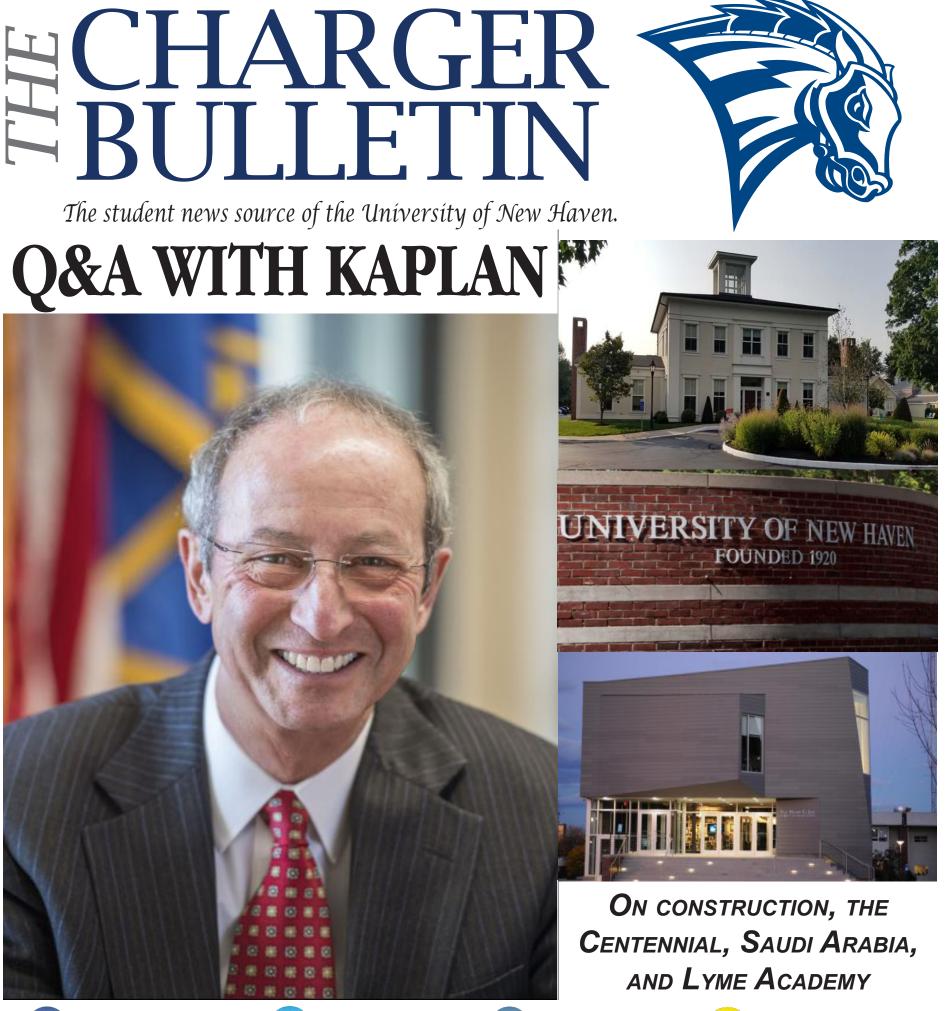
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BULLETIN

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Beat the Flu This Season

Cover photos courtesy of the University of New Haven. Lyme Academy photo taken by Patrick Smith.



The Charger Bulletin



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# NEWS

## President Kaplan On...

#### BY KARINA KRUL EDITOR-IN-CHIEF



#### The New Success Building

"...We're building a very innovative, cutting edge facility... There are no faculty offices, it's focused on learning spaces, free spaces for students to engage with one another and with faculty. I think we're doing something almost futuristic..."

Photo by Kiana Quinonez/The Charger Bulletin

#### **Raising \$100 Million for the University's Centennial**

"...We've actually raised it. We're right at 100 million, I mean we're close, and we already have a few gifts that will take us over that. So we're increasing the goal to 115 million...I think we'll meet 120...Of the 100 million about 22 million is for the new building. A lot of the money has been raised and already spent on facilities and scholarships. The focus in the last few years has been on scholarship money. Part of this is going to be for athletics in the final stretch, to improve the athletics facilities and also some scholarships...Some of them are brand newand designated for specific programs but they're all around helping students come here and stay here and succeed..."



Photos Courtesy of Creative Commons

#### Lyme Academy

"...I think everyone came to the conclusion, including their governing board, that as a four-year art college it was probably long-term not sustainable...The class that's there now, the seniors will graduate... some of the juniors will be completing their degree early, we're going to help fast track them, some will finish their degree at our Prato campus, and about 20 of the students from what we can gather, in that range, will transfer here



into a new illustration major that we've built around the illus tration major at Lyme. In many ways the students there are being well-served and the retention has been quite good among the students that are there. I think they've adapted to the fact that the school will cease, as a college, to exist in May but we're hoping that as an art academy it will continue to thrive..."

