

By CAT MURPHY

Associate News Editor

Quinnipiac University students must complete mandatory active shooter training this semester amid renewed concerns about gun violence on college campuses, per a Feb. 16 email from Tony Reyes, chief of Public Safety.

University officials moved to mandate active shooter training for students following the on-campus shooting at Michigan State University that killed three students and critically injured five others on Feb. 13.

"As we have seen in the news, and just this week at Michigan State University, active shooter events are on the rise nationally," Reyes wrote. "With this in mind, we are taking important steps to enhance preparedness by providing valuable training and resources to our community."

Reyes noted in a statement to the Chronicle on Feb. 20 that the university has provided new students, faculty and staff with "Run, Hide, Fight" training for several years. The training teaches students to run if an active shooter is in their vicinity, hide if evacuation is not feasible and fight only as a last resort.

"The recent increase in active shooter incidents around the country prompted us to create a more individualized training module for our community," Reyes wrote. "We made it mandatory because our community's safety is a priority and we wanted to make sure everyone made it a priority as well."

Students will have 60 days to complete the 15-minute active shooter training course once it is made available. The online train-

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Quinnipiac grad accused of murder, case sparks conversation about postpartum mental health

By KATIE LANGLEY
News Editor

Quinnipiac University graduate Lindsay Clancy, 32, of Duxbury, Massachusetts, is accused of killing her three children by strangulation on Jan. 24 before attempting suicide. While prosecutors are claiming that Clancy planned the murders, her defense argued that she was suffering from postpartum psychosis at the time of the murders, according to her arraignment on Feb. 7.

The case has sparked a conversation on social media apps like TikTok and Instagram, with some users expressing support for those who suffer from postpartum mental health conditions.

Clancy pleaded not guilty to two counts of murder, three counts of strangulation or suffocation and three counts of assault and battery with a dangerous weapon, according to the arraignment recording.

Due to the injuries Clancy sustained during her attempted suicide, she is paralyzed from the waist down and is currently in a Boston hospital awaiting discharge to a recovery facility.

Plymouth District Court Judge John Canavan III ordered during the arraignment that Clancy will remain in medical care rather than being held in jail or released on bail before trial as long as she still requires care.

Her children, Cora, 5, and Dawson, 3, were declared dead on Jan. 24, while 8-month-old Callan died at the hospital days later, Plymouth County, Massachusetts Assistant District Attorney Jennifer Sprague said during the arraignment.

Clancy graduated from Quinnipiac in 2012 with a degree in biology, Associate Vice Presi-

dent for Public Relations John Morgan confirmed. Clancy worked as a labor and delivery nurse in Massachusetts, according to CT Insider.

Clancy's attorney, Kevin Reddington, said that Clancy was suffering from postpartum depression and/or psychosis at the time of the murders and was overmedicated on antidepressant medications after the birth of her son, Callan.

While postpartum depression results in feelings of sadness and hopelessness after the birth of a baby, postpartum psychosis is a more rare condition marked by dramatic mood changes, delusions and sometimes hallucinations, according to GoodRx Health.

"This was not a situation, your honor, that was planned by any means," Reddington said during the arraignment. "This was a situation that was clearly the product of mental illness."

Reddington said that the healthcare system tends to "abandon" women with postpartum psychosis and depression.

"Our society fails miserably with treating women with postpartum depression or even postpartum psychosis," Reddington said during the arraignment. "It's medicate, medicate, medicate. Throw the pills at you, then see how it works"

Some social media users shared posts encouraging awareness around postprtum illnesses.

"The (Lindsay) Clancy case is so devastating," User @heatheranmariee wrote on Twitter on Jan. 28. "Post partum depression was the worst thing I ever experienced in my life. I don't wish it on anyone."

Dr. Carla Schnitzlein, a psychiatrist at Hartford HealthCare, said that postpartum psychosis

involves extreme hormonal changes triggered when some people give birth.

"After the birth of a baby, you have a loss in terms of touch with reality, and you can get hallucinations, delusions, there can be paranoia and behavior changes," Schnitzlein said.

Schnitzlein, who specializes in gender health, said that harm to a child or oneself is rare in cases of postpartum psychosis, but possible in severe cases.

Schnitzlein said that postpartum depression occurs in approximately 10-15% of births, while postpartum psychosis occurs in about 0.002% of births.

"(The percentages are) probably an underreport because there's a lot of stigma associated with mental health and seeking healthcare for it, but especially on new moms who are expected to be Instagram perfect as soon as the baby's born, and there's a fear of society judging them as maybe a weak mother," Schnitzlein said.

Clancy had not previously been diagnosed or treated for postpartum psychosis, according to the prosecution. However, she was on multiple medications treating mental health and was previously hospitalized for mental health concerns. Clancy expressed suicidal and violent ideations towards her children in the past, Sprague said during the arraignment.

Schnitzlein, who could not comment on Clancy's case specifically, said suspected post-partum psychosis should always be treated as a psychiatric emergency. Patients are generally evaluated, and cases of postpartum psychosis tend to be treated inpatient with a combination of medication and therapy, Schnitzlein said.

Risk factors that may increase someone's chance of suffering from postpartum depression or psychosis are trauma such as domestic violence, poor neonatal outcomes and chronic sleep disturbances, according to Schnitzlein.

"There's always a chance that (postpartum mental illness) can happen to anyone regardless of their risk factors," Schnitzlein said.

The prosecution expressed a distinctly different view of Clancy's case during the arraignment, alleging that Clancy was well aware of what she was doing and planned for her husband, Patrick Clancy, to be out of the house in order to kill the children.

"One of the first questions Lindsay Clancy asked was, 'Do I need an attorney?," Sprague said. "She knew that she had murdered her children, and she had the clarity, focus and mental acumen to focus on protecting her own rights and interests."

In a letter posted to a GoFundMe donation drive page supporting the Clancy family's legal, medical and funeral expenses on Jan. 28, Patrick Clancy asked the public to forgive his wife.

"The real Lindsay was generously loving and caring towards everyone—me, our kids, family, friends, and her patients," Patrick Clancy wrote. "The very fibers of her soul are loving. All I wish for her now is that she can somehow find peace."

Patrick Clancy wrote that the pain of losing his three children is "excruciating and relentless"

Schnitzlein said that anyone who is struggling after the birth of a child should seek medical help and can call the maternal health hotline at 1-833-HELP4MOMS.

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QU Culture, WGS program spotlight abortion intersectionality

By CAT MURPHY and SAMANTHA NUNEZ

Amid renewed conversations about the right to bodily autonomy in the aftermath of the overturning of Roe v. Wade, Quinnipiac University students and faculty members led a collaborative symposium on abortion intersectionality on

The U.S. Supreme Court's June 2022 ruling in Dobbs v. Jackson Women's Health Organization inspired QU Culture leaders Helen Tran and Satine Berntsen to organize the symposium to educate community members on the intersectional ramifications of the decision.

"We were so angry, and we wanted to do something," said Berntsen, vice president of the student organization and a junior philosophy and film, television and media arts double major. "And we know that in the academic space it's really easy to just fall into academic language and start separating academics and theory from reality."

Hosted jointly by QU Culture and the Women's and Gender Studies department, the symposium featured a series of presentations and interactive discussions about intersectionality as it pertains to reproductive healthcare in the post-

"I think that part of what has enabled the overturning of Roe vs. Wade is the unwillingness of people to speak about abortion," said Kim O'Neill, associate professor of English and director of the Women's and Gender Studies program. "My hope is that by talking about it as necessary medical care and by talking about intersectionally ... we can work toward a more just future."

Notably, a Public Safety officer patrolled the symposium. O'Neill told the Chronicle that the officer was there at her request to help deescalate the situation "if someone came to disrupt the event."

"This is an academic event, and I didn't expect there to be anti-abortion protests," O'Neill said. "But we are living in a climate ... in which people commit mass shootings on college campuses."

Sujata Gadkar-Wilcox, associate professor of legal studies and chair of justice and law, opened the two-hour presentation portion of the symposium with an introductory discussion about

"This is an academic event, and I didn't expect there to be anti-abortion protests," O'Neill said. "But we are living in a climate ... in which people commit mass shootings on college campuses."

- Kim O'Neill

ASSOCIATE PROFESSOR OF ENGLISH AND DIRECTOR OF THE WOMEN'S AND GENDER STUDIES PROGRAM

the right to privacy and the implications of the Dobbs v. Jackson ruling.

Undergraduate students Qadira Shaw, Alyssa Arends, Erin Mullane and Genesis Paulino and third-year law student Meghan Doyle each gave presentations on various aspects of abortion intersectionality.

"There's a lot to talk about here with the biases of sameness," said Arends, a junior political science major, as part of a presentation about finding strength in difference. "We often look to what makes us similar in terms of solidarity instead of what makes us different."

Mullane, a senior history major, read a poem titled "The Body Politic Poem."

"Performing life in a female-presenting body is a precarious thing," Mullane said. "To leave the house in the morning constricted by caution tape, hoping it binds your breasts close enough to your chest that the men on the street keep their mouths shut today."

Faculty members Ari Perez, associate professor of civil engineering; Laura Willis, associate professor of health and strategic communication; and Jaime Ullinger, director of anthropology, also gave presentations on human rights, communicating about abortion and the anthropology of abortion, respectively.

O'Neill also briefly discussed abortion access in Connecticut, a state in which abortion is generally only legal at or after the point of fetal viability if it is considered medically necessary.

