



THE RECORDER



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Longtime Tension Rises To The Surface Within Communication Department



Within the Communication Department, there are different views on how the department should function.

BY ISABELLA CHAN
NEWS EDITOR

Documents released on Oct. 11 by Central Connecticut President Dr. Zulma Toro reveal there is longtime, underlying tension between faculty and staff within the Communication Department, regarding teaching methods.

The documents included two individual cases in which two communication professors were accused of violating CCSU's Nondiscrimination in Education and Employment and

BOR/CSCU Sexual Misconduct policies, showed no findings.

Within the FOI documents, an anonymous letter made several claims against the Communication Department, specifically in regards to teaching methods among professors.

The letter claimed that three professors — Robert Kagan, Karen A. Ritzenhoff and Yonty Friesam — were forced to stop teaching courses within the department “because three bullies in the department controlled what people could and could not teach.”

Friesam, who is now an

assistant communication professor at Columbia College Chicago, shared that during his time at CCSU, he taught video production courses to students. Although he was on tenure track, Friesam only worked on campus for five semesters until the Fall 2017 semester.

Friesem declined to comment in regards to his leave, saying that despite what the anonymous letter claims, no one contacted him, to his knowledge, until his interview with The Recorder.

“While my name is mentioned in the report that was issued, I was never approached or

interviewed about it,” Friesam stated.

Kagan, adjunct professor for the Communication Department, taught a video production course at CCSU since 1991, but now teaches a similar course under the Graphic/Information Design Department; this change came in Fall 2018.

Although he continues to teach an introduction course within the Communication Department, Kagan was never told as to why his original video

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Donyell Marshall Previews New Look Blue Devils

BY RYAN JONES
SPORTS EDITOR

Familiar faces will be few and far between for Blue Devil men's basketball this year, with more freshmen joining the team (seven) than returning players (six).

Last season, Central Connecticut missed out on the post season, posting a 5-13 record in the Northeast Conference. Despite rolling out a strong roster headlined by Tyler Kohl, Joe Hugley and Jamir Coleman, the Blue Devils were never quite able to get things rolling in the conference. CCSU had its fair show of impressive streaks throughout the season, including a double-overtime win against Fairleigh Dickinson, who represented the NEC in March Madness. Some of this can be boiled down to a chemistry that was missing among the team, a chemistry head coach Donyell Marshall is happy to see in this year's team.

“These guys like being around each other,” Marshall

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SCHLOCK PERFORMS THEIR SECOND COMEDY SHOW OF THE SEMESTER



Central's improv group Schlock performed unscripted sketches to a full audience earlier this month.

SEE PAGE 8

FOOTBALL CLIMBS TO #19 IN STATS FCS RANKINGS



With a dominant win against LIU in which the Blue Devils allowed just 84 yards of offense, Central has climbed to 19 in the STATS FCS Poll.

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THE RECORDER ARCHIVED

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Students Rally Behind Communication Professor After FOI Release

BY ISABELLA CHAN
NEWS EDITOR

Following the Freedom of Information Act release of documents related to an investigation into accusations against Communication Professor Jeffrey Teitler, a dozen students of his, current and former, have come forward to share how his teaching style and expertise has impacted them positively in and outside the classroom.

This came in response to the article addressing the case, published by The Recorder, in which an anonymous student claimed Teitler sexually harassed a female student and created a hostile work environment in the classroom. The investigation found that there were no violations of Central Connecticut's Nondiscrimination in Education and Employment and BOR/CSCU Sexual Misconduct policies.

Some have shared they felt Teitler's methods were “invaluable,” “tremendous,” and “life-changing.” These students have argued his level of teaching is also what brought them to the level of success that



Multiple students came forward defending Communication professor Jeffery Teitler.

some of them are now achieving.

Award-winning cinematographer and CCSU alum Rashad Frett, class of 2009, argues that without Teitler, he would have never made into New York University's Tisch School of the Arts Graduate Film Program, thus allowing him to further his film skills.

“[Teitler's] teachings gave me a realization of how powerful the media platform is and wanting to contribute to it effectively through my work. Though I've taken some film courses prior to Jeff,

I didn't leave those classes feeling more confident and skilled in my filmmaking abilities as I did after taking Jeff's courses,” Frett expressed.

“With his guidance, support and availability through the rigorous application process, from long nights at diners to endless back and forth emails and phone calls, I can't thank him enough. I can confidently say that I would not be where I am today without knowing Jeff,” Frett continued. “I still have a long way to go but I am relieved to know that I

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Tanksley Talks Poverty, Past And Plans To Rebuild The City



Deivone Tanksley is the only Independent candidate running for New Britain mayoral elections.

DMTS4MAYOR

BY SARAH WILLSON
STAFF WRITER

Growing up in New Britain, Devione Tanksley faced hardships which he said so many in his city are still facing today. Now, he's trying to change that.

"The majority of minorities in the city have been affected [by] poverty, [by] violence [and] people have had [Department of Children and Family] in their family," Tanksley, an Independent candidate running for mayor of New Britain, said. "I've seen friends and family members get [taken] away when I was young."

Tanksley, 33, described his childhood in New Britain as being filled with "trauma," citing his mother's struggle with addiction and his father's battle with the

prison system.

"When I speak of poverty, I've been through poverty," Tanksley said. "When I speak about DCF, DCF was in my mom's life [and] me and my brother got sent to my grandmother's at a young age when my mother was struggling with drugs."

Tanksley said that he and his community growing up had also endured police brutality, street violence and eviction, all of which he noted as a driving force behind his campaign.

After struggling throughout his childhood, Tanksley said he realized the path he was on was one he didn't have to continue. From that moment on, he knew something had to change.

"I entered into a world after I changed my life — a world of business, economics and technology," Tanksley said. "I realized

there's more out there but 80 percent of the community don't know that."

Tanksley, a father of seven and an entrepreneur who runs the "New Britain Legacies Youth Development & Basketball Program," said he plans to continue building businesses that create jobs and provide students with educational extracurricular activities.

Along with plans to revamp the city's education system — such as allocating funds for math and reading programs — Tanksley stressed that New Britain should be a hotspot for entertainment and community development.

"If given the opportunity, I could save so many kids in our community because a person like me will give them hope," Tanksley — who said he's running as an independent to try to bring Democrats and Republicans together — said. "I look like the people in my community, I talk like the people in my community, but I also have a business mindset."

Up against first-time Democratic candidate Christopher Porcher and incumbent Republic Mayor Erin Stewart, Tanksley said his ultimate goal is to work with those he says have been forgotten.

"You have to be able to connect with the poor, connect with the homeless, connect with the middle-class, the working-class, the rich, the business owners," Tanksley said. "I decided to run all because of that right there, and I feel that I bring value to the table."

Polls in New Britain and across Connecticut will be open from 6 a.m. to 8 p.m. on Tuesday, Nov. 5.

@SARAHWILLSON

Women's Center Strives to Make Loving Yourself The Greatest Revolution

BY BRUNA VILA ARTIGUES
ASSISTANT NEWS EDITOR

Love Your Body Day is a time to celebrate and embrace one's body no matter their shape, size, race or gender.

The Body Image Therapy Center says that 70 percent of 18 to 30-year-old women do not like their bodies and 43 percent of men are dissatisfied with theirs too. As a result, 30 million people will "suffer from an eating disorder in their lifetime."

The Ruthe Boyea Women's Center hosted a station in the Student Center where members of the Central Connecticut community could write words of encouragement on little cards and posters about loving themselves and others.

Students wrote phrases such as "my smile," "my welcoming and positive energy," and "my curves," amongst others as a lift of positivity.

The station also included brochures for self-love, a mirror sharing positive-defining words and empowering quotes that people could take with them, such as "loving yourself is the greatest revolution," "there is nothing wrong with your body," and "no one is you and that is your superpower."

"Love your body day is a day where we promote self-love and self-acceptance," Paola Zayas García, a student worker for The Women's Center, stated. "It is basically about embracing your uniqueness and accepting yourself for who you are."

The annual event is celebrated on the third week of October as a way to learn what people do not like about themselves so that they can fight it and feel comfortable in their own skin. The



Love your body day station with positive quotes and messages.

BRUNA VILA ARTIGUES | STAFF

station worked to emphasize how crucial spreading body positivism and having a healthy relationship with one's body is, especially on college campuses and areas with young adults who are constantly reminded of their physical appearance and compared to others.

"I feel like that is a really important message and I am so happy to be a part of it," Ja'nyha Snell, Women's Center intern said. "A little goes a long way and then even looking in the mirror and just loving yourself."

Despite a small crowd, García and Snell, the main organizers, received positive feedback from those who participated in the event.

"I know that we are touching the people that do come here," García noted. "I made it my mission to promote self-love on campus, because nowadays we are so influenced by the media and its unrealistic

standards of beauty that we often feel we need to 'look a certain way' or 'act a certain way' in order to be accepted by others," she added.

Studies have shown that it is common to associate body image problems with females which often neglects men who also feel insecure or struggle with their appearance. Therefore, they hope to expand and promote more events similar to Love Your Body Day to bring that to light and spread the message of body positivity and empower every shape.

Love Your Body Day continues to help and encourage people to become comfortable with who they are and to not only embrace but love what they consider their "flaws."

As one of the many words of encouragement state, "beauty begins the moment you decide to be yourself."

@BRUNAVILA



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production course was discontinued or why he was moved to a different department to teach a new variation of this course.

"I was never given a reason for a switch, an anonymous letter that makes up the last page of the Teitler complaint that circulated, offers a hypothesis," Kagan stated. "Very often organizations decide to go in different directions and I assume I was not an individual who would be wanted in that direction," citing that one of the different directions could be teaching methods.

Though he said he has never himself witnessed Professor Jeffrey Teitler's teaching methods himself, Kagan claims he has had a number of students confide in him on their negative experiences with Teitler — many of these events described similarly to the experiences in the complaint made against him.

"I've had students in my video production classes who have taken Professor Teitler's classes and some of them have had very positive experiences, others have had different experiences," Kagan added. "I have had numerous students tell me they felt bullied, that they felt they were excessively texted during weekends and off-class hours to make sure they are working on their project."

"I have had numerous students describe to me an atmosphere that is consistent with the complaint voiced," Kagan continued. "I have many tell me they have cried in that class or witness other students cry in their class after receiving feedback from Professor Teitler."

In the FOI documents, Teitler admitted that his teaching style is not for everyone, describing himself as a "tough and meticulous instructor," but

he stands by his methods as he believes it will challenge students.

Robert Wolff, Dean of the Carol A. Ammon College of Liberal Arts and Sciences, acknowledged in an interview that teaching styles vary among professors, but said that students should leave with positive, academic experiences.

"In general, faculty members approach teaching in different ways. In most cases—probably not all—that's okay, students benefit from different approaches, styles, as long as the focus is on student learning," Wolff stated. "Students should expect that they are the focus of the faculty member's efforts and they should be allowed to learn in an environment that is respectful and supportive."

"It's our job to try and help people through their education. So if students feel they're not getting the kind of education they should be then they need to reach out," Wolff said.

Documents also showed Teitler permitted a university assistant to teach his courses throughout the semester, thus violating the university's union contract. The UA, who had some experience in the field, allegedly had similar responsibilities of an adjunct professor but did not obtain the qualifications nor was paid the required amount by the union for said work.

The reports indicate the claim was further investigated by Wolff but the investigation closed "due to lack of any substantiating information." No further action was taken.

Teitler declined to comment and reiterated his original statement to the media which stated, "The complaint released was fully investigated and was closed without findings. That

conclusion is supported by the facts and my teaching performance, which has been consistently evaluated to meet and/or exceed all expectations."

Dr. Toro and Wolff shared that they are working to ensure the university is doing all that they can to create an environment healthy for the campus.

"I am confident that the president, provost and I will do everything in our power so all students are always treated with respect and that faculty focus on their education," Wolff said.

Dr. Toro also emphasized similar points as Wolff, focusing on ways to ensure a positive learning environment, stating she is "determined to become a model in higher education where students feel welcomed, included and appreciated."

"At the same time, we are committed to provide that environment to our faculty and staff. If the faculty feel appreciated and welcomed they will be able to transmit that to the students and work better with them," Dr. Toro added.

Although Wolff and Dr. Toro insist that any form of bullying or threats of retaliation from faculty or students is prohibited, these promises don't mean something to every member of the CCSU community.

After the public release of the documents, CCSU's chapter of American Association of University Professors criticized Dr. Toro's actions, calling her actions a form of "public shaming." Although the union said they applaud Dr. Toro's efforts for transparency, they found the release to be troubling.

"This was more than just complying with a Freedom of Information Act request. We believe it was an attempt to threaten and intimidate faculty members," the union stated.

By making the documents public, the union believes it will keep "vulnerable faculty," such as those who are untenured or part time, refrain from bringing forth information in fear that it may become public or being identified despite efforts to redact information.

"Rather than making people feel empowered to come forward to share their complaints and concerns, the President's release of reports violated the privacy of witnesses and it most likely will make faculty, and even students, more reluctant to reveal anything about their experiences," the union emphasized.

However in a public statement, Dr. Toro said "we did not choose what materials we released or what names and information were redacted. We followed the law. We also followed our consistent practice for sharing information with you that we believe the media are about to publicize."