Photo by Patrick Smith/The Charger Bulletin

#### **Our Program in Saudi Arabia**

"...The Saudi's are reconsidering the nature of the program and it could be that, and I don't have this factually, that they want to cut back on what we're doing. My sense is that if any development is taking place it's probably going to be over time that we're reducing our presence...I think they're re-assessing the way the program is structured and they're re-assessing whether or not they want it to be a Bachelor's degree and our intent was to go there and help them develop a Bachelor's degree so if they change that, that's going to change the nature of what we're doing there. I should add...that this whole program started in 2012 with Saudi students, in addition to the several hundred Saudi students we had here in business and engineering, students coming here specifically to study in the Lee college, in national security, and criminal justice...The program that we're helping them develop in Saudi Arabia is really a mirror of the program that students are coming here from Saudi Arabia, and many other countries, to take already..."

### Healthcare Program Receives Accreditation

#### **BY KIANA QUINONEZ** MANAGING EDITOR

A s the University of New Haven grows, its programs have to follow suit and, as of Nov. 16, one graduate program did just that. The university's master's degree in healthcare administration is now accredited by the Commission on Accreditation of Healthcare Management Education (CAHME), which makes it the only one of its kind in the state.

"It is one of just four programs in New England and the only program between New York City, Boston, and Syracuse," said Summer McGee, dean of the school of health sciences. "We are the only place where students can be assured that they will receive a competency-based education with the tools to succeed in the rapidly changing healthcare industry."

CAHME is the "gold standard" for healthcare management programs, said McGee, and accreditation can be a big draw for students looking for opportunities after graduation. Students in CAHME-accredited programs have access to fellowships, internships, scholarships, and job opportunities, according to their website.

The mission of CAHME is "to serve the public interest by advancing the quality of healthcare management education," said their website. They do this by supporting, advising and ensuring that university programs' meets or exceeds their criteria, which is no simple feat .

The accreditation took four years and checks the curriculum, faculty qualifications, that the program is constantly changing in order to improve, and requires collecting data about students, alumni, and faculty, said McGee.

"We compiled that data over a 2-year period and submitted a self-study report in summer 2017," she said. "We then had a site visit in March 2018 with a team of reviewers from the top 10 healthcare administration programs in the U.S. These reviewers provided us with feedback on our program and wrote recommendations for the future."

CAHME officials recommended the program for accreditation and in November the school was voted in by the CAHME Board of Directors, accrediting the program for three years, said McGee.

"This was a tremendous team effort," said McGee. "The support of our administration, faculty, staff, and students has been vital to achieving this goal. It truly does take a village to achieve an accreditation like this one."

From a nursing leadership training in 1994 to a nationally-accredited MSHA, McGee said the next step is to become one of the top 70 healthcare management graduate programs by U.S. News and World Report.

# Hillenburg Lives on Through SpongeBob

#### BY SOMMERS SMITH STAFF WRITER

often become after school favorites, but a particular yellow, rosy-cheeked sponge stole the hearts of many children and college students.

Debuting in the late 1990s, SpongeBob Squarepants is a cartoon character who has brought joy, laughter, and societal lessons across screens worldwide. Through jellyfishing, saving the Krabby Patty formula, and sharing that one of a kind laugh, SpongeBob left fans wanting more episodes and more shenanigans.

The original, and family-friendly character, brought a different and eccentric humor to households all over. The quirkiness didn't stop there, as SpongeBob's unique sense of humor and liveliness was accompanied by characters, Patrick, Sandy, Squidward, Mr. Krabs, and many others. Followed by wild adventures, were the show's teachings of merriment, friendship, perseverance, and hope.

However, those who grew up watching SpongeBob were left in dismay on Nov. 26 as news spread of how the creator, Stephen Hillenburg, had passed away. Hillenburg battled ALS, a rare nervous system disease that makes muscles weak over time and impacts physical functions, causing muscle spasms and difficulty speaking.

Even after revealing his battle with the illness in 2017, Hillenburg still tried admirably to continue his work on SpongeBob. The many friends Hillenburg made over the years openly showed their love and resting wishes to the late creator, including David Hasselhoff, who appeared in the first SpongeBob film, "The SpongeBob SquarePants Movie." About a decade later, Hillenburg treated admirers with the release of a second film, "The SpongeBob Movie: Sponge Out of Water," which thrived just as much as the first.

Moving to the big screen was one of the many celebrated moments in the nearly 20 year franchise. During that time, SpongeBob SquarePants became the biggest children's show on Nickelodeon according to



screenrant.com, followed by the joining of well-known faces to voice characters, including Betty White, Tina Fey, and Lebron James to name a few.

ENTERTAINMENT

Furthermore, Hillenburg's creative writing, producing, and directing of the character masterpiece, has introduced a humorous evolution to imagination and youthfulness.'

