favorite class because it teaches us about how the body is affected by exercise."

Fedorko: "My favorite class is my English class because I was able to become a stronger writer."

Connolly: "My favorite class is Math 105 because I'm learning so many viable skills for the classroom."

What do you like to do outside of school?

DeSilva: "I like to read and watch Netflix."

Claros: "Emily loves to shop! She's a shopper," said DeSilva. Claros added that she loves taking photos of nature.

Fedorko: "When I'm not at school, I like to go out with



PHOTO | AUDREY GRYAK

Ashley Connolly, elementary education major, and Marta Fedorko, pre-nursing major.

friends and go hiking."

Connolly: "I like to dance outside of school and be with friends when I'm not working."

Do you know what you want to do after you graduate?

DeSilva: "I want to get a job in an elementary school and go for my Master's degree."

Claros: "I want to land a job in physical therapy and help rehabilitate people."

Fedorko: "After I graduate I am looking forward to working in the hospital."

Connolly: "I want to be an elementary school teacher."

Denim and sweaters rule fall fashion on campus

By Jenna Stepleman

Fall is notorious for many things: beautiful foliage, changing weather and pumpkin flavored drinks. Among that list, fall fashion is another very important aspect.

One might say it is usually sweater weather this time of year, but with the unusually warm temperatures mixed in it makes for an interesting fashion season.



PHOTO | JENNA STEPLEMAN

Nyasia Lewis, a sophomore.

Nyasia Lewis, an undeclared sophomore, talked about how it was still a little too warm for some of her fall fashion—but she is still making do.

"I go for cardigans because they aren't too warm, but [are] very fashionable. I also think neutral colors are the way to go; nothing too bright and in your face," Lewis said.

Pinterest is another source of inspiration for many people looking for trendy or unique fall fashion.

Nadenae Halkert, a freshman psychology major, uses

her Pinterest app in her spare time for fall and winter fashion looks.

"I think that neutral colors like brown, creme and black make a look for fall. You don't want to be too colorful or it's more of a spring look to me," Halkert said.

It is not just women who can be involved in fall fashion; men can be equally as fashionable this time of year.

Khalid Thompson, a senior exercise science major, loves fashion. He takes inspiration from Kanye West, Wiz Khalifa and other rappers.

"I think my fall inspiration comes from a lot of celebrity music videos I admire, but it's always with a personal flair," Thompson said.

Music has creative inspiration just like fashion, and with every season you get a new sound of music as you get new trends in fashion.

"Denim is really in this fall. I also think neutral



PHOTO | JENNA STEPLEMAN

Nadenae Halkert, a freshman psychology major.

colors are important. Nothing too bright. Long sleeves and layered jackets too, when the weather gets cold," Thompson said.



PHOTO | JENNA STEPLEMAN

Khalid Thompson, a senior exercise science major.

There are many ways to express yourself and fashion is no exception. Plenty of students take inspiration from famous or online sources for their inspiration, but others are just trying to be themselves.

"I can't think of anyone famous I go to for fall fashion specifically, I just go with what I like and see how it works out," Lewis said.

Vogue Magazine poses the question, "What will women wear come fall?"

"Designers had a multitude of answers, from the structured suiting seen at Céline and Stella McCartney to the unabashed romanticism of Alexander McQueen and J.W. Anderson to Space-Age glitz chez Paco Rabanne and Chanel," Vogue said.

But wherever fall fashion takes us in 2017, students of SCSU have their own individual twist on it.

"I like to play with things and make them my own," Thompson said.

Geography Club: more than just maps

By Jeffrey Lamson

The Geography and Environmental Awareness Club is doing more than you may think. In an oddly long little room in Jennings Hall, the club is actively reaching out to the community all while tying it back to geography.

Geography branches out into such topics as human geography, physical geography and historical geography, which do in fact all end up being tied into maps in some way. But these subjects are much more than remembering the state capitals.

"If that's what it was I never would have been attracted to it," said faculty advisor Eric West. "That's just trivia."

In these subjects, geography manages to be both a social and natural science whose sub-sections can be intertwined and broad, but at the same time very specific and deep in their own right.

Since geography often does come to maps, "I want people to appreciate maps more and see that it's more of a science than just a fad," said club secretary, Phil Sarrazin.

The Geography and Environmental Awareness Club puts some human geography into practice by doing volunteer work. They do clean-ups of West Rock and Long Wharf as well as charity services

such as donating shoes to parts of Africa. During this semester, the club is working with the Office of Sustainability to help reduce food waste on campus. West and the students have embraced the Office of Sustainability's Food Recovery program with West and many members going to volunteer both regularly and frequently.

Coming up on the club's schedule is Geography awareness week, which runs from Nov. 12 to 18. During the week there is a beach clean-up, a movie night and a guest lecture from a member of staff from Liverpool John Moores University. Heidkamp, chair of environment, geography, & marine sciences department will also be giving a presentation on some study abroad programs, including Iceland and South Africa. West will be doing a presentation as well.

Some students are also gaining national recognition; West is taking four students to New Orleans for the National Conference for the American Association of Geographers. Three of these students are presenting papers and one, an undergrad student, has been invited on a panel along with West.

"I just can't tell you how proud I am of these students," said West.

Overall, it is clear that everyone involved in the Geography and Environmental Awareness Club very much



PHOTO | JEFFREY LAMSON

From left to right, secretary Phil Sarrazin, Vice President Aaron Gant, President Charlie Comstock and Matthew Connors.

enjoys their level of involvement with the club and, by extension, the community surrounding it.

"If there's anyone who's a professor on campus who has more fun doing what he does than I do, I'd like to know who that is," said West, which is the general opinion around the club.

While the organization may be a little

cramped in their club room, it is clear they would be open to new members at any time; especially with many of the officers going to Liverpool for the spring semester. Those interested should head to Jennings Hall room 342 on Mondays from 1 p.m. to 2 p.m.