"We often assume that abortions are still easily accessible here in this blue state, and, to Professor Gadkar-Wilcox's point earlier, I would say not exactly," O'Neill said. "In Connecticut, this legal standard creates complications that prolong the waiting period and endanger the health of people with non viable or medically dangerous pregnancies."

Attendees also had the opportunity to participate in a small group discussion following the presentations.

"Although I've done work like this for decades, I continually realize there's some things I didn't think about," said William Jellison, professor of psychology and women's and gender studies, during the group discussion.

Shannon Corbo, junior sociology major, emphasized the importance of intersectional education.

"For me, I think it's kind of a moral right to learn more about this type of thing," Corbo said. "I know a lot about abortion rights and reproductive rights, but I still think it's important to show up and show my support."

Ari Hyman, a senior political science major and a group discussion leader, told the Chronicle she believed discussions about abortion intersectionality have become particularly relevant in the post-Roe era.

"If one person has this problem, no matter where they are in the country, it is your problem," Hyman said.

TRAINING from cover

ing is designed to provide students with actionable strategies to employ "in case we ever have an active shooter situation," Reyes wrote in the Feb. 16 email.

"Active shooter incidents are unpredictable and evolve quickly," Reyes wrote. "Being prepared for what might happen is the best defense against any such incident."

Although the training course has not yet been released to students as of Feb. 21, Reyes told the Chronicle that the training will provide students with situational awareness strategies and will "explain how to leverage these strategies during an active shooter situation."

However, some students expressed frustration with the way Reyes announced the new training. The email notification students received led with the subject line "Active Shooter Training."

"I think they should have put the word training first because we just saw the email that said active shooter," said Julia Cabral, a first-year political science major. "Everyone in my class freaked out."

Other students took to social media to voice their annoyance with the email.

"Today I received an email from my school saying ACTIVE SHOOTER TRAIN-ING," user @Sashazk2112 wrote in a Twitter post approximately an hour after Reyes notified students about the training. "Why in hell would you put the words active shooter in a subject of an email with no warning."

Several students reacted to the email notification on Yik Yak, an anonymous social media platform that enables users to view posts within a five-mile radius of their

"The way my heart almost stopped when I saw the email that said 'active shooter training," one user wrote on Feb. 16. "Put training first don't mess with me like that."

The Yik Yak post, which received more than a dozen upvotes on the platform, was one of several popular posts about the subject line of Reyes' email.

"I'm crying right now," the anonymous user wrote. "It's not funny that they started with active shooter in the email."

Reyes told the Chronicle that "there was never an intent to cause alarm."

"I think the frustration over a title in an email demonstrates the impact of these incidents on our community," Reyes wrote. "I believe this reaction is indicative that more training and more services are needed, as there are members of our community that are on edge and fearful."

According to Reyes' Feb. 16 email, the Department of Public Safety will also host a forum this semester "address any questions and concerns from our community."

"What I've learned from more than two decades in policing, is that the greatest indicator of a community's safety is not crime stats but rather how safe the community feels," Reyes told the Chronicle. "We will engage with our community to determine how to best address the safety concerns on campus in light of the recent events."

Reyes also wrote that the university will conduct "functional scenarios" this semester "to test our systems and improve our overall response to critical incidents."

Jack Weitsen, a junior political science and law in society double major, said he believed active shooter training is necessary amid renewed concerns about gun violence on college campuses but pointed out that this fact alone is cause for alarm.

"I think it's sad in this day and age that we even have to do this," Weitsen said. "Something else has to happen for Quinnipiac to want to actually do something about it."

Sustainability, budget cuts and diversity discussions dominate SGA State of the QUnion

By CAT MURPHY and JACKLYN PELLEGRINO

The Quinnipiac University Student Government Association hosted its annual State of the OUnion event on Feb. 15 to enable students to engage directly with university administrators.

President Judy Olian, Provost Debra Liebowitz, Chief Experience Officer Tom Ellett and Vice President for Equity, Inclusion and Leadership Development Don Sawyer III answered more than a dozen questions from students about several prominent campus issues.

Here are the key topics they discussed:

South Quad sustainability

The demolition of the Pine Grove forest between the Carl Hansen Student Center and the College of Arts and Sciences buildings has raised concerns among some students about the university's prioritization of sustainability amid ongoing South Quad construction.

The first question, submitted via email prior to the event, asked Olian to detail the specifics of the university's compensatory tree-planting initiative.

"In terms of what we're doing to replace the trees, there is indeed going to be a one-to-one replacement on the Mount Carmel Campus of the trees," Olian said.

Bethany Zemba, vice president for strategy and community relations and Olian's chief of staff, added that the university had undertaken several other biodiversity and long-term sustainability initiatives related to the Pine Grove.

"We have been thinking a lot about sustainability on campus," Zemba said. "So, we do have a comprehensive strategic plan that is very focused on implementation related to sustainability."

Student organization funding

Multiple students voiced frustration with the budget cuts affecting student organization funding during portions of the events.

SGA granted just 51.68% of all spring 2023 student organization funding requests, per a copy of the budget obtained by the Chronicle. Although the organization allocated approximately \$281,000 in funding to student organizations, more than \$270,000 of requests went unfunded

due to budget cuts.

Student organization funding has been a consistent point of contention for several years, and SGA previously created a new student organization finance committee in April 2022 after multiple organizations voiced dissatisfaction with significant budget cuts.

"A lot of areas were cut during the pandemic in academic and non-academic things," Ellett said in response to a pre-submitted question about program funding. "I certainly will advocate and work with the management committee to look at where we can potentially find some funding."

Paul Cappuzzo, a senior political science and economics double major and president of the Quinnipiac Democrats, raised the issue again during the live question portion of the event.

"I, and I imagine many other student organizations, find the response from Tom, the chief experience officer, about the lack of student work funding to be unsatisfactory," Cappuzzo said. "Why is administration not taking individual responsibility for the lack of student funding available?"

Abdullah Farid, a senior biology major and president of the Muslim Student Association, also said MSA experienced difficulties buying halal food due to underfunding.

Ellett said that he was "certainly open to hearing the conversation," about funding but pointed to low enrollment figures as a driving factor behind budget cuts.

"We do have 1,400 less students today than we did when the funding was different, and so that has been spread across the whole institution, not just the student orgs," Ellett said.

Cappuzzo told the Chronicle he believed Ellett's response was "the kind of response that they give year after year."

"We need the administration to be able to notice that students are upset," Cappuzzo said. "Student organizations aren't receiving the proper funding that they should be."

Chief Financial Officer Mark Varholak was notably absent from the panel. Although the CFO has attended past State of the QUnion events, an SGA member told the Chronicle on the condition of anonymity that Varholak declined multiple requests to attend or send a representative from his office.

John Morgan, associate vice president for public relations, declined to respond to the anonymous comment. However, Morgan wrote in an email statement to the Chronicle that Varholak was unable to attend due to a scheduling conflict.

Diversity and inclusion

Sawyer and Ellett fielded several inquiries about diversity, equity and inclusion on campus, including questions about underrepresentation, accessibility and Indigeneity.

Deja Banner, a senior behavioral neuroscience major and president of the Black Student Union, asked the panel about the lack of automatic door openers in residence halls and laun-

"We work with the Office of Student Accessibility for all placements of rooms, so I'm not aware of students who are having inaccessible living environments," Ellett responded.

Although Sal Filardi, vice president for facilities and capital planning, has answered similar questions about campus facilities at previous State of the QUnion events, he was also absent

from the panel.

Morgan told the Chronicle that Filardi could not attend because he was on vacation.

Amada Arroyo, vice president of the Indigenous Student Union and a member of the Higuayagua Taíno Tribe, pointed out that a portion of the university's prospective student handbook states that "Quinnipiac was named for the early Indian settlers who made homes in and around the New Haven harbor area."

"The term Indian is a derogatory word," said Arroyo, a sophomore 3+1 cell and molecular biology and biochemistry double major. "What do you think your responsibility is towards Indigenous students and Indigenous culture, and making sure to not perpetuate harmful colonial narratives at a school named Quinnipiac?"

Sawyer said he was not aware of the offensive language in the handbook but acknowledged that the Indigenous origin of Quinnipiac's name presents the institution with a unique responsibility to "respect and honor" the native tribe that inhabited the lands.

"It's one thing to be on (Indigenous) land; it's another thing to take on the name of people," Sawyer said. "I think that it gives us more responsibility."



Chief Experience Officer Tom Ellett and other Quinnipiac administrators answered more than a dozen questions from students at the State of the QUnion on Feb. 15.

Distraction-free workspace available for students doing remote or hybrid internships

By JACKLYN PELLEGRINO

Copy Editor

Imagine trying to work remotely in a dorm room with multiple roommates, the TV blasting and endless distractions. This is a reality for many college students.

To help eliminate these distractions, Quinnipiac University administrators dedicated a space in Room 212 of the Center for Communications and Engineering to business and communications students with remote or hybrid interships.

Students can sign up using an online application for whatever days and times that they need a space to work. The space will give students an opportunity to work in a professional environment alongside other students and it is equipped with desks, chairs, whiteboards and office supplies.

The room opened to students last semester. In the fall, eight students applied to use the space and this semester five students are signed up.

Lila Carney, director of career development for the School of Communications, said one of the biggest challenges she heard from students when doing an internship was time management. She said that students mentioned to her that if they had a space to go it would be a little bit easier.