In 2009 the show was reported to gross eight billion dollars a year, and has become a pop culture commodity, and social entertainment.

Nevertheless, all is not adrift, with the renewal of another season for 2019, and a 2020 release of a third film, "The SpongeBob Movie: It's a Wonderful Sponge." Even though the world lost a close friend and bright mind, Hillenburg will be remembered through his lovable character, who will continue to be a pillar of true innocence and long-life,



#### Photos Courtesy of Creative Commons

## Pop Punk Christmas



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**BY NICOLE MANALL** STAFF WRITER Follow the Charger Bulletin on Spotify!

njoy these Christmas songs and get loud this holiday season!

#### Yule Shoot Your Eye Out - Fall Out Boy

FOB lets listeners know that it's okay not to get in the spirit this holiday season and that there are other listeners who feel the same way.

*All I Want For Christmas Is You* - My Chemical Romance Made famous by Mariah Carey, My Chemical Romance puts their spin on a beloved Christmas classic.

#### I Won't Be Home For Christmas - Blink 182

While most holiday songs are mellow, Blink 182 stays true to their **pop-punk sound**.

#### The Christmas Song - Weezer

Weezer sings about a heartbreak during the holidays and wanting nothing more than a love to keep you company.

#### **December** - Neck Deep

Heartbreak during the holidays is difficult, and Neck Deep tries to help listeners move on.

#### Alone This Holiday - The Used

As the title suggests, The Used lets listeners know that it's alright to be alone during the holidays.

#### Last Christmas - August Burns Red

August Burns Red really ring in the holidays with their guitar cover of this Christmas classic.

#### I Hate Christmas Parties - Relient K

August Burns Red really ring in the holidays with their guitar cover of this Christmas classic.

#### Father Christmas - Man Overboard

Man Overboard does a great job of adding a little kick to their original classic.

#### Somewhere in My Memory - Four Year Strong

Made famous by the classic Christmas movie, "Home Alone," Four Year Strong hopes to bring holiday cheer with this cover.



## The 1975 Delivers "A Brief Inquiry" to Fans

ENTERTAINMENT

**BY ZENOBIA JOHNSON** CONTRIBUTING WRITER

ever a band to shy away from the truth in its rawest form, The 1975 released their third album "A Brief Inquiry Into Online Relationships." Critics are already calling it the band's best album to date. "On this stunning album, The 1975 take on that overwhelming anxiety with nerve and aplomb, and the result combines the fist-raising inspired by anthems with the gut-punch provided by precisely described longing," said the Rolling Stone. However, critics can say what they like; the greatest impact is in the hands of the common listener's reaction. Upon releasing singles over the

summer and the fall, long time fans weren't sure what to expect of the band's sound. Would it stray far from the band's roots and were they headed into a drastically new era of The 1975? The second single "Love It If We Made It" is an ode to the world's current state, politically charged and brutally honest. However, the following single "TOOTIMETOOTIMETOO-

TIME" is a song about being unfaithful, backed up with electro house infused beats and new wave melodies. The 1975 are constantly reminding people: they're not a rock band. If anything, they'd call themselves a pop band before they ever squeeze themselves into the rock genre, and "A Brief Inquiry" proves it.

From the album's intro, hard-

core fans were given a sense of nostalgia while simultaneously being thrust into a fresh chorus of modulated voices similarly done in previous albums. From a first listen, the album's singles appear to be heavy hitters among the rest. However, upon a second listen, it's clear that each song is able to stand alone as a well-crafted piece, and wrap the album's theme of relationships together with twine.

There's the guitar-laden ballad about guilt and growth in "Be My Mistake," followed by the breezy and jazz-infused anthem about authenticity and irony in "Sincerity Is Scary." The 1975 can hop from genre to genre, never overstepping in places they know they won't fit, but maneuvering seamlessly to make a place of their own.

A complete 180 from other songs on the album, the band adds in experimental tunes such as "The Man Who Married a Robot / Love Theme," where a humanoid like voice tells the story of a man and his "relationship" with the internet. They also give their perspective on gun control in the song "I Like America and America Likes Me." Front-man Matty Healy delivers the lyrics "I'm a designer, unite pariahs/ Am I a liar?/Oh, will this help me lay down?/Kids don't want rifles, they want Supreme!/No gun required!" with auto-tuned vocals and trap-inspired beats.

From the stories told within the album, much of it describes Healy's past addiction, such as "It's Not Living (If It's Not With You)." The tune pieces together like the catchy love song in a John Hughes movie from the 80s, making Healy's depictions of his past addiction easy to misinterpret. But upon seeing the lyrical content, it's clear that Healy is displaying his demons in the most honest way he knows: "Danny ran into some complications/He falls asleep during conversations/He's gotta search the street when he's on vacation/The worst thing is that I'm in the same situation."