"Up until this point, it has been my intent and practice to work with the union leadership in an open, productive way. I am resolute in continuing our collaboration in supporting our outstanding faculty," Dr. Toro stated further. "After all, we need one another as we continue to effect the change that ensures our campus community has access to a safe, welcoming, and inclusive learning environment."

CCSU-AAUP stated they will continue to strive to "ensure that the truth is the basis for all faculty discipline, and also to reverse the climate of distrust and fear that this recent action may have unintentionally promoted, so that we can be the family we actually want to be."

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Walk Of No Shame Brings CCSU Community Closer

BY ISABELLA CHAN
NEWS EDITOR

It was a typical night out for young Lindsey Jones with a few good friends at a party. Music was playing and everyone was drinking while having a good time, that was until Jones was sexually assaulted by her two childhood friends.

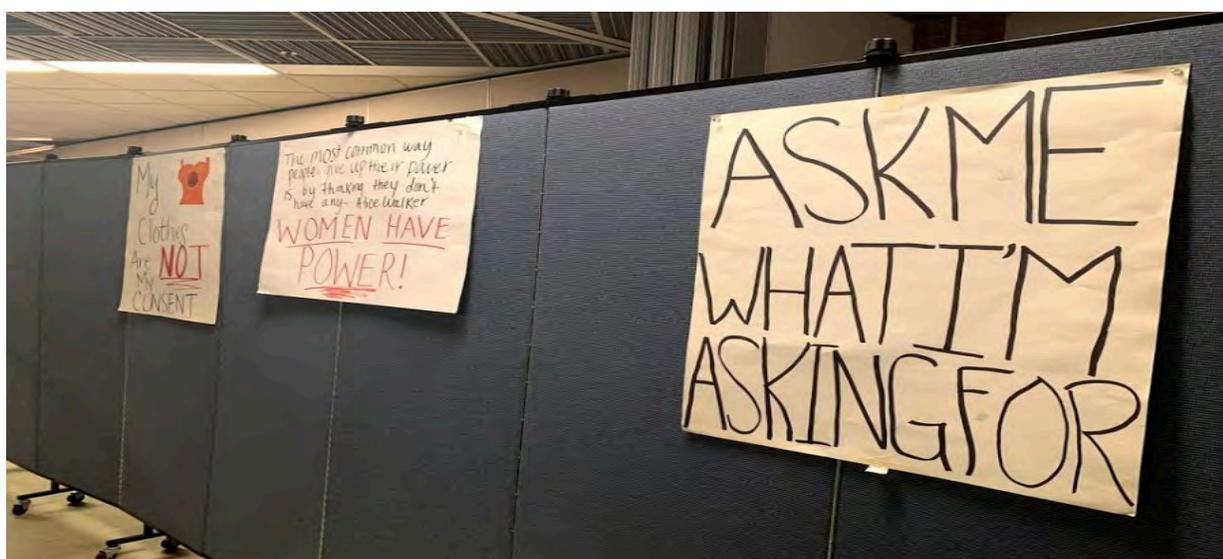
"When I was a freshman in college I was raped by my high school best friend and her boyfriend, who I also considered a close friend. I was assaulted at a party — in an apartment that I helped decorate — by the people I would have in any other circumstances called to pick me up from a sketchy party when I drank too much," Jones stated.

She recalled the voicemail her friends left her roommate after assaulting her, stating "You need to pick Lindsay up please, we got drunk, we had sex and I think she's going to regret it in the morning."

After receiving no help from her university following her assault, Jones became an activist and organizer against gender violence for herself and others. Now, as the keynote speaker for the Ruthe Boyea Women's Center event "The Walk of No Shame," she, along with the Office of Victim Advocacy, New Britain YWCA and others, addressed rape culture within society, which is defined as "situations in which sexual assault, rape and general violence are ignored, trivialized or made into jokes."

"You are not alone, you are not a victim, you are a survivor. We encourage you, we motivate you and we support you," Juliana Soares, Women's Center student worker stated.

Years later, when Jones finally got an apology from her rapist the tables were turned on her in which she quickly realized during the apology, her rapist was calling for not only forgiveness but also to hear an apology from



Walk of No Shame works to empower victims of sexual assault that they are not to blame.

ISABELLA CHAN | STAFF

her. The former friend began to share her recollection of their experiences, noting times when she believed Jones was flirting with her and acted like they were together.

"When I thought about how much I resented her and the apology, my mouth turned traitor on me and I heard myself say to this person on the phone, 'Thank you for apologizing, I forgive you. I'm sorry too,'" Jones recalled.

"For a long time, for many years, I believed the real problem was my memory and my actions," Jones recalled after apologizing to her rapist and sending her own apology to her. But she knew that she was not the one to blame for her assault.

"As a survivor and as a victim advocate, I have heard dozens of people explain to me as to why they are at fault for being assaulted or harassed and I am telling you now, that is bullshit. It doesn't matter if you were drunk.

Drunk is not consent," Jones stated. "There is always someone less drunk."

Jones emphasized that there was no room in consent for anything but respect and understanding. She encouraged for men and women to take control of their body and lives.

"You don't know how long you will carry something with you if you don't make space within yourself to stop apologizing for the people who hurt you," Jones stated. "You are the boss of your body."

The Women's Center encourages victims to come forward to receive help and addressed their sexual harassment and/or assault experiences. For those looking for on-campus support for sexual assault please contact the Ruthe Boyea Women's Center, LGBT Center, Office of Victim Advocacy and Student Wellness Services.

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Students Rally Behind Communication Professor After FOI Release

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still have his support every step of the way.”

While building upon his cinematography skills, Frett has won a number of awards, including four awards for his new short film “K.I.N.G.” and Best Urban Film for his film “The Second District” at the New York International Film Festival.

For Amber Martinez, a junior majoring in media studies, this is the level of success she is hoping to achieve with the help of Teitler and his teachings. She emphasized that the Communication Department has helped her in her field of study, but specifically noted that it was Teitler, her advisor, that really made a difference.

“I think the Communication Department is really welcoming and friendly to all students. The professors are really nice, I’ve always had great experiences with all my professors there,” Martinez explained. “In all my classes, criticism is how you do better as a filmmaker. That’s just the standard to get better.”

She calls Teitler’s level of criticism appropriate for teaching as it will help to improve students’ quality of work.

“It’s actually preparing you for the film industry and if you don’t have that passion then maybe you shouldn’t take the class,” Martinez continued. “Some students come into the class and they don’t really have a passion for film. They come into the class to fill a general education requirement but it is a lot of work. You have to have a passion for it and put in the work.”

Former student Matt Kevorkian, class of 2017, further added that Teitler’s criticism has helped him to feel better prepared for the reality of the film industry. After taking a number of courses with the professor, Kevorkian recalls only positive, learning lessons that he continues to carry with him in the field.

“The way Teitler has said something is nothing compared to what I’ve had to face, but he’s got me ready for it and that’s just the way it is in the film world. You are going to meet brutally honest, passionate people,” Kevorkian stated. “He’s the only teacher that gets real results and I felt a lot of his teachings and methods stuck with me, making a lasting impact.”

According to Martinez, who has taken courses with Teitler since her freshman year, these methods are typically the same throughout every semester. Students create a film based on the topic of their choice and develop their work through their time in the class. During class time, everyone is expected to have work to edit while Teitler critiques and provides suggestions that are “meant to help with the brainstorming process.”

“Teitler doesn’t really have any limitations on what

the film-maker can do because in the real-world and industry you don’t have limitations in filming, it’s based on what your preference is and the company’s standards,” Martinez noted. “The only thing with him is [that] you’re expected to follow through what your topic is in order to challenge your mind and think creatively.”

As for graduate Rob Silcox, class of 2013, Teitler’s criticism and push to be creative is what motivated him to advance his work and further develop his skills as a professional cinematographer. Now Silcox, who lives in New York, has carried his abilities to work for clients like high-profile music artists, Louis Vuitton, Target and Under Armour to name a few.

“Jeff Teitler is without a doubt an asset to CCSU and they are so fortunate to have someone who cares passionately about both the subject he teaches and the students he teaches,” Silcox stated. “It’s his words I hear in my head all the time telling me not to sacrifice or give up on my craft for mediocre jobs or anything less than what I want in life.”

Communication major Abraham Azab has gained the same sense of motivation from his learning experience with Teitler as well; looking back, he recalls the course being “tough but rewarding.”

Despite having a background in film, Azab took Teitler’s course where he was brought back to the basics.

“I had a great industry standard camera and gear, I had already been getting some paid gigs, what more could I learn? I was highly annoyed at first when Teitler forced me, along with the rest of the class, to use this crappy \$200 camcorder,” Azab stated.

“Eventually, I can thank Teitler for making me take 5 steps back and being hard on me for my aesthetics and use of that camcorder,” Azab added. “Now, fast forward 3 classes later and I’m the best version of a filmmaker that I’ve ever been.”

Azab emphasized that the course encouraged him to improve on his skills to produce “[film] festival worthy work.”

“Since learning the methods Jeff Teitler teaches, I’ve never been able to think the same. I’m constantly thinking of ways I can touch on stronger topics and show scenes that give much needed information. Overall, I’ve learned that filmmaking is about story -telling and showing the truth,” Azab said.

Azab is excited and proud to use the skills he learned from Teitler to incorporate into his second short film, but for some students, even completing their first film may not even happen. This reality rings true for senior Michaela Salvo.

The student majoring in art, signed up for Teitler’s course after being the subject of her partner’s film project during the 2018-2019 school year; the film focused on her recovering after being sexual assaulted three years ago.

While working on the assignment, she found the experience to be healing, especially because of Teitler’s “sensitivity,” to the topic.

“I found Teitler to be really sensitive to the subject matter. He always asked for my permission before watching, even though I wasn’t even a student there. He would email me saying ‘I just got sent the new version, do you give me permission to watch it? I want to make sure you are safe and comfortable with it.’”

Following the film’s completion, Salvo created a new photo project called “Our Stories,” where she collaborates with other sexual assault victims and creates photos based on their stories. As she began to further develop the project in Teitler’s course this semester, Salvo and others found the process to be healing. But now it has come to a halt.

Salvo’s film, which highlighted the aftermath of sexual assault, was brought to halt due to the project’s sensitivity and the course being altered, following the release of the FOI reports. She expressed that with the new changes, she will no longer be able to experience the course the same as how she witnessed her partner learn.

“It’s really harmful from my point of view that I can’t keep doing this work, [it’s] what keeps me going, keeps me healing. I think it’s making a difference,” Salvo stated. “I’ve had a lot of people tell me its helped them and I think the rape kit video [she was creating] can help people too.”

Martinez also expressed displeasure with the reports being released and the media attention that followed from it.

“It really saddens me to see something like this published when there was no findings of this incident. And then to see this plastered all around campus, totally damaging his reputation. He does so much for his students and honestly cares so much,” Martinez said after reading the article on Teitler’s case.

“He inspired me to want to become a film professor and he made me realize that I want to go to graduate school for film at NYU. Teitler is helping me build my portfolio to make this come true. He has such a great heart and will give his student’s the world if he could,” Martinez stated.

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Civil Rights Speaker Sparks Conversation On Indigenous People



Dr. Laurel Vermillion, (middle) was the keynote speaker at the Fall 2019 Civil Rights Lecture.

CCSU

BY ISABELLA CHAN
NEWS EDITOR

Dr. Laurel Vermillion, the keynote speaker for the Fall 2019 Civil Rights Lecture, shared the lifestyle and experiences of the Indigenous people to a packed Torp Theater at Central Connecticut.

Throughout her speech, she highlighted her personal triumphs of becoming the President of Sitting Bull College on the Standing Rock Preservation, along with emphasizing civil rights for all people.

“I think Dr. Laurel Vermillion’s experience is quite unique, her mission of leading Sitting Bull College and educating the future leaders is the core of the mission of colleges,” Stephen Balkaran, African American Studies professor, stated.

“I think by her sharing her experiences will inspire many of our students and members of our community to take advantage of the opportunities presented to them,” Balkaran said.

Balkaran hosts the event at CCSU every semester for many years. He notes that by bringing such scholars to the campus, it enlightens students on current civil rights leaders.

“The Civil Rights Lecture series has become one of the highlights of the academic semester for the last 10 years at CCSU, we have had wide range of scholars sharing their experiences of civil/human rights from their vast background to continued involvement in the struggle for equality in America,” Balkaran stated.

For the Fall 2018 Civil Rights Lecture, Balkaran invited LaDonna Brave Bull Allard, a Native American

civil rights activist and a member of the Lakota Tribe in North Dakota, to speak on the protests against the Dakota Access Pipeline.

During her speech, Allard heavily emphasized the importance of water to the tribe, which was also translated through Vermillion’s speech as well; calling the source the center of life.

When asked about the challenges faced over the past year, Vermillion stated, “That the government needs to play a more active role on the reservations, issues of dropout rates, drugs addiction, violence, etc. need to be address by the government, after all it’s the Government that created these problems in the first place.”

Vermillion noted the history of Indigenous people has not been easy, as life on the reservation has limit access to opportunities and resources from the U.S. government. Due to their mistreatment, the people of Standing Rock Preservation began to boycott, specifically against the pipelines placed over their land and its negative impact upon the Indigenous tribes across the country.