"This gives students a place to go where they can do the work, sit down at a desk, stay focused, it's quiet, it's a professional environment," Car-

Carney said she hopes the space opens students up to networking opportunities and gives them a chance to work alongside people in different fields than them. She said there are some policies in place such as muting yourself on Zoom, using headphones and cleaning up after yourself.

"If you think about WeWork, any other kind of co-working space, you're working amongst people that are doing all sorts of different things, you have to deal with the noise factor, you have to deal with being considerate of your neighbors," Carney said.

Carney said the application process is now closed but she will still consider a student who needs a space to work.

Cameron Davignon, a graduate business administration student, works at Monte Financial Group in Guilford and will be using the remote internship space this semester. He said due to his class schedule, working remotely two days per week will be easier than going back to the office.

"The space is helpful. I don't have to use a study room that someone else would most likely

want to use for actual studying and academic purposes," Davignon said.

Davignon said that he hopes more students can benefit from the remote space.

"This allows us to have a space on campus, not having to go back to our workplace or be anywhere far and maybe meet some new people, see what's going on and see what type of internships or maybe jobs people are doing," Davi-

Alessia Scaturchio, a senior public relations major, is doing a remote social media internship and will be using the remote internship space this semester because she doesn't have a space where she can be productive.

"I get distracted easily, so I thought the new workspace would be a great opportunity for me to designate some time out of my week and go there and actually like focus on my internship, get done what I need to get done, but also be in a room with like- minded people who are also doing remote internships as well," Scaturchio said.

Carney said she hopes students will take advantage of working in other ways that they are likely going to have to work in when they graduate.

"I personally believe remote and hybrid work is here to stay," Carney said. "We need to be able to be agile and productive at the same time and the best way of doing that is by practicing it."



ILLUSTRATION BY SHAVONNE CHIN

Opinion

Barking up the wrong tree

The removal of Pine Grove is destroying campus environment

By CASEY WIEDERHOLD

Associate Photography Editor

"I am the Lorax. I speak for the trees. I speak for the trees for the trees have no tongues."

I'm sure many people remember this famous quote from Dr. Seuss' "The Lorax." I know that most students on Quinnipiac University's campus walked to the College of Arts and Sciences and saw the South Quad construction at some point. Now when I look at our campus, some of the beauty is missing.

Quinnipiac University started consstruction on the South Quad over winter break. I came back to campus to see the trees of the Pine Grove forest were all still there, knowing that they were eventually going to be cut down. The transition from having all of these trees to not having any went by slowly, which was very frustrating because I enjoyed seeing the trees on my daily walk to CAS.

When I was looking into choosing colleges, the two largest factors for me were the program for my major and the look of the campus. I knew from the start that I did not want to go somewhere with too much of a city feel. When I stepped foot onto QU's campus, it felt as though I was stepping into my backyard at home with all of the trees being there.

With the construction continuing through the next two years of my time here, I want to see a change come from the uni-

versity. The Recreation and Wellness Center ended up looking very nice and operates well, with new plants inside and out. I hope to see the same efforts put in while working on the South Quad project.

There are so many impacts that are going to come with this construction. For one thing, there's more air pollution, which is damaging in itself. Second, the homes of the organisms that live in the trees, like birds, are going to be destroyed. Third, the aesthetic of the school will be ruined.

I remember walking through the pathway between CAS and Tator Hall, taking pictures of the scenery as I made my way to class. My camera roll from August to November 2022 is filled with photographs of everything that I saw, whether I was going to class as the sun set or it was a gorgeous sunny day. Now, when I want to take photographs, all I see is the machinery being used to create the basis of the new residence hall and school buildings that will take the place of the Pine Grove.

Expanding our campus is certainly a great idea as it allows for more prospective students to join our community, but I can't help but feel upset that the school is losing its natural beauty. The school is located right across from the Sleeping Giant State Park hiking trails, but if I take the trail that overlooks Quinnipiac, you could see trees stretched out for miles. If I was to stand on that overlook



CYTON MCKENZIE/CHRONICLE

A December 2022 Hamden Quinnipiac News Network article stated that the South Quad construction would require the removal of 257 trees from Pine Grove.

now, all I would see is construction.

The university is coming up with project after project to continue to improve the school and it is cool, however, I don't quite understand the excitement of expanding the campus. There are so many benefits to it, but at what cost?

Students are inconvenienced with a new route, students in the Commons Residence Hall have to deal with the noise at 7 a.m. when they could have classes that begin at later times and there has been nothing that really addresses what is going to happen with all of the wood that was chopped down. Disposing of all of that wood in a wasteful way would be a disappointing

move on Quinnipiac's part.

I'm not going to label myself as a "tree-hugger" for writing this article, I prefer the term "nature girl". I know that I am unable to stop the trees from being cut down, the South Quad project is going to make sure of that. All I want is to have my environment be healthy and let the animals that live here go about their lives.

Quinnipiac should be compensating the cut down trees with real ones, or at least new ones near the South Quad. So as I end this article, I leave with another quote from the Lorax, "Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."

Don't fall for a situationship

By KRYSTAL MILLER

Associate News Editor

As someone who needs emotional connection, a situationship is a nightmare. It may seem like a good idea when you are showered in affection and interest, but the feeling eventually fades when you're stuck in a situation with someone who is refusing to commit to you, but wants all the other benefits.

A situationship is "a romantic relationship that's undefined or uncommitted," according to Healthline. It often leads to one person wanting more of a defined relationship than the other, but neither will cut ties because of what they've built with each other. It goes on for an extended period of time – for months or even years. Situationships may progress into committed relationships, but other times they stay stagnant.

Situationships aren't worth the time and hurt feelings, which is why I encourage anyone in one to put themselves first. The energy and effort you are giving to that person is never going to be reciprocated the way you want it to be.

A lot of people can relate to the struggles of dealing with a situationship, especially over social media.

The hashtag, #Situationship currently has 2.2 billion views on the social media app TikTok. Many creators on the platform express the frustration of being stuck in a situation where they aren't sure what the other person really wants or why they continue developing a relationship with them.

After spending a lot of time getting to know a person and falling for them, it is hard to simply move on, especially if they are telling you things such as how much they like you or have feelings for you. Popular singers on TikTok, such as Lillian Hepler and Sara Kays, have created songs based on situationships, bringing the topic to light through music.

A situationship can lead to one person promising things to the other, but not following through. Examples of these promises are taking them out to dinner, hanging out with them, watching a movie or even calling them. There can be a lack of communication, whether they don't understand what you want or if they are unwilling to compromise.

You also can't call them out for being with other people romantically, even if you are upset about it. Even if you want to explain how much it bothers you, they say something along the lines of: "We're not dating." There are no clear lines or boundaries of the relationship.

It can quickly get confusing when you are spending lots of time together, texting all the time and even meeting each other's friends and family. You feel like you know a lot about this person and care a lot about them, but there is still uncertainty about the future.

With dating apps such as Tinder or Bumble, it is easy to swipe through the options of thousands of potential dates or hookups. In Tinder's "Year in Swipe" for 2022, the company saw a 49% increase of the word "situationship" in members' bios. Dating apps can also make it extremely hard to know whether your situationship means exclusively talking to each other or flirting with other people. The person may not even

want to admit the reality of what they are doing behind the scenes.

It also makes it difficult for you to meet someone else because you are deeply attached to this person. Even when you get along with a new person, in the back of your mind you're still thinking about your situationship and comparing the two. You have to watch your friends get flowers, go on dates and post their significant others on social media while you sit back and scroll.

Having a situationship with someone who is not dependable can impact your self-worth and have you question why you aren't good enough for this person. Indiatimes, a news and media website states, "A person who starts getting more attached to a situationship might also struggle with a decrease in self-esteem or a sense of loneliness due to the potential lack of emotional attachment."

It is stressful not knowing if you can fully trust this person or expect them to stay in your life for a long period of time. It has nothing to do with you – it is an issue the other person needs to work through and overcome for themselves. However, that person should be transparent with you about what they want from your relationship.

If you want someone to be exclusively with you and dedicate their time to you, wait for that person to come along rather than trying to seek validation in other places. You can't force the other person to be with you no matter how well you click or how much you enjoy spending time with them.

Focus on you and what you want to have in a relationship and find someone who matches that.

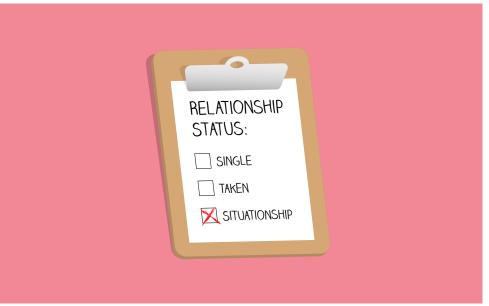


ILLUSTRATION BY PEYTON MCKENZIE

Opinion

How the streaming era is ruining the quality of music

By MICHAEL PETITTO

Over the past decade, a new trend has been growing among upcoming and established artists in order to compete in the evergrowing music industry. In order to top the charts and gain more streams, artists have begun including more songs on their albums.

While this means that fans get more music, it also means that the quality of music is being outweighed by the quantity. Instead of getting a high quality album with 15 tracks, it's more common in the present day to see a bloated album with 25 songs and a significant decrease in quality.