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Healy promised long-time fans of the band that the band would not only release "A Brief Inquiry Into Online Relationships" by the end of this year, but that the following album would be released sometime in 2019. If "A Brief Inquiry" is anything to go by, it's clear The 1975 are evolving, and they're not slowing down any time soon.

## Billie Eilish Teams With Apple for New Single

#### BY VICTORIA CAGLEY CONTRIBUTING WRITER

**B** illie Eilish recently released a new single called "Come Out and Play," in collaboration with Apple. The song is a soft and sweet tune, where Eilish sings quietly over a piano and guitar. Toward the end of the song, the music becomes louder and more emotional, while Eilish continues to sing softly.

The 16-year-old singer is known for her trademark calm and tender singing style and keeps true to it in this uplifting melody. As part of Apple's new campaign, "Share Your Gifts," a touching music video was released with the song. In the music video , a cartoon girl struggles with something she is trying to create on paper, and when she loses some of her work in the wind, she chases after it. The papers reach a town square full of people, and a realization dawns on the girl after everyone has seen her paper creations that it was time for her to show what she had created to others.

Since this is a marketing campaign for the holidays, the setting is a city in the midst of a snowstorm and decorated with holiday festivities. Apple's brand has always been one that promoted creativity and expression, and honored those who dare to be different. With this new campaign, Apple seeks to inspire others to dream the way that they do with their products.

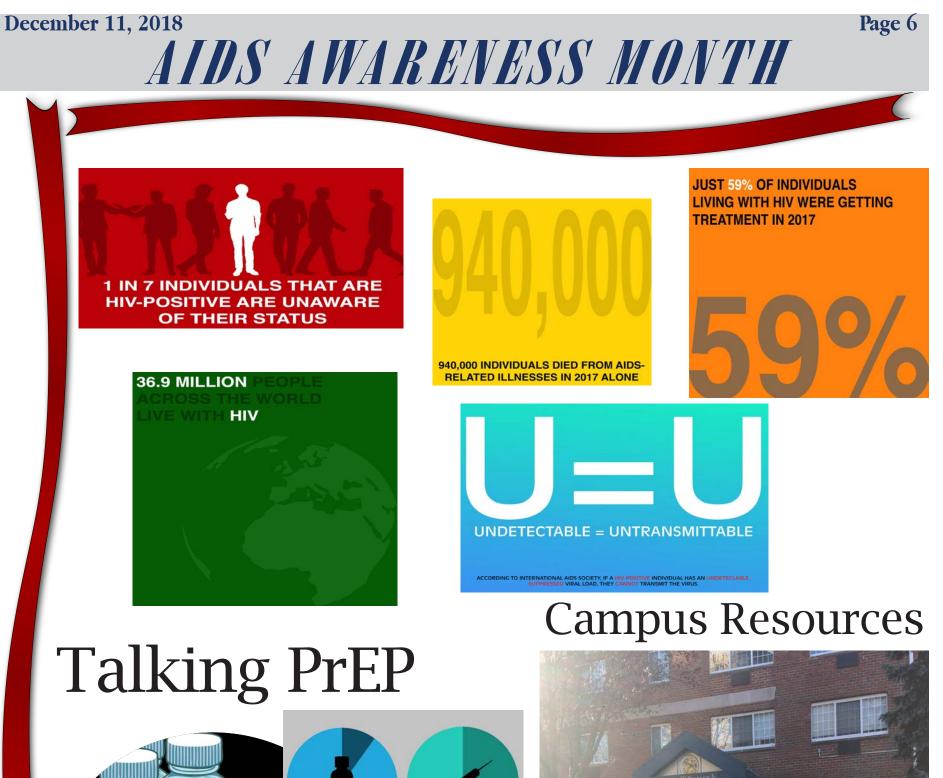
Eilish croons, "I promise you it's worth it, to show 'em everything you kept inside."

The singer has become increasingly popular over the last year, with hit singles such as "You Should See Me in a Crown" and rising Billboard Hot 100 single "When the Party's Over," which has been on the charts for five weeks now. Eilish also released a song with artist Khalid called "Lovely," which holds a spot on the Hot 100 list.

A debut album from Eilish is expected soon, though no date has been officially released. The singer's career has seemingly just begun and continues to skyrocket to the top of people's feeds.



Eilish performing in concert. Photo courtesy of Creative Commons





**900%** Taking PrEP dialy can reduce the risk of transmitting the disease through sexual Intercourse by 90%

**PrEP**, or **pre-exposure prophylaxis**, is a once a day pill that can be taken by HIV-negative individuals in high HIV risk groups to reduce their risk of transmitting the disease.



AIDS AWARENESS MONTH



**Alex Garbera, HIV positive for 30 years** "The early days were more terrifying yet people seemed so much more visibly compassionate and helpful. Stigma seems more prevalent within the HIV community these



**Bob Sideleau, HIV positive for 17 years** "Living with HIV in this point in time is very hopeful...I have really good health and am able to have a bold future. I feel a lot of freedom rather than feeling trapped by HIV. I am hopeful that other people have the tools to not walk in the path I have walked, but I have concerns that we don't do a good job of promoting and sharing these tools."