“Her dedication of providing access to opportunities to many in her reservation is the key to success which remains the core of any academic institution. We must compliment her for doing this and it’s an honor to have her speak at CCSU,” Balkaran added.

“I think the Indigenous’ people civil/human rights experience is still a story that has to be told, we continue to ignore their plight in American history and as a result we have become oblivious to their struggle and exclusion to many of the opportunities that are presented in America,” Balkaran stated.

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News In Brief

BY SARAH WILLSON
STAFF WRITER

CT Aims To Assist College-Bound Students:

Connecticut is working to make college more affordable for low-income families by accepting a seven-year, \$25.8 million grant from the U.S. Department of Education, according to the Associated Press.

The grant will allow three community colleges to collaborate with local school districts to educate students about higher education. Services such as tutoring, mentoring, financial education and scholarships will be available for college-bound students.

Connecticut received a similar seven-year federal grant in 2012.

Democrats Plan First Formal Impeachment Vote:

The House of Representatives said that it will hold its first formal vote on Thursday regarding President Donald Trump's impeachment inquiry.

House Speaker Nancy Pelosi described the vote as "[setting] forth due process rights for the President and his Counsel."

If the House votes to pass articles of impeachment, the Senate is required to hold a trial. A 2/3 majority vote to impeach the president is needed, but is unlikely to happen in the Republican-controlled Senate.

Leader Of ISIS Dead, US Says:

Abu Bakr al-Baghdadi, known for his brutal dictatorship as head of the Islamic State — which at one point controlled large swaths of Syria and Iraq — is dead at 48.

Trump announced his death Sunday morning and said al-Baghdadi detonated himself using a suicide vest after being chased down a tunnel by US forces. Three children, who Trump said were dragged through the tunnel by al-Baghdadi, died in the blast.

Trump said al-Baghdadi "died like a dog [and] died like a coward," and that preliminary tests confirmed al-Baghdadi's death.

ISIS, which Trump claims is "100 percent defeated," drew tens of thousands of recruiters from roughly 100 countries and became one of the world's largest terrorist organizations.

@SARAHWILLSON

Farmington Farm Truck Encourages Buying Local



The Farmington Farm Truck called Violet Mae was parked outside the Student Center.

JULIA CONANT | STAFF

BY JULIA CONANT
ARTS & ENTERTAINMENT EDITOR

Central Connecticut welcomes the Farmington Farm Truck to offer locally-sourced, quality food products. The green truck was parked in the Student Center Circle offering apparel, snacks and homemade products to the campus community.

According to Jen Villa, owner of Farmington Farm Truck, there is a vast difference between a food truck and a farm truck. While food trucks often serve non-locally grown food such as burgers, tacos and pretzels, a farm truck serves as a mobile farmers market, offering freshly grown fruits, vegetables and baked goods. In addition, the farm truck was an actual antique truck from the 1950's.

"This is a '52 Ford named Violet Mae," Villa said. "I [also] have a '54 Chevy [named Jessie Jane]. Back in that time, there were a lot more farmers that did drive around and do this. People love the antique trucks, and they drive and everything."

Each Farmington Farm Truck has a name. Along with Violet Mae the Ford and Jessie Jane the Chevy, there is also Betty Lou, a 1948 Dodge. Though she is an older model of a truck, she doesn't travel much anymore, but she is still part of the Farmington Farm Truck family nonetheless.

Since it's autumn, last week the truck

offered fall foods such as apples, pears and squash. They also had apple fritters, apple cider, granola, canned pickles and fresh baked bread. All of the produce and food available was grown and produced in Connecticut. The truck sells food from farms in Southington, Torrington, Glastonbury and several other cities and towns all throughout Connecticut. Some of the food is grown by Villa herself.

"When you buy from the local farmer's markets, you're keeping your neighbors in business," Villa said. "And the food is fresher, it tastes better and it's better for you."

Along with those benefits, Farmington

Farm Truck's website mentions that when you buy from local businesses you keep the money in your local economy, rather than giving it to a huge corporation.

Farmington Farm Truck visits a wide variety of spots around Connecticut, such as UCONN Health Center, Eversource and the Hill-Stead Museum. They found their way to Central Connecticut because admittedly, younger people such as college students don't take into account the benefits of buying from local businesses.

"We go to all different locations, some college campuses, a lot of business locations just trying to get people to try and love all of this locally grown food," Villa said. "A lot of younger kids don't realize where their food comes from and don't really think about it, but it's important to support all of your local businesses."

This is Villa's third season with Farmington Farm Truck and she recently made an appearance on Better Connecticut discussing the business and the importance of supporting local businesses.

Farmington Farm Truck will be looking to hire college students for internships next summer, so any students interested in farming or looking for an internship in general should be on the lookout for those. You can find Farmington Farm Truck online at farmingtonfarmtruck.com or on Instagram @farmingtonfarmtruck.

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Farmington Farm Truck offered items such as apple cider and chocolate chip cookies, all locally produced.

JULIA CONANT | STAFF

SGA Briefs

BY KRISTINA VAKHMAN
NEWS PHOTOGRAPHY EDITOR

The Student Government Association meets every Wednesday at 3:05 p.m. in Bellin A and B in the Student Center. These briefs are from the SGA's meeting on Oct. 23.

- CCSU President Dr. Zulma Toro visited the SGA to speak on a variety of topics:
- A new Academic Advisory work group is developing a fresh advising model where every student has both a faculty member and an academic advisor when entering CCSU and until graduation.
- The university is seeking approval for a doctoral program in physical therapy.
- Improvements to Blue Lights, especially to make them longer-lasting, are being looked at.
- The Student Center's entire air system is scheduled to be upgraded in Summer 2020.
- A motion to allocate \$9,815.08 to the Multi-Powered Vehicle Club, under the stipulation that the club will fund the attendance of an additional team member as opposed to a member of The Recorder, passed.
- A motion to allocate \$5,699 to the South Asian Students Association for non-confirmed event failed.
- A motion to ratify Sen. Ayesha Choudhery as the SGA's 2019-2020 representative to the Student Leadership Council passed.

What's New, CCSU?

BY DANIEL FAPPIANO
EDITOR-IN-CHIEF

- Central Connecticut will host a Blood Drive from Monday, Nov. 4 to Nov. 6 in Alumni Hall located in the Student Center.
- A Cybersecurity Conference will take place on Nov. 9 in Willard-DiLoreto Hall, room 121. Contact Dr. Xiaobing Hou with any questions.
- The Construction Management Career Fair will take place on Nov. 12 in Alumni Hall.
- Amanda Fields will discuss the book, "My Caesarean: 21 Mothers on the C-Section Experience and After," on Nov. 13 in the CCSU Barnes and Noble Bookstore.



@TheRecorder on Twitter



EDITORIAL

California Passes Bill To Start School Later In The Day

California recently passed the Senate Bill 328, which mandated for middle schools and high schools to start classes at a later time thus prompting the nation to discuss and ask the question everyone's thinking: would starting school later in the day actually benefit a teenager's health?

According to Edweek, "middle schools can't start classes until 8 a.m. and high school until 8:30. Schools have three years to make the changes," under the new state law. The change was put into place to ensure students get enough sleep each night and are well-rested for school. However, this leads to the issue of whether later school starts will actually result in more sleep for the students attending and cause better health.

According to the Los Angeles Times, one study indicated that it may make a significant but not dramatic difference every night, gaining about only 15 or 20 minutes per night. Another study found that for each half-hour the start of school was delayed, students would only get 11 more minutes of sleep; therefore, starting an hour later would add up to just 22 extra minutes of sleep.

If states were to pass this law and school districts were to adjust, it is projected that students would only be gaining a few more minutes of sleep compared to their original sleep schedule.

It should also be factored in that if school is starting later, it will also end later, leaving students with less time to do their homework after school and forcing them to stay awake longer than they usually would. If students are going to bed later, it would negate the point of waking up at a later time for school.

Another potential downfall of California's new law is transportation. Since middle and high schools will now be starting after 8 a.m., elementary schools will must decide if they will have to start classes much earlier or much later to ensure that school busses are available to transport the children.

"According to the legislative analysis, elementary schools would probably have to start classes earlier so that district busses would be freed up for the later middle and high school routes," the LA Times stated in their editorial.

Since elementary schools would start earlier in the day, they will also end earlier, which will interfere with when parents will leave work early to be with their kids or will cause elementary students to spend more time in after-school programs.

Having middle schools and high schools start later in the day would only create confusion and doesn't have enough convincing health benefits. Not only does it meddle with the state's elementary schools' schedule, but it also reorganizes the transportation schedule and messes with working parents' schedules. If other states are considering to follow suit in California's footsteps, then they should carefully weigh the pros and cons before passing any similar bills.

Editor's Column: Racial Slurs Do Not Classify As Athletic Banter



BY DANIEL FAPPIANO
EDITOR-IN-CHIEF

It was supposed to be a normal volleyball playoff game at Desert Heights Prep Academy in Arizona, with Salt River High School vs. Caurus Academy of Anthem, until members of the one of the team's began to be pelted with Native American taunts and slurs to the student athletes.

In a video that surfaced on Twitter, members of the Salt River High team were walking off the court and crying. The young women in the video were visibly distraught and hurt by the crowd's chants, these players are not just high schoolers, but also proud Native Americans.

When I was in high school I went to all of my school's games and I appreciated the act of heckling the opposing team in any chance I could. But myself, and everyone in the crowd,

understood that while we are heckling, it is all supposed to be good-natured fun. We weren't trying to hurt feelings, we just enjoyed supporting our school's sports with like-minded individuals.

The "fans" at this game displayed in this viral video did not share those same spirit; their goal was only to hurt the opposing team, a goal they achieved.

In the article posted by Azcentral, Tate Walker, a spokesperson for one of the schools expressed their disappointment with the outcome of the game's events.

"Tuesday's events go beyond one volleyball game and are indicative of systemic discrimination problems that are difficult for many to acknowledge across the education landscape, especially when it's so much easier to claim ignorance or unintentionality," Walker said.

Crossing a line as hateful as discriminating or ridiculing one's ethnicity should not be permitted at any level, even during athletic events. In high school, athletes should only be playing for the love of the game. The young, female athletes on that court only had one goal in mind: try and win the game.

But rather than focusing on playing strong with their teammates to try to win their playoff game — potentially some

of those girl's last game if they were seniors — these girls were left to be embarrassed in a moment of potential victory. To strip that away from them with something as malicious as using racial slurs goes against everything it means to be a sports fan.

Directly insulting one's culture isn't just heckling but a sign of disrespect and a lack of morality.

For those "fans" to insult these women to the point of tears transform any game to miserable, no matter the sport or the level. There will always be detractors stealing those moments. When I was in high school a group of "fans" chanted "Welfare, Welfare!" while playing against teams from less wealthy towns.

As real sports fans, it is our job to protect the athletes and call out those people. We need to make sure that if we are going to heckle, it stays within the boundaries. Every fan is going to talk trash, but there is no need to be blatantly disrespectful in order to support your team.

Those high school girls just wanted an opportunity to play the sport they love with people they care about and instead they were left disrespected and pelted with insults to the point of tears attacking their athleticism and Native American culture.

@DFAPPIANO14

Reese's Cup Or Insects' Cup?

BY BRUNA VILA ARTIGUES
ASSISTANT NEWS EDITOR

It is very common to try new and exotic foods when traveling around the world. For instance, nobody can leave Thailand without snacking on very well fried, seasoned and crispy grasshoppers, crickets or woodworms. In fact, for most people, it is probably the first time they eat insects in their lives. Or at least they thought so.

Why would anyone cross an ocean and travel to the other side of the world when they can eat insects right where they live? Correction: when they are eating insects right where you live.

We all have this sweet moment temptation when we crave a Reese's cup, some chocolate covered pretzels or a cinnamon roll. What we do not know, though, is that per 100 grams of chocolate, cinnamon and peanut butter, there is over 30, 60, maybe even 400 insect fragments and some rodent hairs, respectively, hiding inside according to the Food and Drug Administration (FDA).

There is no getaway. Even if you try to be healthy, over three percent of canned peaches are wormy or moldy while over 60 aphids, thrips and mites come with a portion of frozen broccoli.

This is what the FDA has established as Food Defect Action Levels in which "it is economically impractical to grow, harvest or process raw products that are totally free of non-hazardous, naturally occurring, unavoidable defects."

In other words, we are stuck with insects and rodent hairs in our food as it seems to be completely unavoidable.

Everybody has somewhat of an idea that our food contains all these things that should not be there. However, it becomes eerily real when you read the numbers.



Insects can be found in a lot of different foods and cooked in many ways.

FOOD FOR NET

Now the question is: how many mites have I ingested throughout my 21 years of life?

Although eating insects sounds terrible, at least for me, it has been reported to be nutritious.

"Insects form part of the traditional diets of at least 2 billion people," according to studies by the Food and Agriculture Organization (FAO). For instance, termites are a main source of protein for Ghanaians and Chinese high-end restaurants serve roasted bee larvae.

Maybe they are not that bad after all.

The FAO explains that entomophagy, the consumption of insects, can be promoted for health, environmental and livelihood reasons.

"Insects are a highly nutritious and healthy food source with high fat, protein, vitamin, fibre and mineral content," the report continued.