Take Lil Baby's 2022 album "It's Only Me," for example. The project had massive hype around it, with features from many popular artists in the trap music scene and a lot of buzz from online communities waiting for what the Atlanta rapper had in store. However, what listeners got instead was a repetitive, dull, 23 track-long mess of mediocrity that caused all the excitement around the album to die down just a few weeks after

Since there were 23 tracks and the album had those industry friendly features, "It's Only Me" sold 216,000 copies in the first week. Despite this, the album itself has been seemingly out of many listener's rotations for months as the chatter around the project has essentially vanished.

Sales and streams are two things that drive many artists to bloat their albums with filler. It's an artist's worst nightmare to see that your album sold 15,000 units in the first week and is considered a flop, despite the quality of the project itself.

A real life example of this occurring is the botched release of Lil Wayne's "Tha Carter V." The album was originally supposed to come out sometime in early 2015, but the project went through multiple variations. People in Wayne's circle told him to add more songs to increase streams, so the album didn't see the light of day until 2018.

On top of that, Wayne released the

deluxe version in 2020 with a whopping 33 tracks featured on the project with a run time of around two hours.

It seems that over the past few years it has become increasingly harder to find albums from established artists that have less than 16 tracks. When comparing albums of some of the biggest artists in the world, it's clear that the modern-day streaming era has had an effect on the quantity of music being released. Take SZA for example; her critically acclaimed 2017 album "Ctrl" only features 14 tracks with a runtime of 49 minutes. Fast forward to her next album release in 2022, and her project "SOS" features 23 tracks with a runtime of one hour and eight minutes.

The landscape of modern music is dominated by singles, which are geared toward garnering more streams and chatter for the eventual release of an album. The release of catchy singles and long track lists can be traced to how artists actually get paid from streams. According to LA music promotion company Planetary Group, in order for an artist to be paid royalties for a song, a listener must get through at least 30 seconds.

This means that artists have to keep this in mind when constructing their music, which has led to more hooks, provocative lyrics and features being included in the first 30 seconds to keep the listener from clicking off to the next song.

The streaming era has also affected the overall album listening experience as well. According to a 2019 survey conducted by the streaming service Deezer with 2,000 participants, just 15% of music fans under 25 have never listened to an album. The album experience itself has been ruined by the streaming era as people have become more selective with what they listen to and how long they listen for.

Although streaming music has become an easier and cheaper option for people to listen to their favorite artists and genres, it's also resulted in the diminished quality and ushered in a new era of song creation and advertising.



Stop debating GOATs and respect their legacies

By CONNOR YOUNGBERG

Associate Design Editor

Los Angeles Lakers forward LeBron James surpassed Kareem Abdul-Jabbar for the NBA career scoring record on Feb. 7 against the Oklahoma City Thunder. James set a record we may never see broken again, yet many fans spent the night arguing, rather than appreciating greatness.

Debating is a key component of sports culture. Whether it's talk shows, social media or just chatting with friends, debates dominate sports conversations. However, in situations like James breaking the scoring record, fans should be giving him flowers above everything.

The Greatest of All Time debate itself is a conversation worth having. Michael Jordan was undeniably the greatest player of alltime when he retired, earning five Most Valuable Player trophies and leading the Chicago Bulls to six championships along the way. On the other hand, James has earned four MVP awards and won four NBA championships. While debating these all-time greats is understandable, the conversation has often become extremely watered down.

When James broke the scoring record, every fan took to social media to share their reactions. While some people celebrated the enormous accolade, most fans began sparking arguments about who is the GOAT.

The NBA Twitter timeline was an absolute war when James broke the record in early February, with many declaring that James is now the undisputed greatest player of all-time. This led to the other side of NBA Twitter coming to Jordan's defense, fighting back against the claim that he is second fiddle to James.

All of this Twitter discourse was incredibly lame. We witnessed history that we're all going to tell our grandkids about one day, yet a majority of people are on social media citing stats and accolades as to why one is better than the other. Can we stop arguing with random people on the internet for just one second and instead appreciate greatness?

This is not just a one-time thing. Every time one player gets mentioned, the other gets brought up. After NBA on ESPN tweeted an image of Jordan with the caption "The (GOAT) turns 60 today," the comments were a bloodbath between Jordan fans and James fans. Can we not give this debate a rest even for the man's birthday?

I think the NBA fandom has to come to the conclusion that both players are valid choices. Jordan was purely dominant throughout his career and James has shown he's a generational athlete with no signs of stopping. Both are legendary, but they're not the only legends either.

Abdul-Jabbar, Kobe Bryant, Magic Johnson and Bill Russell are just a few alltime greats that find themselves atop lists of the greatest players of all-time. However, because they aren't Jordan or James, they very rarely find themselves in GOAT conversations, which is a good thing.

Those players are hall-of-famers and are remembered as such. People can have conversations about them without comparing them to other NBA legends, and that's how it should be for Jordan and James, as well. Their greatness should be individually admired without sparking disputes between fans all of the time.

While it's easy to see why fans debate

the topic, it's difficult to see why it's so prominent or why fans go to the lengths that they do to argue this subject. While debating is a key part of sports, it shouldn't blind fans from appreciating greatness altogether.

Many people who believe Jordan is the GOAT refuse to give James his credit and many people who think James is the GOAT refuse to acknowledge the impact Jordan left on the game. Why can't all basketball fans recognize that both players are some of the best athletes to ever grace this planet?

Although not directly related to basketball, the outro to rapper J. Cole's song "Fire Squad" contains a story about people debating who owns the rap crown. In the song, people are debating who the crown belongs

to, while Cole sneaks in, snatches the crown and destroys it, seemingly putting an end to all discussions of who the greatest rapper is, saying "ain't gonna be no more kings."

The story written by Cole here is extremely similar to the GOAT discussion in basketball. So many fans spend so much time arguing with each other about who the greatest is, that they miss out on the opportunity to enjoy their greatness before it's over.

The debate between the two legends has become increasingly lame as the years go by, and it's a shame that fans cannot simply learn to enjoy greatness as they see it. As Cole once put it, "they act like two legends cannot coexist."



ILLUSTRATION BY CONNOR YOUNGBERG

Arts & Life

Ant-Man, the Wasp & the flop

By NEHA SEENARINE

Arts & Life Editor

Marvel Studios is worth an estimated value of \$53 billion, according to Popverse, and it still puts on garbage production.

"Ant-Man and the Wasp: Quantumania" was released in theaters on Feb. 17. In Phase 5 of the Marvel Cinematic Universe, this film was supposed to feel familiar to audiences with Paul Rudd gracing the screen as Scott Lang, but it instead felt like a "Star Wars" parody. After all, Disney owns everything.

Before walking into the movie theater, I feared for Scott Lang's life. The trailer depicted him with a bloody face as Elton John's "Goodbye Yellow Brick Road" played over it. I thought I was in for a gory, dark Marvel movie, but it was the complete opposite.

As a huge fan of Rudd, he is not to blame. The film follows Lang's retirement era after saving the world from Thanos. However, his daughter, Cassie Lang (Kathryn Newton), wants to do more for the world. She experiments by sending signals to the quantum realm, a dimension that can be entered from Earth by compressing a human's mass to a certain point. The signal she sent was corrupted and sent Scott Lang, Cassie Lang, Hope Van Dyne (Evangeline Lilly), Janet Van Dyne (Michelle Pfeiffer) and Hank Pym (Michael Douglas) down to the realm.

In "Ant-Man and the Wasp", released in 2018, the plot revealed Janet Van Dyne spent over 30 years trapped in the quantum realm. She is the navigator of the group. She knows the ins and outs of the dimension – but kept her secrets away from her family, including an affair and meeting Kang the Conqueror (Jonathan Majors).

The first half of "Ant-Man and the Wasp: Quantumania" felt like a fever dream. It is just like the "Fast & Furious" franchise – it harps on the theme of family and gets more ridiculous as the scenes progress. Ant-Man is seen as the comic-relief superhero of the MCU, however, trying to count all seven holes Scott Lang had in his body left me puzzled in the movie theater.

The film did not mean anything to me until Kang the Conqueror entered the picture. He is the next MCU villain that all Avengers should be afraid of — he is big and he can kick some butt. Kang's main mission is to rule multiple universes in different timelines.

Kang uses Scott Lang's biggest weakness to his advantage – the thought of losing his daughter. As good of a father as Scott Lang is, Newton's portrayal of Cassie Lang did nothing for me. Marvel Studios originally cast Emma Fuhrmann in "Avengers Endgame" as Cassie Lang. Although Fuhrmann had 20 seconds of screen time, audiences were able to feel the connection between her and Rudd. However, Newton did not fit the role of being Ant-Man's favorite sidekick.

"Ant-Man and the Wasp: Quantumania" is a rollercoaster of ups and downs. Regarding the future of MCU movies, this

film does not set up much of what's to come unless you stick around for the end credit scenes. Also, as a huge fan of the superhero, this is not a movie I'd go back to watch willingly because the plot doesn't do much for me. It's fun for a family movie night, but there is nothing more memorable than Scott Lang getting charged \$12 for a coffee.



ILLUSTRATION BY CONNOR YOUNGBERG

Channing Tatum gives a stellar final performance in 'Magic Mike's Last Dance'

By DAVID MATOS

Mike Lane is drawn to the stage in the same way that I'm drawn to any scenario in which I get to see Channing Tatum shirtless – there's no separating us.

Tatum returns for one last performance as Lane, the Florida stripper, in the third film of the "Magic Mike" series, "Magic Mike's Last Dance," which premiered in theaters on Feb. 10. Though many might disagree, "Magic Mike's Last Dance" is the best of the trilogy. It is the most entertaining and its plot is the strongest of the three.