#### A.C. Demidont, Chief Medical Officer, Anchor Health Initiative

"Just like we had to make it gay men and bisexual men inclusive back in the early stages of the AIDS epidemic to bring trans into the fold we have to do that exact same thing in medicine all over again for trans gender people."



#### Charla Niche, Yale Statistician

"So much has changed in the last 30 years. AIDS is now a chronic manageable disease rather than a death sentence...However, both the disease and the treatments are still game changers."

#### **Advice for College Students**

According to the Center for Disease Control, in 2017 8,164 people between the ages of 13 and 24 were diagnosed with HIV, making them the second most affected age group, behind people between the ages of 25 and 34. Additionally, 4 out of 5 youth diagnosed with HIV in 2016 were between the ages of 20 and 24.

"College students do not feel at risk for HIV, and it really doesn't matter what your status in life is; if you are practicing unsafe sex with someone and you don't know their status, you should get tested and start using protection." **Jean Breny, professor and chair, Department of public health, Southern Connecticut State University** 



"Get to know people before you jump into bed with them. Get involved in activism. We can put a grinding halt to HIV with treatment as prevention and PrEP. We need youth to demand an AIDS free generation." **Alex Garbera, HIV Positive for 30 years.** 

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All graphics by Tyler C. Butler/The Charger Bulletin

## **SPORTS**

## Men's Basketball on Three Game Skid

#### **BY ANTHONY GANGEMI** CONTRIBUTING WRITER

I n what has been a rough week for New Haven, the Chargers dropped their third straight contest Saturday, falling to 5-3 overall. The week began with a disappointing home loss, 57-52, in a matchup against Pace. Looking to bounce back on Saturday, the Chargers fell short once again, this time, 62-55, to Le Moyne.

On Tuesday, sophomore Derek Rowland provided the offense by scoring a team high of 14 points on 6-14 shooting. The rest of the team failed to reach double figures, as junior Roy Kane Jr. and junior Elijah Bailey were next up with nine and eight points, respectively. As a team, New Haven shot just 40 percent from the field, including just 3-26 from downtown, which was easily New Haven's worst performance from the three-point line this season.

New Haven jumped to a 10-3 lead only five minutes into the game, as they capitalized on a few fast-break opportunities. Going into the final minutes of the half, New Haven maintained a 22-15 lead. However, Pace picked up their tempo and rattled off an 11-2 to end the half with the lead, 26-24. The run was fueled by sophomore Brandon Jacobs, currently in the midst of a breakout season, who completed an old-fashion threepoint play to start. Overall, Jacobs finished with 20 points, five

assists, six rebounds and three steals, each leading the team. Pace carried their momentum from late in the first half as they opened the second on a 15-6 run to take the first double digit lead of the game. New Haven slowly chipped away throughout the half, as Pace maintained their pressure and refused to relinquish their lead. With 2:37 left, the Chargers, down 11, went on an 11-3 run to cut the deficit to 55-52 with six seconds remaining. They were unable to get a steal and were forced to foul Jacobs, who iced the game with two free throws.

Following their game Tuesday, New Haven travelled to Syracuse to take on the Le Moyne College Dolphins. Kane led all scorers with 19 points, while Rowland and senior Najee Larcher rounded out double digits with 13 and 10 points, respectively. Rowland had another solid game all around. In addition to his 13 points, he had three rebounds, four assists and a steal.

As was the case on Tuesday, New Haven struggled shooting as a team, connecting on only 39 percent of their shots. On the bright side, they shot a much better 8-18 from the three point line while also adding 11-13 from the free throw line.

The Dolphins started strong, and connected on back-to-back threes to open the game. After back to back three-pointers by Rowland brought it to within three, he would tie the game at 19 with a two-point layup. The Dolphins then outscored New Haven, 10-5, to end the half with a 29-24 lead. Le Moyne, Juniors Kobi Nwandu and Zay Jennings led the way offensive-wise with 16 points each. Senior C.J. Asuncion-Byrd added 13 points, including eight second half points.

The second half proved to be a back and forth affair. However, Le Moyne never gave up the lead. New Haven pulled close multiple times, including three, 49-46, with 6:34 go, but each time was followed by a Dolphin run. Kane and Rowland kept New Haven in the game, scoring 11 of the team's final 15 points. Unfortunately, it was not enough, as Nwandu took over down the stretch, scoring eight points in the five minutes to build a 10 point lead, 60-50, that put the game away.

Next up, the Chargers look to end their three-game skid when they host Goldey-Beacom College on Tuesday. This will be the final game before the break, with tip-off scheduled for 3:00 p.m.