Along with some great health benefits, eating bugs and insects is financially more beneficial for large corporations as it requires less energy, food, water

and time than animals to be ready for the market.

Maybe the phrase "one apple a day keeps the doctor away" should be "one grasshopper a day and all the world's problems go away."

Can you imagine walking into the university's cafeteria and finding a selection of perfectly served seasoned beetles, caterpillars, bees, ants, grasshoppers and locusts instead of the burger grill, or how about going into Applebee's late at night for their half-priced appetizers only to find crispy, fried barbecue crickets, cicadas, leafhoppers, termites and dragonflies instead of chicken wings on the menu?

It is all about the society and culture we have been born in. We do not look at insects the same way we look at pizza.

We run away from bees and yell when we see a cricket closer than two feet away. But if insects are actually good in all these different aspects, would you dare to start adding them to your everyday diet?

@BRUNAVILA



Culture Is Not A Costume



Stereotypes of various cultures becoming sexualized or goofy has become common for Halloween costumes.

YANDY

BY ISABELLA CHAN
NEWS EDITOR

It happens every Halloween: pumpkins are carved, children go trick-or-treating and then there's always that one costume at the party which makes you think: what the hell was this person thinking? I'm not talking about the couple dressed as a hunter and a deer, even though that is definitely one that will make you cringe,

but I mean the girl dressed as a hula girl or the guy pretending to be Rastafarian.

Witnessing someone take these cultures and beliefs and morph them into generic, inappropriate costumes to be seen as funny is offensive and dehumanizing quite frankly. What may seem as an opportunity to get dressed silly is actually just a form of cultural appropriation.

A few years ago, Teen Vogue created a video with girls of different ethnicities addressing stereotyped costumes of their culture. Each girl saw the costumes as insensitive for butchering their culture by depicting the image of savage-like behavior or sexualizing traditions. For Cashman Aiu, seeing girls dressed as hula girls disrespected the history of her Hawaiian background.

"One of the things about Hawaiian culture that not a lot of people know is that historically it was illegal to practice anything related to native Hawaiian culture," Aiu stated. "So my grandmother is in her 70s and is finally learning how to dance hula. And she's been creating her hula skirt and lei for weeks now and this is nothing what it looks like."

What many fail to realize is that the strong symbols within these costumes, such as hairstyles, apparel prints and makeup, often correlate to historical references in each background.

"This costume is extremely hurtful, not only to myself but to the generations that had to go through this erasure," Aiu continued, as she cried looking at the model dressed in cheap, synthetic flower accessories and a plastic grass skirt.

"Halloween would be the worst time to co-op a person's culture because it's a day of dressing up as

things that are completely out of the ordinary, old or very provocative," Gianna Collier-Pitts added. "Wearing somebody else's culture that day is incredibly offensive as you are saying their culture is [different] in a way that is funny or humorous."

As an African-American woman, Collier-Pitts found afro wigs to be one of the bigger issues with costumes referencing her culture as it is common for people of color to be stigmatized for their hair texture on a daily basis—which I couldn't agree more with. Anytime I see a person wearing an afro wig with a pick on Halloween, I consider gauging their eyes out with said pick.

I'm sure when people are deciding what they will be dressing as for Halloween there is no intentional malice involved; most of the times, girls are just trying to look sexy and guys are trying to get a good laugh. But there is nothing comical about Rastafarianism, as it is an Abrahamic religion and social movement that was created for black slaves to reconnect with an idealized Africa, therefore wearing fake dreads is unacceptable. Maybe you could go dressed as an athlete or an astronaut instead.

And sure the idea of dressing as Pocahontas sounds great but when taking a look at the significance behind their feathers and war paint or the number of Indigenous people who lost their lives, I would strongly reconsider it. Maybe try to recreate a childhood cartoon and toy because that would definitely be more appropriate.

In general, people should really think over what they dress as for Halloween. Here's some food for thought: would you be offended if you were made into a costume?

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Executive Privilege Isn't Absolute, Someone Should Really Tell Trump That

BY KRISTINA VAKHMAN
NEWS PHOTOGRAPHY EDITOR

Democrats have made the phrase "nobody is above the law" a cliché. But as tiring as it is to hear top leftists repeatedly make the applause-inducing statement – it's low-hanging fruit at this point – they're not wrong.

Yet, for far too long, the concept of executive privilege has put a stick in the wheel of justice. Past presidents like Richard Nixon misused it to avoid facing the investigations, and subsequently the punishments, they deserved. And now, President Donald Trump and his ragtag band of goons are misusing it to an egregious extent.

Someone needs to tell Trump that executive privilege doesn't work the way he and his friends think it does. In no way is executive privilege intended to lift Trump above the law.

From the moment House Speaker Nancy Pelosi made her September announcement of an "official impeachment inquiry" into Trump, it's been "executive privilege this," and "executive privilege that."

To Trump, it doesn't matter that there's blatant evidence of him pressuring Ukrainian President Volodymyr Zelenskyy to investigate Joe Biden; it seems that, in the president's view, consequences for committing even obvious crimes are nonexistent thanks to executive privilege. Trump's cabinet appears to share that perspective.

White House lawyer Rudy Giuliani defied a congressional subpoena in early October on account of the fact that "documents sought in the subpoena are protected by ... executive privilege," according to a response letter his lawyer wrote to the House of Representatives.

Additionally, the defense lawyer for two of Giuliani's associates, found to have ties to Ukraine and charged with using foreign money to make illegal campaign contributions, claimed last week that the White House "could assert executive privilege" over certain evidence, The New York Times reported.

Finally, and perhaps most outlandish, Trump's private attorney argued last week that a sitting president would be immune from prosecution even if he "shot someone in the middle of Fifth Avenue," as Trump famously boasted during the 2016 campaign trail, the Washington Post wrote. That's not remotely true and someone with a law



Contrary to his false declarations, President Donald Trump is not above the law.

PHOTO ILLUSTRATION BY KRISTINA VAKHMAN

degree should know that.

Executive privilege is an implied power, meaning that it is not explicitly enumerated, or written, in the Constitution. It's a concept that exists between the lines. Coined first by President Dwight D. Eisenhower, executive privilege lets presidents "shield certain testimony and documents from disclosure to courts or congressional investigators," whether it be in the interest of national security or protecting sensitive White House information, according to The Atlantic.

Theoretically, presidents can hide the skeletons in their closet, but that power isn't absolute. In the 1974 landmark case United States v. Nixon, Justice Warren E. Burger wrote that the Supreme Court rejected Nixon's claim to an "absolute, unqualified Presidential privilege of immunity from judicial process under all circumstances."

As a result, Nixon was forced to give up subpoenaed tapes that proved his involvement in the Watergate scandal. He resigned soon after.

Notably, the Court voted against Nixon because the case pertained to a criminal investigation, not congressional committees. That affords Trump some leeway; he's not on trial yet. Still, like with most things, Trump has exaggerated the scope of protection that executive privilege provides him.

The fallacies in Trump's overstatements really shine in the fact that the impeachment inquiry hasn't

slowed down. Despite Trump denying access to documents and testimonies from key administration officials, civil servants are still working around him to cooperate, exposing the White House's bluff.

The limits on executive privilege have frightened establishment Republicans so much that they stormed a closed-door deposition last week involving the deputy assistant defense secretary, according to CNN. The inappropriate protest was meant to stall the impeachment inquiry and show Trump that the party stood behind his executive privilege and immunity nonsense.

Democrats have several options. They can hold those who refuse to comply with the impeachment inquiry in contempt of Congress. They can have a judge order enforcement of the subpoena. They can even use the refusals as justification for impeachment, using the insinuation that Trump and his supporters have something to hide.

All of these choices, again, prove that executive privilege isn't limitless. Trump doesn't have the divine right to the Oval Office he believes he does. The law doesn't turn a blind eye to crimes just because the perpetrators are the president and his aides.

If Trump doesn't know that, his lawyers, at the very least, should. And they should explain to him what executive privilege really does, even if it'll require a picture book for him to truly understand the concept.

@KRISDVP



Improv Group 'Schlock' Takes To The Stage



One of the Schlock members was crushed by an invisible piano.

JULIA CONANT | STAFF

BY JULIA CONANT
ARTS & ENTERTAINMENT EDITOR

Can you act out an entire bank heist in four seconds? Can you carry on an entire conversation using only two phrases? Can you make up your own Beastie Boys-esque lyrics in a matter of seconds? The members of Central's improv group Schlock can.

On Thursday Oct. 17, Schlock performed their second improv show of the year in Davidson Hall. The five members of the Schlock eBoard and four newcomers to the improv group performed various improvised sketches.

They started by asking the audience for the name of an unlikely superpower and a predicament. The audience suggested "Milkman" as the superhero and the dilemma was that all of the world's apple juice had gone missing. This sparked an entire quest to find the apple juice, with other unlikely heroes such as "Backhanded Compliment Man," who said things like, "You're almost as good as your older brother" and "You're looking better than you usually do."

Another game the improv group played was called "Good Bad Worst." For this game, one person had to come up with an issue they need advice on. After that, one person gave good advice, another gave bad advice, and the third gave the worst advice they could

imagine. One person's dilemma was that his friends wouldn't agree with him that a hot dog is a sandwich. The person bearing good advice suggested trying to see the argument from the friend group's point of view. The person with bad advice suggested adding hot dogs to the Subway menu so that he could go to a sandwich shop to get a hot dog. And the person with the worst advice said to kidnap the friends' families and send a ransom note

asking, "Still think a hot dog isn't a sandwich?"

Soon after came a game called "World's Worst." The audience gave suggestions such as "teacher" or "bartender" and the members of Schlock had to act out what the world's worst version of that thing would be like. One of the audience suggestions was a delivery driver. As it so happened, the improv show was supposed to have food from Sodexo, but the food never came. So of course, one of the members of Schlock stood at the front of the stage and said "Hi, we're Sodexo, we're gonna deliver your food."

As the night came to a close, the group played a game popularized by the improv-based television show "Whose Line Is It Anyway?" called "Scenes From A Hat." One person read out prompts such as, "If 'Sesame Street' characters were college professors" or "Things you can say about CCSU, but not your significant other." When the prompt was, "The last thing you want to hear before you go to sleep," the Schlock members gave answers such as, "Nighty night, you just might not wake up" and "So I see your feet are sticking out of your sheets."

Schlock performs an improv show every month, and they meet on Tuesdays from 4:30-5:30 p.m. in Maloney room 109 and on Fridays from 11 a.m.-1 p.m. in Davidson 123.

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The Schlock actors got into a heated exchange during a skit called "New Choice."

JULIA CONANT | STAFF

DIY Halloween Costumes

BY TESSA STACK
STAFF WRITER

As the years go on since our childhood, costumes have gotten skimpier and more expensive to buy in the store. Some people either do not want to spend a lot of money or do not like how revealing the costumes can be. In the college student community, some cannot afford a cheap-quality outfit that is \$60-\$100 for one night.

What if I told you that you have everything you need in your closet alone to create your own Halloween look? Here are some helpful hints that not only save you money but can rock anything you aspire to be this Hollow's Eve.

That green shirt, brown khaki pants or pair of leggings you rarely wear out in public but are too cute to part with can easily be turned into a modern-day Link. Just pair them with a green beanie, some brown boots and elf ears you can get at a dollar store, and you are your favorite elf hero from the popular video game "The Legend of Zelda."

Another DIY costume idea would be to represent your Harry Potter house: Slytherin, Hufflepuff, Gryffindor or Ravenclaw. Each house has corresponding colors. All you need to transform into a Hogwarts wizard is a sweater in your house color with a black skirt or pants and a stick as your wand.

Catwoman is as simple as wearing black pants, shirt and shoes. Then add a cat mask that you can either paint on or buy for roughly \$5.

You can be the world's nerdiest nerd by wearing every nerdy item you have, and pairing it with a pair of taped 3D glasses with the lens' popped out.

To be the "Adventure Time" character Lumpy Space Princess, wear a plum purple dress or shirt and pants, incorporate a gold star either on a belt or a necklace and bring out the sass.

To bring out the little devil within yourself, wear something red. It could be a dress with kick-butt stilettos, a nice black bag, fierce makeup or a red blazer and dress pants that has some sort of black accessory incorporated in it. The plus side is that you could be the 2019 Joker with that ensemble or your

own version of the Devil Wears Prada.

Disney Princesses can be simple. You could be Cinderella with a baby blue shirt and white pants with a baby blue headband. You could dress as Ariel with a purple shirt, green pants and a bag that looks great for collecting thinga-ma-bobs. And you could be Belle with a white shirt, baby blue blazer and blue jeans.

Everything is readily available and can be personalized specifically to you, the color of the clothes is all that matters. People who cosplay use this trick to save money and look great at the same time. This is known as Modern-Day Cosplay. It's comparable to Disney bounding (the art of dressing up at Disney World as an adult without breaking any park costume rules).

Halloween does not need to be costly to dress up and have fun by yourself or with friends. Some of these examples can be key to creating your perfect costume from whatever you have lying in the back of your closet or hibernating in your parent's basement. Have a fun and safe Halloween tomorrow, CCSU.