Nearly eight years after Lane hung up his thong and unraveled the last of his crumpled paper bills, he finds himself bartending at catered events in Miami after losing his furniture business during the COVID-19 pandemic. Even fictional ex-strippers have suffered the consequences of the pandemic, go figure.

However, not all hope was lost for Lane when the wealthy socialite, Max, played by the stunning Salma Hayek, essentially plays fairy godmother and comes to Lane's rescue at one of her charity events.

Max offers Lane an irrefusable \$6,000 to perform a private striptease for old times' sake. Lane puts on a mind-blowing performance proving that Tatum, even at 42 years old, hasn't lost the magic that won over the hearts, and other body parts, of fans

of the film franchise.

Impressed by his skills, Max invites him to her place in London to rewrite and choreograph the outdated stage production of "Isabel Ascendant," no cover letter required.

Hayek was a phenomenal addition to the "Magic Mike" franchise as Lane's newest love interest. My problem with the first two films, "Magic Mike" and "Magic Mike XXL," was the lack of depth and character from Lane's love interests. Both were hardly missed when the franchise moved on to the next installment with little explanation of how Lane's previous relationship ended.

However, Steven Soderbergh, the director of "Magic Mike's Last Dance," did something different and created a movie that almost exclusively focused on Lane and Max's peculiar relationship as a collaboration. The whole film shows their growth as a couple as they join forces to assemble the production and battle Max's wealthy, estranged husband who is consistently doing anything in his legal capabilities to put a halt to the show.

Also, I enjoyed the relationship between Max's daughter, Zadie, played by Jemelia Geroge, and Lane, as it mimicked Tatum's close relationship with his daughter, Everly Tatum.

My main criticism of "Magic Mike's Last Dance" is the lack of promiscuity in any of the dance scenes in the film, which is a huge deviation from the previous films. Most of the male dancers are wearing full-legged pants the whole time and it's only Tatum who wears nothing but boxer briefs in two of the scenes — the second sexy thing a man can wear aside from straight-up boxers.

I mean, I'm just confused about how we

went from Matthew McConaughey sporting nothing but a g-string in "Magic Mike" to shirtless men wearing jeans among the most provocative imagery in this film.

Like every "Magic Mike" film, one of the central themes of the film is female desire. Both previous movies show that a woman's truest desires can be fulfilled by male strip shows.

Since I am nothing but a gay man, I can't confirm or deny the accuracy of this thesis, but, in my opinion, "Magic Mike's Last Dance" handles the subject of female desire and consent the best. For one, in the two previous installments, the dancers would forcibly grab and fling the girls over their shoulders or thrust their genitalia in their faces without consent.

The newest film deviates from the last two films and traditional male strip shows altogether because consent and permission are incorporated into each routine. For one, Lane asks if he could touch Max before stripping for her and asks her to give him a signal if she's uncomfortable to which she replies with "I'll fucking slap you."

In the revamped "Isabel Ascendant," Lane campaigns to have a female host for the production vocalizing her desires rather than assuming a stripper has it all figured out just because they have a penis and abs.

Overall, the film is worth the nearly twohour-long run-time. Though, I also wish the original assembly of male strippers had more of a presence in this film, the new direction Soderbergh took makes for great viewing. However, if you're looking for something more provocative, I would opt for the first two films available to stream on HBO Max. You're welcome.



ILLUSTRATION BY EMMA KOGEL

Arts & Life

Is the fangirl-to-entertainment industry pipeline a good thing?

By JENNIFER MOGLIA

Growing up, there were two things that I loved more than anything: music and sports. At three years old, I had a poster of



would listen that "Livin' on a Prayer" (or as I called it, "the woah woah song") was my jam. I also attended my first baseball game that year, where I fell in love with the live sports atmosphere.

As I got older and started to think about what I wanted to do with my life, it became clear that I wanted music and/or sports to be a part of it. I spent my high school years working towards that dream.

Now that I'm at Quinnipiac University, I've had the chance to work toward that dream and even make it a reality. I feel so lucky to say that I've been able to turn two things I'm a huge fan of into a potential career.

However, my experience isn't unique. Fans have been trying to break into the industries they've been obsessing over for years and they're finally getting recognition for it, for better or worse.

The fangirl to entertainment industry pipeline has been growing in popularity over the past few years, especially since the pandemic. With so many job openings, fans have been stepping up to help their favorite brands improve their fan engagement strategies.

> Some defend this trend, saying that the skills used to become a fan of something can be utilized in a business setting. For example, if you helped plan a meet-up in your city to bond with other fans of your favorite band, you could have what it takes to be a

professional event planner.

Another example would be using skills that are required to run a fan account on social media to become a social media manager or content creator. Even just the passion required to be a superfan can be an

When I first heard about this trend, I was ecstatic. It makes sense that fans should be working in the entertainment industry; they understand fan engagement the best. According to Amplify Her Voice, an organization advocating for gender equality in the music industry, superfans make up 50-80% of an artist's revenue on average and women make up an overwhelming majority of sales and streaming numbers.

Unfortunately, many people have negative feelings toward fangirls, or anyone who shows extreme passion for what they love. From the rise of Beatlemania in the 60s to the boy band and girl group obsession in the 90s to "Justin Bieber Fever" and "One Direction Infection" in the 2010s, young women have always shown how much they love their favorite artists, but at the same time, they have received backlash for it.

GQ writer Jonathan Heaf described One Direction fangirls as "rabid, knicker-wetting banshee(s) who will tear off (their) own ears in hysterical fervor when presented with the objects of (their) fascinations" in a controversial cover story about the band in 2010. It's ironic, because Harry Styles, a member of One Direction, thinks quite the opposite.

"How can you say young girls don't get it?" Styles told Billboard. "They're our future. Our future doctors, lawyers, mothers, presidents, they kind of keep the world

Sexism is clearly at the root of this issue. When a girl cries at a Taylor Swift concert or while seeing her favorite hockey player for the first time, she is melodramatic and insane. When a man gets emotional watching his favorite sports team win a championship, he's just passionate. It's a double standard and it's frustrating.

While the "fangirl to industry pipeline" is beneficial since it empowers young girls to chase their dreams and turn their interests into a career, it can romanticize industries that can be harmful places for women to work in. Looking at the entertainment industry with rose-colored glasses does not properly prepare young women for the bigotry they may face and could help them develop a toxically positive attitude.

There's nothing black-and-white about this debate and there's certainly a greater discussion to be had about the nuances of turning something you are a fan of into a career. Until then, I urge anyone trying to make their entertainment industry dreams come true to keep pushing and not let the critics get them down. You are just as powerful in a company meeting as you are screaming your lungs out to your favorite

Mac DeMarco's 'Five Easy Hot Dogs' should be appreciated for what it is

By ZACHARY CARTER

Life is a game of evolution and adaptation. We roll along day-by-day, growing and maturing as human beings, taking what we are given and responding accordingly.

On Jan. 20 Mac DeMarco evolved with the release of his newest project, "Five Easy Hot Dogs." The highly-esteemed singer and producer abandons the former on this record, producing and releasing a collection of instrumentals that barely scrapes over a half hour of runtime.

DeMarco returned with this album after a nearly four-year hiatus following his previous project, "Here Comes the Cowboy," which rolled out in May 2019. This in turn put to bed any rumors swirling around the internet that he was planning to retire from the world of music, which arose after he mysteriously canceled a large slate of upcoming world tour dates in late 2022.

This project at its core is textbook DeMarco. Slow melodies and DeMarco's signature lo-fi sound lulls listeners to sleep. In the absence of any lyrics, he creates the effect of one continuous, drawn-out song from the opening track, "Gualala," to the closer, "Rockaway."

Every song on this record seems to blend — bleeding into one another— to the point where I began to question when one track would end and the next would begin. Consecutive songs like "Vancouver," "Vancouver 2" and "Vancouver 3" are, on paper, separate tracks. Yet sonically, they morph together to represent DeMarco's current emotional state during the time of the albums' production.

These tracks build on one another, the type of build that slightly alters itself each time, but not enough to change the core makeup of the song until eventually, they just end. Take a listen to "Edmonton" and "Edmonton 2" or "Chicago" and "Chicago 2" and you will hear how a song can change without truly changing.

Many of the tracks have a sort of incomplete feeling as if they are missing that "it-factor" that elevates so many of DeMarco's other pieces of work. While DeMarco may call this project a complete album, it seemingly takes on the form of a collection of demos.

Maybe it's the fact that there aren't any lyrics. Maybe it's a lack of effort on DeMarco's end. Maybe he just doesn't care anymore.

But neither should we.

graduate from the conventional ways of distributing music for public consumption. He has already cemented himself as one of the premiere alternative and indie musicians of his generation. His previous work speaks for itself. As listeners and fans, we should be happy that DeMarco still finds joy in making music and just enjoy the work that he has graced us with.

While "Five Easy Hot Dogs" may not be my first choice to queue up when I'm handed the auxiliary cord, I still have found myself coming back to it from time to time. Since the album's release a month ago, I have had plenty of time to digest and soak in this uncharacteristic piece of work, welcoming it for what it gives and forgiving it for what

This album is great to put on while studying, falling asleep or just driving in the

car by yourself. In my humble opinion, that is how DeMarco intended it to be: music to appreciate the little moments.

As a longtime fan of DeMarco and his work, I can't help but question what lies in store for him next. Is this his last ever full-Now 32 years old, DeMarco can length project? Is retirement on the horizon? Will he ever go back on tour?