Above: Derrick Rowland goes for the basket against Pace. Below: Rowland drives the ball down the court. Photos by Cole McManus/The Charger Bulletin



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#### **BY CHRIS DIGERONIMO** SPORTS EDITOR

The NFL regular season may still be chugging along, but for fantasy football, the playoffs have just begun. The last two to three weeks of the NFL regular season count as the fantasy football playoffs, depending on what type of league you are in and how many teams are in your league. Week 16 of the NFL season is the universal championship week for fantasy football. As we approach week 14 of the some players that have made a difference in the fantasy circuit. The quarterback position in fantasy football is just as important as regular football. If you do not have a solid quarterback that can get you 10 to 15 fantasy points per week, your team has probably been struggling throughout the season.

NFL season, let's take a look at

One quarterback that has really made a difference is Kansas City Chiefs' quarterback, Patrick Mahomes. Mahomes has taken both the NFL and fantasy football by storm with his electric arm and outstanding abilities. So far this season, Mahomes has thrown for 3,923 yards and 41 touchdowns. He is also averaging 38.1 fantasy points per game, which ranks him as the best fantasy quarterback this season.

The running back position is one of the most vital pieces in assembling a team that can get you to the top of the standings, and ultimately help you win a championship. One of the top running backs this season has been Los Angeles Rams star, Todd Gurley. Gurley has led the Rams to an 11-1 record and has contributed to the success of countless fantasy owners. So far this season, Gurley has rushed for 1,175 yards and an incredible 15 touchdowns, also averaging 28.5 fantasy points per game. This is a great return on a player that was ranked as the top fantasy player coming into the season and was taken number one overall in most fantasy drafts.

The wide receiver position is the third most important piece that is needed in assembling a championship roster, according to ESPN. There have been a lot of great receivers this season, as fans have been treated to a spike in offensive production. The best fantasy wide receiver so far this season has been Minnesota Vikings star, Adam Thielen. Thielen was a late-round pick coming into the fantasy season, but he has paid dividends to those that were lucky enough to draft him so late. In 12 games this season, Thielen has had 98 receptions, accumulated 1,166 yards, and caught nine touchdowns. Thielen is averaging 23.4 fantasy points per game in points-per-reception leagues.

With a lot of money, pride, and bragging rights on the line, the fantasy football season should come to a close in an exciting fashion.

## Women's Basketball Goes 1-1 on the Week

#### **BY MAJELIQUE LEWIS** STAFF WRITER

omen's basketball had three players in double figures as they defeated Pace 65-55 on Wednesday. The standouts from the game where senior Alexandria Kerr who led the Chargers in scoring with 17 points and six steals. Junior Micah Wormack scored 13 points shooting 5-6 from the field. Brie Pergola had 10 points and four assists while senior Allieyah Cubbage shot 4 of 7 with eight points.

The Chargers were very efficient to start the game as they shot 50 percent from the field in the first half and finished the game shooting 54.3 percent.



Brie Pergola faces off against Pace. Photo by Cole McManus/The Charger Bulletin

Pace wasn't able to keep up on the offensive end as they ended the game shooting 40.4 percent from the field. The Chargers took advantage of the Setters poor shooting and got out to an early lead

Kerr's outstanding offensive performance helped the Chargers get a double-digit lead at half time. New Haven allowed the Setters to get back into it, but they gathered themselves and regained the lead in the fourth quarter. A three pointer by Wormack would push the lead to 10 over the last five minutes, making the score 57-47. After going on an 8-1 run the Chargers closed it out with a jumper by Cubbage and a layup by Pergola to secure their sixth win of the season.

The Chargers weren't able to keep up the momentum on Saturday as they were defeated by Le Moyne 66-56. New Haven was unable to stop the high shooting from Le Moyne who made 10 three pointers. The Dolphins shot 45.5 from the field making 10-22 shots. Le Moyne had 4 players in double figures. Liz Millea shot 44.4 percent from the field and 66.7 percent from 3-point range. Mckayla Roberts had 14 points with seven assists, while Corinne Poitevien was a problem down low for the Chargers as she finished with 14 points, 12 rebounds, 3 blocks and 1 steal.

For the Chargers only two players were in double figures. Freshman Camryn Debose finished with 12 points, 4 rebounds and 2 steals. Wormack contributed 13 points and one assist. Brie Pergola added six points and four assists while Katia Oge added eight points.

Le Moyne was able to keep Kerr in check as she only scored seven points and was stifled by the defensive pressure. The Chargers were also out rebounded on the glass 36 to 26 with 15 second chance points.

New Haven was never able to get on track offensively and lacked a presence in the paint as Katia Oge fouled out in the third quarter. The Chargers would attempt to make a comeback in end of the third with 2 threes made back to back by Sydney Richard but a four-point play by Le Moyne would put the Chargers away for good. The Chargers will play American International at Charger Gymnasium Dec. 11 at 5:30 P.M.