Using cell phones for school

By Jenna Stepleman

The rise of cell phones has brought both entertainment and distraction into our daily lives. Here on campus, it also has brought about many classroom-related functions that improve the lives of students.

The Blackboard app is notoriously rated low on the Apple app store due to its bugs and issues. However, many students continue to use it, and some even have contrary opinions.

Megan Sack, a sophomore nursing major, said she uses her phone for more than just texting in class.

"I use my phone for Blackboard to check my grades constantly. It's way easier than pulling out a computer for a quick check," Sack said.

Olivia Rogers, a sophomore recreation & leisure studies major, uses her phone for more than just checking grades.

"I use it to set up assignments and my work in advance before class. It's helpful and fast," Rogers said.

Apps like Google Docs and Photoeditor really come in handy for assignments like this, but it is not just apps. Students can use the notes feature of their phone to take notes and the voice memo feature to record lectures.

Chika Okeke, a junior accounting major, uses her phone to do website based homework when she does not want to go all the way to a computer.



PHOTO COURTESY | STOKPIC

"I use my phone to do MyMathLab work for class and I use it to do my online french homework," Okeke said.

Convenience is a major factor in why students use their phone for work or school related functions.

"It usually is helpful because it's literally always with me," Okeke said.

Another reason many cited is the convenience of a phone versus a laptop. Laptops can be big and bulky, and desktop computers sit in one place; a phone is literally at your fingertips.

Stephani Esposito, a sophomore nursing major, uses her phone for a lot of her daily school related work.

"I use it for a lot; I use it for Kahoot. Like, I know a lot of other people do 'cause the laptop is too big and inconvenient, but I also use it for the voice to text feature. It makes it easy to write essays on the go, or in bed," Esposito said.

Another function some said they use in class for is language translation.

"I use it for Duolingo specifically 'cause I'm just terrible at spanish and need certain words looked up. It helps, 'cause again, my laptop is just huge and no fun to try to use in class," Esposito said.

"Students should only use mobile devices when it will not disrupt the learning environment, and display courtesy and respect for others when using a mobile phone," according to the School Policy Advisory Guide put out by the Department of Education.

Students at SCSU clearly have many uses for cell phones and are using them in new and helpful ways everyday; this is not to say they don't also cause occasional distraction, but the functionality cannot be denied.

The Warren Files shared scary stories



PHOTO | TYLER KORPONAI

Tony Spera, the son-in-law of Ed and Lorraine Warren, speaking at the Warren files event.

By Tyler Korponai

This past Friday offered a glimpse into the curiously frightening world of the Warren family and their work dispelling what they believe are lingering entities of human origin.

The event was hosted inside the Lyman Center. Tony Spera, son-in-law of the the Warrens, spoke to an audience about the intersections between the familiar and the unknown.

Evan Murray, a political science major from Monroe, where the Warren family operates from, said, "It's cool to see what someone has to say about it all."

Of all the items that the Warrens have amassed because of an associated haunting spirit, a demonically possessed Raggedy Ann doll, Annabelle, captures Murray's imagination the most because of an incident a few years ago.

"This firefighter died," said Murray,

"after making fun of the doll. There's some weird stuff like that."

Spera began by asking the audience whether they had seen films such as "Annabelle" or "The Conjuring," which were inspired by Ed and Lorraine Warren's work. While these films take "literary license" according to Spera, the Warren family was consulted for "The Conjuring," but not for "Annabelle."

After a show of hands from a fairly responsive crowd, Spera quickly moved on to questioning who in the audience had ever experienced or witnessed a ghost, and then who believed in ghosts.

"We're not here to convince you that ghosts and spirits and demons are real," said Spera. "We know they are. You can have your own opinion and that's fine."

Spera followed by claiming that human spirituality exists within some relationship of a binary of good and evil.

"But when you stop and think about it, you and I are all spirits anyway," said

Spera. "If you happen to believe, and I hope you do believe, in a higher power—call that name what you like, but we call him God — if you believe in God, than you have to believe in the opposite. Where there's good, there's bad. Where there's negative, there's positive. The world is made up of a balance."

Spera for evidence showed the audience both videos and photographs he has collected over his career.

He showed an image of what he claims is the spirit of a dead wife. According to Spera, she appeared nine weeks later when her husband began dating again.

Shot after the 9/11 attacks, Spera displayed an image of an aurora occupying where the World Trade Center towers once stood, which Spera described as the unresolved energy of victims.

Spera used many of these short narratives to describe encounters of what he believes are overlaps between different planes of existence.

Jason McLeod, an affiliate of the Warren family who first worked with them in 1990, has written about his experiences and knowledge of these matters. Now, he travels the country sharing his own beliefs.

"I've been at this for 28 years," said McLeod. While traveling, he explains why strange phenomena happen. McLeod believes that these anomalies can be explained through quantum physics and other natural laws, and that he can empower people. His main focus is "how love conquers darkness," said McLeod.

For the audience, some like Brittany Perigyi, an undecided major, wanted to get all the information first.

"I don't discount anything," said Perigyi. "I think there's always something new to learn and add on. Just keep an open mind and experience things like this without bias."

Ty Dolla \$ign's sophomore album shows his versatility



PHOTO COURTESY | KMERON

Ty Dolla \$ign performing at the Les Ardentes Festival in Belgium in 2016.

By Lynandro Simmons

While only on his second studio album, Ty Dolla \$ign has managed to become a staple in hip-hop culture. With a list of features ranging from Chris Brown to Wiz Khalifa, Ty has managed to keep his music style far reaching and at the same time unique. On his second album "Beach House 3," Ty continues to show the musicality he displayed on his debut studio album "Free TC."