> All of these questions, in due time, will be answered, but for the immediate future, let's just enjoy and appreciate the work that Mac DeMarco does for what it is: fun.



ILLUSTRATION BY AMANDA RIHA

'Ted Lasso' is coming home

By ZOE LEONE

Everyone's favorite — albeit fictional soccer team, the AFC Richmond Greyhounds, officially has a return date. Valentine's Day brought around the much-anticipated announcement that Apple TV's smash hit "Ted Lasso" will premiere its newest, and last, season on March 15.

In a teaser trailer posted to the AFC Richmond Twitter, beloved characters from "Ted Lasso" are featured making their very own versions of the famed "BELIEVE" sign that has become synonymous with the series. As the yellow and blue signs decorate the team locker room, in walks Coach Beard (Brendan Hunt) and the man of the hour, Ted Lasso (Jason Sudeikis) himself, to admire the display of unity.

The announcement came after months of delays, with script rewrites, international shoots and increasing production costs pushing the premiere date back by almost a full year. But with a show as successful as "Ted Lasso," perfection is not just expected, but almost required.

Since the series' first premiere on Aug. 14, 2020, it's been gracing headlines and social media alike for its heartfelt storylines and brilliant actors. But award season saw The show's reputation grow from revered to

The show has been racking up awards since its first season, most notably at the Emmys. Over the past two years, it's been nominated

40 times and won Outstanding Supporting Actor in a Comedy Series, Outstanding Lead Actor in a Comedy Series and Outstanding Comedy Series back-to-back.

The success isn't limited to just the entertainment industry; the world of football has taken notice of "Ted Lasso" as well. FIFA 23, the newest version of the popular football video game, included AFC Richmond as one of the playable teams. The Greyhounds have become so popular in the game world that they won over a million matches in one month.

Lasso originated as a character created by Sudeikis while performing in a comedy troupe in Amsterdam with Hunt. Lasso eventually hit the silver screen in 2012, when NBC hired Sudeikis to bring the coach to life in a series of commercials announcing the channel's airing of the Premier League. The promotions were a huge hit, but never extended past that until Sudeikis began creating and writing what eventually became "Ted Lasso" with Bill Lawrence, the creator of "Scrubs."

The series follows Lasso, a Kansas-native American football coach who accidentally accepts a job coaching the failing Greyhounds, who belong to the English football league. The aforementioned cast of misfit characters come together to fight relegation among love, loss and lots of memorable one-liners.

Season two delved deeper into the characters' backstory and saw the show take a darker, more emotional turn as the stakes grew. The show was trending on Twitter for most of 2022 as audiences obsessed over the rag-tag group of characters that for many began to feel like family.

With season three currently slated to be the end of the show, "Ted Lasso" has high expectations facing it as it returns to the Apple TV platform once more. Only time will tell if the farewell season of this esteemed

comedy will live up to its standards, but with the show's promotion in full swing, fans' excitement is enough to propel the show back into the spotlight.

So grab your Greyhounds jersey and settle down with some biscuits — this game is going to be a big one.



Pedro Pascal, I like your flow

Edits and fancams of celebrities take over the TikTok algorithm

By CASEY WIEDERHOLD

sociate Photography Edito

When I'm not being studious, I spend about half of my time on TikTok. Recently, actor Pedro Pascal is taking over my TikTok For You page. I didn't know much about him, but I knew him from "The Mandalorian" and "Wonder Woman: 1984." So when the algorithm started placing videos of him on my feed, I knew I would be in for a whirlwind.

Over the years, TikTok has become more than just a dancing app. It's become a place for editors to post their content. Edits, sometimes known as fancams, are the type

of content that I am more accustomed to than dances. Edits are composed primarily of video clips of celebrities in their respective films, during interviews or on the red carpet, with the clips cycling through to any type of song the editor desires.

As for watching fancams of actors, like Pascal, I have had the same situation happen with other actors such as Oscar Isaac, Elizabeth Olsen or Florence Pugh, to name a few. This revelation of Pascal fancams, though, is nothing like I have ever seen. I am not ashamed to say that when I open

TikTok, Pascal is the first face to show up on my For You page. His presence graces my screen and I send the fancams off to my friends for their comments. I scroll through my feed, which is now filled with fancams, only having a video or two to separate all of the content that I see.

Recently, a very specific fancam has taken over what seems to be everyone's For You page. It is an edit by content creator @dvcree where the beginning is Pascal in the film, "Kingsman: The Golden Circle" saying, "How would you like to ride home on a real cowboy? I got a six pack of cold ones on ice and my roomie's out all night so you can scream my name as loud as you need to sugar!" and then cuts to various clips of Pascal in the film with the song "Hey Sexy Lady" by Shaggy as the audio.

The fancam places Pascal in a very attractive setting. Content creators, such as editors, target specific audiences. In this case, the audience was aimed more at those who enjoy seeing Pascal's films, as well as women. The target audience has been reached and Pascal is very attractive. I watch gleefully as the same three clips cycle through five similar videos, all with different songs playing.

This fancam has grown so much that even "Saturday Night Live" caught wind of it. They recently had Pascal host and did a sketch about the fancam and they had Sarah Paulson as guest for that specific sketch. The sketch explains that Pascal has edits made of him constantly and Paulson said, "He's daddy and I'm mommy." which is a reference to how individuals on the internet refer

to the pair. Pascal has referred to himself as "daddy" multiple times throughout his career, more recently at premieres while being interviewed.

I found the sketch to be hilarious, calling out the internet in all of the right ways. Adding Paulson to the sketch was an exciting take on addressing how the world sees Pascal and Paulson. I know I was shouting when I saw Paulson step into the scene, because I already knew that she and Pascal were close friends. The sketch was accurate as to how the internet sees celebrities, making fancams of those they appreciate. I think fancams are a form of appreciation.

I myself am for the girls, but I do understand where people come from when they say that Pascal is handsome, as do other lesbians, which is perfectly valid as we are allowed to acknowledge the attractiveness of a man. I have seen multiple TikTok comments saying "I'm a lesbian but I love Pedro Pascal" or something along those lines.

As I watch these fancams on my For You page, I begin to understand the hype. Pascal even admits to watching edits of himself when he is feeling sad, as said in his lie detector interview with Vanity Fair magazine. The internet calls him a "Heartthrob," amongst other terms.

The "Pedro Pascal-ification" of TikTok is one that happens once or twice a month with all actors. With Pascal, the internet is going insane. This edit comes around as "The Last of Us" is airing on HBO Max. I believe that this could not be more perfectly timed. Pascal is becoming a heartthrob and the internet has spoken.



ILLUSTRATION BY CONNOR YOUNGBERG

The pornstache is back in action

By KAYA DONAH Contributing Writer

One of the most divided opinions is facial hair. Most would either die for it or die because

As different TV shows and films have become popular, different types of facial hair have become more relevant. Recently, that style has been the "pornstache."

Yes, that's right, pornstache.

Now, the pornstache is no ordinary mustache. The name is a combination of the words "Porn" and "mustache," if you couldn't figure that out already. Dictionary. com defines the pornstache as a "thick, heavy mustache with slightly elongated ends and no accompanying facial hair. However, a pornstache is generally identified by its effect on the appearance of the wearer, and not by any specific traits of its own."

From Miles Teller in "Top Gun: Maverick" to Pedro Pascal in the latest HBO Max series, "The Last of Us," the pornstache has officially risen from the dead.

The pornstache originated in the '70s with, you guessed it, male porn stars, according to Dictionary.com. This style was then popularized through the '80s as more non-porn stars started wearing them. Many recognizable celebrities, such as Freddie Mercury and Lionel Richie, rocked the pornstache during this time. It's interesting to see how this style has remained popular almost 40 years later.

In the last few years, many networks have been focusing on producing revivals, as well as shows that prey on people's nostalgia. A popular time period has been the '80s, when the pornsatche was most popular. "Top Gun: Maverick" was a revival of the '80s classic. "Narcos" was based in the '80s. Even the most popular 80s-based TV show, "Stranger Things," featured a pornstache on Dacre Montgomery.

Though the platforms could be the reason for this growth in staches (no pun intended), they should not be taking all the credit. The main reason why all of these have become relevant again is because of TikTok.

Our current culture is marked by trends; more specifically, what is popular on TikTok.

Though it's an egregious claim to make, most can agree that this rings true. We currently have the world at our fingertips and this interaction is what drives numerous trends in the mainstream media.

Recently, edits have become a popular TikTok format, displaying love for a popular actor, TV show or movie. While many actors have been deemed important, there are just a handful that have had a strong impact within the last few years, that of which being Teller and Pascal. Now, what's something that these actors have in common? It's the pornstache.

What makes the pornstache stand out most is the man it's being worn on. Many of the people seen in the media with pornstaches exude confidence. The pornstache isn't just a random style of facial hair, but it's own character — a representation of self assurance.

Most of the time, it's also an ironic statement. The wearer of the pornstache knows how absurd it looks, but that is the reason why they wear it. This is why the pornsatche is so



ILLUSTRATION BY KAYA DONAH

loved. It's not about the facial hair itself, but the meaning of it.

There's a difference between someone having a pornstache because they think it looks cool and someone having a pornstache because they know it's not. Many misinterpret

the pornstache's meaning, which is why it is undervalued. Even though some will disagree, there's a reason why this style has maintained its popularity and will continue to thrive in our ever-changing world.