# *OPINIONS*

# Letter to the Editor: New Harvard Policy

#### BY JEREMY BELLMAN GUEST WRITER

Noince last year, there has been a policy implemented at Harvard University that blacklists all students belonging in a same-sex organization. This policy denies students the opportunity to hold any leadership positions on campus, in other organizations or athletic teams and even denies them the chance to obtain any post-graduate fellowships and scholarships controlled by the university.

This policy was created to counter "privilege and exclusion" in addition to accusing same-sex organizations or promoting values that undermine those of Harvard. Recently, four national fraternities and sororities, including my own, have decided to sue the university on the grounds that Harvard is denying the students of samesex organizations rights that are protected under Title IX, which states "no person shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination" under any state-subsidized program.

I find this to be appalling and completely unfair to the students at Harvard. Organizations such as fraternities and sororities, although seen as a negative concept in the public eye, are the complete opposite of that. As a member of a fraternity, I can tell you myself that if I had not joined the organization that I did, I would not be the on-campus leader that I am today. These organizations promote personal growth and cultivation, unity, diversity, community, and powerful friendships.

Harvard is making the wrong decision in implementing this policy and I'm proud to see so many students at Harvard and other campuses, including UNH, take a stand together towards countering this unjust policy. I hope that Harvard can see soon enough how much the policy affects students and I hope they will do what's right for students belonging in the organizations that some may call their home.

Also me: \*typing into Google\* what kind of animal is the lochness monster

2:18 PM - 9 Dec 2018 from West Haven, CT

# Happy Holidays Isn't That Difficult

#### **BY NICOLE MANALL** STAFF WRITER

Regardless of your religious affiliation or lack thereof, the debate of Happy Holidays vs. Merry Christmas is an age-old argument that comes with the weather changing and stores putting up decorations early. In an age of political correctness, this question leads to the heated debate that has landed the title

the 'war on Christmas.'

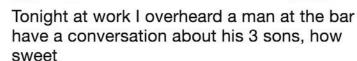
The fact is, there are several holidays that occur during December, including Christmas, Hanukkah, Kwanzaa, Winter Solstice, and Human-Light. They all deserve to be acknowledged and respected. This brings us to the Merry

Christmas vs. Happy Holidays debate that is simply not complicated and is solved with basic etiquette and an open mind. If you know someone who is celebrating Christmas, you should say 'Merry Christmas!' Similarly if you have a friend who is Jewish, say, 'Happy Hanukkah!' This type of courtesy and respect are easy for all of us to offer to those we are close to.

If you do not know the spiritual tradition of a co-worker, friend, or stranger in the mall, a simple 'Happy Holidays' or a 'Season's greeting' is not an insult to any other tradition. It is an appropriate, and inclusive, response that recognizes

Read more on pg. 11...





I went to go wipe down a table & was standing next to him. He was talking about Capri suns. Not his children.

**STUDENT TWEETS OF THE WEEK** 

A grown man. Confessing his love for Capri suns. I stan.

Me: I need to start studying for finals



Darb

@darbybarth



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# *OPINIONS*

## We Need to Talk About Voting Happy Holidays

#### **BY ANGELA TRICARICO** STAFF WRITER

ith the midterm elections over, it's a good time to recognize what we, as young people, can do to influence the outcome of the 2019 general elections, and more importantly, the 2020 presidential elections.

In addition to voting for candidates, there are important pieces of legislation that we can vote on, like Florida's recent Amendment 4.

The right to vote in the United States has not always been a guarantee. Historically, women, African Americans, and people ages 18-20 had to fight for their constitutional right to vote in elections. Although registering to vote could be easier, in most states it's not that hard. For example, in Michigan voter registration is compulsory upon an individual's 18th birthday. Currently, over 200 millions people in the United States are registered to vote, and on this year's National Voter Registration Day, 800,000 people registered to vote.

According to the United States Election Project, voter turnout reached a 50-year high in 2018, with 110 million Americans casting a ballot. States that allow early voting also experienced an increase in turn-out. According to NPR, more people voted early in Texas this year than voted at all in 2014.

While these numbers and facts seem impressive, only about 47% of eligible voters actually voted this year.

New York Magazine recently published a piece outlining the reasons why 12 millennials "probably" wouldn't vote in the midterms. A lot of their answers had something in common: not being educated, or experiencing an information overload. People think it's hard to find information, but it's actually the opposite.

We're living in a time where it's never been easier to find out a candidate's entire platform, and information about them, because of social media and the internet. Candidates themselves are starting to have real social media presences. A tweet by New York Times national political reporter Astead Herndon stated that Beto O'Rourke, who nearly beat Ted Cruz in Texas' senate race, "understood how to use social media as an influencer, and not a politician."

More broadly, websites like Ballotpedia, vote.org and votesaveamerica.com provide resources for anyone, no matter how in-the-know they are politically, to educate themselves. These websites are all easy to use and aren't that time-consuming, so voter education is actually a lot easier than you think.