@centralrecorder on Instagram





Get To Know Your Fall Concert Artists

BY JULIA CONANT
ARTS & ENTERTAINMENT EDITOR

As the fall semester at Central Connecticut slowly comes to a close, Central Activities Network has decided to give students something to look forward to; a fall concert. On Saturday, Nov. 2, Central's Fall Concert will take place at 7 p.m. in Welte Auditorium. It'll feature four artists: PUBLIC, MAGIC GIANT, Waka Flocka Flame and MISSIO. For those students who haven't heard of these artists before, descriptions of each performer can be found below. To attend C.A.N.'s Fall Concert, students must get a free wristband in the Student Center lobby between 2:30 and 7 p.m. the day before the concert (Friday, Nov. 1). Wristbands will be non-transferable and you cannot pick up a wristband for a friend.

Once you have a wristband, be sure to show up at Welte Auditorium at 6:15 p.m. when doors open if you want to see any of the artists mentioned above perform.



PUBLIC

The first opener of the fall concert, PUBLIC is a pop trio hailing from Cincinnati, Ohio. It features John Vaughn on lead vocals and guitar, Matthew Alvarado on bass synth and vocals and Ben Lapps on percussion. Their most listened to song on Spotify is "Make You Mine," with over 30 million streams. The band is proud of this song's success, as their Twitter bio reads, "have you heard 'Make You Mine?'"

Their most recent song was in 2017, entitled "Sweet Lemonade."



MAGIC GIANT

The second opener of the night is set to be MAGIC GIANT, an indie folk trio from Los Angeles, California. The band formed in 2014 and consists of Austin Bisnow on lead vocals, cello, synthesizer and percussion, Zambricki Li on several various string instruments and backing vocals and Brian Zaghi on the acoustic guitar, cello, bass, percussion and backing vocals.

The band's most recent release was their 2017 album "In The Wind." This 15-song album is the band's debut album.

From mid-January until late February in 2020, both MAGIC GIANT and PUBLIC will be touring the United States with the band "American Authors."



WAKA FLOCKA FLAME

Students who attended Central in the spring of 2018 may remember Waka Flocka Flame from the spring concert. Well, the hip hop rapper from Atlanta is returning to be the first headliner of C.A.N.'s 2019 fall concert.

Waka Flocka started his music career in 2009 and he is known for songs such as "O Let's Do it," "Hard in da Paint" and "No Hands." In 2011, "No Hands" won BET Hip Hop Awards' "Best Club Banger" award.



MISSIO

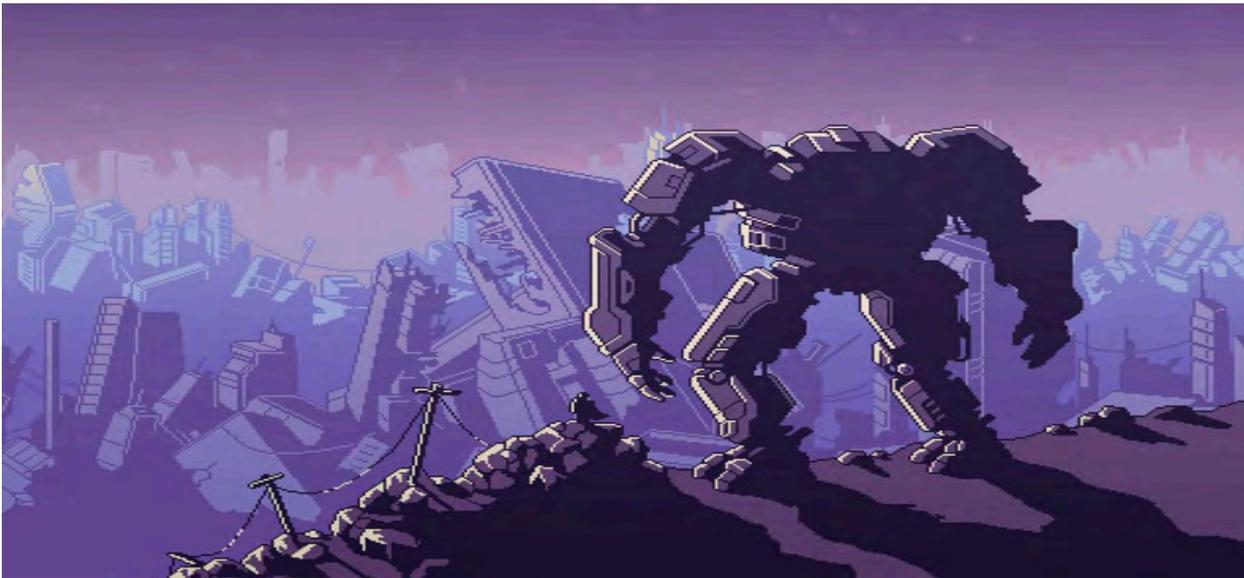
The final headliner is synth pop duo from Austin, Texas, MISSIO. MISSIO was kind enough to agree to the fall concert after Jesse McCartney, the original final headliner of the fall concert cancelled due to conflicts in his schedule.

MISSIO formed in 2014 with front-man, songwriter and producer Matthew Brue and songwriter and producer David Butler.

MISSIO's most recent release was a 2019 album titled "The Darker The Weather // The Better The Man." This album was the band's second, with their first being "Loner" which was released in 2017.

REVIEW

'Into The Breach:' A Winning Strategy



This grizzled re-imagining of "The Iron Giant" is coming soon to Disney+.

SUBSET GAMES

BY SAMUEL PAPPAS
STAFF WRITER

“Into The Breach” is a turn-based strategy game where you control soldiers in massive robots to square off against a race of insect monsters and save the world, one carefully planned move at a time.

You are outnumbered, outgunned and the situation seems hopeless, but the biggest strength of “Into The Breach” is being able to turn around these boxed scenarios with the numerous options at your disposal.

Enemies always telegraph their moves. You will always know who will attack, in what order and how much damage that attack will do. There are no mysteries as to what will happen when a turn ends, so it never feels like you were just dealt a bad hand and cannot recover. The ball is always in the player's court.

A giant ant might be poised to destroy a skyscraper holding countless civilians. However, with a good strategy, you can redirect his attack into another enemy, bumping them into one another and leaving them open to

be caught up in an attack that chains lightning together. All while positioning your forces to be standing over the ground where the enemy spawns in, preventing reinforcements. All according to plan.

It takes a bit of practice, but once you've played a few rounds and learned the systems, you get a few different mechs to test out and find whichever one suits your playing style. Within hours, you get to the point where you can weigh your options and defeat your enemies with superior tactics. It's like any movie that contains a character playing a chess match. You don't even need to understand chess, but you know he just did something cool when he confidently grabs one of his pieces and reaches across the board while casually saying “checkmate.”

It's the feeling of being a strategist, a “man with a plan,” a skillful general, a person who can get through their entire order at Subway without stuttering.

“Into The Breach” is the complete package for anyone who likes puzzles. It does have a handful of strange design choices, however.

Your goal is usually to kill the baddies while protecting buildings and factories. You have a “Power Grid” that has a maximum of seven hit points, which drops if a building is destroyed. Run out of power and you instantly lose. This incentivizes players to weigh their options. If it can secure a long term victory, then letting a monster destroy a building and kill the civilians might just be an acceptable loss. However, sometimes a building can be hit and it won't be destroyed. This is called “Grid Defense” and has a 15% chance of occurring, which can be increased with upgrades.

It's always a pleasant surprise to have a building suddenly survive an attack, but it is strange that a strategy game with almost no luck involved would include a mechanic that's determined by chance. Maybe I'm just being too uptight, but I feel like the player shouldn't be rewarded for making a mistake. I would rather have buildings get an extra shield when I have full power instead of leaving it to the roll of the dice. That way I can at least build an attack plan over what I know for certain.

The game is split up into four islands. After conquering one, you unlock another. Each one has a different variety of enemies and landscapes you can utilize and work around, inviting a ton of ways to strategize and play to your strengths. Once you've unlocked them all, you can take them on in any order you want during future playthroughs. I'll give the creators props for giving the player some freedom, but since each island is remarkably more difficult than the last, trying to take them on with a new and not yet upgraded team is suicide. This is a case where I feel like the challenge should be scaled back if you decide to jump into the hardest island right from the get-go. The player should at least have a fighting chance.

What makes “Into the Breach” so good is the options you have. You can always find a way out if you think hard enough, and that idea has been lost on many turn based strategy games today that rely too heavily on random chance.

For \$15, you can have a game that will make you feel and be smarter. That's more than I can say about any overpriced textbook I've bought this year.



REVIEW

Waterparks Release New Album 'FANDOM'

BY CAROLYN MARTIN
ASSISTANT ARTS & ENTERTAINMENT EDITOR

Waterparks is back with their third studio album "FANDOM." This is the first album Waterparks have released since signing to Hopeless Records, the switch having been for the better. This album features Waterparks 2.0. They are writing and releasing music on their terms and the way they want to.

The album may make you question its content; the cover features an orange in front of a green tile background, but worry not. The music is worth the listen.

The album opens with "Cherry Red," an electronic track that could be mistaken as a b-side off of The 1975's "I Like It When You Sleep..." However, that is not a knock against Waterparks. The track is bold and leaves you wanting to hear the rest.

Next is "Watch What Happens Next." This song was the second single released during this album cycle. In the song, Awsten Knight (vocals, guitar) talks about a side of the music industry that isn't seen by many. He calls out his label for not paying what they owe him, addressing how Knight believes many critics feel that Waterparks doesn't deserve the recognition they've gotten over the last few years.

Track three is called "Dream Boy." This 80's synth-pop-inspired tune continues the upbeat tone in the record. Here, Knight asks the listener if he is what they've been dreaming of. This references how some of their fans only want certain pieces from the band; the perfect ones. While he knows other fans, especially those who have been around since the start, don't spend time picking and choosing the parts of the band they want or like.

Then "Easy to Hate" comes on. This is the first song on the album that tackles the topic of Knight's ex-girlfriend Ciara Hanna. Knight uses the metaphor of traffic lights to explain how he saw the warning signs that he should leave, but ignored them and stayed with her anyway.



'FANDOM' is Waterparks' third full-length album.

BROADWAYWORLD

Track five, "High Definition" shows a different, almost muted side to Knight, who is known for being loud and out there. Knight sings about how his previous relationship has led him to not trust people as easily as he once did and also has him beating himself up. The second verse goes, "I know I'm not around enough to make me worth the wait/ It's like who wants to be close with someone who always goes away?" Knight questions his own self worth while he laments that he doesn't love this person enough "to write a love song."

The lead single "Turbulent" is the weakest track lyrically on the album. The other songs' metaphors and references overshadow this one far too easily.

The song "Never Bloom Again" shows another vulnerable side to Knight. The song chronicles how he

struggles to find love after getting his heartbroken in his previous relationship.

The standard version of the album closes with "I Felt Younger When We Met." The electronic vibes are present once again in this track, along with mentions of a relationship. This song specifically talks about how Knight put so much effort into his last relationship that he almost lost a part of himself when she left. Knight struggles with still loving her even though what she did to him broke his heart.

This album was a way for the band as a whole to get any feelings, whether it be about their former label or a relationship, off their chest. It may not be an album for everyone, but it is the antidote to those who are going through the same situations. [@CAROLYN_MARTINN](#)

The Wonder Years Kick Off With A Spooktacular Show



The Wonder Years performed as the band Limp Bizkit.

CAROLYN MARTIN | STAFF

BY CAROLYN MARTIN
ASSISTANT ARTS & ENTERTAINMENT EDITOR

Even on "Hallo-weekend" you can find people going to concerts. This past Sunday, Oct. 27, the band The Wonder Years had their "3rd (occasionally) Annual Halloween Extravaganza" at the Royale in Boston. The Wonder Years did not want to do this show by themselves so they brought the bands Future Teens and Trash Boat along with them. The show featured a costume contest and all the bands did a short set in costume on top of their normal set.

Future Teens opened the show with a Carly Rae Jepsen set. Of course they played her iconic song "Call Me Maybe," but they slowed it down and encouraged people to sway to the beat. They had high energy throughout their normal set. They ran around the stage and sliding across it. It was their hometown show and they went all

out. A crowd favorite seemed to be the song "Frequent Crier," a song Amy Hoffman (vocals, lead guitar) wrote about all the times she cried in 2018. They are definitely a band to watch. Their latest release "Breakup Season" is out now.

Trash Boat came on next. The lead singer of Trash Boat, Tobi Duncan, performed a really good impersonation of Liam Gallagher, the lead singer of Oasis. They played Oasis classics like "Don't Look Back In Anger" and "Wonderwall." With their normal set they got the pit to open up. The crowd screamed the lyrics and started pushing other people. Later on in the set, Duncan explained how he dedicates their song "Old Soul" to his grandfather. During their last song Duncan went into the pit and crowd surfed. Their latest single "Synthetic Sympathy" is out now.

Before it was time for The Wonder Years to perform,

the costume winner had to be announced. The three candidates were Avril Lavigne and a skater boy, Miss Piggy and Hank the Pigeon — The Wonder Years' mascot. Hank the Pigeon was victorious and got a picture on stage.

Then it was time for The Wonder Years. They took the stage dressed as members from the band Limp Bizkit. The lead singer Dan Campbell looked at the crowd and said "We are Limp Bizkit from Jacksonville, FL." He truly stayed in character.