Ty opens up the album with the track "Famous" and sings about a common American dream of being a star. Over soft strings, he speaks about the desire for fame and what

people will do for it. As the track comes to an end, the album smoothly transitions from the interlude track "Famous Lies" to "Love U Better," the album's lead single that also features Lil Wayne and The-Dream.

On "Love U Better" Ty pays homage to Mary J. Blige hit single "I Can Love You" and puts his own 2017 spin on the 90s R&B record. Ty keeps the 90s vibe going on the next track "Ex" with YG. Over a sample of the classic remix of 112's "Only You," Ty sings about his love for one of his ex's and even considers leaving his main chick for her.

"Beach House 3" is a lengthy, 20-track album full of bangers

and smooth songs. Though the length of the album can be daunting, the playlist feel makes up for the length.

Whether Ty is harmonizing on a smooth track with Tory Lanez or singing on a party anthem with Future, he makes sure to stay true to his own style throughout the album. There is not any real depth to the album in comparison to his previous studio album "Free TC" which boasted what may be Ty's best track "Miracle." However, Ty's versatility in music is on full display on this new album. He has Damian Marley and Skrillex for a tropical island vibe and Jeremih for a trapped out strip club anthem.

"Beach House 3" sounds like an album that would've been perfect for summer nights with friends instead of the harsh winter that slowly approaches. Though Ty lives in Los Angeles where the weather may not change, this album encapsulates the summer months. With music, timing can be everything. The third installment in Ty's ongoing Beach House series may have missed this opportunity.

One of the early standout tracks on the album comes towards the end. "Message in a Bottle" is a solo track where Ty croons about a night filled with drinks. The smooth track is perfect for late night cruises. Throughout the album, Ty

tip-toes the line between being a singer and rapper without even spitting a bar. With his brash approach to R&B, Ty continues to carve out his own lane.

"Beach House 3" sounds like an album Ty made for the moment. There is musicality behind the production on the album, but none of the lyrics have staying power. Though this album lacks cohesiveness, each song manages to stand alone being catchy and fun-filled. Fans may not listen to this album as a full project, but there are definitely songs on here to add to personalized playlists.

Playing piano helps one nursing major stay focused



PHOTO | LYNANDRO SIMMONS

Betcherly Calixte, a junior nursing major, playing the piano.

By Lynandro Simmons

Often, art can be a form of escape for artists. Betcherly Calixte, a junior nursing major, uses the piano to express himself and relieve stress.

"It's one way of coping," said Calixte. "It's one of the things that keeps me sane."

Coming to Earl Hall to play the piano allows him to decompress, he said. Even while having a stressful week, he finds time to play the piano to relax.

"At a very young age, my mother always wanted me to play piano," he said.

Calixte said he taught himself how to play the piano

by watching his friends and through trial and error.

"It's something I always found basic," said Calixte. "You know the C is right next to two black keys and go from there."

Calixte said a lot of the songs he enjoys playing are gospel songs. Growing up in the church played a huge part in influencing his musical taste. Hearing music in the church also opened him up to other music genres.

"In the church you get to hear everything," he said.

The music he heard in church ranged from very jazzy selections to R&B. This variety of music opened up his musical palette, said Calixte.

While in church he also

extended his artistic talents to a variety of instruments, ranging from the drums and piano to the bass. Depending on what is needed on Sunday, Calixte can find himself playing a variety of instruments.

"My friends also influence me," said Calixte.

Having friends who are also musicians also opened him up to more music. Although his friends each have their own personal interests, they do not mind sharing music.

"Them having an open mind can lead me to listening from metal to jazz," said Calixte.

Music—specifically piano music—is something that will always be important to him.

Calixte said it is one of the few

things that has not ever left his life.

"Everything else can pass. Girls can leave, family, but music will always be here," he said.

Calixte said that in the future, he will not force playing any musical instruments on his children. However, just by being around him and seeing his love for the art form he hopes his children will pick it up.

"I'm not one to force anything on anybody," he said.

Lately, the free pianos available in Earl Hall have been very important to him, said Calixte. They have provided him something to use as an escape as the weeks pass in

the school semester. It has also been a place he enjoys to go while he has breaks in between his classes.

"My classes have nothing to do with music right now, but I can always go to the art building to practice for a few hours," he said.

Although his major is nursing, the piano and music will never be abandoned. He said it has been with him since he was young and will continue to be important.

"It will always be a part of my life," said Calixte. "Even though I'm a nursing major, I want to have a music studio one day."

Crescent Players: the club that started a department



PHOTO | AUGUST PELLICCIO

Jason Hall (left), Matt Iannantuoni (middle) and Angelica Palacios (right) building a set piece for "Stop Kiss."

By August Pelliccio

One of the oldest and largest clubs on Southern's campus is a theater club called the Crescent Players whose passion is the very reason there is a theater department here at all.

Alex Luft, a sophomore interdisciplinary studies student and publicity coordinator for the Crescent Players, said that Crescent Players preceded any theater studies offered at Southern.

"Now, we have the department, the Lyman Center, the Kendall Drama Lab, and all the facilities and the faculty, but we're still pushing for student run theater," said Luft.

The club's faculty advisor

is Mike Skinner, assistant professor of theater said, "It was students in the English program who just wanted to do shows, but there was no theater department yet, so they started a club, and just started doing shows."

"The desire for theater was so strong on campus, that it actually created its own department," said Raphael Massie.

Massie is an adjunct theater professor, and stage director for the Crescent Players upcoming show, "Stop Kiss."

To this day, Skinner said there is a wonderful coexistence between the Crescent Players and the theater department.

"They couldn't do much without what we have," Skinner

said, "and we couldn't do much without what they have."

Skinner explained that the club is not exclusive to theater students; anyone can join.

"We have a substantial amount of nursing majors, biology majors and communication majors, and it does nothing but enhance [the club]," said Skinner.