Another common reason for not voting outlined in the New

York Magazine piece is the belief that neither candidate is

belief that neither candidate is good enough. But, here's the thing: There never has been a perfect candidate, and there likely never will be. No matter what side you fall on, a perfect candidate is not out there. But voting for the lesser of two evils is better than not voting at all.

The midterms are in the rear view, and all we can do now is look ahead to the future. If you're on the fence about voting next election cycle or any election cycle after that, be on the right side of that fence.

If you're looking for a reason to vote beyond just having to do it, do it for the people in your life who talk about voting non-stop, or do it for people you love who may be more affected by election outcomes than you are. Vote because the DREAMers who grew up in this country still don't have a voice. Do it for disenfranchised people, such as ex-felons, who are legally denied the right to vote in some states. Your vote may be the reason why they regain their rights. In the aforementioned Amendment 4, Floridians voted to restore the voting right of over 1.6 million disenfranchised felons, which included 40% of the state's African American male population.

If you're lucky enough to have a voice, no excuse should be enough to not use it. Democracy only works if we all have a hand in it.

#### Continued from pg. 10

that there are many ways people are observing the season, and you don't know them enough to be specific. This is why many stores use Happy Holidays rather than Merry Christmas.

To those who insist on continuing to say Merry Christmas to everyone they come in contact with, times are changing. It's time to stop insisting that Christmas is the go-to holiday that everyone celebrates. Instead, take some time to join the wider circle of the many traditions that are all around us.

This time of year is meant for people to reminisce with loved ones and to create new memories with those you care about. Love people, spread joy, relax and spend time with your loved ones. So let's say it all together, Happy Holidays.

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## Health Services Aims to Beat Flu This Season

STUDENT LIFE

#### **BY EVERETT BISHOP** STUDENT LIFE EDITOR

s the flu reaches its peak season, it is even more important to get vaccinated.

On Friday, Dec. 8, university health services hosted a flu shot clinic to keep students and faculty healthy through the remainder of the flu season. Paula Cappuccia, director of health services, explained that it's important for the school to build up a "herd immunity" in order to combat the flu.

"I think many students still believe that the flu vaccine is only for those who are older or elderly. If they get it it will not be so bad since they're younger, as well as other excuses not to get the vaccine," said Cappuccia. "Just ask anyone who has ever had the flu what it's like. Most will respond it is the sickest I have ever been and I never want to get the flu again. It really puts you out of commission.'

On the Center for Disease Control's (CDC) website, an interactive map shows the progression of the flu virus over the past season. As of Dec. 1, most states are experiencing minimal to low cases of the flu, and a couple of southern and western states were experiencing moderate to high cases.

Cappuccia said that peak flu season at the university is typically in the early months of the new year.

"Over the past few years here at the university, the flu has 'hit the campus' about the second week of February," she said. "Once student have to campus from winter break."

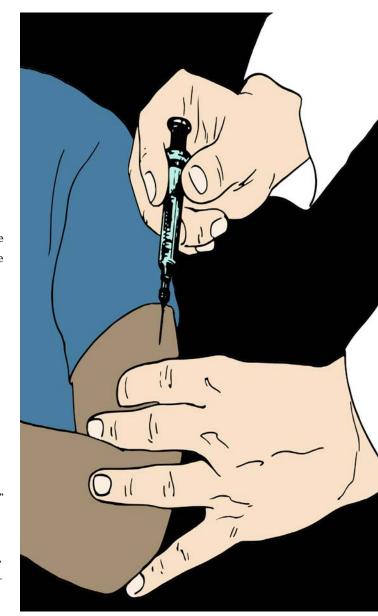
The CDC's website has another page detailing how many does of the influenza vaccine are distributed by year. Between 2017 and 2018, approximately 160,000,000 doses of the vaccine were distributed across the country. This is the highest number of distributions since 2010. However, in an unofficial Twitter poll conducted by The Charger Bulletin, 80 percent of respondents stated that they did not consistently get the flu shot on a yearly basis.

"Some misconceptions that people have are if they get the vaccine they are going to get the flu," said Cappuccia. "Not so. The vaccine is an inactive, not live, vaccine. You cannot become ill from it. It lets your body make immunity to protect against the flu."

Cappuccia wants the main takeaway of the event to be that everyone should get vaccinated. Not only for their own health, but the health of everyone around them.

"If you cannot make the clinic we are sponsoring, go to your private doctor, got to a local pharmacy or urgent care center," said Cappuccia. "Most insurances cover the cost of the vaccine."

If students have any questions, they are urged to contact university health services in order to speak to a health professional.



Graphic Illustration by Tyler C. Butler/The Charger Bulletin

BY TYLER C. BUTLER GRAPHICS EDITOR

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## **CHARGER COMICS**