The crowd loved their Halloween set. They even started to boo when they were told some "posers" called The Wonder Years were coming on next. However, for all of that playful booing, the crowd was very excited to see The Wonder Years perform. The band opened with "There, There" from their 2013 release "The Greatest Generation." It is not one of their faster songs, but the pit still opened up anyway.

Their set was very well rounded. They played a few older songs like "Washington Square Park" and "Local Man Ruins Everything," both off of their debut album "Suburbia, I've Given You All and Now I'm Nothing." They also played "Cardinals," a song off of their album "No Closer to Heaven." The song is about how Campbell was unable to save a struggling friend before it was too late. When performed live Campbell sings the second verse, which ends with the line "I want those years back" adding "me too." You can feel the heartbreak through his voice. Yet, even with a sad song like that the energy was still there, and it kept going the whole night. It hit its peak during their encore, when they performed "Came Out Swinging."

At the end of the song, Future Teens and Trash Boat came out to sing along. It was the perfect way to end the show and this Halloween inspired tour. Their latest album "Sister Cities" is out now.

[@CAROLYN_MARTINN](#)



Central Gets Spooky

STORY AND PHOTOS BY JULIA CONANT
ARTS & ENTERTAINMENT EDITOR

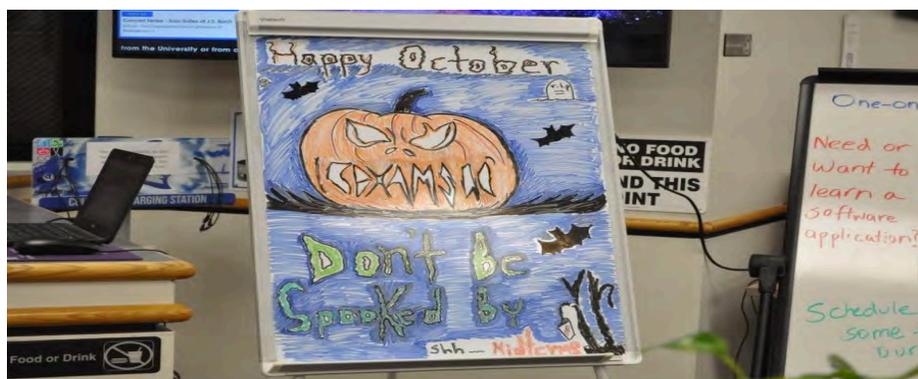
The spookiest season of the year is upon us. As the leaves turn orange and fall off the trees, people may put pumpkins on their front steps, spiderwebs on their houses and hang fake bats from the ceilings.

Central is no stranger to Halloween decorating. Many departments of the university have gotten into the holiday spirit by implementing chilling decorations. With tomorrow being Halloween, it's customary to recognize and appreciate these decorations. Whether it's the whiteboard in the Marcus White computer lab or the witch hats on the mannequins in the bookstore, any passerby could tell easily from the decor that Halloween is just around the corner.

Remember to have a safe and fun Halloween.



The mannequins in Central's bookstore not only sport CCSU merchandise, but they also now wear witch hats.



Jennifer Rosario from the Marcus White computer lab decorated the whiteboard with a jack-o'-lantern and wrote, "Happy October. Don't be spooked by (shh...) midterms."



Two skeletons sit on Matthew Warshauer's pop-up art exhibit, guarding the free candy.



The Wellness Center in Willard-DiLoreto displays a giant fake spiderweb in the window.

Thrift Me, Please

BY MAURIAH JOHNSON
STAFF WRITER

CAUTION: ENTER IF YOU DARE

Screeching clinks of metal hangers drag across the aisles of used goods, ringing in the ears of all who dare enter the double doors with a light smell of old recycled vintage dust consuming the air.

Welcome to the world of thrift.

"Right now, the hottest things are costumes," retail associate Missy Gwynn of Savers in Newington said as she continued to organize and place new inventory on hangers.

"I had a customer come in yesterday who wanted to be [Cher from] 'Clueless' and I'm just thinking to myself — we don't have any yellow plaid suits," Jen Betancourt said. Betancourt is the flamingo-colored hair Lead Costume Consultant of Savers in Newington.

"That's the most difficult part, everything is about timing — there's no telling what we're going to have in stock," Savers retail associate Luz Bonilla said.

"Overall, I'd say blouses, definitely jackets and blazers — women's clothing [sells quick]," Betancourt said. She described that these same materials are needed in order for her to create her custom Halloween looks for customers that walk through their spooky doors.

As Betancourt stood perfectly still in thought, her outfit caught the eyes of all who gazed upon her with her exotic pink hair, thrifted white fluffy blouse, black puffy ballerina tutu and jet-black leggings, being the perfect display of a nifty customized Savers pirate.

"What's selling the most right now is the halos," said Betancourt.

In honor of the upcoming grim season, New Britain's

Goodwill decorated the walls in creepy orange square pumpkin faces, Casper the not so friendly ghost and whimsical flying broomsticks.

As "The Tide is High" by Blondie pours out of the ceiling's microphones distracting the Halloween theme, the retail associate of the New Britain Goodwill, Rayjaun Jones gives an unexpected statement.

"The Halloween costumes are barely selling here to be honest," Jones said as he chuckled nervously at the register.

"We mostly sell to seniors who are mostly buying household appliances, electronics such as microwaves, televisions, computers and women's clothing, which goes pretty quick."

Jones gives deep background into the life behind the scenes and register, showcasing the thrift world through an entirely new lens of gender and age ratio.

"Men wear their stuff until we can't sell it. They're not like us [women], they're cheap," Savers associate Bonilla said.

As eyes scatter throughout both Savers and Goodwill, the primary gender that prevails through each aisle is women in just about every age bracket, and only select men who are generally reaching or have already entered the senior citizen club.

"It gets really busy on Wednesdays, [which are] senior discount days — unlike Tuesdays where we see a lot of business due to it being a college discount. But the seniors are where we make most of our revenue and they're not coming in to buy Halloween costumes," Jones said.

Who could blame them?

Prices at the Savers in Orange, Connecticut of unworn costumes range from \$40 for a new adult "Midnight

Mermaid," \$22 for a children's "Rockin' Witch" and \$9 for a silver sparked black witch cap.

Thrifting is defined as "the quality of using money and other resources carefully and not wastefully," according to Oxford Dictionary, and if there are customers who definitely know how to utilize their resources properly it would be those who have experienced more life — seniors.

From the beginning of solely secondhand shops thriving in England, to an endless lifeline for Christian organizations linking charity and capitalism in forms of thrift such as Goodwill, and the Salvation Army (JSTOR daily, How Thrift Stores Were Born), millennials have modernized this "Macklemore" thrifty world.

Only one evidently young face (aside from workers) in the Savers of Newington stood out in the crowd: a woman of medium stature, smooth brown skin and curly hair slicked back into a seductive business bun — Amanda.

As her cocoa hands quickly swiped each hanger to her left, items failing to catch her eyes, she takes a long glance at a bright fall orange sweater:

"I don't know why, I'm just in here, I'm just picking up stuff to see if I like it or not," she said laughing, trying to find a legitimate reason as to why she is there thirty minutes after the store just opened.

She abruptly stopped swiping, making serious eye contact with her coffee bean colored eyes:

"Actually, I'm just killing time before work, honestly."

Thrifting is more than just finding items for less; it has become a lifestyle, a trend, a time killer — and a real bang for your buck if you want to go on an adventure with just \$20 in your pocket.

Central Recorder on Facebook



Chorale and University Singers Host Annual Fall Showcase



Central's Chorale Singers performing to a packed audience in Founders Hall.

NATALIE DEST | STAFF

BY NATALIE DEST
MANAGING EDITOR

Central Connecticut's Chorale and University Singers hosted their fall showcase in Founders Hall this past Tuesday, Oct. 21, to friends and faculty of the CCSU Music Department for a night of experience.

"We work very hard to perform these songs and it's a way to experience music you may not hear every day, and in person," Chorale member Kira Hartnett said describing the night's repertoire.

Conductor and newest music department faculty member Gaylon Robinson commenced the night with the ensemble's first piece entitled "Hallelujah Amen" by George Frederic Handel. Saying only a few words before their performance, Robinson emphasized that this was a night for music.

"I am not going to talk a lot because you are here for the ensemble," Robinson said to the crowd. "You're here to listen to these songs and hopefully leave with a new admiration for them."

It was after those words that the Chorale singers held their first note of the night. With the accompaniment of pianist Blake Hanson, the ensemble was able to deliver an opening number that would lead to warm and welcoming applause near its end.

Practicing each Tuesday and Thursday from 4:30-5:45 p.m. as a full ensemble, the group utilizes each practice in hopes of improving each song as they move closer towards their performances.

"We run each song and really try to focus on improving our tone and annunciation every time," Hartnett continued.

It was further into the program when the ensemble

performed a song entitled "Non Nobis Domine" by Rosephanye Powell, one of the repertoire's more rhythmic pieces. This song in particular was engaging to the ear and seemed to keep the audience pulled in.

However, what the audience didn't know is that this was one of the more challenging pieces for the ensemble to learn and prep for. "The hardest song was 'Non Nobis Domine' because we had to modulate the piece," Harnett continued. "We had a much higher range for our alto section."

Following "Domine," the Chorale Singers concluded their program with "Beautiful City," a song composed by Robinson's former colleague.

"This piece was composed by colleague and mentor André Thomas who recently retired, so this beautiful song is in tribute to him," Robinson said before performing. This piece was more than a perfect way to conclude the group's performance; an arrangement that was energetic and showcased the group's vocal ranges.

Shortly after the Chorale Singers' last song of the night, Central's University Singers were welcomed onto the stage to perform a lengthy concert themselves. The group holds auditions in order to be involved in the ensemble, practicing songs that are more dynamic than the ones performed by the Chorale Singers.

"Our repertoire is more advanced than Chorale's and is more geared to be sung by a smaller ensemble," Chorale and University member Savannah Moore said. "We usually have a lot of tight harmonies and we all have to have perfect intonation and know our parts very well. We also sing a lot of a cappella music, whereas in chorale we sing repertoire that includes piano accompaniment."

With rehearsals on Mondays, Wednesdays, and Fridays

from 1:40-2:55 p.m., the group believes they are in good hands with Dr. Robinson.

"Being present for even just a few minutes at one of the rehearsals, you can really feel the amount of years of academic training and experience he's had and how University Singers and Chorale is truly in good hands," Chorale and University member Nathan Chapeton said. "Dr. Robinson expects us to do our part of learning the notes quickly and being extremely attentive during rehearsals so the music-making process can begin immediately and as efficient as possible."

The ensemble's program consisted of eight songs that all seemed to weave and follow a similar style in genre.

"Since this is Dr. Robinson's first semester at CCSU, he tried to choose repertoire that would best fit our ensembles. All of the songs also had a connection to church repertoire and praise," Moore continued.

Kicking off their repertoire was a piece entitled "Laudate" by Knut Nystedt, a song that utilized every range in the ensemble and showcased individual talent. It was clear this ended up being a crowd favorite, due to the heavy applause once the singers finished.

"Even When He is Silent," a piece by Norwegian composer Kim André Arneson, was one of the more difficult pieces for the ensemble to learn.

"The most challenging piece of music at the concert for me was definitely 'Even When He is Silent,'" Chapeton continued. "The quality of tone you must have throughout the piece must be of such lightness and blend that requires everyone to be attentive and to truly listen to each other."

The University Singer's ended up concluding their program with what seemed to be a favorite.

"The best song of the night for me was 'Saleso.' That song was very energetic and fun to sing and perform in front of an audience," Moore said. Featuring guest percussionist Eric Stefano, the group gave it's all and delivered one of the programs more energetic and a cappella inspired songs.

"Anyone who truly loves music of all kinds should come listen the choir concert," Chapeton said. "It's a program that we work on throughout the semester that is definitely worth anyone's time, especially since it's free of charge."

Robinson and both the Chorale and University Singers successfully showcased their months of hard work in a program filled of notable performances. In case you missed this performance, both choirs will perform their final showcase of the semester on Dec. 6. at 7:30 p.m. in Founders Hall.

@NAT_DEST

Word Search: October 30

U	N	W	A	T	K	I	N	S	O	N	W	I	G	L
Q	F	A	R	M	E	R	Q	H	D	Q	P	N	H	U
L	L	G	B	R	E	A	C	H	G	M	B	X	R	A
E	J	S	A	G	N	E	S	I	E	D	P	E	E	E
X	M	C	T	A	N	K	S	L	E	Y	I	J	A	F
P	O	H	X	V	T	H	R	I	F	T	O	J	B	M
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P	M	I	N	S	E	C	T	Q	D	C	L	X	O	D
P	W	V	E	R	M	I	L	L	I	O	J	Y	N	R
L	C	W	I	N	C	H	E	S	T	E	R	R	W	F
O	T	M	A	R	S	H	A	L	L	L	Y	N	E	Y

Word List

1. FANDOM
2. THRIFT
3. HALLOWEEN
4. SCHLOCK
5. BREACH
6. FARMER
7. INSECT
8. VERMILLIO
9. BODY
10. TANKSLEY
11. WINCHESTER
12. MARSHALL
13. EISENGA
14. ATKINSON
15. PIOTTO



Volleyball Wins Weekend Games To Get Back Into Top Four

BY RYAN JONES
SPORTS EDITOR

One month ago, Central Connecticut volleyball opened Northeast Conference play in heartbreaking fashion, losing in five sets to Long Island University. Four wins and a month removed, the Blue Devils got their revenge, defeating the Sharks in five.