Luft said that anyone interested in theater can join, whether their talent is in acting, designing sets, painting, makeup or costumes.

"Theater is so much more than getting on stage and memorizing lines and being in the show," Luft said.

She said the only official piece of business before a student becomes a part of the

club is "striking" two shows. After a show closes, new students have to help clean up and break down the show on two days, and then they are officially a Crescent Player.

The fact that anyone is welcome helps broaden the pool, according to Massie, from which they cast their productions and fill their classes. Massie said opening the club to the whole campus gets more people involved all around.

"Theater itself is an all-inclusive art form, and it's a place where anyone can come and find success doing something," Massie said.

Massie and Skinner are alumni of Southern and were both active Crescent Players during their time here. Luft said

she wishes more students were involved, and she wishes more people were aware. Skinner said that although the membership is not as high as some years, it always has fluctuated between 40 and 60 members.

"There's an ebb and flow to everything," Skinner said. "Everything comes in cycles." According to Skinner, one thing that has not changed over in the years since he was a member is the passion for theater and the passion for performing.

Skinner said, "The reason that people are Crescent Players is because they love it, they want to do it, and they give it everything they can."

Kitchen Ceili brings folk music to Southern



PHOTO | JENNA STEPLEMAN

George Wilson (left), Dora Hast (middle) and Stan Scott (right) of Kitchen Ceili during their performance.

By Jenna Stepleman

Irish and Scottish folk music lit up the Engleman C112 Recital Hall Wednesday night at 7:30 p.m. when Kitchen Ceili performed in front of a lively crowd of SCSU students.

The band features Dora Hast as a vocalist, tin whistle and recorder player along with her husband and bandmate Stan Scott as a vocalist, mandolin and guitar player; finally, George Wilson is another vocalist who also plays fiddle and banjo. The show was about an hour long with interactive and fun Irish and Scottish folk music.

Hast told the crowd she has taken at least 12 trips to Ireland to study the culture and music. She was also the first to teach

the MUS 115 class here at Southern.

The crowd, which was mainly composed of Southern students, was large by 7:45 p.m. as the show got off to a late start. After that, the crowd participated in rounds and sang along to the tunes.

Mara MacNeal, a junior recreation and leisure major, accompanied her roommate to the show. It worked out perfectly because she also happens to love Irish music.

"I used to do Irish dance in high school, and I really do love the music. So when my roommate told me she had to go for a class, I was excited," MacNeal said.

The first tunes were Irish jigs. To introduce them, the band explained the concept of a "Blarney stone." In Irish folklore, this is a stone with magical properties; if you kiss it upside-down, it will give you the ability

to convince people with your speech.

"The Blarney," was part of the inspiration for the first song the crowd sang along to, which was about a young married couple

MacNeal said she wanted to dance while the performers were playing but was feeling a little shy since no one else was.

Dakota Summer, a senior IDS major and MacNeal's roommate, came for a class requirement but also has a passion for the music.

"My world music class assignment was to come, but I was happy to anyway. I love the energy of the music, and with music being one of my passions it doesn't really feel like work anyway," Summer said.

Working the soundboard and set up, Professor Bill (William) Ahearn could be mistaken as an assistant to the band

performing, but was actually helping out the recital hall. He too has a love for music.

He teaches MUS 117 here at SCSU this semester and also has a recording studio off campus. He also is an Irish music lover, as was some of the decently-sized crowd.

"I like that the band catered to the audience of music students and got them involved. It made the feel of the room less serious and we all enjoyed the music together," Ahearn said.

"I've set up about three shows just to help out and I like the music so really it's not all that work intensive," Professor Ahearn said.

As the crowds left that night, the band got a standing ovation and cheers for an encore. Regardless of whether or not they got one, the show was certainly popular with the SCSU crowd.

Student art of the week: Kristina Borelli

"I took a year off of school to help my sister when she was battling cancer. It was really her who inspired my work when I came back. When I figured out what I was going to do to represent her, it just flowed nicely because I was really passionate about it."



PHOTO | AUGUST PELLICCI

Kristina Borelli, a senior graphic design student, in the studio.



PHOTOS COURTESY | KRISTINA BORELLI

Four charcoal drawings from Borelli's collection titled "A journal from last year" inspired by her sister who battled cancer.

Student art of the week is an arts and entertainment project from the Southern News. If you are interested in submitting work in any artistic format please contact editor Chloe Gorman through scsu.southern.news@gmail.com



PHOTO | PALMER PIANA

Midfielder Ignacio Navarro runs down the sideline towards the Saint Anselm goal.

Vazquez contributing to special volleyball season



PHOTO | SOUTHERNCTOWLS.COM

Vazquez is second on the team in kills and digs, trailing Leanna Jadus in both categories.

By Phil Zoppi

Gabriela Vazquez led Platt high school to a state championship in volleyball in 2015 and now she's trying to deliver one to the Southern volleyball team.

"It was one of the best days ever and something I will never forget," said Vazquez when looking back at winning the state championship for Platt. "I was so proud to bring a state championship to my high school and will never forget the feeling when we won."

Vazquez was the MVP of the championship match and was also named Gatorade State Player of the year for Connecticut.

Southern is Vazquez's new team and they have championship aspirations of their own as they are 19-5 on the season, which gives them the least amount of losses of any Northeast-10 school. Vazquez is second on the team in kills with 234 and thinks the team can achieve what they set out to do in the preseason.

"I think this team has a lot of potential," said Vazquez. "I think we have the ability to keep winning as long as we keep working hard and preparing well for each match."

Vazquez has progressed a considerable amount in her sophomore year at Southern; she has already registered double the amount of digs that she did in her freshman year with six games still left to play on the schedule. It is not just Vazquez's play that has enhanced either. Nicole Hauser, a senior captain on the Southern volleyball team, has seen Vazquez's growth as a leader and an outspoken player on the

Owls playoff bound

The men's soccer team finished the regular season with a record of 10-2-4, which earned them the three seed in the Northeast-10 playoffs.