Dear Counselor



With the semester in full swing, I have been feeling a little streassed lately. Any suggestions?

you, there are some things you can do that might help.

I always like to start with the basics: are you eating properly, getting enough sleep and making time to exercise? Snacking on berries, citrus fruits, dark chocolate, nuts (such as walnuts, almonds) and including eggs, avocados and fish in your diet is important. Generally, 7-9 hours of sleep is recommended, but if you are drowsy during the day, or feeling increased nervousness, you may not be getting enough sleep. Catching up with a friend while going for a walk, hiking the Giant or working out is beneficial physically and emotionally.

Have you heard that LAUGHTER IS THE BEST MEDICINE?

Laughter can lighten your mood, soothe tension, improve your immune system and relieve pain. So, watch a comedy, gather with friends and listen to a humorous podcast. Practice laughing!

Make sure you take breaks throughout the day. Some ways to do this include having a snack, calling a friend, going for a walk and practicing yoga. Pick up a

You are certainly not alone; I think most students can relate to this. Lucky for new hobby or reconnect to an old one. Paint, knit, color, cook and listen to music. Power naps (20-30 minutes) can work for some people. It's important to set an alarm and nap earlier in the day so you don't interfere with a good night's sleep, and pick a spot that is quiet, dark and comfortable.

> Expressing gratitude can do wonders for you. You can start by taking 1-2 minutes each day to reflect on what you are grateful for that day.

> Breathing exercises can be helpful and you can do them anywhere. Start by exhaling to push all the air out of your lungs. Next, inhale for four seconds, exhale for six seconds. Doing this for a minute can help you to relax. If you have more time, notice how you feel when you are inhaling and exhaling. Next, try a body scan; start at your feet and slowly work your way up to your head, noticing how different parts of your body feels. If you notice tension, visualize it leaving your body.

> If you haven't done so already, download the IMLeagues app to sign up and take advantage of all The Wellness Center has to offer.

"Dear Counselor" is a column written by Mary Pellitteri, a member of Quinnipiac University's Counseling Services, to address mental health and wellness issues that she deems prominent in the community. To submit questions to Dear Counselor, email thequchronicle@gmail.com. This content is not intended to be a substitute for professional medical advice, diagnosis or treatment, and does not constitute medical or other professional advice.

Student section steals the show as Quinnipiac tops Yale in Battle of Whitney Avenue

By CAT MURPHY

There is never a scarcity of media coverage of the Quinnipiac men's hockey team. The players. The games. The statistics.

Rarely covered, though, are the fans.

Head coach Rand Pecknold's squad, like many other collegiate sports teams, boasts a dedicated fanbase with its own share of unique campus traditions.

No tradition in Quinnipiac ice hockey culture looms larger than the phrase "Beat Yale."

The annual Battle of Whitney Avenue between the Connecticut rivals took center stage on Feb. 17 as the 5-16-4 Bulldogs headed to Hamden to face the 24-3-3 Bobcats.

Prior to puck drop, several members of the Quinnipiac community turned to Yik Yak, an anonymous social media app that allows users to view posts within a five-mile radius of their location, to discuss the game.

"Quick guys, let's get a bag of air inside the M&T Bank Arena for the Yale game and then sell it on eBay afterwards," one user posted a few hours before the game.

Beyond the classic "Yuck Fale" and "Happy

Beat Yale Day" posts, dozens of students took to the app to sell and buy student tickets to the game.

"y'all are so shady for selling tickets you got for free but shit i would be doing the same thing," one user wrote.

Ticket posts on Yik Yak became so frequent in the hours leading up to the game that other users began mocking the trend.

"Are you looking for a Yale game ticket?" one user wrote. "Call your local dealer today!"

Another user joked on the app about selling tickets but "only accepting payment in the form of answering riddles."

"if in the student section ye wish to be, ye must answer my riddles three," another user commented in response.

Although most fans in attendance donned Quinnipiac gold, a select few honored a Bobcat tradition that has defined the front row of the student section for more than a decade: the Teletubbies.

"Only way to get into the Yale game," said John Killam, senior film, television and media arts major, about his decision to don a Teletubby costume. "I couldn't get a ticket, so (my friend) offered me the opportunity to be a Teletubby at the game."

The tubbies were far from the only costumed fans, though. One fan in the arena donned a Quinnipiac onesie, while another dressed in a banana suit.

Headgear, too, came in several varieties. In addition to beanies, baseball caps, yellow hardhats and one hot dog hat, many students at the game donned bone-shaped foam hats distributed before the game as part of Quinnipiac Athletics' partnership with Connecticut Orthopaedics.

Between turning around during the Bulldogs' pre-game lineup announcement and doing "the wave," Quinnipiac students, Teletubbies, bananafans, construction workers and boneheads alike engaged in a myriad of Bobcat traditions to invigorate the crowd.

"The energy of the fans is going to electrify this team," said Samantha Hartmann, a graduate business administration student who arrived at the stadium seven hours before puck drop. "The hours beforehand, you have a whole lot of fun and then the team brings the rest of the energy to you."

The student section was not without its

lulls, though.

Although the final score reflected Quinnipiac's dominating performance in the final two frames, the Bobcats' unproductive first period sparked early panic in some students.

"We were in pain," Hartmann said about Yale's 1-0 lead at the end of the first period. "You could see it on our faces—we were sitting there very defeated."

Other fans posted to Yik Yak about the uncomfortable first period.

"I was pissed and wanted to cry," one user wrote after the game about the first period. "Thank god they got their shit together."

However, several students at the game were adamant that the Bulldogs' early lead was meaningless.

"I'm excited for the second period," said Jake Cassidy, a first-year health science studies major in the entry-level physician assistant program, during the first intermission. "We're going to score three goals."

Predicting that the Bulldogs would not score again, first-year mechanical engineering major Kyle Derienzo said the Bobcats had allowed Yale freshman forward David Chen to score because the team had not netted a goal against Quinnipiac since February 2020.

"We felt bad for them," Derienzo said. "We let them score."

Scored 37 seconds apart in the second period, Quinnipiac freshman forward Sam Lipkin's game-tying and go-ahead goals at 14:27 and 15:04 re-energized the arena.

"It was exhilarating," said Cassidy, who also plays the drums in the Quinnipiac Pep Band. "That's the only word to describe the energy in the room."

Both Derienzo and Cassidy's predictions ultimately rang true: the Bulldogs failed to find the back of the net again and the Bobcats went on to score three goals in the second period before netting another two in the third.

Although Yale's first-period goal quieted the anxious crowd for the majority of the first half, Quinnipiac's assertive five-goal response electrified the student section for the remainder of the game.

"The energy just exploded after that first goal," Cassidy said after the game. "I feel like that carried over for the next four and Yale just couldn't keep up."

The Bulldogs could not keep up on the ice. Off it, however, the Bobcats' student section could.



Quinnipiac students lined up outside M&T Bank Arena up to seven hours before Friday's puck drop between Quinnipiac and Yale.

Katie Urycki promoted to volleyball associate head coach

By MICHAEL LAROCCA

Opinion Editor

After four seasons on the staff as an assistant under head coach Kyle Robinson, Quinnipiac volleyball's Katie Urycki was promoted to associate head coach Feb. 16.

The team announced Urycki's promotion via Instagram in the wake of fellow assistant coach Marshay Greenlee leaving the program the week prior.

As a member of the coaching staff in 2022, Urycki helped lead the program to its first-ever conference title, winning the MAAC Championship over Fairfield in four sets before losing to No. 5 Wisconsin in straight sets in the first round of the NCAA Tournament.

Urycki credits her previous four seasons

with preparing her for this role and the opportunity to take the next step of her career.

"When I first started out as an assistant, I didn't know much about the business," Urycki said. "I owe everything to Kyle, all the time he's taken to teach me and mentor me and all the support that he's given me. I've been able to learn all the different facets and ins and outs of how to run a program."

Urycki also played hitter for the Bobcats from 2013 to 2016, during which she racked up 678 kills and 478 digs in her career. She took the time to recognize what it means to climb up the ladder at a place like Quinnipiac.

"It's been really special, because it is my alma mater," Urycki said. "Especially being here from the beginning. It's just been a really cool and rewarding circle."

Robinson also emphasized what Urycki has already done for the program prior to the promotion and how she truly earned this

"It meant the world to me to have someone that I can rely on and trust 100%," Robinson said. "So this was the right time. I think, just because of the success of last year and the growth of what we're doing ... We wouldn't have been as successful as we were this past season without Katie's hard work, her professionalism and her growth as a young coach."

With Robinson and Urycki now having MAAC Championship experience under their belts, their next job will be to work their way to a second-straight title in 2023.



Katie Urycki played hitter for the Bobcats from 2013 to 2016.

Indoor track and field finishes second at MAAC Championships



PHOTO VIA QUINNIPIAC ATHLETICS

Quinnipiac women's indoor track and field placed 13 athletes in the top-10 of their respective events at the MAAC Championships.

By ETHAN HURWITZ

It has been a school year to remember for the Quinnipiac women's indoor track and field and cross country programs. After the latter took home its first MAAC Championship since 2015, the indoor track and field team - which has a number of crossovers from the cross country program – had a high bar to reach.

And reach it they did. Over a two-day period this past weekend, the track and field program finished second in the MAAC Championships with 179 points, falling just 14 behind Rider for the top spot. The Bobcats and Broncs were the only two schools to record over 100 points overall.