LIU opened up the match looking primed to repeat the results of the teams' first encounter, handily taking the first set 25-13.

The Blue Devils got right back into the match in the second, keeping things tight the whole way. After missing previous games due to injury, junior Gala Galabova entered the second set and had an immediate impact for the Blue Devils.

"[Gala's] play for sure contributed to us beating LIU," head coach Linda Sagnelli said. "She bothered the outside hitters and played a great game." Early into her day on the court, she blocked a shot to put CCSU up 23-18, a spark that ignited the Blue Devils going forward.

LIU took another close set in the third, but the fourth was no such close contest. The Blue Devils put together one of their best showings on both sides of the ball, using a 17-3 run and forcing a clean .000 hitting percentage to take the fourth 25-8.

"To beat them 25-8 is unusual," Sagnelli said. "You really don't see that score when one good team is playing another, but that was a great momentum shift in the match and beating them 25-8, we were sky high going into the fifth."

The Blue Devils were able to ride that momentum into the fifth, but things still came down to the wire in the final frame.

With victory only a point away from CCSU, LIU went on a 3-0 run to tie things at 14. The two teams battled the rest of the way, but kills from Madelyn Kaprelyan and Samantha McCreath, respectively, won the Blue Devils the match.

"In one of those volleys," Sagnelli said. "We went back and looked at it and it was such a complete team



Central's Ashlyn Eisenga, (above), was named NEC Defensive Player of the Week.

JULIA JADE MORAN | STAFF

rally. Everybody on the floor touched the ball multiple times and they all made great plays on the ball."

Sagnelli said she was proud of her team's performance down the stretch, and thinks this win is a good sign of how the team will play to finish the NEC season.

"We've had so many close losses, a little bit of frustration can creep in so this was a much needed win in that kind of environment," Sagnelli said. "Beating them on the road by two points in the fifth is a dose of medicine that the team needed and now I hope that the team rides this confidence through the rest of the second half of the NEC round robin. That weekend started the second half, so we knew that the [LIU] game was going to be a big game not just for us but them too. We're tied with them in the conference now and two game back from Bryant and Sacred Heart so I think that this is gonna go right down until the end. There's a bunch of good teams and only four can go, so that was a critical win Friday. The team should be proud of themselves, I'm really proud of them."

CCSU was back on the road Saturday to face Fairleigh Dickinson, where things were a little less contentious.

After dropping the first two points, the Blue Devils did not trail in the first.

The second and third were more of the same from CCSU, allowing early runs but quickly gathering to take the sets.

With their two wins this weekend, the Blue Devils are back into a playoff spot with the fourth spot in the NEC. They'll be back in action Friday, taking on Merrimack at home before heading back on the road to face St. Francis Brooklyn Saturday.

"We want to keep working on our defense," Sagnelli said, "because that's what kept us in the volleys. Going to St. Francis Brooklyn is always a real interesting match. You have a very closed in feeling. We have an older team, so the returning players know what it's like there. It's a test in focus and discipline when you're there because its very loud."

@RYANJONES385

Women's Soccer Finishes The Season Unbeaten At Home



Head coach Mick D'Arcy, (left) receives an award for winning his 200th game from Athletic Director Brian Barrio, (right).

JULIA JADE MORAN | STAFF

BY GEORGE ATTWOOD
SOCIAL MEDIA EDITOR

Central Connecticut women's soccer finished their season unbeaten at home, after wins over Robert Morris and Saint Francis University this weekend. The Blue Devils won 5-2 and 1-0 respectively. The game against the Colonials was Mick D'Arcy's 200th win as head coach of the Blue Devils. In the game against Saint Francis, the team honored its seven seniors.

The win over SFU puts the Blue Devils in the number one seed of the Northeast Conference heading into their last matchup of the season. With a win against Sacred Heart, Central would clinch home field for the second year in a row for the Conference Playoffs.

In the game against Robert Morris University, the Blue Devils tallied five goals for the third time this season. Their first goal came just one minute and 17 seconds into the game thanks to Erica Bardes, scoring her second goal of the season.

"The early goal today helped which came from good pressure from the team, I think the defense we have from all over the field, creates the offense for us and the first goal that we scored was symbolic of that," D'Arcy said. "We were able to put them under pressure and forced them to do things we didn't want to do and we've got the players that can score and take advantage of that."

D'Arcy was impressed with the character his team

showed despite conceding the two goals which is something they had not done in NEC play all year.

"You never want to concede, but that's the game, it's going to happen and how you respond to any kind of adversity is important. It was a glitch, they scored but right away we responded and that is a great characteristic for a team to have."

Central always looked dangerous coming forward especially down their right-hand side with winger junior Jenna Rae Covello. Covello got the Blue Devils' second goal of the game when her cross come shot lobbed the goalkeeper.

Freshman forward Giavanna Inzerillo scored her third goal of the year after an in-swinging corner lead to panic in the goalmouth but Inzerillo was able to find the decisive touch. Yo Tachibana scored her second goal of the year and Covello made sure of the win with her fourth goal of the season.

In very British conditions, the eight seniors were walked out by teammates, friends and family members through a downpour of rain. Before the game, the national anthems of Japan and Scotland were played for seniors Tachibana and Carla Jackson, respectively.

D'Arcy praised the seniors and what they've done for the program.

"They've made a huge impact on the program and it's a great run they've been on the last couple of years," D'Arcy said. "There's been a legacy here for a long time,

they've embraced it and I think they've added to it, they've enhanced it. We talk about leaving this place better than you found it and that's what they've tried to do."

The 2019 senior class has a home record of 27-6-4 in their four seasons as Blue Devils.

The weather was certainly a factor in the game and led to a scrappier game with Central unable to play their normal possession style of play.

D'Arcy was impressed with how his side played and got its fifth clean sheet in six games.

"The weather conditions were difficult to play in for both teams, I thought we continued to do what we do well," D'Arcy said. "We stepped up, pressed them didn't allow them any rhythm playing out from the back. That's how we've played all year even in perfect playing conditions."

He was impressed with how creative his side was.

"We could have had 4/5 more goals, I don't think that's an exaggeration and defensively we gave up one shot from outside the box that hit the post and could have crept in but overall, solid."

Central's only goal of the game came off the foot of junior forward, Tess Atkinson. A good play down the left-hand side led to a cross by junior Bardes who found Atkinson, who squeaked it past the goalkeeper.

Unlike previous games in which they have scored three-four goals, the Blue Devils were scored just the one despite having 27 shots, 10 of which were on target. D'Arcy praised the defense, who were able to shut out the opponent for the eighth time this season.

"Today was good, we've had some comfortable games where we've been scoring three, four, five goals, today we had to be a little cautious towards the end of the game and had to close the game out and I thought they did that magnificently today."

The win against SFU guarantees Central a spot in the 2019 NEC Tournament. The final standings will be known after the regular season ends on Sunday, Nov. 3. The women's soccer team plays its final match of the regular season next Sunday, Nov. 3 against in-state conference rival Sacred Heart at noon.

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Donyell Marshall Previews New Look Blue Devils

CONTINUES FROM PAGE 1

said. "It's a team that really cheers for each other and wants to be around each other."

One of the players leading the charge for Central this year is one of the few and key returnees for the team, senior Jamir Coleman. In his first year at CCSU out of junior College South Palms, Coleman quickly asserted a place for himself in the starting five, ranking third on the team with 12.1 points per game and scored a career high 27 against Robert Morris.

The 6' forward is still adjusting to the leadership role this year for the Blue Devils, but Marshall believes there has been plenty of improvement.

"Sometimes it's hard when you don't really have someone to teach you different things like that," Marshall said. "But he's trying, and I think that the younger guys are really trying to follow him."

Marshall added that Coleman is not the only Blue Devil to step up so far this off season.

"We've got some of the younger guys who are really good leaders themselves," Marshall said. "It's actually been a good mixture."

Central's other returning starter, Ian Krishnan will likewise be looking to improve upon an already impressive first season with CCSU.

Krishnan was lethal at the three point line last year, knocking down 71 threes for CCSU (ninth-most in a season for CCSU) at an efficient 34 percent clip. The sophomore guard should play an integral part in this year's offense.

The new faces taking the court for CCSU this year are some that Marshall believes the Central fans will have a lot of fun watching, specifically pointing out Myles Baker, Greg Outlaw and Jamir Reed.

Baker comes to CCSU as one of the best scorers in the competitive hotbed of high school basketball that is Chicago and was ranked among the top 10 prospects in Illinois. At 6-foot-4, he brings some good



CCSU men's basketball will feature more freshman (seven) than returning players (six).

GEORGE ATTWOOD | STAFF

size to the wing position and a variety of skills, averaging 16 points, five assists and five rebounds per game in his senior season at Whitney Young High School.

Outlaw is another 6-foot-4 freshman wing out of Chicago who brings a strong brand of defense to the table.

Like his coach, Reed grew up in the Philadelphia area and was a prolific scorer at Master Charter North, averaging 22 points a night in his senior season.

Of course, these three are still raw prospects for the Blue Devils, only a few months removed from high school ball. Marshall notes that, explaining how, "We're just taking it one day at a time, trying to get them to understand that the classroom is just as important as the court."

However, Marshall has already seen some promise in the young core.

"They're doing really good, they're coming along for sure," Marshall said. "It's a group that really wants to work hard. They want to learn, they want to listen.

Sometimes they have what they were able to get away with in high school; you're bringing together a team where they were all the best player in high school, now you're bringing them together as one. The thing is: they like each other, they want to be around each other, and that's always a good start."

The lone big man listed on CCSU's roster, freshman Ola Olamuyiwa, brings some much needed height to the Blue Devil's front court, clocking in at 6-foot-9. In his coaching career, Marshall has helped developed some impressive big men, including Matt Lopez at Rider. Despite his tall stature, Marshall clarifies that he picks no positional favorites in his coaching style. However Marshall does note some similarities between this year's big men and Lopez.

"For me it's not necessarily just about the bigs," Marshall said. "I played a couple positions myself, so I can help out wherever. A lot of people think that because of my size, it's just about the bigs,

but for me it's mostly about developing all of the players. I was lucky to have a guy like Lopez who wanted to learn and wanted to get better, and the bigs here are the same way. They're in the gym everyday like Lopez was, and they want to get better, so it's always a joy to see that."

After an exhibition game against Coast Guard, the Blue Devils will officially kick off the season Nov. 5, hosting in-state rival Hartford. This will be the fifth year in a row the two teams open up their seasons against one another, with the four year series currently tied at two games a piece. To look even further back on the Blue Devil-Hawk rivalry, Marshall won his first game as CCSU coach against Hartford in 2011.

"It's a big game, it's a rival," Marshall said. "You want to win that first game, it's a good way to start the season. For us it's all about the conference though. It's important for us to continuously get better after that game."

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Week Nine Fantasy Picks

BY THE RECORDER SPORTS STAFF

As injuries (David Johnson, Kerryon Johnson) and Bye Weeks (Michael Thomas, Joe Mixon) rack up, Fantasy Football players are starting to get savvy when it comes to lineup. The Recorder Sports Staff is here to tell you who should or shouldn't be in your lineup this week.

Trevi Alickolli, Assistant Sports Editor

SURE THING: QB Matthew Stafford (DET @ OAK)

As the team is currently standing, they do not have a legitimate running back after the Kerryon Johnson season-ending injury which means that they will have to rely more on their passing game and Stafford. The Lion's receivers have had a good stretch in recent weeks and Stafford more than 24 points in the last two weeks. Expect his performance to stay at a high level against a shaky Oakland defense that allowed 27 points to Deshaun Watson last week.

SLEEPER: RB Phillip Lindsey (DEN vs CLE)

The Denver Broncos have been a struggling football team through eight weeks and they recently just ruled out their starting quarterback, Joe Flacco, for week nine due to a neck injury. That should mean a bigger workload for the running backs but especially Lindsey as he is a threat to both run and catch the ball out of the backfield. He's scored in double digits in six of the eight possible weeks this season and should continue to produce against a struggling Cleveland defense.

BUST: RB Kenyan Drake (ARI vs SF)

Drake just recently got traded to Arizona and is reportedly in line for a big workload against the San Francisco 49ers with David Johnson and Chase Edmonds banged up but he will be facing a top-ranked defense on Thursday Night while still being brand new to the offense. The workload may not equal the production for Drake and fantasy owners should be cautious playing Drake even in a flex spot.

Daniel Fappiano, Editor-in-Chief

SURE THING: QB Josh Allen (BUF vs WSH)

Josh Allen has been a surprising fantasy asset this season, currently ranked as the 12th ranked quarterback in ESPN Standard leagues. Facing a Redskins team that was lucky to get a win against the Dolphins, Allen should bounce back and have a top-five week at QB.

SLEEPER: RB David Montgomery (CHI @ PHI)

Montgomery finally had his breakout last week, running 27 times for 135 yards and a score. The Bears seem more dedicated to running the ball and should be more willing to hand Montgomery the ball. The Eagles do have a tough run defense, but with quarterback Mitch Trubisky still struggling, Montgomery should be the focal point of the offense once more.