By Matt Gad

The men's soccer team, who came in 22nd in the country, honored their seven seniors and won their 10th game last Friday night, 2-0, to close out the regular-season at 10-2-4.

The Owls defeated Saint Anselm after an own-goal at 67:49 and one from Greenway-Tambini, assisted by Lucas Saunders, at 84:50.

"Senior night is nice for the seniors to come out and come away with the victory, but I'm disappointed overall with how we played," head coach Tom Lang said. "I didn't think that the quality was there

and going into the playoffs we still need to clean up a few things."

That opening playoff game, the NE-10 quarter-final, took place last night.

Going in, Southern was

"We could've beaten them by a few more goals."

— Louis Greenway-Tambini, senior forward

the third seed and their opponent, Saint Rose, was seeded sixth overall. The Northeast-10 playoff seeding for men's soccer is led by Adelphi University.

"Like coach said, we

didn't really play to our best tonight," senior Louis Greenway-Tambini said. "We could've beaten them by a few more goals. When we get into the playoffs it's the top eight teams in the conference; we've got to make sure we're on our A game."

The playoffs, which began Tuesday night, feature games hosted by the higher seed. The entire spread of Northeast-10 schools in this year's conference tournament, ordered by their seed, include Adelphi, Merrimack, the Owls, Southern New Hampshire, Le Moyne, Saint Rose, Franklin Pierce and Bentley.

"Overall, I'm pleased

with the group; they've worked hard and done well, but we need to get a few things cleaned up. It's stuff that we've covered before. It's just sometimes at the end of the season there's a lack of concentration and stuff, so we need to make sure to get back on track."

If the Owls win their game Halloween night they will play again at home Friday night at home, and if they win Friday they will appear in the conference championship November 5. Their fortune for the national Division II NCAA men's soccer tournament will depend on their performance in NE-10s this week.

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SEE VAZQUEZ PAGE 10



PHOTO | SOUTHERNCTOWLS.COM

Emma Perry being honored before Southern's 7-0 loss to SNHU.

Field hockey finishes disappointing 2017

By Matt Gad

The Owls lost their regular-season finale to Southern New Hampshire, 7-0, and finished 2017 with a 2-16 record.

"I think we certainly had ups-and-downs this year and I'm hoping that lots of things that we talked about will carry over into next year," head coach Kelley Frassinelli said. "Their intensity level improved, their understanding of each other—a big thing which we've been struggling with this year—improved and I think they grew in some

of what their skill is but we have a lot of work [to do] this spring."

Southern New Hampshire scored twice in the first and five times in the second half to capture their eighth win of the year. Their seven goals were scored by six different players, with Maddie Holt hitting her eighth and ninth goals on the year.

The rest of the scoring came from Erin Frost, Laura van der Doorn, Ashley Abad, Lindsey Poirier and Alison Hildreth. They had 42 shots, 30 of which were on-goal, while the Owls came off with just three shots the entire

game.

Emma Perry, the lone senior on the team, said: "I've had a really good experience here at Southern. I've made a lot of good relationships and connections with everyone and this season we just had a really young team."

Looking back at the 2016 season, Southern won two more games than this year, going 4-14. Their last winning season came in 2008 when they went 13-10 and appeared in both the Northeast-10 and NCAA Tournaments.

With just Perry exiting the program, Frassinelli said there are still chances for new

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Vazquez

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team.

"Gaby has really progressed this season on being more of a go-to player and a more vocal player on the court," said Hauser. "We can turn to her when we need to get a big point and count on her to play her hardest at all times."

The jump from high school sports to freshman year college athletics can be a challenging for any high school athlete. Vazquez had a successful freshman season but also contributed a lot of her success this season to having a season under her belt.

"I feel that I'm more comfortable with my team and confident in my game after my freshman season," said Vazquez.

Vazquez plays outside hitter for Southern and that sets her up to be one of the main passers and a go-to hitter. This position requires speed and being able to think on your feet. Hauser thinks that Vazquez is perfect for the position because what she does best is exactly what a player needs to succeed as an outside hitter.

"The best part about her game is her ability to change speeds with her shots and find open shots," said Hauser. "She sees the court well and can adjust to work around the defense."



PHOTO | SOUTHERNCTOWLS.COM

Vazquez and the volleyball team huddling up during one of their games this season.

The volleyball team finished with a record of 15-19 last season with a conference record of 4-10. The Owls brought back most of the players they had from

last season and clearly things started to click this season. There are only four games left on the schedule for the Owls with two home games next week. The Owls have a record

of 12-2 at home this year and a 5-3 record on the road. In the conference the Owls are just 6-5.

Vazquez and Southern will finish up the season on

Nov. 11 against Saint Michael's College before trying to make a run at a Northeast-10 title.

Spears Jr. becoming a defensive force for the Owls



PHOTO | SOUTHERNCTOWLS.COM

David Spears Jr. was named Chick-fil-A athlete of the week last week along with Laura Morrison.

By Mike Riccio

Linebacker David Spears Jr., a junior for the Owls, has had a breakout season for Southern this year. Entering the last weekend of October, he ranks fifth on the team in tackles with 32, leads the team in sacks, and has recovered two fumbles.

He said his favorite memory as a Southern football player, though, came during Homecoming weekend.

"The pick six at Homecoming," Spears Jr. said, "That has been my favorite memory so far."

Spears Jr. said it is difficult for defensive players to score touch-

downs, and those memories stick out to him during his football career.

During the Homecoming Game against Merrimack, Spears Jr. recorded four tackles, one sack, forced a fumble and returned an interception for a touchdown, he is the only Southern player to score a defensive touchdown this season so far, in a 28-9 Owls victory. Spears Jr. said, however, that he did not change his mentality just because it was Homecoming weekend.