The Bobcats continued their dominant run as of late, finishing second in the conference for each of the last three indoor championship meets. This, along with six individual event champions, capped off a successful conference

season for Quinnipiac.

The two-day event showcased the Bobcats' ability to win, both as individuals and as a team. On Saturday, freshman jumper Erin Brennan was named MAAC Champion in the pole vault after recording a program-record 3.46 meters.

Brennan also scored in the triple jump, giving her 12 total points in the competition, good enough for the Women's Field Rookie of the Meet honors.

In the field category, sophomore Olaitan Olagundoye finished first in the high jump at 1.65 meters. Nicknamed "LaLa," the jumper and sprinter also came in the top 10 in the triple jump.

On Saturday, two Bobcats qualified for the MAAC finals. Junior Liv DiStefano and freshman Rachel St. Germain finished first and second, respectively, in the 5k. Those two runners were a small part of Quinnipiac's successful weekend, which had 13

athletes place in the top 10.

In the 800 meters, middle distance runner Emily Young continued her scorchinghot graduate season by winning the event. At 2:16.19, Young's time was the fourth best in her collegiate career.

"Over both days, they really exceeded our expectations and really made it a fun meet to be part of," Quinnipiac head coach Carolyn Martin said in a press release on GoBobcats.com.

The Bobcats' final award of the weekend was in the 4x400 event, where the sprinter quartet of sophomore Rylie Smith, junior Alyssa Romagnoli and freshmen Sydney Lavelle and Izzie Anzaldo took home the gold.

The 4x400 was not the only first-place finish that Smith had, as she also took home the crown in the individual 400-meters. The Pittsburgh native ran a time of 55.21 seconds, just ahead of Romagnoli for the top spot.

"First and second, baby," Romagnoli

said to Smith as they embraced after the 4x400 event in an video posted to the team's Instagram account.

Other Bobcats that had stellar performances were Lavelle (9.00 seconds) and Avery Jordan (9.18 seconds), who both recorded times in the 60-meter hurdles that were good for top five in the Quinnipiac record book. Lavelle also added to her resume by recording a 5.58-meter jump in the long jump, good for sixth all-time in Quinnipiac history.

Quinnipiac will now look to bring this championship mentality into the ECAC Championships, which stretch from March 3-5 in Boston. The Bobcats came in fifth place last season and will see if their MAAC hardware will translate to the bigger stage and beyond.

"We significantly closed the gap and performed very well across the board," Martin said. "I'm looking forward to see how we can continue this momentum into the outdoor season."

Striking out at Snowbird

Baseball's season-opening trip to Florida was one to forget

By RYAN RAGGIO

A well-oiled machine can't operate without all its parts. The Quinnipiac baseball team didn't have its offense or its defense running smoothly in the Snowbird Classic at Port Charlotte, Florida this past weekend.

Rounding out the three-game stretch for Quinnipiac were two games against Iowa and one against Indiana State, all of which ended with the Bobcats on the wrong end of a lopsided box score.

On offense, the Bobcats scraped together only two runs and 14 hits in three games, including being shut out in their last game against Iowa 10-0. It was evident that it was the team's first look at live pitching as the strikeout rates were high and the walk

rates were low. Quinnipiac played 78 outs between three games and struck out 33 times, while only being walked five times in 89 plate appearances.

The Bobcats' strikeout rate lowered in the third game, as the team had only three batters who were rung up; But, the record shows that when one thing got better, another got worse. Quinnipiac's defense committed four errors in the second game against Iowa, adding to the weekend's total of six. Their opponents capitalized on the extra outs by registering 23 runs and 28 hits combined.

A bright spot for Quinnipiac's offense was junior first baseman Sebastian Mueller. The Pottersville, New Jersey, product went 4-8 with a walk and two strikeouts on the weekend.

Graduate student infielder Kyle Maves went

3-12 as the Bobcats' leadoff hitter. The highlight of his weekend came against Indiana State where he laced a ninth inning triple and eventually scored the

Despite the high run totals by their opponents, the Bobcats had two pitchers with solid outings over the weekend: graduate student starter Tim Blaisdell and sophomore reliever Mason Ulsh.

Blaisdell started the second Saturday game against Indiana State. He shoved five strong innings, allowing one earned run and striking out six. The offense just couldn't crack Indiana State's bullpen and provided no run support.

Ulsh came into game three against the Hawkeyes to relieve senior starting pitcher Kevin Seitter and threw 4.1 innings, allowing two earned runs with four strikeouts.

Going forward, Quinnipiac will need to sharpen its defense and wake up the sticks. The offense has to get itself into hitters counts and not let the opposing pitcher get ahead. And if they go down in the count, hitters have to remain aggressive because the guy on the bump is hunting for a second strike.

The best thing the Bobcats can do right now is forget about the weekend. It's early in the season and with a month until MAAC play starts, Quinnipiac has the opportunity to make adjustments in all aspects of its game. This tournament was a good way to shake off the rust.

The Bobcats return to action next weekend for a three-game series at Maryland Eastern Shore.



Women's ice hockey's rocky final stretch leaves questions heading into conference tournament

By CAMERON LEVASSEUR

There's an old saying that goes: "it's not how you start, it's how you finish." But after an 0-2 weekend to end the regular season, the No. 8 Quinnipiac women's ice hockey team hopes it can finish how it started the year: by winning.

The Bobcats fell 4-1 to St. Lawrence Friday before losing 2-1 to No. 9 Clarkson Saturday, marking the first time they've been swept in uostate New York since the 2008-09 season. It's the fourth game Quinnipiac has dropped in its last eight, playing .500 hockey after starting the season 23-3-0.

After a weekend sweep of top-10 opponents at Cornell and Colgate in mid-January, this team looked invincible, but inconsistent play has plagued the Bobcats as of late. Quinnipiac has struggled to play a complete 60 minutes at times in the last month - digging itself into holes it hasn't been able to climb out of.

No. 2 Yale scored three unanswered on the Bobcats in the first period of a Jan. 21 game that ended in a 4-2 Bulldogs win; similarly, Clarkson notched two in the first seven minutes of Saturday's contest. In both cases, Quinnipiac put on a late surge to pull the game within one, but couldn't find the equalizer and left the ice with a loss.

And that's excluding the elephant in the room - an 11-3 loss at Princeton on Jan. 29 that garnered national attention and left many scratching their heads. The Bobcats allowed five goals in the game's first 11 minutes after shutting out the Tigers in dominant fashion a day earlier.

The loss was the worst in Cass Turner's eight-year tenure as Quinnipiac head coach and equaled the program record for goals allowed in a game set in 2004.

But in between the losses, the Bobcats have put together complete games that make you forget about their woes.

On the back of its embarrassing trip to Princ-

eton, Quinnipiac shut out Dartmouth 8-0 the following weekend, then battled to hard-fought victories over RPI and Union a week later. It's impossible to go through a season without adversity, and the Bobcats proved they can respond to that adversity in those wins.

"You need that (connectedness) down the stretch to have a good playoff run, you need your team to be connected," Turner said after a 2-1 win over RPI on Feb. 10. "You need to be able to bounce back from tough moments and we're showing we can do that."

Heading into the ECAC Hockey Quarterfinals, Quinnipiac will once again have to find the strength within itself to build out of hardship and do so against one of the teams that caused it. The Bobcats will face St. Lawrence at home this weekend in a best-of-three series with a semifinal spot on the line, less than a week removed from their upset loss to the Saints.

There's no question Quinnipiac is the better team on paper, but as the past month has proved, this team is certainly not perfect. It has things it needs to clean up in order to advance.

Most of the Bobcats' troubles come from puck management. Giveaways, misplaced passes and failed break-ins have been plentiful in stretches of recent games - and it's cost them on the scoreboard. Four of the five non-empty-net goals Quinnipiac gave up this weekend came in transition, highlighting this issue.

This team is elite at creating sustained offensive zone pressure and peppering opposing goaltenders with shot after shot, averaging over 35 per game this season. But attacking zone turnovers have hurt their ability to convert on such opportunities.

Especially this past weekend, the Bobcats coughed up the puck a number of times trying to make too complicated plays at the blue line. A key against St. Lawrence will be to not overcomplicate things. Make simple plays from the point and keep the puck deep, putting unrelenting pressure around the Saints' net.

Another point of note, junior defenseman Kendall Cooper, the team's leading point producer on the back end, exited Saturday's game against Clarkson midway through the second period and did not return. Cooper's absence against St. Lawrence would be big. The Burlington, Ontario, native has five goals and 19 points in 30 games this season.

Limiting turnovers and maintaining consistent play for a full 60 minutes will be vital for Quinnipiac's success this postseason. Something that Turner acknowledged after the game against RPI, citing the contest's playoff-like atmosphere.

"It was a playoff hockey game today is what

to see our team play pretty consistently from the beginning to the end of the game with real urgency to work to score."

The Bobcats are every bit as talented as the team that was one bounce away from the Frozen Four a season ago, and they've proved so this season. But recent struggles leave question marks as to how they'll fare under the bright lights of playoff hockey. Either they'll rise to the occasion and bounce back from another difficult series or St. Lawrence will have their number for the second-straight weekend.

Game 1 of the ECAC Hockey quarterfinals is set for Feb. 24 at 6 p.m. at M&T Bank Arena, Game 2 will be played the following day at 3 p.m. and Game 3 will be played at the same time a day later if necessary.



Quinnipiac women's ice hockey dropped to No. 8 in both national polls after being swept at St. Lawrence and Clarkson this past weekend.