BUST: RB Chris Carson (SEA vs TB)

While the Buccaneers have been abysmal this season,

their run defense has shined. Heading into Week Nine, Tampa Bay has allowed just 480 yards on the ground, the least in the NFL. On a team that likes to establish the run, Carson could be running into a brick wall all game.

Ryan Jones, Sports Editor

SURE THING: QB Dak Prescott (DAL v.s NYG)

The NFL's leader in QBR through eight weeks will feast against the Giants this weekend. New York has allowed 386 yards per game, ranking fourth worst in the league. This number has gone down some recently, but with so offensive weapons like Amari Cooper, Michael Gallup and Ezekiel Elliot, it's too easy for Dakota Rayne Prescott.

SLEEPER: RB Jamal Williams (GB v.s LAC)

While Aaron Jones has dazzled as the lead back in Green Bay, Williams has been heavily utilized in goal line scenarios this year, as showcased by his two scores against Kansas City last week. Against a shaky Chargers' defense, expect Williams and the Packers to be firing on all cylinders.

BUST: QB Tom Brady (NE v.s BAL)

Oof. I'm gonna regret this one, won't I? Brady's put together yet another historical year passing while leading the Pats to a perfect record so far. In their last three games, the Ravens have been in the top 10 in yards allowed, touting a star-studded secondary headlined by Earl Thomas and Marcus Peters. The Ravens will play spoilers to the Patriots' would-be Cinderella story season.

4FOR4



Yepes Extends Goal Streak In Men's Soccer Loss

BY ANDREW DECAPUA
STAFF WRITER

Eddie Yepes extended his goal scoring streak to five games as the Central Connecticut State University men's soccer team lost to Long Island University on Friday. The Blue Devils have one more opportunity to win at home before finishing off the season.

Yepes provided the lone goal for the Blue Devils, who conceded three goals to the Sharks.

LIU notched their first score in the 28th minute then two minutes later scored again.

The first goal was scored by LIU defender Stefan Faistenauer. The score came off a well-placed corner from Javier Rehberger that Faistenauer headed in for the goal.

The Sharks' second goal of the first half was scored unassisted by Kyle Parish, who stole the ball at midfield and made a long run to finish with a sliding shot for the score. LIU added a third goal of the game later in the second half. It was scored unassisted by Camarri Johnson in the 74 minute. Johnson dribbled into the box and chipped the ball in for the goal.

The Blue Devil's lone score came off a late game penalty shot after LIU was called for a handball inside the box. Senior captain Yepes took the penalty shot and buried it in the back of the net to extend his impressive goal scoring streak to five games. Yepes remains the team leader in both goals scored and assists with six goals and three assists on the year.

"I am always happy about being able to score and trying to help the team whenever I can," Yepes said. "For me personally, I would trade in the goals to get a couple wins. Hopefully we just keep working hard in the last two games and get a win."

The Blue Devils suffered two injuries in the game against LIU, with both Panos Ravanis and Francesco Ambrosino leaving the match. Ambrosino and Ravanis were the teams two center backs in this match, and losing two key defensive players translated into LIU tallying a total of 13 shots on goal, with eight of them being on goal.



Eddie Yepes, (above) leads the Blue Devils with six goals.

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In comparison, the Blue Devils had half as many scoring chances, with a total of seven shots and four of them coming on goal.

"We were pretty thin in terms of the bench due to injuries," head coach Sean Green said. "Losing Panos Ravanis and losing Francesco during the game, losing our two key center backs does not help us one bit."

The Blue Devils fall to a 0-12-1 record on the season, and a 0-7 record in the conference. CCSU will look to finish strong in their last two matches. They end the

season with one more home game against Merrimack and an away match at Sacred Heart University to end the year.

"The big message I tell my players is look we started this race and we are not going to limp through the finish line," Green said. "Regardless of what position we finish, we are going to be flying through that finish line."

The Blue Devils will look to get a win in their next match when they take on Merrimack at home for senior night Nov. 1, at 6 p.m.

Hockey Falls To RPI After Third Period Collapse

BY RYAN JONES
SPORTS EDITOR

Twenty minutes separated Central Connecticut hockey from its fifth win of the season. A three goal tie was quickly wiped away in those 20 minutes, as Rensselaer Polytechnic Institute handed CCSU its third loss of the season Saturday.

The Blue Devils were on the board quick as Riley Zimmerman scored his first goal of the season just over two minutes in.

A quick goal from RPI evened the game at one, but the opposing goal seemed to light a fire in the CCSU offense. The Blue Devils fired back with two goals of their own, one from freshman Cam O'Connor and sophomore Mason Boyhen. Boyhen's goal was the fourth this season, tying him for second on the team.

Michael Adorno had a strong showing behind the pipes for Central Connecticut and was especially lights-out in

the first. On the night, Adorno compiled athletic save after save, totaling 44 of the 50 shots he faced.

"We came out really strong in the first period. Adorno was out of his mind from the drop of the puck," head coach Mitch Beck said. "He deserved better than what we got on the score."

Going into the second, Beck's message to the team was "not to let up."

The second period was all RPI, however, putting up a quick two on Central to tie the game while holding the Blue Devils scoreless through 20 minutes.

RPI again delivered in the third. A quick goal from the Puckman gave them the lead in the final frame, one they would not relinquish.

The Blue Devils were unable to answer back, conceding two more goals to RPI before the final buzzer rang at Newington Ice Arena.

"The guys just had an off period, it's that simple," Beck said. "The focus and concentration wasn't as good

as we'd like."

Despite what the final score may lead on, Beck emphasized that the blame could not put on the pads of Adorno. Whatever the case, Beck believes Adorno will take the loss off the chin and continue to keep working.

"Goal tenders have to have the mental toughness above and beyond anyone else on the ice," Beck said. "It's the hardest position to play in sports. You've got to just roll with it and go forward."

Going forward, Beck said the teams needs to work on playing a complete game for the remainder of their schedule.

"Guys at this age have got to learn that you've got to play 60 minutes," Beck said. "We didn't and that was the difference."

"With this one behind us," Beck said, "we come in Tuesday ready to work and move forward from there."

The Blue Devils will look to get back into the win column Friday, taking on Westfield State at home.

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CCSU Weekly Sports Schedule

Football

- Saturday, Nov. 2, 12 p.m. @ Wagner

Volleyball

- Friday, Nov. 1, 7 p.m. vs. Merrimack
- Saturday, Nov. 2, 4 p.m. @ Saint Francis Brooklyn

Women's Soccer

- Sunday, Nov. 3 12 p.m. @ Sacred Heart University

- Friday, Nov. 1, 6 p.m. vs. Merrimack

Cross Country

- Saturday, Nov. 2, 11 a.m., NEC Championships

Swimming & Diving

- Friday, Nov. 1- Saturday, Nov.2 vs. Bryant/Wagner





Football has climbed up to #19 in the STATS FCS poll. JULIA JADE MORAN | STAFF



Central football remains undefeated in the NEC at 3-0. JULIA JADE MORAN | STAFF

#19 Football's Defense Shines In Win Over LIU

BY TREVI ALICKOLLI
ASSISTANT SPORTS EDITOR

Central Connecticut football, ranked #19 in the STATS Football Championship Subdivision poll, is currently on a four-game winning streak. The defense has been imperative to their success, allowing only 7.75 points per game during the stretch.

Their most recent performance was perhaps their best as they held Long Island University to 84 total yards offensively and secured their first shutout of the season, winning 28-0.

The 84 yards is the fewest the Blue Devils have given up since allowing 38 yards to Merrimack University in 2007.

Central is now 7-1 on the season with an undefeated record against Northeast Conference opponents (3-0). They are also undefeated against all FCS opponents.

The Blue Devils' defense is ranked second overall at the FCS level behind only Kennesaw State University. They are tenth in points allowed this season and fourth in rushing defense. They rank first in scoring and total defense in the NEC.

They improved to #19 in both the STATS FCS Top-25 and the AFCS Coaches Poll this week.

"Defensively, we played lights out,"

head coach Ryan McCarthy said about his team's effort against LIU. "[The defense] put their feet down and didn't stop from start to finish."

"The whole team has confidence in our defense," junior linebacker Tre Jones said. "We can make stops when we want to."

"Our game plan was good. All week our coaches told us to focus on the offensive line, take advantage of them and the quarterback and I thought we did that pretty well."

Jones led the way defensively, tying his season-high in total tackles with seven, including two for loss. He also registered 1.5 sacks and a forced fumble.

Jones leads the team in sacks this season with seven and is tied for the NEC lead through eight weeks.

"That just comes with preparation all week in practice and film study," Jones said. "I think versatility [is big]. They'll send me coverage, they'll send me on twists and motions and I think I play with the quarterback's mind a little bit and I think that gets to him."

Jones earned Co-Defensive Player of the Week honors in the NEC for the second time this year.

Sophomore linebacker Aidan Rosa also made seven total tackles against LIU, a season-high for him. He added a sack and a

tackle for loss.

Sophomore cornerback Dexter Lawson intercepted his third pass of the season and forced the 12th team interception of the season. The Blue Devils lead the NEC with 18 total forced turnovers.

While the defense was stout from start to finish, it took a little bit for the offense to get into a rhythm.

"Offensively, we struggled and that was partially due to [LIU's] defense," McCarthy said. "They did not stop playing and that's what we saw on tape. They're talented and well-coached."

"[LIU] came out ready to play us, as every team should be but [the offense] got back on track pretty fast so I don't think they lost focus at all," Jones said.

Although it took a while, they did get back on track scoring four total touchdowns, two through the air by quarterback Aaron Winchester and two on the ground by running back Enyce Walker.

Winchester led the way with 270 total yards, 213 passing and 57 rushing. He leads the NEC in total offense with 290.0 yards per game and is ranked 16 overall at the FCS level.

Wide receiver Tyshaun James led the receivers with four catches for 69 yards, but the young pass catchers continue to make

plays for the Blue Devils' offense that is ranked first in terms of scoring and total offense in the NEC.

Sophomore tight end Theo Zidor caught the first touchdown of his collegiate career on a 51-yard bomb from Winchester while freshman receiver Kyren Petteway caught two balls for 45 yards, one was nearly a touchdown.

"[Petteway would] be tough to tackle in a phone booth," McCarthy said. "He's very dynamic. He runs well and he's very quick."

The defense led the way this week for the Blue Devils and scoring 28 points would hardly count as an off-day for any offense, but the bar has been raised this season during this historic run and McCarthy knows that.

"As a coaching staff, we need to put our guys in a better position to win," McCarthy said. "We'll go back to the drawing board and we'll get ready for a stout Wagner defense."

Wagner College is 1-7 this season overall with a 1-2 conference record but should present a challenge due to their talented defense that is ranked fifth in the conference, according to McCarthy.

Central is away this week against the Seahawks, kickoff is scheduled for 12 p.m. as the Blue Devils continue to look to go 1-0 each week.

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Cross Country Hoists Two First Place Finishers



Angie Rafter and Robert Piotto both took home first place finishes at the CCSU Mini Meet.

CCSU ATHLETICS

BY RYAN JONES
SPORTS EDITOR

To preface the ever important Northeast Conference Championships, the Central Connecticut Cross Country team hosted its 17th annual Mini Meet at their home course, which will host the playoff races. Both the men's and women's teams had first place finishes.

The women's side put together a strong showing at Stanley Quarter Park, with Angie Rafter getting another first

place finish in the 3K. The junior's 9:51.5 finish was the second time that Rafter has finished first this season, landing first place at Central's other home meet, the Ted Owen Invitational. Rafter's finish was a personal best in the 3K, surpassing her former mark by more than 20 seconds.

For her performance, Rafter earned NEC athlete of the week. It's the second time Rafter has taken home the weekly award this season. She beat the next best finisher by more than two seconds.

Following Rafter was classmate Megan Brawner, who finished fifth with

a time of 10:09.2. The junior duo has paved the way for the women's team this season. Both names can often be seen in tandem when they've raced together this year.

Like Rafter, sophomore Ashley Dana finished with a personal best in the 3K, crossing the finish line 11th with a time of 10:25.2.

The women's side finished second among the 16 teams running Saturday. CCSU improved on their fourth place finish in last year's Mini Meet.

The men's side likewise had a familiar

face finishing first in their 5K race. Roberto Piotto finished in first place with a 14:51.2 finish. Like Rafter, Piotto's finish was the second time he's come in first this season, with Piotto's coming in the Marist Invitational.

Following behind the senior was freshman Elias Field, who finished 17th with a 15:18.5 finish.

Four places behind Field was classmate Eddie Nicholas, clocking in with a 15:23.2 time good for 21st.

The men's team finished fifth among the field of 13 schools competing on the day. The Blue Devils likewise finished fifth in last year's Mini Meet.

Head coach Eric Blake returned to coaching after doing some running of his own this past week. Blake joined the United States Track and Field Team at the 16th annual NACAC Mountain Running Championship. The men's team finished with a silver medal on the day.

The Blue Devils will be hosting the aforementioned NEC Championship this Saturday at 11 a.m. Last year was the first time in nine years that the men's side had not come in first in the NEC Championship. The women's team is looking to repeat on their NEC Championship win last year.

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