"I just try to have a big game every game, it wasn't necessarily that it was Homecoming that I tried to have a big game." Spears Jr. said, "I try to do what I could do

to help my team win every game."

During his freshman and sophomore years, Spears Jr. combined for only nine tackles in a limited role. He said because he was an offensive player for most of his life, he had to make the transition to the other side of the ball.

"I played receiver in high school," Spears Jr. said, "so just learning more defensive techniques is what I've been working on since I got here."

Spears Jr. said his coaches have helped him improve as a defensive player and taught him the proper techniques to make the transition go smoothly.

"Coach Lorenti has always been there." Spears Jr. said, "This

year, Kayjuan Bynum, my outside linebacker's coach, has played a major role in my play and coaches I've had in the past too, Coach Petion and Coach Macdowell."

Quarterback Ray Catapano said Spears Jr. has improved "tremendously" since he arrived at Southern in 2015 and he sets an example during practice for other players.

"He is always going 100 miles per hour and always making plays in practice, and we see it translate on game day." Catapano said, "He has become the best athlete on defense and arguably one of the better athletes on the team, and he continues to make plays for us and help us win games"

Spears Jr. said he began playing football during second grade, and his father has always had the biggest impact on him.

"My dad has always pushed me to be the best that I can be," Spears, Jr. said.

Since he has played football for most of his life, Spears Jr. said he is grateful for influence football has had on him.

"It's helped me tremendously," Spears Jr. said. "School wise, life lessons, it's just had an amazing role in my life. I've been playing since I could remember so it's always been with me."

Remembering John Crosby

By Matt Gad

John Crosby, who graduated from Southern in 1974 and appeared in the 1972 Olympic Games, came away as one of the most successful student-athletes the Owls have ever had.

Part of the now defunct men's gymnastics program, the 1973 team was Southern's first ever championship team. Last spring, that 1973 championship team was inducted into the Southern Athletic Hall of Fame. It was coached by Abie Grossfeld.

Crosby was inducted into the Southern Hall of Fame in 1988 and the United States' Gymnastics Hall 10 years later. Gymnastics at Southern is now a women's sport and is coached by Jerry Nelson. Throughout my coverage of the team this past winter, Jerry has been so generous and always so positive, no matter if his student-athletes were at the top or just along the way.

Much like some of the other sports at Southern that work off more individual performance, some of the gymnastics schedule can include non-Division II

programs. In facing schools like Yale, I think the Owls are able to get a taste of Division I gymnastics, something that can really help them make themselves more successful throughout the regular-season and into the playoffs.

In a piece that was written about Southern History in the 1970s, Crosby was discussed for the gold medals he won in the Soviet Union's Olympics. The blog read that men's gymnastics was the most popular sport around campus back then.

Back then, Southern was a national powerhouse in men's

gymnastics. Grossfeld was also the head coach for the Olympics. According to Mike Kobylanski, the reason the fieldhouse is situated the way it is is because it was primarily built for gymnastics when it was created in the seventies. In those days, those who won national titles were also able to go to the Division I Championships. Crosby won 12 Division II titles and one in Division I.

Southern had the same thing happen for a few track guys back in that same era.



Matt Gad - Sports Writer

Field hockey

CONTINUED FROM PAGE 9

players: "There's always open spots and that's what we're looking for. As you know, we had three or four freshmen on the field this year and some upperclassmen on the side but there's always open spots for those players that have the grit and want to work harder and play better and are smarter on the field than what's happening. They absolutely can get [the chance] to play."

Next year there will be eight seniors on the team.

Perry said it was special being the only senior on the team because everyone is treated her with "such kindness" and she's just happy to have been a part of the program. Her freshman year she came in as one of five in her class, which included forwards Whitney Dyer and Emma Farrel, defensive player Ashley Sanzaro and midfielder Emily Allen.



The field hockey team in a team huddle during one of their games this season.

PHOTO | SOUTHERNCTOWLS.COM

Soccer

CONTINUED FROM PAGE 9



PHOTO | SOUTHERNCTOWLS.COM

The men's soccer team seniors being honored before their win over Saint Anselm.

"I've been in the conference tournament but never in the NCAA Tournament," Greenway-Tambini said. "It was a really competitive game and we have to keep our wins up for the national ranking (so not every senior played)."

Before the game the seven seniors who were honored included goalkeeper Noah Varonier, defensemen Gabe Diaz and Saunders, midfielder Ignacio Navarro, forwards Sabri Akter and Greenway-Tambini and defenseman Tom Gardiner.

Greenway-Tambini, who has been the highlight for the Owls this season and throughout his entire Southern career, transferred after one season at the University of New Haven. Three other players on the team have transferred to Southern: Saunders, who was previously at Division III Western Connecticut State, junior defenseman Jhony Gonzalez, who played at Dean College and sophomore defenseman Noah Rattet, who was at Division III Eastern Connecticut State.

The Owls' program is known for winning the national championship in both 1998 and 1999 and has been in the NCAA Tournament 12 times. Lang took over in 1997 and is the third head coach in program history.

Southern holds multiple alumni games



PHOTO | SOUTHERNCTOWLS.COM

Swimmers the SCSU alumni meet on Saturday.

By Matt Gad

During Southern's Homecoming weekend on Oct. 21, multiple programs held alumni games and activities, including the men's and women's swimming and diving squad.

"We had 30 to 40 alumni at the swim meet where we ran a high school-type format and the alumni faced [the current] Southern Connecticut [team]," head coach Tim Quill said. "Of course they won because they cheat. I mean, they have to because they're not in shape anymore."

The swimming and diving program was just one of many programs to hold events over Homecoming. The men's and women's cross country and track and field teams hosted the Bob Corda 5K, men's basketball. Lacrosse and softball hosted their annual alumni games. Women's basketball held a reception. Baseball, who held their alumni game earlier this fall, finished out their exhibition season with The Community College of Rhode Island.

"Homecoming is typically one of the busiest days of the year," associate athletic director of communications Michael Kobylanski said. "This year was no different. In addition to the

field hockey and football contests (regular-season games), we had numerous coaches plan alumni games or events to bring their former student-athletes back to campus."

The Bob Corda 5K, a newly-created annual event organized by the Southern cross country and track programs, which took place in the morning of Oct. 21 during the same time as many other alumni events, ran through campus and was timed by Thom Jacobs, a former Southern student-athlete and former Amity High School cross country and track and field coach, who operates Paynes Corner Timing and still teaches advanced placement chemistry and physical education at Amity.

Current Southern student-athletes of the program volunteered at the event, which was held one day before their NE-10 Championship meet. Highlighting men's basketball, this was also the program's first alumni game for new assistant coach Mark Fogel, who recently worked at Quinnipiac.

"It was great to see so many former student-athletes from my 11 years here," Kobylanski said. "The unveiling of the new Owl logo and the announcement of this year's Hall of Fame Class, which tied in with all the other events, made it a truly gratifying day both personally and

professionally."

Said Quill: "It's just great to have the alumni come back on campus and it reminds me of the memories I've had here. Usually it's the recent alumni who will get in the water; the older alumni may not swim but they'll be here. It's just a great day for the entire program and our [current] team in particular because I think they get a feel for the history and tradition that our program has, and the alumni play a huge role because they come back and provide their moral and financial support."

The athletic program used the weekend to also push out the new logo, which was designed by a firm in New Jersey. The new logo is now available on new Southern athletic merchandise and widely visible in physical locations around Moore Field House and electronically on the athletic department's website and social media channels.

"We try to promote all our athletic contests and special events, but some can be more of a challenge to promote due to a variety of factors," Kobylanski said. "However, Homecoming is always a day marked on the calendar of our coaches, alumni and student-athletes and is a day where the entire campus truly comes together to showcase the best that the university has to offer."

Goff flashing talent

By Phil Zoppi

Everyone wanted to write off Jared Goff after his rookie season with the Rams. Not so fast.

Now in his sophomore season, Goff is completing 59.9 percent of his passes and has a very solid nine touchdowns to four interceptions ratio through seven games. Did I mention that he has led the Rams to a 5-2 record, which puts them in first place in the NFC West? Yeah, that too.

There is no denying that

Goff's rookie season was abysmal: he finished the season with a 63.6 percent quarterback rating. However, people need to stop giving up on quarterbacks after one season. Instead of giving up on a talented player like Goff, you need to first try and find out why he was not succeeding.

Anyone who watched a Rams game last season could easily see the biggest reason why Goff was struggling: he had no time in the pocket. The Rams fixed that issue in a big way with a big human being. Going out and signing 6'7" Andrew Whitworth

to protect Goff's blindside this offseason might turn out to be one of the best moves the Rams organization has ever made. Whitworth has made a huge difference on the offensive line and has given Goff the time he needs in the pocket to succeed.

The smart pick to win the NFC West in the preseason was the Seattle Seahawks, but with Goff's surge into stardom it doesn't seem like that anymore. The Rams now have all of the ingredients of a team that no one wants to see in the playoffs. Goff can win you games with his arm, Todd Gurley is doing

his thing in the running game and the Rams have one of the better defensive units in the game.

When this next group of stellar quarterbacks comes out in 2018, that will include guys like Sam Darnold, Josh Rosen and Josh Allen. Do not make the same mistake many fans made with Goff. Give these guys time to develop, because they have the talent to succeed if you put them in the right spots.



Phil Zoppi - Sports Editor

SCSU men's soccer vs. Saint Anselm



PHOTO | PALMER PIANA

Sophomore Zak Wright throwing a ball in on Friday night.



PHOTO | PALMER PIANA

Noah Varonier in net during his shutout on Friday night.



PHOTO | PALMER PIANA

A Saint Anselm player goes up for a header on Friday night.



PHOTO | PALMER PIANA

Zak Wright trying to cut a Saint Anselm player off.

Northeast-10 Standings

MEN'S FOOTBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
ASSUMPTION	7	7-0	1.000	8	8-0	1.000
LIU POST	7	5-2	0.714	8	6-2	0.750
NEW HAVEN	7	5-2	0.714	8	6-2	0.750
BENTLEY	7	4-3	0.571	8	4-4	0.500
STONEHILL	7	3-4	0.429	8	4-4	0.500
MERRIMACK	7	3-4	0.429	8	3-5	0.375
SO. CONNECTICUT	7	3-4	0.429	8	3-5	0.375
PACE	7	2-5	0.286	8	3-5	0.375
AMERICAN INT'L	7	2-5	0.286	8	2-6	0.250
SAINT ANSELM	7	1-6	0.143	8	1-7	0.125

WOMEN'S VOLLEYBALL

	CONFERENCE			OVERALL		
	GP	RECORD	WIN %	GP	RECORD	WIN %
NEW HAVEN	10	10-0	1.000	23	16-7	0.696
AMERICAN INT'L	10	8-2	0.800	26	17-9	0.654
BENTLEY	10	7-3	0.700	24	16-8	0.667
ADELPHI	10	7-3	0.700	22	11-11	0.500
SAINT ANSELM	11	7-4	0.636	23	14-9	0.609
PACE	10	6-4	0.600	26	12-14	0.462
STONEHILL	10	6-4	0.600	21	9-12	0.429
SO. CONNECTICUT	11	6-5	0.545	26	19-7	0.731
LE MOYNE	10	4-6	0.400	22	11-11	0.500
SO. NEW HAMPSHIRE	10	4-6	0.400	19	8-11	0.421
FRANKLIN PIERCE	10	4-6	0.400	21	6-15	0.286
SAINT ROSE	9	3-6	0.333	24	12-12	0.500
ASSUMPTION	12	3-9	0.250	21	5-16	0.238
MERRIMACK	10	1-9	0.100	24	4-20	0.167
SAINT MICHAEL'S	11	1-10	0.091	16	1-15	0.063

Taking charge and learn to be a leader

By Lynandro Simmons

It is often stated that the world is filled with more followers than leaders. While this is true, this does not mean a person cannot go from following to leading. Being a leader in name also does not guarantee people will want to follow you. Anyone can take a leadership role, but that does not earn the respect, trust and confidence of those who have to follow.

One key aspect to leadership is respect. Though it sounds easy, there will be times when a leader will have to be respectful even when facing disrespect. This means understanding everyone deserves inherent respect, even if they have not done anything that makes you think they deserve it. Creating a workplace based on respect encourages everyone to interact in the same respectful manner.

Another element of leadership is communication. Being a great communicator is essential to being a good leader. Clear and concise communication can be a remedy for conflict. It should be noted that being a great communicator does not necessarily mean being a voracious talker. Communication should be informative and efficient. Through effective communication, a leader can achieve a particular outcome and avoid confusion or misunderstandings.

Another effective way to lead is by expressing passion. Being passionate can be contagious. When leaders genuinely care about what they do it can be very clear for those that follow. Lack of work ethic from a leader definitely can have

a trickle down effect on a group. When people sense that a leader is passionate, it gives them the feeling what they are doing something important. Leaders can give a team a sense that they're doing something bigger and greater than themselves by being passionate.

One of the most important aspects of leadership is being humble. Often leaders have to tip-toe the line of using their power as a leader and being cordial to their team. But being humble in the workplace means taking responsibility for your mistakes, however slight. By being humble, people will realize that no one is more or less susceptible to criticism or reward. A leader that can overcome hardship and be transparent while doing so can gain the trust of their followers. Being humble does not mean being a pushover; being humble is just a reminder to leaders that they too are human.

Decisiveness in leaders is absolutely essential. Every leader will face a time when they will make a tough decision and take responsibility for the outcome of the decision. That pressure can make some leaders stagnant. Fear of messing up can freeze some leaders. However, no matter how careful a decision is thought out mistakes will be made. Though leaders should not make a large amount of poor decisions, they should be aware that poor decisions will occur. Being fearful of mistakes or avoiding risk means a person will also forfeit any potential opportunity.

Finally, leaders should know their team. Knowing the strengths and weakness of your group goes along way. A leader that is a good facilitator will put



PHOTO COURTESY | TUKTUKDESIGN

members of their team in the best position. It should never be forgotten that a leader is only as good as their team.

In conclusion, becoming a leader is not something everyone wants nor is it easy.

But these are skills that anyone can learn and practice over time. Nobody should underestimate their potential to lead.

My favorite class: reporting and writing

By Lynandro Simmons

Throughout college, students will meet a variety of professors and take a plethora of classes. Even with the memories that are built over a college career, often one class stands out above the rest. Sometimes this is because of the professors, other times it is because of the material learned in the class. For me, JRN 201 was the class I remembered most at Southern.

Though this was not the class I got my highest grade in, this was the class that laid the foundation for my future. JRN 201 is the class where all journalism majors will learn the basics of reporting and writing. By the time aspiring writers leave this class, they will know whether or not they have a future as a print journalist. Important elements of journalism like sentence structures, quote patterns and paraphrases are all learned in this class.

While taking this class, it was important to unlearn what was previously thought about journalism. Understanding the importance of accurate reporting and removing opinions or myself in a story was essential. Most journalism majors acknowledge JRN 201 as the class that makes or breaks a student in the journalism department. Those who are not as successful in the course usually have interests outside of print journalism, such as radio or television.

When I took JRN 201 I had professor Frank Harris. Some people came to fear Harris because of his red pen and the marks it left on papers. However, I took it as a constant learning opportunity to get better. Often professors who are considered "easy" are the professors I learn the least from. Though I never enjoy harder



PHOTO COURTESY | ALEXAS_FOTOS

professors, they are the ones I often remember the most from. I constantly revisit my old papers as a point of reference and to avoid similar mistakes. Even the syllabus provided in this class helps me to remember important parts of journalism.

Out of all the courses I have taken at Southern this is the only class that has material I constantly look back to. Often, professors in college force you to buy books that most students will return shortly after the class. However, the books I bought for 201 are books that will assist a journalist or even a writer throughout their career. Books like the AP Stylebook are invaluable for any journalist. Nothing in this class could be considered a waste of time if a student planned on pursuing journalism.

Another reason this class became my favorite is because it is where I learned how to report in the field. Through trial and error, I had to overcome my fear of walking up to random people for interviews. Many younger journalism majors often describe this as the hardest part. However, by the time I was done with this class I felt confident walking up to just about anybody. In this class students are also expected to come up with story ideas. Pitching stories, approaching people and understanding how to report are all things I learned in this class.

I finished this class with only a B, but even still I remember this class more than classes I've made better grades in. JRN 201 - titled "Reporting and Writing" - is my favorite class because without it I doubt I would be the journalist I am today.

SOUTHERN NEWS

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Opinion Columns are 500 to 800 words and Letters to the Editor are a maximum of 400 words. They must include the writer's name and phone number for verification. We reserve the right to edit for grammar, spelling, content and length.

PHOTO



Wheelchair basketball

Photo credit: Palmer Piana
See full story on page 2.

Wheelchair basketball event taking place in Pelz gymnasium.



Players competing for a rebound.



Member of the Connecticut Spokebenders, Kelly Lavoie, reaching for a rebound.



SCSU cheerleaders performing during the event.



Referee handing the ball to a player.



Connecticut Spokebenders player taking the ball down the court.